

SUNDAY PEOPLE

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SEPTEMBER 18, 2022



FREE
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inside



SOLEMN:
Harry and,
left, William
by coffin in
Westminster
Hall yesterday

VIGIL OF LOVE

WILLIAM & HARRY STAND UNITED TO HONOUR QUEEN

QUEEN ELIZABETH II

GRAN



BROTHERS IN ARMS: Princes Harry and William in Blues and Royals uniforms



HEAD BOWED: Harry in front of the Queen's crown-topped coffin



LEADING: Royals follow William to Her Majesty's coffin

Harry gets to wear uniform as he joins William for vigil

by **Russell Myers, ROYAL EDITOR**, and **Patrick Hill**

PRINCES William and Harry stood united in military uniforms last night in a final show of love for the Queen.

All eight of Her Majesty's grandchildren gathered for a vigil in Westminster Hall, where she is lying in state until tomorrow's funeral.

Mourners who had queued for hours were stunned to see the Prince of

Wales lead his brother and his cousins out. King Charles had personally asked the group to unite for the first commemoration of its kind.

Silence

At 6pm, the duty officer struck the floor three times to signal the arrival of the royals.

Then, with their heads bowed, the King's children entered.

Prince William, 40, wore his Blues and Royals No.1 uniform complete with blue garter sash to denote his rank

in the family. He was followed by Prince Harry, 38, who was given special dispensation by the King to wear his Blues and Royals No.1 uniform as a "mark of respect for the Queen".

He served on the frontline in Afghanistan but gave up his titles when he moved to the US with wife Meghan, Duchess of Sussex.

Prince Andrew's children Princess Beatrice, 34, and Princess Eugenie, 32, Princess Anne's children Zara Tindall, 41, and Peter Phillips, 44, and Prince Edward's children Lady Louise, 19,

UNITED SALUTE

GESTURE



FAMILY SORROW
Her Majesty's grandchildren at Westminster Hall yesterday

and 14-year-old James, Viscount Severn, also followed to make their way to the catafalque and stand in silence for the 15-minute ceremony.

Dutiful

The Earl and Countess of Wessex, who earlier thanked well-wishers outside Buckingham Palace, stood to the east of the hall on a platform to watch over their children.

Afterwards, mourners told of their astonishment and pride at being in the same room as the royals. Former Royal

Marine Stewart Putland, 59, from Newton Abbot, Devon, said: "The first person I saw was Harry. He looked very dutiful."

"He was captain general of the Royal Marines and some of what has been stripped from him has been harsh."

Couture hat maker Ian Bennett, 51, from South London, added: "Harry looked great in his uniform but he was very sombre."

"I queued for 11-and-a-half hours yesterday and then went again today,

and I cried both times." Rahma Jrad, 24, a student from Marylebone, Central London, said: "Harry and William both looked emotional."

"It was nice to see them united there as brothers. What is united by blood cannot be divided."

Louise Valentine, 38, from Warwick, who had queued for 12 hours, added: "It was surreal. The hairs on the back of my neck went tingly. You could see the sadness in Harry's eyes."

The Queen's grandchildren all held a deep respect and admiration for her,

with William once saying: "She may be my grandmother but she is also very much the boss."

Walkabout

Their touching gesture followed a vigil 24 hours earlier by Her Majesty's children – King Charles, the Duke of York, the Princess Royal and the Earl of Wessex.

Yesterday, the King accepted heartfelt messages from world leaders who have flown in for the Queen's funeral. And he and William also stopped for

an impromptu walkabout with queuing mourners on Lambeth Bridge.

The Queen's funeral will begin at Westminster Abbey at 11am tomorrow, before she is taken to Windsor Castle to be laid to rest next to her beloved late husband of 73 years, Prince Philip, at St George's Chapel.

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REPORTING TEAM: Russell Myers, Nigel Nelson, Patrick Hill, Amy Sharpe, Laura Connor, John Siddle, Jack Clover, Alex Lloyd

QUEEN ELIZABETH II

Her Majesty has those wonderful blue eyes...when she smiles they light up her face

Confidante Camilla's warm praise for the late monarch

by **Russell Myers ROYAL EDITOR** and **John Siddle**

CAMILLA touchingly pays a warm tribute to the Queen's "unforgettable smile" tonight.

The Queen Consort shares memories of Her Majesty in a programme destined to be watched by millions on BBC One this evening.

Camilla praises the Queen for gaining global adulation and achieving so much, despite being a "solitary woman" in an age of powerful men.

The King's wife, 75, was once labelled a "dark force" because of her affair with Charles as his marriage to Princess Diana broke down.

But she became a trusted confidante to Her Majesty.

Difficult

The Queen Consort's accolade, recorded in the past three months, will be screened immediately before the two-minute silence at 8pm.

Camilla says: "She's been part of our lives forever. I'm 75 now and I can't remember anyone except the Queen being there. It must have been so difficult for her being a solitary woman. There weren't women prime ministers or presidents. She was the only one so I think she carved her own role."

"She's got those wonderful blue eyes, that when she smiles they light up her whole face. I will always remember her



CLOSE: Queen & Camilla in 2019



smile. That smile is unforgettable." The Queen and Camilla's relationship had been tense. Her Majesty even refused to discuss her existence with Charles during his infidelity.

But Camilla won plaudits after taking causes to her heart such as domestic violence, working with the charity Refuge and helping inner city kids access pursuits such as horse riding.

A royal source said: "Camilla has gone through an incredible transformation in the eyes of the public."

"It's not been without its dark days and she has certainly had to harden her

resolve in the process, but she has worked hard and got to a place where she feels comfortable in her own skin and able to show her personality which has been a big journey."

Despite their relationship carrying on for years behind closed doors Charles and Camilla were not photographed in public for the first time until January 1999, at a 50th birthday party for Camilla's sister at the Ritz.

After her divorce and Diana's tragic death, Her Majesty came to understand Camilla as a trusted force and confidante for her son as he struggled to bring

up his two teenage boys in the wake of their mother's passing.

The seeds of Charles and Camilla's love were sown in 1972 when they met at a polo match in Windsor Great Park. Their blossoming romance was scuppered after just months with Charles sent away with the Navy for eight months.

Fond

Camilla married Army officer Andrew Parker Bowles and, in 1981, Charles wed 20-year-old Diana.

Despite having two sons, their marriage faltered and the prince rekindled his romance with Camilla. In 1995 Diana gave a bombshell interview to the BBC describing Camilla as the "third person" in the marriage.

The Queen herself was said to have once privately referred to Camilla as that "wicked woman".

When Diana died in 1997, Camilla faced a backlash from the British public who vilified her over their love affair and accused her of wrecking their marriage.

But slowly the tide of public opinion turned and she wed Charles in 2005.

Her Majesty grew to become fond of her daughter-in-law and announced in February it was her "sincere wish" that Camilla would become Queen Consort.

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King's Rock: Pages 18&19



ROYALS' TRIBUTES

by **Russell Myers**

WILLIAM and Harry's royal cousins shared their grief last night as they stood vigil around the coffin of their "beloved grannie".

Princesses Beatrice, 34, and Eugenie, 32 – the daughters of Prince Andrew – looked visibly emotional as they stood in quiet reflection by their grandmother's casket.

The sisters also paid a heartfelt tribute to the Queen in a statement, saying: "We're so happy you're back with Grandpa."

They thanked their gran for being "the loving hand on our backs leading us through this world", adding: "We, like many, thought you'd be here forever."

Dressed in black, the princesses stood to guard her coffin alongside Princess Anne's children Zara Tindall, 41, and Peter Phillips, 44.

Edward and Sophie's children Lady Louise, 18, and James, Viscount Severn, 14, also stood heads bowed with their hands clasped, watched by their parents from a balcony.

Living 11 miles away from Windsor Castle at Bagshot Park, they visited the Queen regularly and saw her as "just their grandmother".

It was the first time that a monarch's grandchildren had taken part in the solemn ceremony, reportedly at their own request.

In their statement, released yesterday, Beatrice and Eugenie thanked Her Majesty for "making us laugh, for including us, for picking heather and raspberries, for marching soldiers, for our teas, for comfort, for joy".

They added: "There have been tears and laughter, silences and chatter, hugs and loneliness, and a collective loss for you, our beloved Queen and our beloved Grannie."

"You taught us so much and we will cherish those lessons and memories forever."

"You, being you, will never know the impact you have had on our family and so many people around the world."

Thank you
for being
the loving
hand on
our backs
leading us
through
this world



BOWED: James, Viscount Severn



TEARS: Princess Eugenie yesterday



MOVING: Zara, Lady Louise and Beatrice at the vigil yesterday



PARENTS: Sophie, Edward

QUEEN ELIZABETH II

THANK



PRIVILEGE: Alan and Janet

'16 hours wait well worth it'

from **Nigel Nelson**,
POLITICAL EDITOR,
inside Westminster Hall

THROUGH her jubilees and endless walkabouts the Queen brought people together.

And in death she united them again in another very British tradition – the queue.

As the front snaked into Westminster Hall yesterday the back was a 16-hour wait away in Southwark Park.

The thousands who chose to shuffle along so patiently, many from around the globe, were a living testament to the love and respect the Queen generated.

IT specialist Chloe Cheung, 41, and journalist Stanley Wong, 31, from Hong Kong, had queued for 15 hours. Chloe said: "Because we don't have a monarch everyone respects yours."

Sleep apnoea technician Joel Patasin, 53, of Broxbourne, Herts, was with wife, Maria, 51, and daughter Francois, 21. He said: "It's been exhausting but we felt compelled to be part of history."

Retired financier Rick Gummer, 67, from Halifax, Nova Scotia, who spent 11 hours in the queue, said: "It was worth it times ten."

Farmer Alan Bradford, 75, and wife Janet, 78, from Taunton, Somerset, said being there was "the privilege of our lives".

Westminster Hall stayed silent except for the thump of soldiers' heels as the guard changed every 20 minutes...and the muffled sobs of mourners.



FAMILY: Joel, Maria & Francois



HANDSHAKE:
The King meets
queueing folk



SO GRATEFUL:
Sophie at Palace
and Edward, left



by **Russell Myers**, ROYAL
EDITOR, and **Amy Sharpe**

THE King and Prince of Wales did a royal double act yesterday – to the delight of thousands of mourners who had queued for up to 24 hours.

Charles and William went on an impromptu walkabout on London's Lambeth Bridge to cheers from an international crowd thawing out from a chilly autumn night.

Spontaneous screams of "We love you" and "God Save the King" broke out as the King and his son shook the

hands of outstretched arms along the route. Charles stopped in his tracks when meeting Yela Alvarado, who had queued for 12 hours with a Paddington Bear brought all the way from her native Peru.

Yela, 62, shed tears as the King admired her toy bear – which in author Michael Bond's original novels hails from the South American country.

She said: "I was so emotional I couldn't talk. When King Charles saw Paddington he said, 'How marvellous' and when he realised we came from Peru he was so excited."

Yela's sister Yoshi Bunce, an NHS nurse who lives in Epsom, Surrey,

added: "Prince William was just so humble, he saw the bear and said, 'Well, that's Christmas sorted!'"

"We are from South America but we absolutely love the Queen. She gave 70 years of service so standing in the cold for a few hours is nothing."

Booster

Charles walked along the line ahead of William, boosting the morale of mourners who had waited for hours in temperatures lower than 10C.

More cheers of "Hip hip hooray!" rang out as the sun beamed down on the waiting crowd across from Lambeth Palace. The royal double act

Crowds thrilled as
Chas & Wills visit

Their double act is
taste of the future



PRAISE: Charles
thanks police for
their hard work



TOP MAN: King
meets defence
boss Radakin

came after it was revealed Charles, 73, plans to make William, 40, a trusted lieutenant while he prepares his son to take the monarch's role after him.

The Prince of Wales was at his father's side at the historic Accession Council last weekend, with further plans for them to collaborate on major projects in the future.

One royal source said: "It's no coincidence we are seeing the King and Prince of Wales are taking on these duties together. This is a blueprint for the future."

As the pair made their way down the queue, one schoolboy said to Aston Villa fan William: "Scrappy

HANDS-ON ROYALTY

QUEUE

WE LOVE YOU, WILLS
Mourners in the queue surge to meet the prince



Picture: PHIL NOBLE/REUTERS

game from Villa last night! after the side won 1-0 against Southampton.

Soccer-mad William, president of the Football Association, replied: "Yes, it wasn't the greatest."

He then had a family from Manchester howling with laughter when he joked: "You don't still support Manchester United do you?"

William asked well-wishers: "How long have you been here?" and "Where are you from?" before exclaiming: "It was very cold last night."

Members of the public shouted back "We've been walking all night!" and "We love your mother!"

The grateful royal dad and son

thanked those who had been waiting through the night, with the Prince of Wales telling eight-year-old Poppy-Ann Brown: "Keep going! You're over halfway."

William told well-wishers: "Thank you so much for coming and paying your respects."

Sorry

"My grandmother would have loved this – I hope you're not too cold!"

As Charles made his way down the queue one joker even offered the King a pen, much to the monarch's delight – he was caught on camera expressing his annoyance with a leaky fountain

**HIS NIBS: Joker offers pen to king**

pen during a ceremony in Northern Ireland. Meanwhile, outside Buckingham Palace, a crowd of mourners told the Earl and Countess of Wessex: "Sorry for your loss." The Queen's youngest son Edward said: "I know that my mother would really appreciate this fantastic support".

The queue is expected to be closed

this afternoon hours earlier than planned. Waiting times have soared to 13 hours and late arrivals will have to be turned away by 6.30am on Monday to prepare for the funeral.

A government source said: "We don't want people to make long journeys to join the queue only to find it has been closed. We are monitoring numbers closely to make a judgement on final capacity, which is a tricky balancing act. We know some people will, unfortunately, miss out."

Yesterday Charles also visited a police station in South London to thank emergency services staff for their work before the Queen's funeral.

Afterwards Charles was joined by Camilla and the Prince and Princess of Wales at Buckingham Palace for a lunch with Commonwealth governors before meeting 14 prime ministers.

In the morning, the King held his first audience with UK armed forces heads, including defence chief Admiral Sir Antony Radakin.

A senior palace source said: "The King is maintaining an exceptionally busy schedule. But he is keen to meet as many people as possible after the incredible outpouring of emotion, love and respect to the Queen, which has given him great strength."

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QUEEN ELIZABETH II

Troops practised till 3am to ensure it went perfectly

ANDREW MORTON
Royal biographer

IT WAS a moment steeped in tradition yet like nothing we had witnessed before.

As I stood on The Mall on Wednesday, the strains of Beethoven's funeral marches filling the air, the sight of the Queen's coffin passing the hushed but emotional crowds was one I will never forget.

The 10 days of national mourning have been a masterclass in ceremony and planning.

I understand that those involved had been practising at midnight or three in the morning.

One of the Queen's bodyguards told me this whole thing should run on rails, it is so practised.

Thousands of people are working behind the scenes to make it happen, treading a fine line between protocol and modern-day concerns.

And the Queen's influence was very evident. She revelled in ceremonies like the Trooping the Colour and expected the highest standards.

When I first started on my biography of the Queen, I went up to Edinburgh and spoke to some of the committee members of Operation Unicorn – the procedure for if she passed away in Scotland.

They were quite nonchalant about the possibility and I believe they expected her to die at Balmoral. For a woman who was outshone as an actress by her sister, this was a very dramatic farewell.

My 97-year-old mother has now lived to see five monarchs on the throne.

A typical Yorkshirewoman, she's very matter-of-fact, and tells me there is too much fuss.

But there are important reasons why we observe 10 days of national mourning and this complex and splendid series of ceremonies and procedures.

The first is to bring the nation together and let everyone be a part of saying goodbye.

The second element is to say hello to the new sovereign. The key phrase is: "The Queen is dead, long live the King."

He is now looked at in his own right. And, by and large, he has been very well received.

But also, in a medieval way, this long process is to prove that she is no longer with us.

Things were very different back in 1952 at the funeral of George VI, when the Queen mourned with the Queen Mother and her gran, Queen Mary.

Men around the country dressed in black suits, with black ties and black arm bands.

Nowadays, few except newsreaders wear black and TV brings every second into our homes.

And the Queen would not have liked the sea of camera phones, as the trend used to irritate her.

On Wednesday, I was a few feet from King Charles and Princes William and Harry as they passed by.

I thought William looked very stoical and Harry seemed quite downcast.

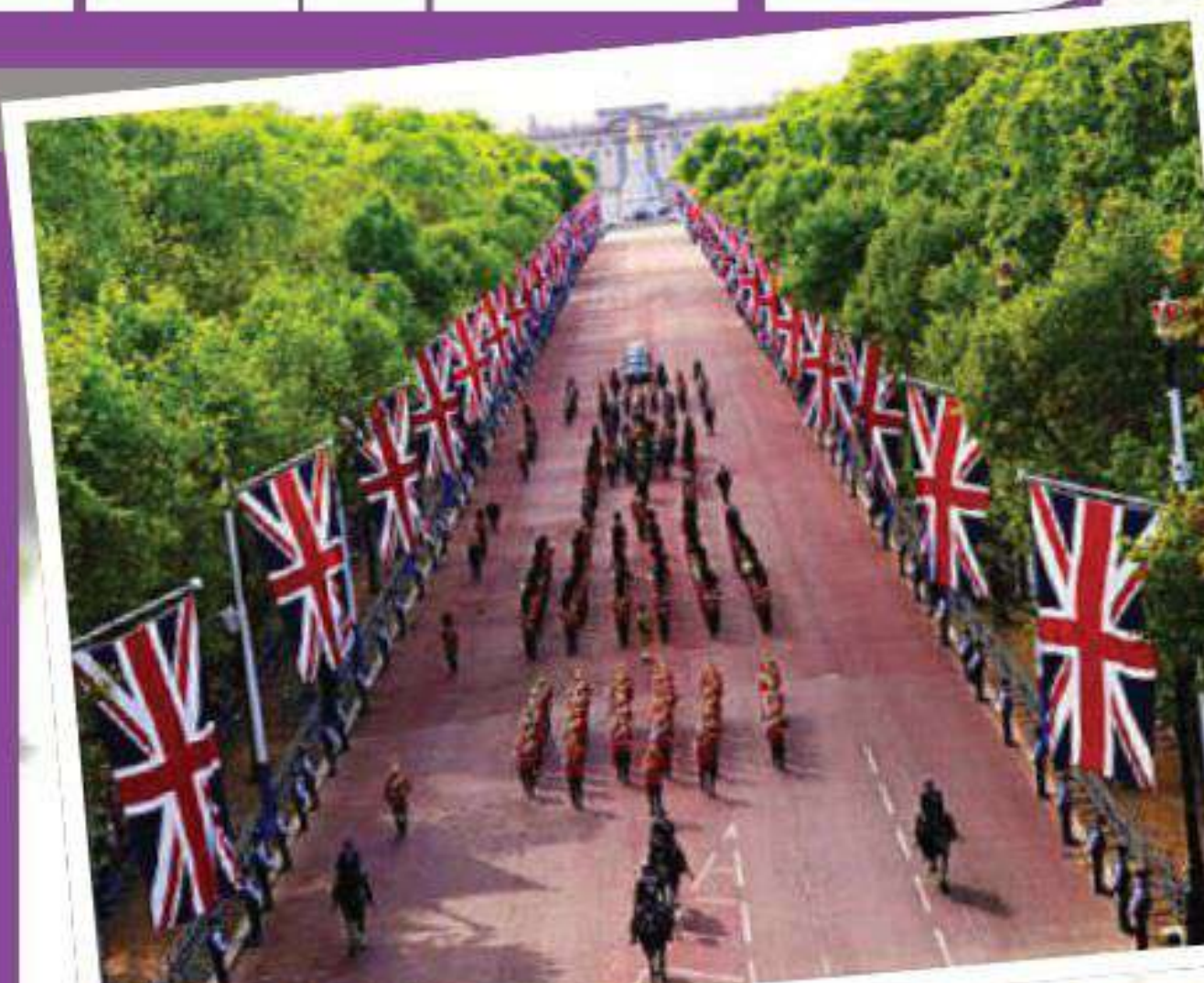
They are bound to have been thinking of Diana. Maybe it was a cathartic moment. In 1997, they were young and it was very unfiltered and very raw.

This time, they'd had a long time to process the death of their mother. Also, they would have known that their gran was not in the best of health.

The family put on a brave face at the Jubilee, even though it was quite clear she was fading fast.

I think she knew she didn't have long to go and showed great courage to do what she could – meeting people and always smiling.

She had duty going through her like Blackpool rock. Now, her family are trying to emulate her.



MOVING: Procession along Mall



REUNITED: The 'Fab Four' on Wednesday



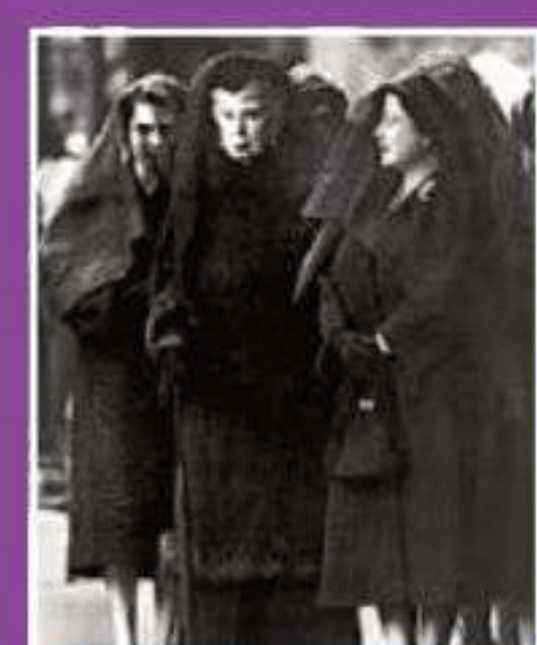
VIGIL: At St Giles' in Edinburgh



Picture: CHRIS JACKSON/GETTY IMAGES

SOLEMN: Harry, Meghan, William and Kate look at Windsor flowers

A GRIEF MOMENT IN TIME



POMP: 1952 and new King



WE'LL NEVER FORGET



MARCH: Funeral procession along Mall on Wednesday



SORROW: Kate and Sophie, Countess of Wessex, beside coffin

BY JENNIE BOND

Former BBC Royal Correspondent



This remarkable week has shown how ritual unites and comforts us as we experience the closing of a chapter in our national life

THE images of this past week will be seared in our national psyche. Rich in colour, solemn in tone, suffused with emotion: the first glimpse of our late Queen's coffin, the tears of her children and grandchildren, the bowed heads of soldiers, the warmth of the cheers for the new King.

We are living through a period of history in which a well established and familiar era has suddenly ended. Yet the transition to the new one is ordered and smooth.

Rituals can be a source of solace in times of grief. Age-old ceremonies can offer a comforting pattern when life as we know it has been ruptured.

And that is perhaps part of the reason why hundreds of thousands of people have endured hours of waiting to witness the pageantry and processions that have marked the death of Queen Elizabeth II.

From the stately progress of the hearse bearing her coffin from Balmoral to Edinburgh to the full pageantry of the gun carriage procession from Buckingham Palace to Westminster Hall, each moment was meticulously planned and executed with military precision.

The blueprint for the formalities following the Queen's death, codenamed London Bridge, has been in place for decades.

Occasionally, though, it is the unscripted moments that speak loudest.

For me, one such moment was when the Princess Royal, having accompanied her beloved mother on the six-hour journey from the Highlands to Holyrood, dropped the deepest curtsy as the coffin passed by.

The state funeral tomorrow will form a thread of history directly back to the monarchs who preceded our Queen. It is how we signpost the closing of a chapter in our national life. Apart from our kings and queens, only Winston Churchill has been honoured in this way.

The Royal Family is just that: a family, with all the tensions and fractures of so many families. But this week we have seen it united in grief. We

have required it to be stoic and strong, and to lead us in mourning its matriarch.

The King and his siblings marched side by side, following their mother's coffin along Edinburgh's royal mile to St Giles' Cathedral. The clatter of the horses' hooves, the rhythm of the boots on the road, the silence of the crowds – all part of the pageant that made the occasion so poignant.

They walked again on Wednesday, this time with the Queen's grandsons behind them, as her coffin was taken to the lying-in-state at Westminster Hall. The gun carriage, used only for Lord Mountbatten, Churchill and the four monarchs before Elizabeth, was another solemn link to the past.

Dignity

There have been so many moments of history since the Queen's death. Re-enacting scenes we have only witnessed in old black and white news reports, her family have shown us, in full colour, how the passing of a monarch is marked. The sight of her four children standing guard around her coffin, heads bowed and with grief etched on their faces, in both Edinburgh's cathedral and Westminster Hall, was an image few will forget. An ancient ritual, redolent with dignity and sadness.

Last night saw William and Harry stand in silent vigil around the coffin in Westminster Hall, along with their cousins.

The debate around who could wear military uniform now seemed trivial. This was about paying tribute to the woman who loved all her eight grandchildren equally, regardless of birthright.

And surely this seismic event which has thrown feuding William and Harry together, shoulder to shoulder, must have sown the seeds of a reconciliation? If the Queen's death could have a positive legacy, then this must doubtless be part of it.

Each step of her final journey has been punctuated by prayer and religious ceremony. Even for those of us who have no religion, it is what we expect, and perhaps need. Elizabeth was a deeply religious woman whose faith was her guiding light.

When she is finally laid to rest, the service will be one that she would have helped plan and one which will signal for us all the finality of the end of an extraordinary reign.

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THANKS: Charles' address on Monday



TRIBUTE: Charles & Camilla at Palace



RESPECT: Coffin is taken to Westminster Hall, Wednesday



PAIN: Anne at Balmoral last Saturday

QUEEN ELIZABETH II

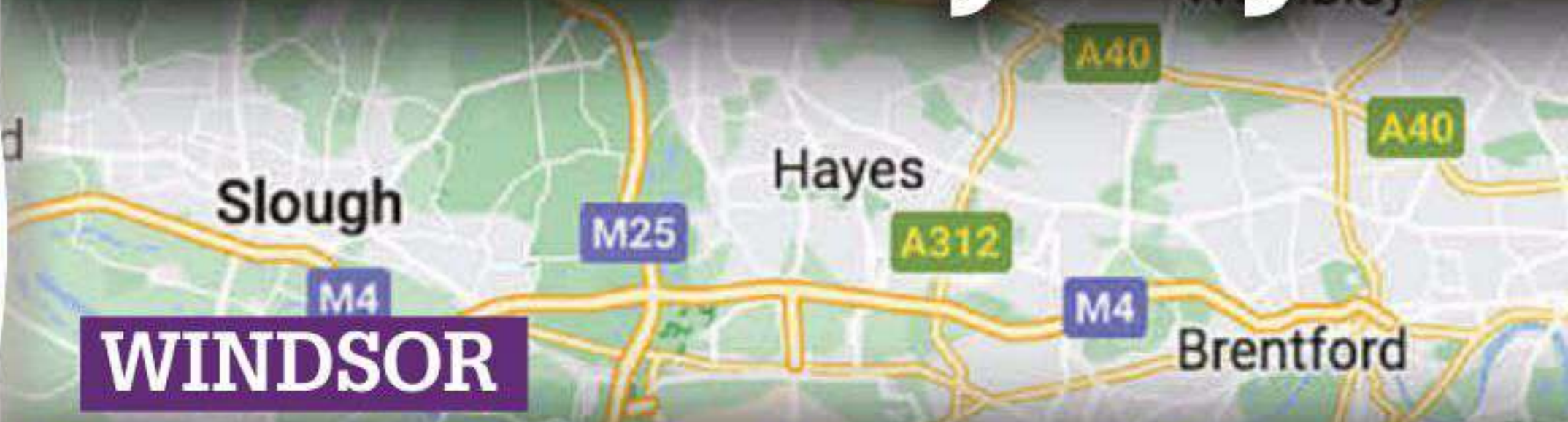
From Westminster Hall to Westminster Abbey



MOURNING Charles with coffin at Westminster Hall

WESTMINSTER

Meticulous minute for Her Majesty's



Abbey's west entrance



Palace of Westminster

6.30AM

The doors of Westminster Hall will close, bringing an end to the lying in state. Preparations will begin for the procession to Westminster Abbey, for the state funeral.

8AM

The doors of Westminster Abbey - less than a mile away - will be opened for the congregation to begin taking their seats. Heads of State, world leaders and royal families from across the globe will gather at Chelsea's Royal Hospital before travelling to the abbey for the funeral service.

10.35AM

A special bearer party from The Queen's Company, 1st Battalion Grenadier Guards will lift the Queen's oak casket from the decorative catafalque and carry it in procession from Westminster Hall to the state gun carriage of the Royal Navy, which will be positioned outside the north door of the building.

10.44AM

The state gun carriage will leave

Westminster Hall's New Palace Yard, travelling along Parliament Square, Broad Sanctuary and The Sanctuary, as it makes its way to Westminster Abbey. The route will be lined by the Royal Navy and Royal Marines.

10.52AM

The procession will arrive at the abbey's west gate where the bearer party will lift the coffin from the gun carriage and carry it into the abbey.

11AM

The service will begin, conducted by the Dean of Westminster. Prime Minister Liz Truss and Secretary General of the Commonwealth, Patricia Scotland, will carry out readings, while the Archbishop of Canterbury, inset, and Archbishop of York will be among the faith leaders to say prayers.

11.55AM

Last Post will sound, followed by a two-minute silence to be observed inside the abbey and across the country.

NOON



Reveille, the national anthem and a lament played by the Queen's Piper will bring the state funeral service to an end. The bearer party will then carry the coffin through the Great West Door, returning to the gun carriage which will be positioned outside the west gate.

12.15PM

The coffin will be followed by the King and the Queen Consort, the Prince and Princess of Wales and members of the Royal Family who are to walk in procession to Wellington Arch in Green Park.

1PM

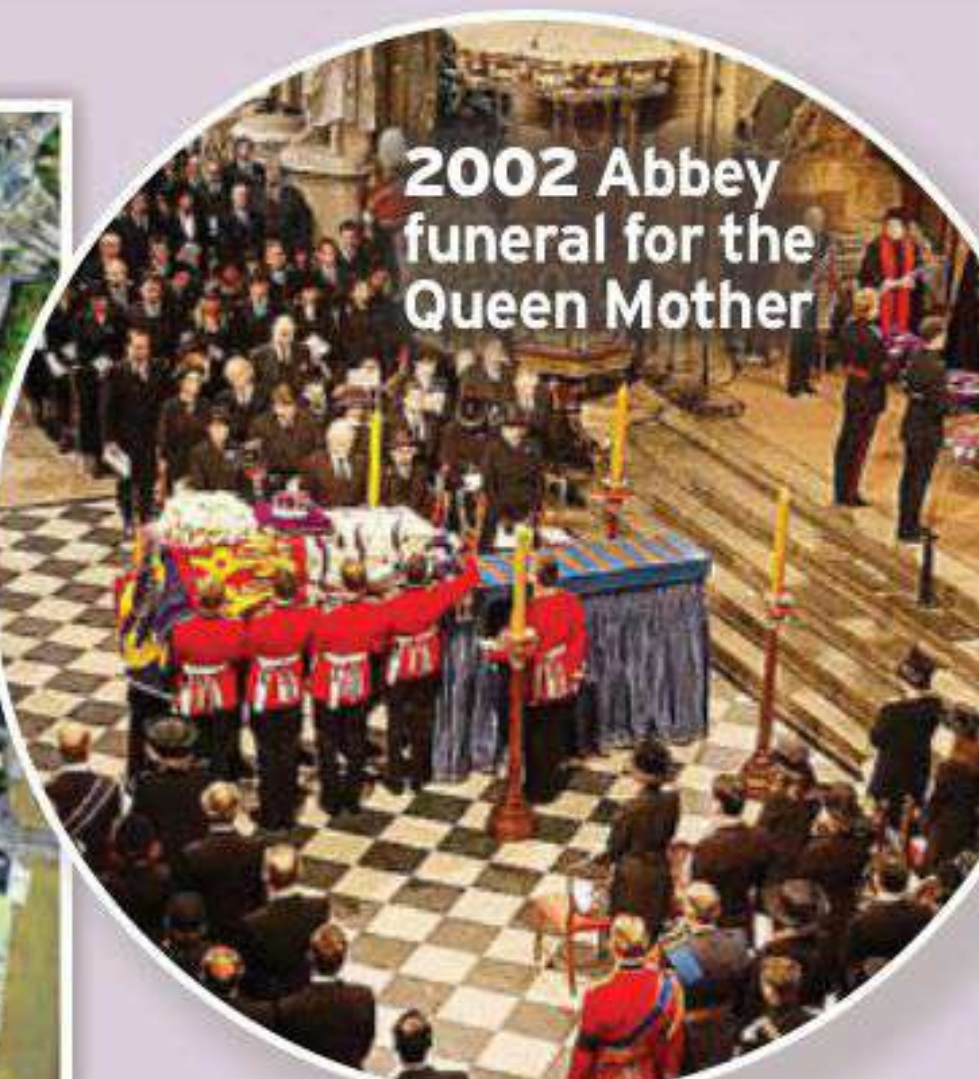
The procession will arrive at Wellington Arch, left, where the bearers will lift the casket from the carriage and place it in the state hearse. When secured, the hearse will begin its journey to Windsor, as the parade gives a salute and the national anthem is played. King Charles and the Queen Consort, the Prince and Princess of Wales and members of the family will take a car to Windsor.



From Westminster Abbey to Wellington Arch



2002 Abbey funeral for the Queen Mother

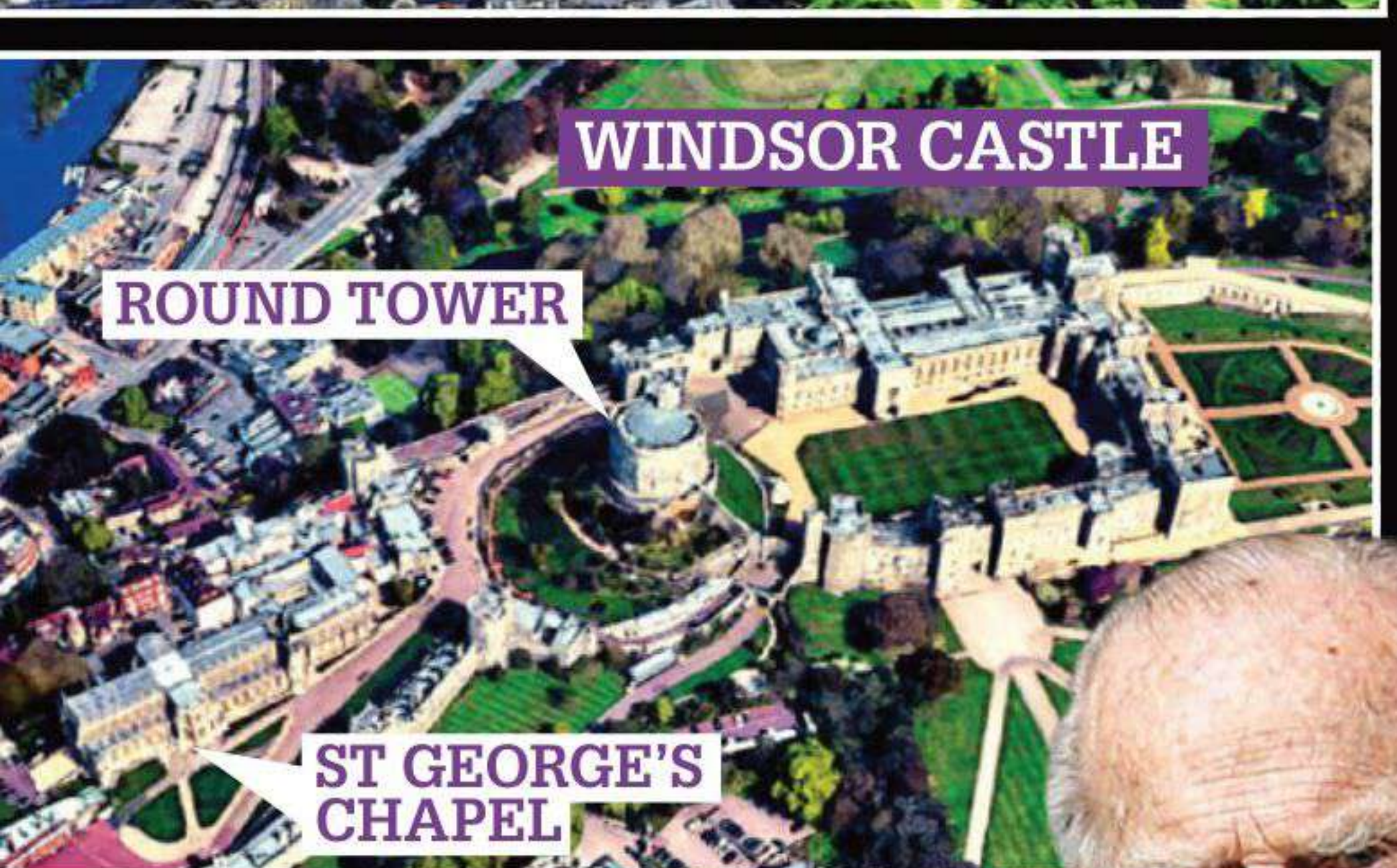


RESPECT Bugler will sound Last Post for service



THE FINAL

by minute plan last journey



WINDSOR

3.06PM

The state hearse, inset below, will arrive at Albert Road and join the procession.

3.10PM

The procession will travel to St George's Chapel in Windsor Castle, travelling down the iconic Long Walk, through Cambridge Gate, down Cambridge Drive and then the Parade Ground and Horseshoe Cloister Arch.

3.20PM

Governors and Prime Ministers from across the Commonwealth will arrive at the chapel's west door and be escorted to their seats in the nave.

3.25PM

Members of the Royal Family who are not accompanying the coffin will arrive at the west door and be shown to their seats.

3.40PM

The King and members of the Royal Family who are walking in the procession will join the Queen's coffin at the Quadrangle as it passes into Engine Court.

3.53PM

The procession will stop at the bottom of



the west steps of St George's Chapel, below, in Horseshoe Cloister. The bearer party will lift the coffin from the state hearse and Her Majesty will be carried in procession into the chapel.

4PM

The committal service will begin as the

procession enters the chapel and the coffin is placed on a catafalque in the Quire.

The service will be conducted by the Dean of Windsor, while prayers will be said by the Rector of Sandringham, the Minister of Crathie Kirk, the Chaplain of Windsor Great Park and the Dean of Windsor. Prior to the final hymn, the Imperial State Crown, the Orb and the Sceptre will be placed on the altar. The coffin will be lowered into the Royal Vault.

7.30PM

The Queen will be buried at the King George VI Memorial Chapel, where her late husband, the Duke of Edinburgh, and sister Princess Margaret are also interred. The private burial service will be conducted by the Dean of Windsor and attended by the King and the Royal Family.

SERVICE Queen Mother's coffin arrives at Windsor in 2002



FAREWELL

WEATHER TODAY
High 18C (64F) Low 4C (39F)

Generally dry but dull with large areas of cloud cover and a chance of showers developing. Cloud will break and some brighter spells will develop, the best of these in the west. Light to gentle northerly winds will be brisk across the north-east.

Sunrise: 6.40am Sunset: 7.08pm

YESTERDAY ABROAD

Costa Brava	fair, 25C	(77F)
Cyprus	sun, 33C	(91F)
Dubai	sun, 38C	(100F)
Egypt	sun, 32C	(90F)
Florida	thunder, 30C	(86F)
France (South)	sun, 24C	(75F)
Greece	sun, 29C	(84F)
Mallorca	sun, 27C	(81F)
Malta	sun, 29C	(84F)
Tenerife	fair, 27C	(81F)
Turkey	sun, 30C	(86F)

OUTLOOK: MONDAY
Sunny spells, large areas of cloud and mainly dry.
High 19C (66F) Low 6C (43F)

TUESDAY
Mainly cloudy with a threat of showers developing.
High 20C (68F) Low 6C (43F)

WEDNESDAY
Mostly cloudy with showers in the north.
High 21C (70F) Low 7C (45F)

THURSDAY
Cloudy with rain across northern areas.
High 21C (70F) Low 4C (39F)

FRIDAY
Sunny spells, patchy cloud and showers.
High 20C (68F) Low 3C (37F)

SATURDAY
Mainly cloudy with rain across northern areas.
High 19C (66F) Low 2C (36F)

Did you win?

MAIN LOTTO DRAW
11 22 25 28 45 55
BONUS BALL 15

THUNDERBALL
11 13 14 23 34
THUNDERBALL NUMBER 6

HEALTH LOTTERY
30 36 38 43 47
BONUS BALL 13

QUEEN ELIZABETH II



STYLISH: King Philippe and Queen Mathilde



GUESTS: King Willem-Alexander and Queen Maxima



REGAL: King Felipe VI of Spain and Queen Letizia



CLASSY: Prince Albert II of Monaco and Princess Charlene



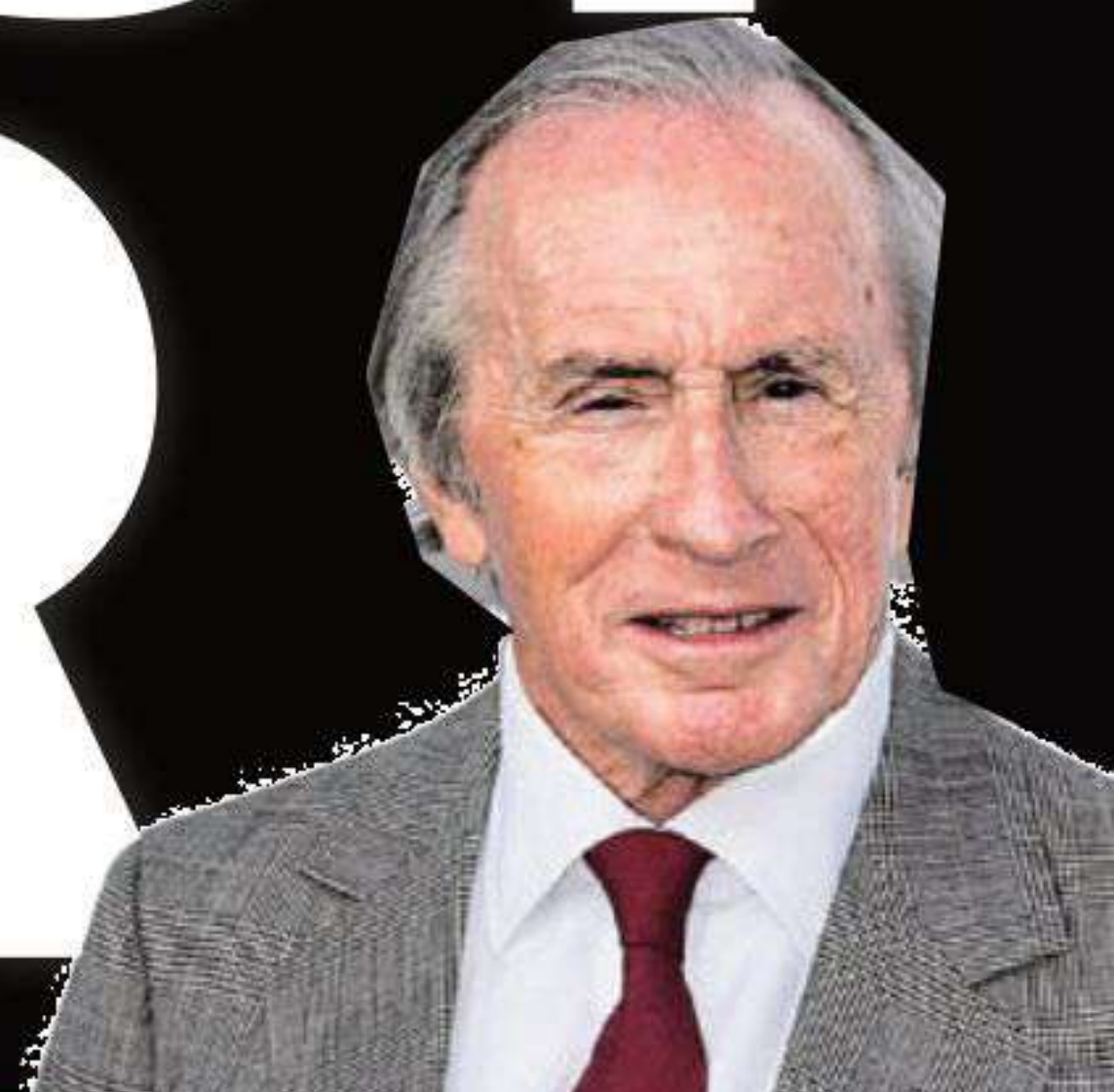
LEADERS: Ex PMs, Nicola Sturgeon, inset, Mark Drakeford and Liz Truss



LOVELY SURPRISE
Erin Thompson with husband James and son Truman

Everyday folk delighted & surprised by invites to HM's state funeral

GREATEST HONOUR



I wasn't expecting to be invited.. it's still sinking in

THE GUEST LIST

WORLD LEADERS



AMERICA: Joe Biden



KOREA: Yoon Suk-yeol



NZ: Jacinda Ardern



SRI LANKA: Ranil Wickremesinghe



CANADA: Trudeau



BANGLADESH: Hasina

EXCLUSIVE

by Nigel Nelson,
POLITICAL EDITOR,
Patrick Hill and Jack Clover

BRITAIN is poised to come to a standstill tomorrow for the Queen's state funeral.

The UK's biggest-ever TV audience is expected to tune in to the solemn service at Westminster Abbey as the great and the good pay their final respects.

Rubbing shoulders with the 500 politicians past and present and international royals will be 200 everyday people. Many of whom, such as Dr Erin Thompson, 36, never expected an invitation and feel hugely honoured to be part of what will be an historic occasion.

Clinical psychologist Dr Thompson said: "It's still sinking in." In 2008, following her father's death, she launched a bereavement charity which expanded into The Loss Foundation.

She received an MBE in this year's Queen's birthday honours.

Dr Thompson said: "Grief is not something we do well in this country. What we do is create spaces where people who have gone through something similar can come together."

And she had advice for King Charles and the Royal Family. She said: "Grief is both universal and personal. There's some beauty in joining with the nation, but they must also find their own space to grieve privately. People who grieve get a lot of support in the immediate weeks after someone has died."

"Yet after a few weeks that drifts away and yet that's when support is most important. The Royal Family must give themselves full permission to get that support despite all the public duties they must perform."

"Charles is going to be a very busy man but grief does not go anywhere just because you're busy."

RNLI lifeboat man Guy Addington, 45, of Margate, Kent, who has saved 13 people from drowning, said he feels privileged and lucky to be invited.

"It still hasn't properly sunk in that I'm going to have the opportunity to be involved in a small way in such a monumental event in history."

"It'll be my chance to say a final farewell to someone I looked up to. The Queen did wonders for the country. She was a constant stable presence for so long through so much for so many people."

Guy said meeting the Queen when she visited Margate in 2011 left a lasting impression on him.

He said: "She was keen to spend time with and meet everybody as individuals. I was quite nervous,

but the moment we were in the presence of Her Majesty, I felt immediately at peace as she put everyone completely at ease."

Lynn McManus, 61, of North Shields, Northumberland, received her invite after being honoured for building a special play centre for disabled children.

"It's an honour. It's a once in a lifetime thing to be able to experience. The Queen was an inspirational lady and set an example I'd be delighted if I could follow."

In 2010, Virginia Williams-Ellis, 64, of north Gloucestershire, working as a prison literacy tutor, set up the Read Easy UK charity to help adult learn to read.

She said: "It's incredible. I couldn't believe it when I got the call – I was truly amazed and lost for words. To be able to be a witness to this event is just incredible."

Emma Lewis, 42, who set up the Roots Foundation Wales charity to help disadvantaged young people in the care system was given an MBE on June 1.

She said: "It's a very strange thing to be asked to go to a funeral of someone you don't know but you think you know because you've seen them your entire life. So I feel overwhelmed and grateful to be asked."

"I also want the children I work with to see that if a thing like this can happen to me it can happen to them."

Among those invited to the funeral are naturalist Sir David Attenborough, three-time world F1 champ Jackie Stewart and the Queen's racing manager John Warren.

They are to be joined by royalty including Spain's King Felipe and Queen Letizia, King Willem-Alexander and Queen Maxima of the Netherlands, Belgium's King Philippe and Queen Mathilde and Prince Albert II and Princess Charlene of Monaco.

Politicians from all over the world are expected to attend, such as PMs from Australia, New Zealand and Canada – Anthony Albanese, Jacinda Ardern and Justin Trudeau.

Irish Taoiseach Micheál Martin, President Duda of Poland, US President Joe Biden, French president Emmanuel Macron, German president Frank-Walter Steinmeier, Italian president Sergio Mattarella and Finland's Sauli Niinistö, are also on the list.

From Asia, Sri Lanka's president Ranil Wickremesinghe, Bangladesh PM Sheikh Hasina and South Korea president Yoon Suk-yeol are attending.

European Commission President Ursula von der Leyen, and European Council President, Charles Michel have confirmed.

New Zealand's delegation will include soprano Dame Kiri Te Kanawa. Canada is bringing Leslie Arthur Palmer, a member of the coastguard awarded Canada's Cross of Valour for rescuing two fisherman in 2004, and Killing Eve actress Sandra Oh.

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SPECIAL INVITATIONS

HONOURED: Lynn McManus
and Guy Addington

HERO: First Officer Leslie Palmer



EUROPEAN LEADERS



TRIBUTES: Von der Leyen, Macron,
Mattarella and Steinmeier

CLOSE FRIENDS

SURPRISE: With David Attenborough



DELIGHT: with racing manager John Warren
and, left, Formula One legend Jackie Stewart

QUEEN ELIZABETH II

VOICE OF THE
SUNDAY
PEOPLE

Above all else, she was loved

GRIEF, said the Queen in the aftermath of 9/11, is the price we pay for love.

And how we are grieving now. They say four billion people will watch her funeral tomorrow, gathering in pubs and bars, town squares, churches or at home with their loved ones, watching together as Her Majesty completes her final journey.

Cities will grind to a halt. More than half the people of the Earth will be tuning in.

For some it will be the middle of the night, for others the middle of the day. Almost unbelievable.

But for the Queen, it's true. Over her 70 years on the throne, she has been in all our lives.

She visited more than 100 countries, from the most powerful nations to tiny island states of the Pacific.

Lessons

Everywhere she went, there were crowds. Just to catch a glimpse of her, to be near her. From heads of state to the people in the street, she was admired, respected – above all, loved.

Thrust into her role as monarch so early in her life, Her Majesty knew the value of planning.

She knew her duty was to ensure things ran smoothly – from the minutiae of royal visits to the highest matters of state.

Even amid her Platinum Jubilee, she was preparing us for the day we were all dreading.

How do we manage? What would she do? What lessons have we learned?

She taught us that faced by turmoil, we can manage if we are together. She taught us grief is OK. Grief is a pause to honour the lost, remember and give thanks.

Grief is natural, it's all right. But she taught us too that we must move on.

After she is laid to rest, we will turn our eyes to our new King – her son, who despite his own grief pledged to serve us.

And we'll remember her. She'll be with us at the Cenotaph, with us at Christmas.

At any great occasion, she'll still be with us.

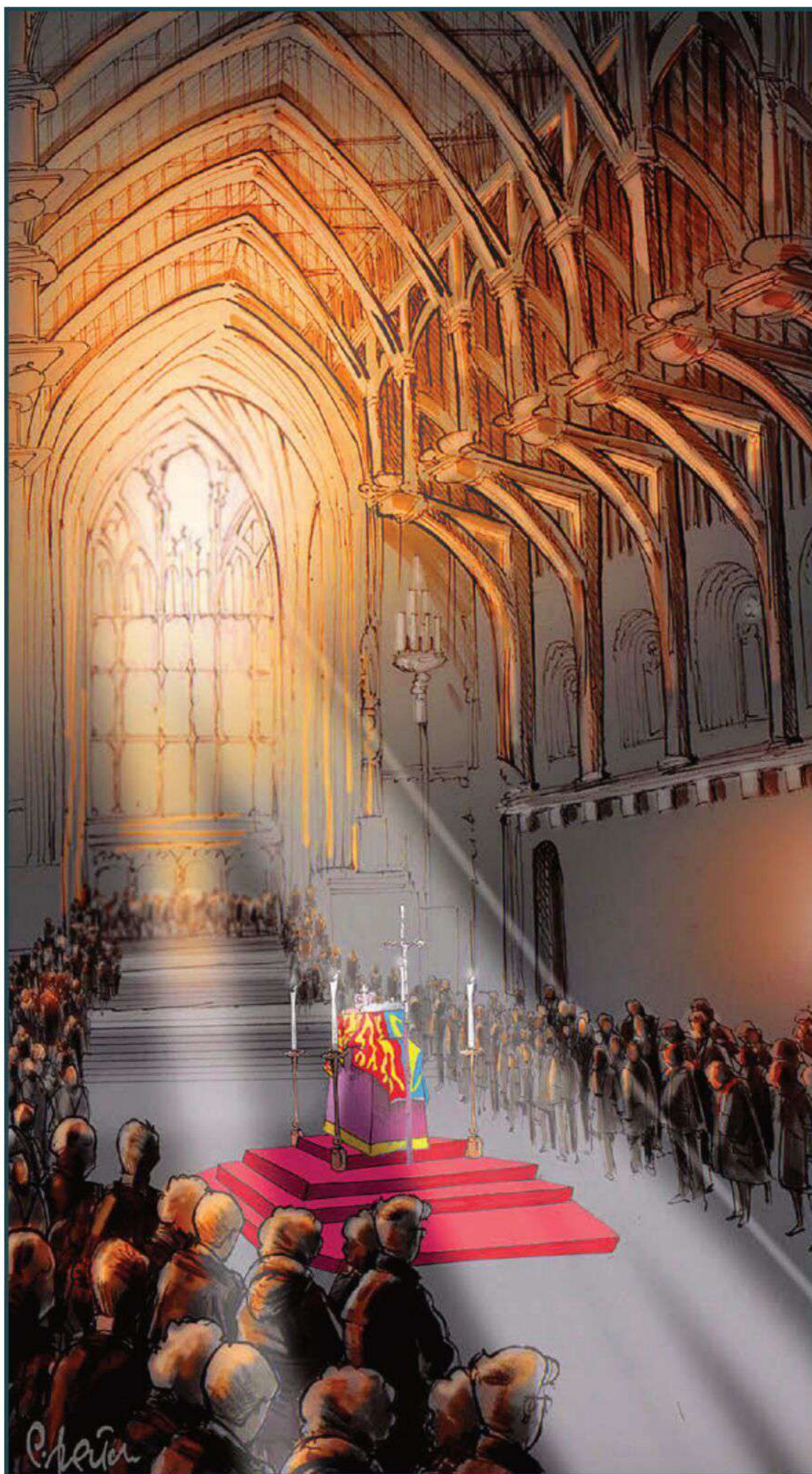
It won't be the same, of course, but it never is. This is the price we pay, all of us, for love.

Keir Mudie

keir.mudie@people.co.uk

YOUR MAN IN WESTMINSTER

Queuenited in grief at the end of an era



Queen brought us all together and now nothing will ever be the same

IN the end, it comes down to a queue. How much more British can you get?

At the time of writing, there is a queue for the queue, so I suppose you can get 2x more British.

Years ago, someone French asked me what the most quintessentially British thing was – what was central to our identity beyond roast beef, pubs, and village cricket?

I went for the shipping forecast and conkers but I should have said queuing. It is beyond belief in London at the moment, a line of people stretching alongside the Thames – for four miles or so – to pay their respects.

The scale and the amount of planning and effort that has gone into it is quite something.

People have been working genuinely round the clock to get the arrangements right and make sure this large-scale operation goes off smoothly – which, so far, it has.

The authorities have handled things properly, which is no more than the public deserves given the incredible outpouring of public emotion.

The flowers outside the palaces, the teddy bears and cards, even the marmalade sandwiches left, were something to see, moving in their own way.

I didn't think it was possible to top them. But the queue, the queue.

There's something incredibly touching, and incredibly fitting, about people descending on the capital to stand for hours in the rain for a few final seconds with Her Majesty.

I haven't joined it but I went down there earlier in the week in a desperate bid to understand what drives people to stand in line for that amount of time. I talked to a few people, came

away a little bit better informed. There are lots of stories I can understand.

People who had met her, been honoured by her, and the people who always come to these things, I can see why they would queue.

That stuff is easy to get your head round. But it's people who you don't expect to be there, people who have gone at random, that I found most touching, most strange. In their different ways, people just want to show how much she meant to them.

A friend of mine, who I won't name here for fear of reprisals from the more republican elements of our circle, phoned me on Thursday.

Inexplicably, he was in the queue. Last bloke in the world, I promise you.

"What are you doing down there?" "I dunno. I just had to, I think. I don't know why."

He'd been in it four hours or so at that point, so he'd had plenty of time to think about it. He rang me back after he'd walked through Westminster Hall with the answer. "It was good," he told me, "Went quicker than I thought, more colourful. The silence was something else. I didn't do anything really. Just kind of looked at the coffin, then walked out."

I was still at a loss as to why this bloke had gone. "It's about being part of something isn't it? She was the only thing all of us had in common and now she's gone."

He said: "It feels like the whole time has gone with her, we've moved into a different time. Like, nothing is going to be the same."

Which is probably right. And something to think about when the country falls silent at 8pm tonight for our moment of reflection. Nothing is going to be the same.



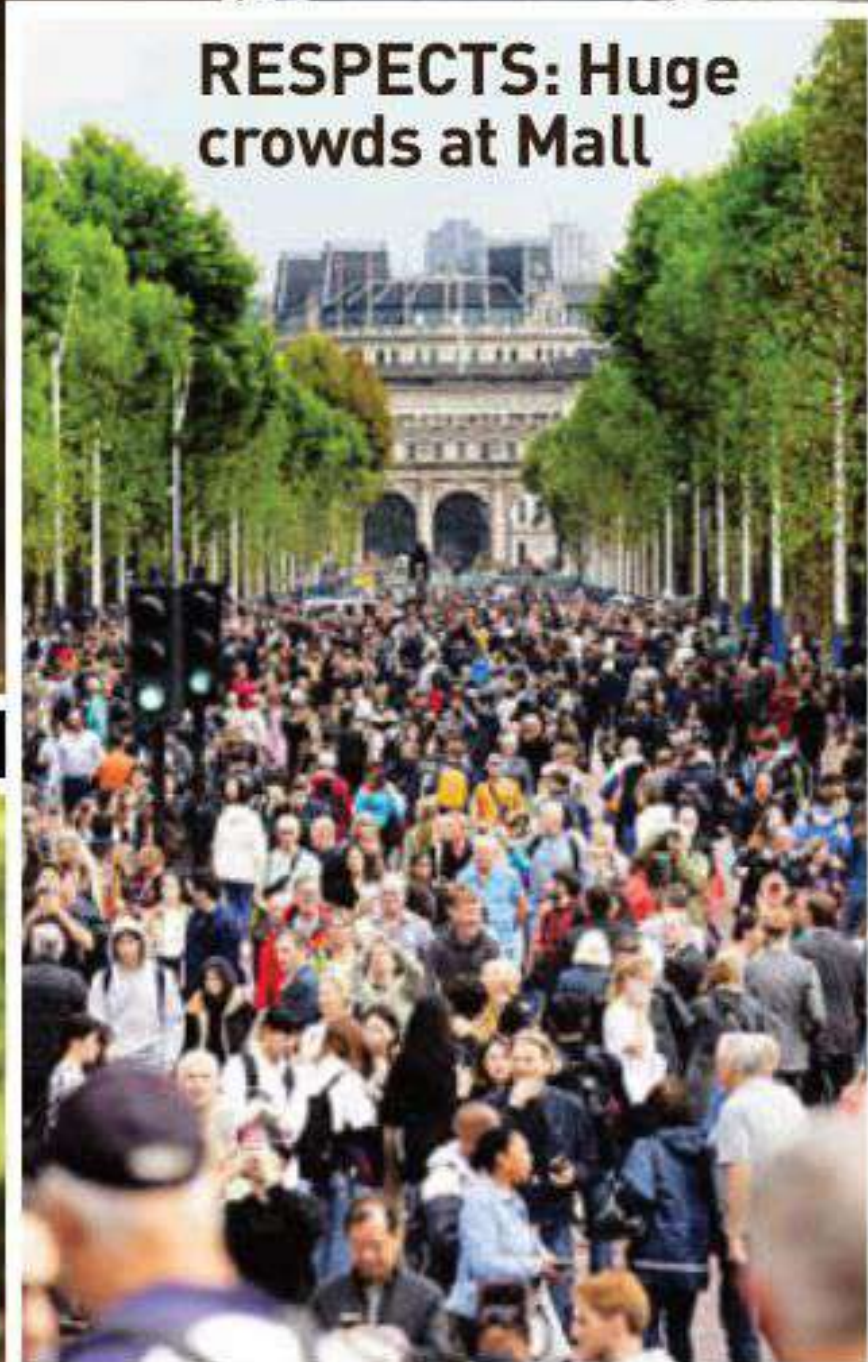
Email us with your views to keir.mudie@people.co.uk. Follow me on [twitter](#) @mudiek

SHOCK SINKS IN WEEK THAT CHANGED OUR WORLD

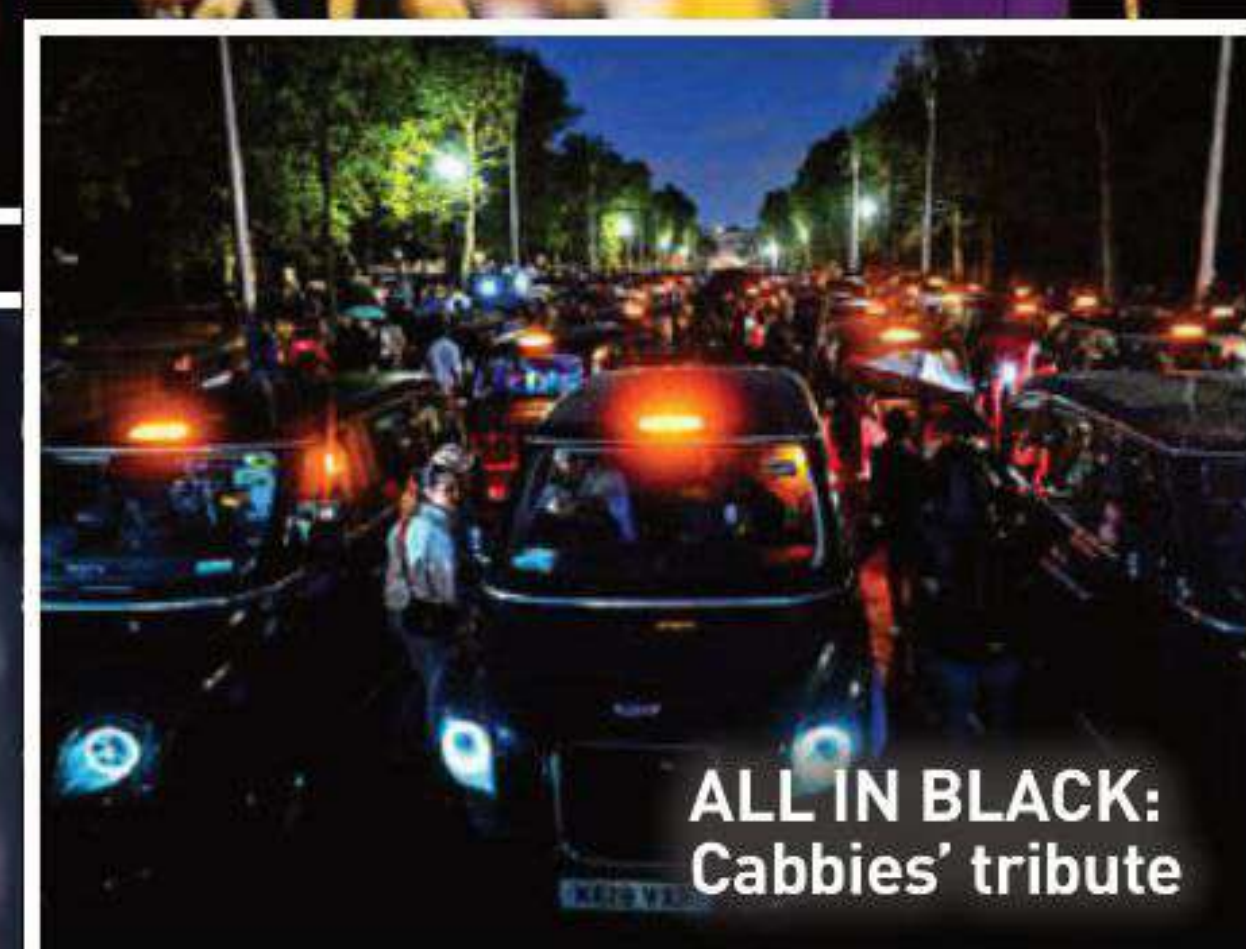
DUTY: Charles vigil and, right, Andrew & Anne



RESPECTS: Huge crowds at Mall



BACK HOME: Royal hearse delivers coffin to Palace on Tuesday



ALL IN BLACK: Cabbies' tribute



OVERWHELMING: Sea of floral tributes outside Buckingham Palace



26 WORDS: Death of Queen is announced on Thursday, September 8

by **Keir Mudie**

THE dark foolscap frame tied to the gates of Holyroodhouse and Buckingham Palace contained a notice made up of 26 words, typed under the royal letterhead.

And it changed the world.

"The Queen died peacefully at Balmoral this afternoon. The King and The Queen Consort will remain at Balmoral this evening and will return to London tomorrow."

At 6.30pm on Thursday, September 8, the second Elizabethan era ended and the reign of King Charles III began.

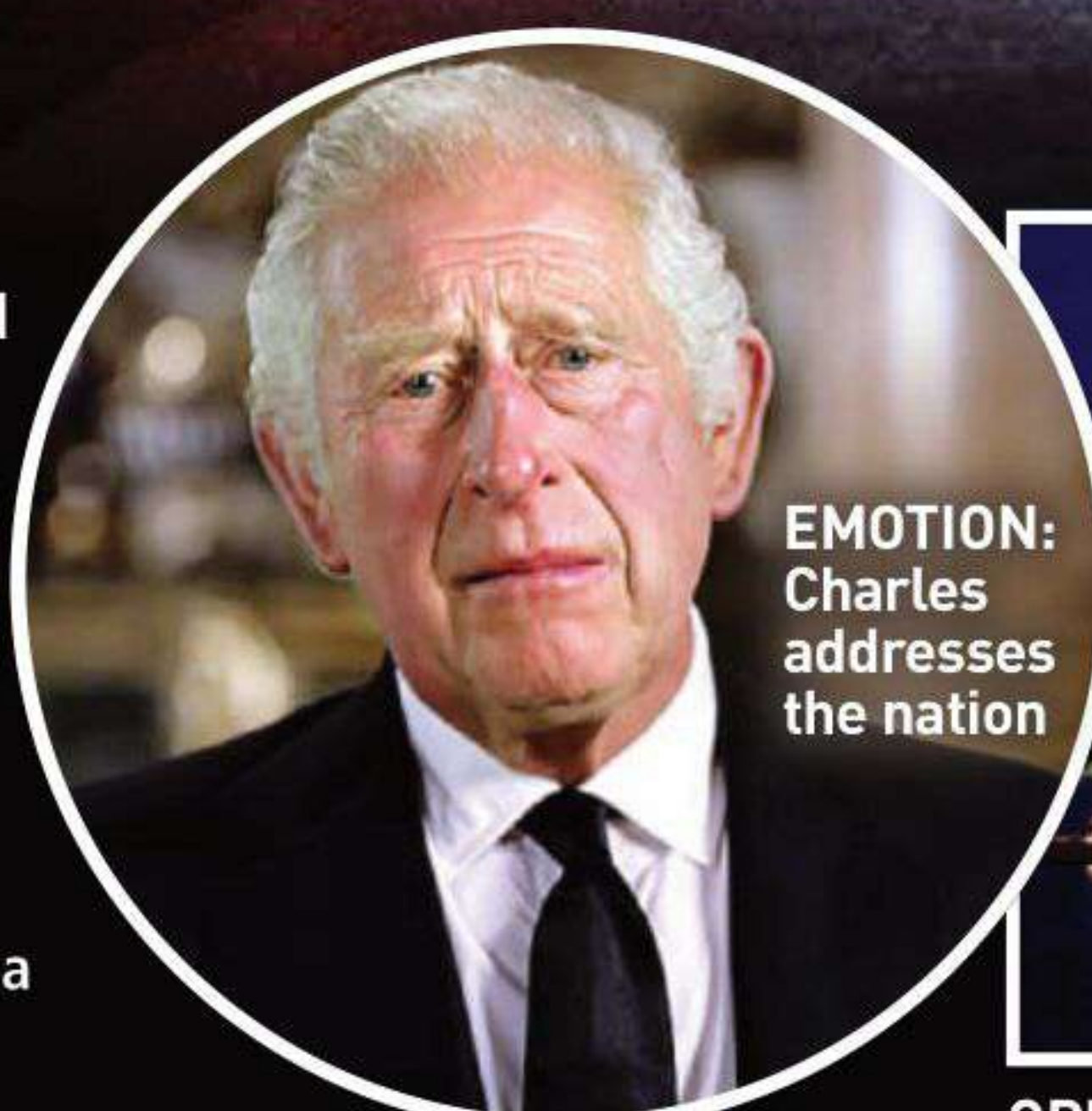
The new King issued his first statement half an hour later. The next morning, he and Camilla flew from Balmoral to London to greet mourners at Buckingham Palace.

That night, Charles made his moving TV broadcast and the next day he was officially proclaimed King. Sons William and Harry thanked the crowds at Windsor Castle.

On Sunday, the coffin left Balmoral for Edinburgh, where the public had a first chance to file past at St Giles' Cathedral.

While the King visited Northern Ireland on Tuesday, the coffin was flown to London. It left Buckingham Palace the next morning on a gun carriage as Her Majesty's family paced solemnly behind.

Since then, hundreds of thousands have paid their respects at Westminster Hall. One, Barendina Smedley, who came from Norfolk and joined the world's longest queue at 5.30am on Thursday, summed up the feelings of so many: "It's a very powerful thing to see first-hand. I don't think I'll ever forget it."



EMOTION: Charles addresses the nation



OPERA STAR: Sydney harbour is lit up in her honour

Picture: JEREMY SELWYN/GETTY IMAGES

QUEEN ELIZABETH II PRIDE ON

EXCLUSIVE

by **Laura Connor**
and **Alex Lloyd**

THE military have always played a huge part in the Queen's life – and their proud role continues in her death.

As Her Majesty's coffin made its sombre journey from Buckingham Palace down the Mall to Westminster Hall on Wednesday, 500 members of the armed forces accompanied her.

Two full rehearsals for tomorrow's funeral have taken place this week, with the 4,500-strong military parade set to march via Queen's Gardens, the Mall, Horse Guards Parade and Horse Guards Arch, Whitehall, Parliament Street, Parliament Square and New Palace Yard.

Pallbearers from The Queen's Company 1st Battalion Grenadier Guards carried her coffin inside Westminster Hall to lie in state.

His Majesty's Body Guard of the Honourable Corps of Gentlemen at Arms have kept a continuous vigil at her coffin, covered with the Royal Standard and placed on a raised platform known as a catafalque.

Emotional

They have been on six-hour vigil rotations with assistance from The King's Body Guard for Scotland (The Royal Company of Archers), The King's Body Guard of the Yeomen of the Guard and by units of the Household Division.

The First Officer of the Guard of Honour, Royal Navy Lieutenant Commander Michael Quinn, played a key role in the procession on Wednesday, conducting a royal salute for members of the Royal Family, including the King.

He told the Sunday People: "It was an absolutely massive honour and the way I look at it, I'm representing more than 30,000 members of the Royal Navy when I'm out there."

"Her Majesty had such strong links to the Royal Navy, so it's a tremendous honour for me. Unfortunately, I never actually met the Queen in person but I have always felt a close connection to her."

Michael, 37, from Lancaster, will take part in tomorrow's procession, which will march at a pace specifically reserved for funerals of 75 steps per minute to ensure it keeps time with the slow pace of the gun carriage.

He said: "It's been a very emotional time. The parades, such as Remembrance Sunday, are often very solemn occasions and there's always

"I have found it quite difficult to keep my emotions in check"

quite a lot of self-discipline to keep emotions in check. "But we have rehearsed a lot and done a lot of practising, albeit in a very short period of time, so we have prepared as much as we can."

"We've identified areas we need to work on and we will work on those to ensure that we deliver perfection on the day itself."

"But I have found it quite difficult

to keep my emotions in check, particularly with the music and the sight of members of the Royal Family who are grieving."

Tomorrow a bearer party from Queen's Company 1st Battalion Grenadier Guards will lift the coffin from the catafalque and carry it to the State Gun Carriage of the Royal Navy at **10.35AM**.

The Grenadiers, the most senior regi-

ment of Foot Guards, had a very special relationship with Her Majesty, protecting the Queen and her palaces throughout her reign.

She held the position of Company Commander of the Grenadier Guards' Queen's Company and personally reviewed the company every 10 years.

Drawn by 138 Royal Naval ratings, the gun carriage will

set off from New Palace Yard to Westminster Abbey via Parliament Square, Broad Sanctuary and the Sanctuary at **10.44AM**.

Royal Navy sailors have pulled the gun carriage since the funeral of Queen Victoria in 1901.

Some 98 sailors will haul the two-and-a-half-ton ceremonial carriage, with a further 40 sailors marching behind the vehicle, acting as brakes.

The procession will set off for Wellington Arch at **12.15PM**, led by



GUARD: Troops escort carriage down the Mall



LEAVING: Coffin passes through gates of Palace



IN SAFE HANDS
Queen's coffin surrounded by military arrives at Westminster



KEY ROLE: Navy Lt Cmdr Quinn

THE FINAL FAREWELL

PARADE



Crucial role of military in funeral

the Royal Canadian Mounted Police and members of NHS staff.

Commonwealth armed forces, including troops from New Zealand and Australia, will play a key role in the funeral as a powerful symbol of the family of nations coming together.

At 3:40PM the procession will pass into Engine Court from the Quadrangle along a route lined by The King's Troop Royal Horse Artillery, who will fire guns every minute.

As Her Majesty's Mounted

Ceremonial Battery, the King's Troop Royal Horse Artillery role has fired Royal Salutes to mark grand occasions of state throughout the Queen's reign.

Lieutenant Commander Quinn, who joined the Royal Navy in 2010, has had a number of prestigious Royal Navy detachments, including at the Platinum Jubilee pageant.

"Doing any form of ceremonial parade in public is an enormous honour," he said.

"But absolutely nothing can com-

pare to Her Majesty's funeral." Even before she became Queen, Princess Elizabeth showed her commitment to military service by becoming honorary colonel of the Grenadier Guards in the Second World War.

When she turned 18 in 1944, she insisted on



SHORT GAG: Queen & Piper

joining the Auxiliary Territorial Service, the women's branch of the British Army, and served as a truck mechanic.

As Queen, she became Head of the Armed Forces but always managed to carry her mischievousness and sense of humour in such a

serious role. Pipe Major Scott Methven, who was the Queen's Piper for four years until 2019, said: "She had really a quick wit as is well-documented. It was just always one-liners. I had so much sort of banter with the Queen, it was great.

"The first time when I was appointed, she turned around and said to me, 'Look, the only reason you got this job is because you're the same height as me,' and then she just walked away."

feedback@people.co.uk



THE RIGHT NOTE: Sam

Band fired up for the huge task

CAPTAIN Sam Hairsine who will conduct the Royal Marines Band in tomorrow's funeral procession has vowed they will meet the challenge.

He said: "We just focus on doing our job really well. It will be an emotional experience and there will be lots of pressure, but we will just concentrate on it."

Sam, 41, Director of Music of the Royal Marines Band Service, said they have been rehearsing early in the mornings to ensure they perform to their best.

He added: "We are full-time musicians at the highest level. But being part of this takes a lot of rehearsal.

"The procession is at a different tempo to what we are used to. It's not a quick march, nor a slow march."

Sam, who met the Queen around 12 years ago at Windsor, and said: "She was very fond of the Royal Marines Band particularly because we had a band on the Royal Yacht.

"She just wanted to connect and to talk. She was very warm and very human. It was very special."

Picture: BEN STANSALL/GETTY IMAGES

QUEEN ELIZABETH II



WARMTH: Queen Consort Camilla

EXCLUSIVE

by Laura Connor

FOR 17 years, Camilla stood dutifully by her husband's side as the Duchess of Cornwall, embracing the role with energy and grace.

A warm, bold and popular presence in public life, she campaigns to raise awareness of causes close to her heart, like osteoporosis – a condition which plagued her beloved mother Rosalind.

She is patron and president of more than 90 charities, boosting awareness on a huge range of issues, like domestic abuse, rape, child sexual exploitation, animal welfare and poverty.

Literacy is also a passion for Camilla, 75, who has her own Instagram book club, The Royal Reading Room.

Her natural warmth and support for Charles has endeared her to the British people after difficult years where she was perceived as “the other woman” in his marriage to Diana.

Here, royal expert Penny Junor, author of *The Duchess*, a biography of Camilla, explains how she operates, what drives her on – and how she will thrive as Queen Consort...

CAMILLA will be by King Charles' side in every role and in every form. The model for her, really, is the Duke of Edinburgh. He had no ambition to be a star in any way and he saw his role as being a support to the Queen.

That's precisely what Camilla is to Charles and will continue to be. She has no ego, no ambition to be a superstar. She takes on the title of Queen Consort quite reluctantly in a way, because she is not a grand woman, she is not full of herself.

She is a really warm, friendly, normal woman. The role requires her to support her husband as King – at public engagements and charity events. While the King or Queen has official responsibilities linked to Government, the Queen Consort does not.

Camilla has taken on a range of causes that are not considered to be very glamorous and aren't necessarily issues embraced by the Royals before... they're quite tricky.

But I feel sure she will continue to support them. Her work on domestic abuse brought the issue to the centre of attention, ensuring police forces now take it seriously and it's part of the public conversation.

I once spoke to a woman who ran a rape crisis centre which Camilla supported. She'd approached a number of high-profile people who just didn't want anything to do with it.

But when they approached Camilla, she immediately said yes. When she visited, she was so empathetic, warm

“She's had a lot of knocks but her foundations were solid”

and humble. She didn't arrive in a grand car to any fanfare – she just sneaked in through a fire escape at the back. This woman is the real deal. And she's with the King for all the right reasons.

She loves Charles, she is there to support him and to give him the confidence to be the King.

He is not hugely confident. He has not had people in his life to tell him how marvellous he is. Throughout his

marriage to Diana, he felt inadequate because he couldn't make her happy – which made him deeply unhappy.

But Camilla reads all his speeches, she is interested in his work, she's out there rooting for him.

That's been shown just this week with the clip of him in Northern Ireland getting stropky over a faulty pen.

She steps in and is able to be that rock by his side. She's very good at calming him if he's in a rage. Charles carries the weight of the world on his shoulders and has a tendency to be

quite serious. Camilla comes in with a lightness of touch, makes him laugh, makes him smile, makes him happy.

Secure

The granddaughter of Lord Ashcombe, she was born Camilla Shand in 1947 to Major Bruce Shand and wife Rosalind. Their loving marriage helped shape her into a strong, down-to-earth woman – she's from a fantastically solid background.

Camilla was a very secure child growing up. She's had a hell of a lot of

knocks along the way as an adult, but her foundations were rock solid. That enables her to be so strong for Charles.

She is an incredibly brave woman, too. You have to be jolly brave to come through the way she has – from the affair with Charles, her own divorce, the intimate tapes of her conversations with Charles being made public, the death of Diana, and then to marry Charles after all that.

It was very, very difficult for her. She's been to hell and back. But the most important person Camilla had to

KING'S



SOLEMN: By Charles' side to hear MPs' tributes in Westminster Hall last Monday

Camilla lifts Charles and will thrive as Queen Consort, says Penny Junor



BLISSFUL: At wedding blessing, April 2005



FAMILY: Attending royal gala in 2016

READY FOR NEW ROLE

ROCK



HELPING:
Meals on
wheels
delivery

The charities

AS president and patron of the Royal Osteoporosis Society, Camilla has helped fight for people with the painful condition that afflicted her mother.

Camilla also showed the health benefits of dance by doing a cha-cha with Strictly judge Craig Revel Horwood on World Osteoporosis Day.

She took over as patron of children's charity Barnardo's from the Queen in 2016.

The Queen Consort is also patron of The Silver Line Helpline, launched by Dame Esther Rantzen to combat pensioners' loneliness, and has referred people to the service.



LAUNCH: Esther



DANCING QUEEN:
Twirl with TV Craig

CONSTANT SUPPORT

With King as Queen's coffin was taken to Westminster

win over after Charles' divorce in 1996 was the Queen herself. Her Majesty's issue with Camilla was never personal. She always liked her. But she was a divorcee, someone who had rocked the image of the monarchy to its core.

And the Queen saw Camilla as the person really causing a problem in Charles and Diana's marriage – a huge issue dividing the country.

So she wrongly thought that Camilla had to go. The Queen had known Camilla for a long time, when she was married to Andrew Parker Bowles. She

moved in royal circles and had so much in common with the monarch – they both loved horses and dogs.

Over time, the Queen gradually came to understand how crucial she was to Charles and, eventually, they became good friends.

What Camilla will do in her new role isn't yet entirely clear. What is certain is that she will be a Queen Consort like no other. I believe she will take inspiration from the late Queen to carve out her position. She learned to take a long view, like the Queen, and not

get overly excited about something that happens today. And, again like the Queen, she keeps a close inner circle which she trusts implicitly.

Everybody that works with her loves her. Had Camilla and Charles not stayed together, he would not be the man he is today.

And if she had disappeared and stepped out of his life when the going got tough, he would not be the King Charles III we see today.

feedback@people.co.uk

The Queen Consort

FOLLOWING Charles and Camilla's wedding in 2005, the Palace announced Camilla would be known as HRH Princess Consort.

Diana's Princess of Wales title lay vacant for 25 years, before being officially handed to Prince William's wife Kate.

Earlier this year the Queen said: "When, in the fullness of time, my

son Charles becomes King, I know you will give him and his wife Camilla the same support that you have given me; and it is my sincere wish that, when that time comes, Camilla will be known as Queen Consort as she continues her own loyal service."

Britain has never before had a divorced Queen Consort.

Wallet now departing..

A GANG led by a man disguised as a woman who stole £260,000 in valuables from first-class train passengers has been captured.

The 57-year-old leader wore female clothing and a wig and sat next to unsuspecting passengers on long-distance journeys.

When the targets got off at stations to stretch their legs or smoke, the boss and two men aged 40 and 47 stole wallets and luggage.

Three men have been arrested and charged in Marseilles, south France.

Corrections & Complaints

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Diabetes tea hope

PEOPLE who down four cups of tea a day are 17% less likely to develop type 2 diabetes, says a study.

But one to three a day lowered the risk by just 4%.

Researchers tracked over a million people in eight countries for 10 years.

Dr Xiaying Li, of Wuhan University, China, said: "Our findings suggest tea is beneficial in reducing the risk of type 2 diabetes, but only at high doses."

Experts claim tea cuts the risk of cancer, Alzheimer's and heart disease.

NHS STAFF ON BREADLINE

A third of nurses use payday loans

EXCLUSIVE

by Amy Sharpe

ONE in three NHS nurses are so tight for cash they use payday loans to feed their families.

A survey shows 34% borrow money on crippling short-term repayment rates that can top 1,300% annually.

Almost half admitted skipping meals because they are so hard up – and one in 10 used a food bank in the past year.

The revelations will raise fresh concerns over staff being well enough to maintain high standards of patient care. Last night, unions called for urgent support for those who put their lives on the line in the pandemic.

One health worker, who fears ending up homeless, said they are "merely existing" as they battle to stay afloat.

Researchers for NursingNotes and Nurses United UK polled 6,000 staff and found the number skipping meals is at 48% – up 8% in a year.

The number using food banks emerged as at least six NHS trusts have set up handout centres or voucher schemes.

One nurse told the poll: "I survive using food banks for my three children



and fear what will happen over winter". A colleague – whose husband is also a nurse – added: "We have been juggling finances with several maxed-out overdrafts and credit cards for some years."

"But we have come to a point where we can't juggle any more as the cost of living far outweighs anything we earn and owe, despite a most frugal lifestyle.

As this is set to get much worse, we are worried we will lose our home.

"We are not living, we are merely existing. It's unacceptable that as a professional with a university qualification in a demanding job where we are saving [lives], we are being so undervalued and treated with disrespect by the Government." Many loan firms offer

cash advances in less than an hour, welcoming those with bad or no credit.

Some handouts come with stratospheric annual percentage rates – which are also applied to set-up fees.

In July 2022, the Government confirmed a pay rise of £1,400 for most NHS nurses, backdated to April 2022. For many, this is a below-inflation increase of just 4%, unions say.

The Royal College of Nursing wants a rise of 5% above inflation, which is currently at 9.9%. The union has called a strike ballot – delayed due to the Queen's death – on October 6.

Patricia Marquis, RCN director for England, said: "That so many have been pushed to use payday loans or skip meals is not what nursing staff deserve."

"They have endured a decade of pay stagnation and spiralling living costs have forced some into poverty. Ministers need to urgently give nursing a fair pay rise to ensure we retain experienced staff."

A Government source said officials had put in place wider support for nurses, including 40 mental health and wellbeing hubs backed by £45million over the next year, and commissioned NHS England to develop a long-term workforce plan.

feedback@people.co.uk

BUDGET

PLAN: PM Liz Truss



EXCLUSIVE

by Nigel Nelson
POLITICAL EDITOR

LOW income couples could be in for a windfall worth more than £2,500 to cope with the cost of living under plans drawn up by Liz Truss.

The PM wants to allow the transfer of personal tax allowances between married couples and civil partners when one income is not enough for both to get the full £12,570 sum.

Under the present system, the lower earning partner can hand over £1,260 to the other, saving an average £250

Truss could give low-paid couples £2,500 windfall

in the pair's tax bill. The PM wants to raise that to the whole allowance, which would give an uplift worth 10 times that to two million couples paying basic-rate income tax.

Chancellor Kwasi Kwarteng is studying the figures to see whether he can afford the extra £5.8billion it will cost in his emergency budget on Friday.

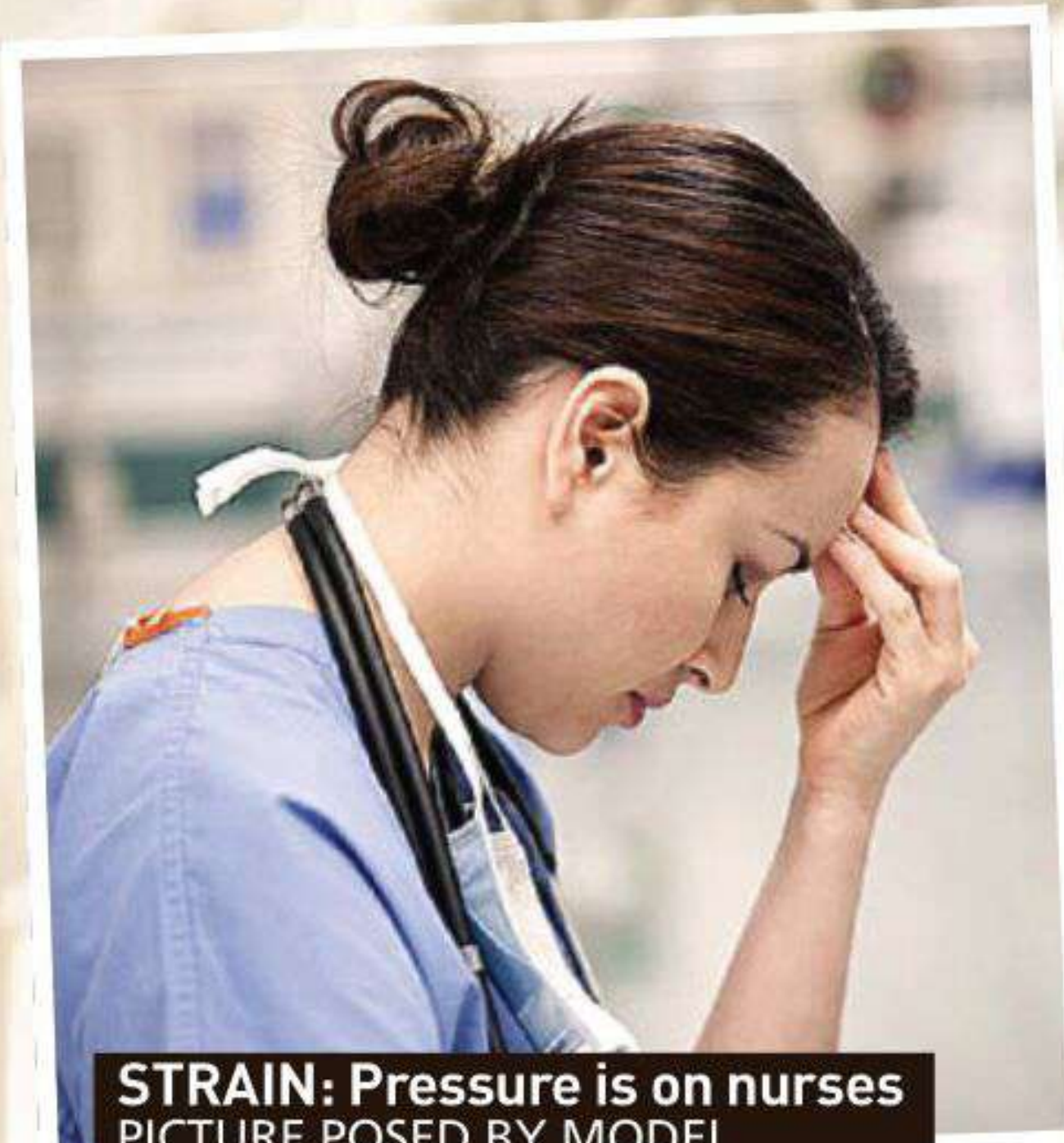
What is certain is that he will cut

National Insurance and reverse the April hike in corporation tax from 19% to 25% – at a combined cost of £30billion.

The Chancellor is also planning to scrap the limit on bankers' bonuses, now capped at 200% of salary.

And Mr Kwarteng will announce how the £2,500 two-year freeze on energy prices will be paid for – though

AS TORIES SET TO SLASH TAXES



STRAIN: Pressure is on nurses
PICTURE POSED BY MODEL

PLAY FAIR:
Nurse makes
point on pay at
London demo



Picture: JOHN SIBLEY/REUTERS

LENDER IN 'CHARITY WORK' JIBE

by **Dominik Lemanski**

PATRONISING payday lenders advise skint Brits to do charity work – so they have less time to spend money.

A blog by Lending Stream suggests ditching non-essentials.

It adds: "Maybe there's a charity you could volunteer for. Doing this will not only help you feel good about yourself, but it'll distract you from spending."

But the firm's APR is not so charitable. Its website offers £200 loans at 1,333% APR over six months. So, with interest, you repay £386.61.

Similarly, Quick Loans Express says cycling to work could save £396 a year. But borrowing £700 over five months at 832% APR brings £479.10 interest and a repayment bill of £1,179.10.

Loans 2 Go offers "10 ways to fight the cost of living", including using your car less, cutting back on streaming services and not spending on luxuries like "coffee, lunch or hair or beauty treatments". But any savings would be wiped out by the firm's hefty 770% APR on loans. Its £550 loan over 18 months will see you pay back £2,035.08 – that's interest of £1,485.08.

Independent consumer champion Martyn James said: "These firms are pretending to offer advice. But just a few clicks away, consumers will discover their interest rates are eye-wateringly high – and only likely to lead them into further financial woe."

None of the firms responded to requests for comment.

BOOSTER

But handouts leave 'big hole in public finances'

the PM's pledge of no new taxes means it will not come out of the huge profits of gas and oil producers.

With a £150billion price tag, every £1 saved on gas and electric bills will cost the taxpayer 75p.

Paul Johnson of the Institute for Fiscal Studies said: "We have not seen any official forecasts of the economic environment into which this huge

grenade has been lobbed." Jon Hickman of auditors BDO UK added: "Truss's proposed sweeping tax cuts will leave large holes in the public finances."

Cutting NI will save top earners £1,800 a year – but those on the lowest incomes just £7.

There could be an announcement of the minimum wage going up to

£10.50 an hour and an expansion of eligibility to workers over the age of 21 by 2024.

But TUC boss Frances O'Grady wants a £15 minimum wage.

She said: "Tax cuts will do nothing to jump-start the economy and will only line the pockets of the wealthy and companies like Amazon. Those who've profited from this crisis should pay their fair share – with a bigger windfall tax on oil and gas giants like Shell and BP and new taxes on wealth."

The Treasury is also looking at proposals to halve VAT to 10% to stim-

ulate spending and help reach Mr Kwarteng's target of 2.5% growth. However, experts say he is being too optimistic. Ruth Gregory of Capital Economics said: "We suspect potential growth will be closer to 1.0-1.5%."

OAPs will see a rise of at least 10% as the triple lock returns next year. Pensions will go up by the highest measure of inflation, earnings or 2.5%. If the Chancellor wants quick money he can raise tobacco duty in line with inflation plus 2%. That would see a £12.75 pack of 20 cigarettes hit £14.57.

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TAX RAP: Frances O'Grady

How marriage allowance works

YOU currently earn £11,500, the Personal Allowance is £12,570, so you do not pay tax.

Your partner earns £20,000 and pays tax on £7,430. By claiming Marriage Allowance you transfer over £1,260 of your share, while now being taxed on £190 yourself.

So your partner pays tax on only £6,170. As a couple you are taxed on £6,360, saving you £214.

The new plan would allow all of the allowance to be transferred with a £2,500 potential tax saving.

WAR IN UKRAINE

Call to declare Putin a terrorist

EXCLUSIVE by Nigel Nelson

UKRAINE is urging Britain to turn the screws tighter on Vladimir Putin to force him to the negotiating table by Christmas.

They want us to confiscate Russian assets instead of just freezing them, and enforce a no-fly zone over the Black Sea.

And Ukraine president Volodymyr Zelensky is also asking the UK to declare Putin's United Russia Party a terrorist organisation.

Mr Zelensky revealed his plans for ending

the war to a delegation of seven British MPs in Kyiv. One, former Labour Cabinet minister Liam Byrne, said: "It may not bring him down but it will force him into a corner."

"Russia has used up substantial resources for little gain. In the short term it cannot produce a battlefield breakthrough."

Proscribing United Russia as a terrorist organisation would mean its members, including Putin, would face arrest if they ventured abroad. Seized Russian assets would be used to pay for war reparations in Ukraine.



VISIT: Liam Byrne

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by Phil Cardy

THOUSANDS of Ukrainian refugees face homelessness this winter as people who opened up their homes battle the cost-of-living crisis.

More than a quarter of Homes for Ukraine sponsors are set to quit the scheme when their six-month accommodation pledge expires.

That means around 20,000 refugees could find themselves without housing by the end of the year, rising to 50,000 in 2023, campaigners fear.

Since Russia's invasion started in February, more than 90,000 refugees have been matched with sponsors. They are paid £350 a month to house them for at least half a year.

But official figures suggest 26% of the nation's 25,000 hosts have decided against extending the arrangement.

Karen Reeve, 54, and her husband Alan, 56, took in five Ukrainian refugees at their four-bed home in Horndean, Hants, in April.

They said the cost of living had now left them "desperately worried".

Karen said: "We've generously given up our home and of course I'm not going to turf them out, but the government needs to do more to support hosts."

"We've got one £350 payment coming in for five people and it won't be enough to cover our costs if everything keeps going up."

"And when the payments end, then what?"

"If I don't absorb the cost, then I will have to either charge my refugees money to cover the cost of housing them, or they will have to go back to the council."

"The government needs to address the cost of living and they need to address the long-term solution for Ukrainian refugees, which is giving them their own independent living conditions."

"These are families who need to be living in their own homes. At the moment, the government has its head stuck in the sand on this."

Refugees minister Lord Harrington last month called on the government to double the monthly payments to £700 a month to counter inflation.

But the Treasury is yet to announce any plans for improved support. The Homes For Ukraine website simply asks hosts to consider housing guests "for as long as you can".

In Southport, Merseyside, retired physicist John Siddle, 72, hosts law student Anastasiia Kozmina and her pharmacist partner Oleksii Danko, both 22.

Reliant on a state pension and a modest company pension, Mr Siddle fears the 'thank you' payments will not cover the cost of heating the top floor of the Victorian house where his two guests reside.

He said: "They are both brilliant people and they are entirely welcome here. We get on really well and they

are a breath of fresh air. But I would have struggled to pay the bills had it been just me in the house."

"The last thing I want to do is ask them to contribute or tell them they can no longer live here because I cannot afford it."

"Where would they go? They have suffered enough upheaval already."

"There needs to be more support for the thousands of homes who opened their doors out of goodwill."

More than 125,000 Ukrainians have arrived in the UK under the Ukraine Family Scheme and Homes For Ukraine since they were launched in early March.

But government figures show that, by the end of August, 1,565 Ukrainian households – 1,080 with children – had registered as homeless.

Some councils have put plans in place to offer up council houses to avert a homelessness crisis.

Ulyana Majumder and husband Raj, 29, escaped Ukraine in April to settle in Knutsford, Cheshire.

But the couple, who have two daughters aged eight and five, are facing homelessness after their hosts sold their home and gave them one week to move out.

Ulyana, 25, told her local newspaper: "I feel sad. We don't know what to do. We don't have a place to go to. Our home was bombed but now we have a new life with friends."

Refugee network Positive Action in Housing, has warned of an "impending homelessness" crisis.

Chief executive Robina Qureshi said: "The cost of living is one factor, but the absence of a viable assessment, matching and host management system means a significant number of hosting arrangements end abruptly and suddenly, with hosts feeling the strain and having no support system to extend hosting."

"It is unrealistic to assume that Ukrainian refugees will move on to new accommodation when there are pre-existing housing shortages and homelessness across the country."

Under Homes for Ukraine, anyone in the UK can volunteer to host refugees in their own home or another property. Charities, businesses and community groups can apply.

Hosts are offered a tax-free payment of £350 a month for up to 12 months. Councils, who have to approve each property, get extra government cash.

The Department for Levelling Up, Housing and Communities said the overwhelming majority of Ukrainians in the UK "are living in private accommodation and settling in well".

A spokesman said: "We understand the pressures facing families and public services. Sponsors will continue to receive £350 monthly 'thank you' payments for up to 12 months."

"We are providing councils with £10,500 funding per person as well as access to a rematching service for the rare cases where this is required."

feedback@people.co.uk



PLEAS: Harrington and Qureshi, below



I'm not going to evict them but government must help

FEARS FOR REFUGEES

“The last thing I want to do is ask them to contribute or tell them they can no longer live here because I can’t afford it”



20k
refugees could
be homeless

125k
Ukrainians here
since March

The cost of giving crisis

● Families ‘facing boot’

● Hosts need extra cash



PROUD: Bodhan Osadchy

Kyiv troops honour the Union Jack

by John Siddle and Kateryna Romanik

UKRAINIAN troops pinned the Union Jack to their uniforms to honour our support as they liberated Russian-occupied areas.

One told how they advanced 25 miles in a single day during last week’s lighting assault.

Bohdan Osadchy, 30, said: “I’m extremely proud to wear the British flag. I put it next to a patch with the Ukrainian flag because Britain helps and supports us a lot.

“It gives us weapons. What the heck, even my military fatigues are from Britain.”

Bohdan told how Russian fighters begged not to be killed and insisted they had never wanted to fight Putin’s war.

Describing scenes in the

recaptured city

of Izyum,

Bohdan said:

“Freed local residents together with their children ran out to meet us, tears of joy in their eyes, hugging us, shouting, ‘Glory to Ukraine!’

“They were so happy. They brought food from their homes

to feed us. Buckwheat with meat, which we ate on the side of the road, was especially good.”

But tank company commander Oleksandr Sarychev, 29, said not a single living soul was found in one liberated village.

Before the war, Udy had a population of around 1,500.

He said: “Almost all the houses were in ruins, dead bodies strewn in the yards and the rubble.

“Most of the residents left at the beginning of the war. But the elderly stayed.

“When we were entering the village, the Russians were shelling with artillery fire. They had no chance to survive.”



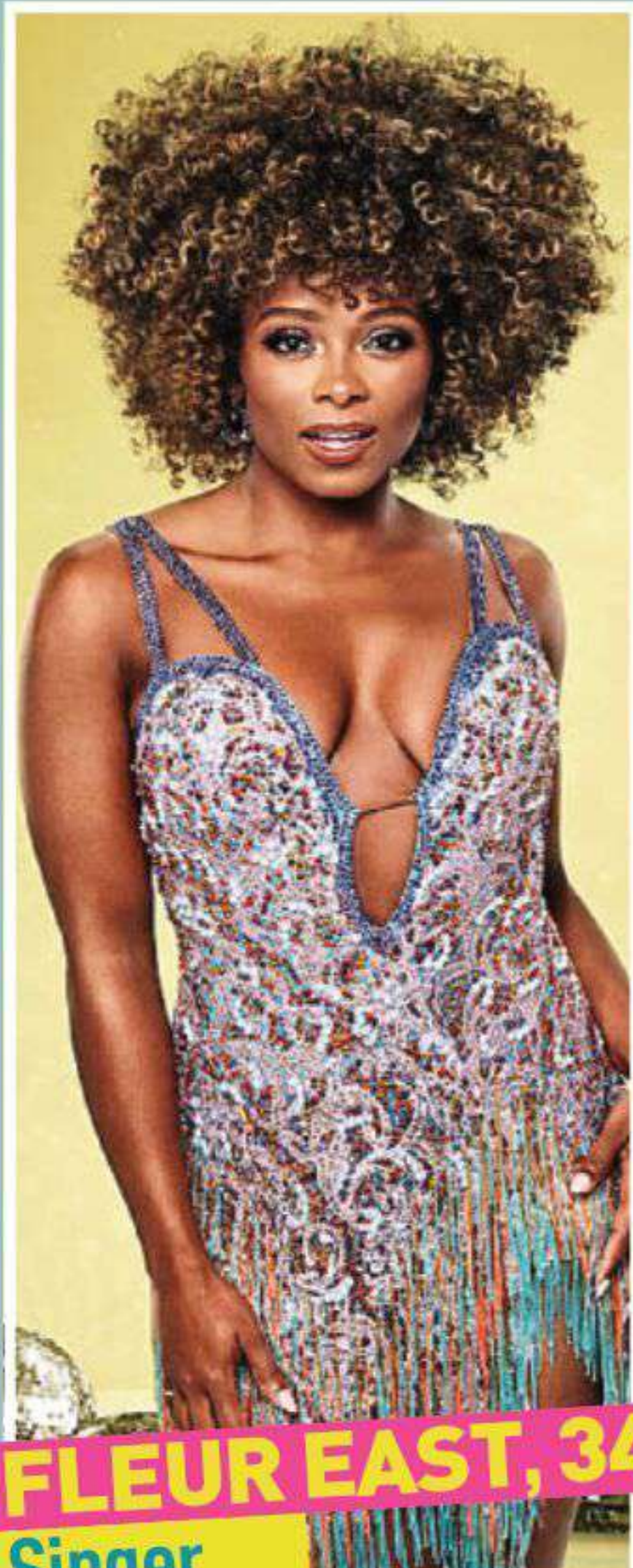
CARNAGE: Oleksandr Sarychev



STRICTLY COME DANCING



MATT GOSS, 53
Pop star



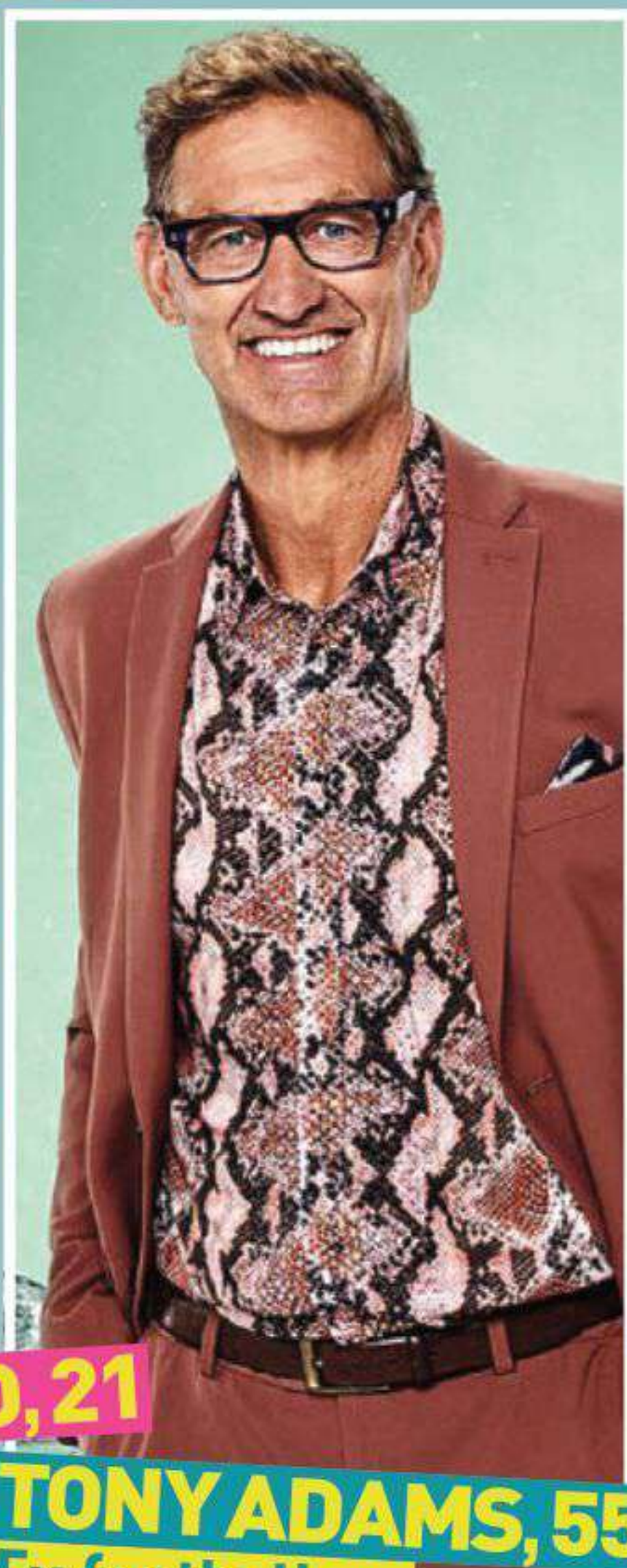
FLEUR EAST, 34
Singer



WILL MELLOR, 46
Actor



MOLLIE RAINFORD, 21
Actress



TONY ADAMS, 55
Ex footballer



JAYDE ADAMS, 37
Comedian

Kym's hubby is guard against curse

EX-CORONATION Street star Kym Marsh is confident of avoiding the Strictly curse by keeping her husband near during the series.

Parachute Regiment Major Scott Ratcliff, 34, will join her every weekend in London but may have to compete with other family members for show tickets.

Mum-of-three Kym, 46, who last month became a grandma for a second time, said: "He lives and

works in the barracks during the week so our weekends will now be here."

BBC Morning Live host Kym wed for a third time after just a four months engagement because her dad Dave, 77, had been diagnosed with terminal prostate cancer.

She never thought it was the right time to do Strictly but "Dad told me you never know what's round the corner, grab things with both hands."



STAYING NEAR:
Scott and Kym

Paralympic champ refuses to be beaten by nasty online remarks

EXCLUSIVE

by **Janine Yaqoob, TV EDITOR**

INSPIRING paralympic swimmer Ellie Simmonds is preparing to wow the nation on Strictly – yet she is already being bullied online.

Brave Ellie, however, who struck gold five times in the paralympics, refuses to let the trolls' nasty comments take the shine off becoming the show's first contestant with dwarfism.

The athlete, 27, who won 2008's BBC Young Sports Personality of the Year, hopes to show fans they can achieve anything.

She said the bullies' cruel words had upset her but she refuses to let them knock her down.

Ellie said: "I've had it already. Some people have said 'How's the dwarf going to dance?' It's sad and it does get to you.

"But from that one comment, there are so many other amazing comments."

Ellie has received good-luck messages from people all over the world in the build-up to Saturday's launch. She said: "People who have reached out to me – it's been so touching.

"If only I had this as a child, watching someone with dwarfism on a dancing show. I never even thought I'd do Strictly.

"When I got the call I was like 'wow'. I never thought I'd get the opportunity.

Comfortable

"It's so out of my comfort zone. I know I swim in front of millions of people but dancing is different.

"I'm used to wet hair, chlorine, swimming costumes.

"When I got the call I did wonder whether I should do it. Then I thought I'd do a leap of faith. You don't know until you try."

This week the 15 celebrities – including Bros singer Matt Goss, 53, and presenter Helen Skelton, 39 – had their first taste of the Strictly, with rehearsals for their group number. Ellie knows it will be a different experience for her.

She said: "I'm not going to be like any other celeb, with that partnership where you can hold each other.

"But if I can do it, there are going to be so many others out there watching it thinking I can do it."

She's been taking tips from US reality star Terra Jolé, 42, who has dwarfism and in 2016 appeared on Dancing With The Stars, the US version of Strictly.

Ellie said: "Terra has been amazing. We've been messaging each other. If I can do it, people



WINNER: Proud Ellie with her medals

watching will be like 'We can do it too'." Ellie said that the diligent Strictly team has adapted the studio to fit her needs.

She said: "They got me smaller clothes rail.

"It's little things like that to make me comfortable so I don't have to reach for everything.

"It's never been like that previously."

She said: "It's amazing for disability representation and moving forward."



CHAMP: Ellie competes



US STAR: Terra Jolé

Pressure

First up for Ellie to prepare for the live show is breaking in her heels. She said: "This morning I was wearing them while brushing my teeth."

In 2008, aged just 13, Ellie became Britain's youngest ever athlete to compete in the Summer Paralympics.

She won two gold medals at the Games in Beijing, China.

Ellie, made an OBE in 2009, struck gold twice more at 2012's London

Paralympics and won a fifth, four years later, in Rio, Brazil.

She will be taking that winning mindset into Strictly and hopes to do well in the contest.

She said: "Being an athlete, it's about coping under the pressure, like in London 2012, the pressure on home athletes was huge.

"So knowing I could do it then, I can do it now. I'm going to use those skills on Strictly."

janine.yaqoob@people.co.uk

■ **Strictly Come Dancing launch show is on BBC One on Saturday at 6.10pm.**

I won't let cruel

HOPEFULS READY FOR LAUNCH



TYLER WEST, 26
Presenter



HELEN SKELTON, 39
Singer



RICHIE ANDERSON, 32
TV star



ELLIE TAYLOR, 38
Comedian



KAYE ADAMS, 59
Presenter



HAMZA YASSIN, 32
Wildlife cameraman



KYM MARSH, 46
Actress



JAMES BYE, 38
Actor

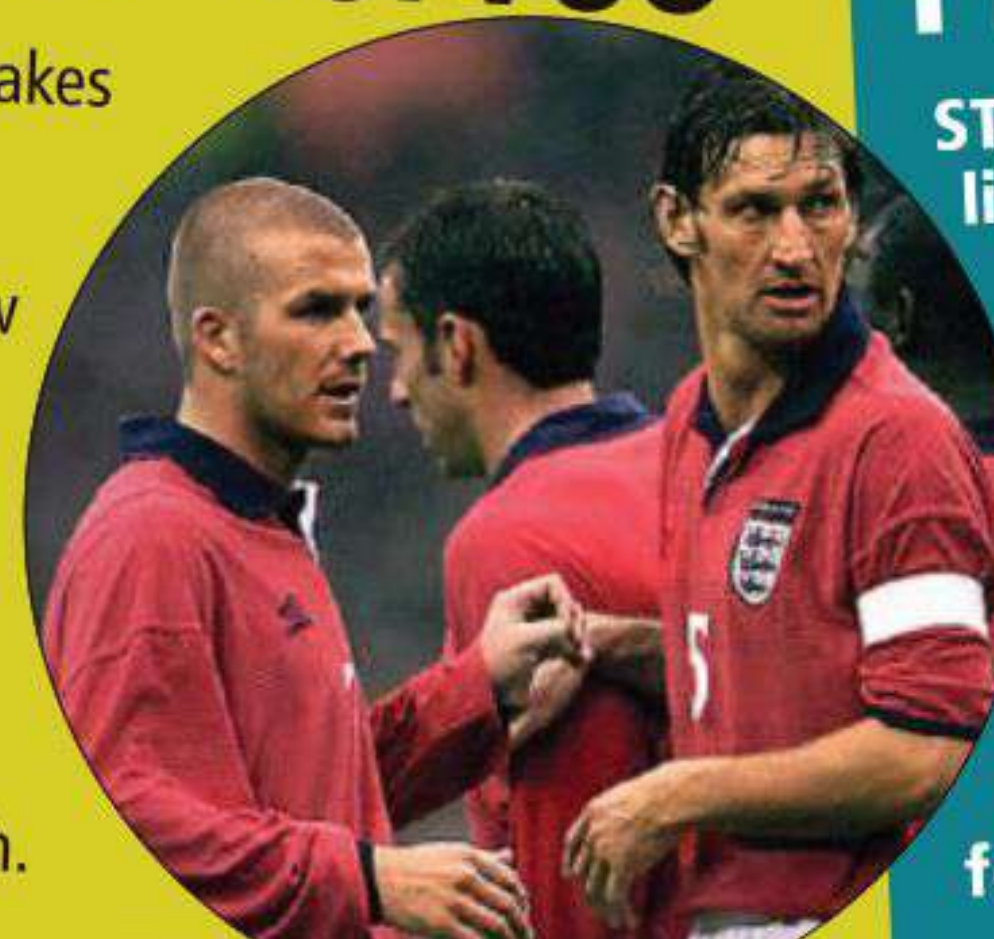
England's Tony a bag of nerves

ENGLAND football legend Tony Adams says being on *Strictly* makes him more nervous than stepping out for his country.

The ex-defender, who played 504 times for Arsenal in 19 years and won 66 England caps, said: "I ain't got a clue how to dance so, yes, it's made me very vulnerable."

Tony, 55, has had panic attacks since a child and suffered a mental breakdown at 49. He's hoping nerves don't get the better of him on the dancefloor.

He said: "I didn't get through the gates on my first day at school. I was scared and I had panic attacks at school and it was too daunting for me so I ran for the football pitch. It kind of saved me but I didn't never go through the fear."



TOUGH: Adams & Becks

Friday night winner

STRICTLY is launching on Friday with the first live show on Saturday.

It was originally scheduled to kick off yesterday with its pre-recorded opener but had to be changed following the death of the Queen.

Now fans will see the celebs taking part in the 20th series introduced to their professional dance partners on Friday at 7pm on BBC One. The first live show will follow on Saturday at 6.45pm.

"I've had trolling already. It's sad and it does get to you"

trolls get to me

CAMPAIGNING MUMS SHARE PAIN



FRIENDS: Singer Tom and Amani

EXCLUSIVE

by Alex Lloyd

THEY called it “the worst club in the world” to be in... and with good reason.

Singer Tom Parker of The Wanted was a member.

So was Amani Liaquat, 23 – who became a friend to Tom, 33, in their final weeks.

And George Fox, 13 – dubbed Gorgeous George by family because of his blond locks – was yet another to suffer from a merciless disease.

He, too, was in contact with Tom.

All three had glioblastoma multiforme... a fast-growing brain tumour which is nearly always fatal.

Amani died in February, Tom in March and George in April.

Now, Amani’s mum Yasmin Stannard and George’s mum Louise are doing their utmost to raise awareness about the cancer – and fighting for a cure.

They are staging a Walk of Hope next week in honour of their children, with funds going to Brain Tumour Research.

Brutality

Yasmin, 49, says: “Research and treatment in Britain is poor, so families have to stand together.

“Each of us have searched the world for a cure, desperate to keep our child alive long enough to save them.

“It’s too late for Amani, Tom and George. But the two of us want to help the other families who still have hope.”

Louise, 48, adds: “Until it happens to you, no one can understand the brutality of waking up each day knowing your child is going to die. Going through this together makes it less lonely. Yasmin has been my rock.”

It was April 2020 when Amani collapsed with a seizure while celebrating her 22nd birthday at home in Luton, Beds.

Her mum, dad Khuram, 50, and sisters Ruqayyah, 21 and Maleehah, 16, were horrified.

Rushed to hospital, she was diagnosed with a grade 4 glioblastoma multiforme, for which doctors said there was no cure.

The first-class law graduate had radiotherapy, chemotherapy and a string of brain operations.

When NHS treatment ended, her family raised more than £100,000 for pioneering immunotherapy drugs available in Germany.

And despite her ill health, incredibly, Amani completed her Masters in social work and started a podcast about her cancer called Chat2Amani. This led to her meeting Tom, as he made a documentary on his own illness, Tom Parker: Inside My Head. They chatted on Amani’s podcast and she invited

WANTED: Hope for others in fight against disease that robbed us of our children



DEGREE: Law graduate Amani, 23

London’s Royal Albert Hall in September 2021.

When Amani died on February 21 this year, Tom paid tribute on Instagram, saying: “My thoughts and love are with her family. She was an incredible young lady. Bright, smart, funny and I had the greatest pleasure to meet her.”

He also sent Amani’s family a ceramic angel in a box, a candle inscribed “In loving memory”, a packet of forget-me-not seeds and a silver picture frame.

When Tom died five weeks later, leaving wife Kelsey and children Aurelia Rose, two, and Bodhi, one, Yasmin and her family felt like they had lost another relative.

She says: “Tom was really gracious and sweet to Amani. She was stuck at home 24/7 when she should have been out living her life. Their friendship gave her something to talk about and think about, instead of her illness.”

During Amani’s battle, Yasmin grew

close to other parents in the same situation – swapping information and offering each other a shoulder to cry on.

She goes on: “The brain cancer community is really supportive. The NHS and the doctors don’t have the answers in this country, so we have to look for them.

“We wish we weren’t here but we are glad we are here together.”

One of Yasmin’s greatest supporters has been Louise, who lives just 10 minutes away. Son George was diagnosed with a grade 4 glioblastoma multiforme after weeks of headaches in April 2021.

Louise explains: “I was told they were migraines or tension headaches, but he was leaping out of bed at 4.30am in pain. I knew that could be a symptom of a brain tumour and

begged for a CT scan. When a scan took place, George was blue-lighted from our local hospital to Addenbrooke’s in Cambridge.”

The Arsenal-mad schoolboy spent 10 hours in surgery having most of the tumour removed in May 2021 – and was able to return home within a few days.

But once the tumour was analysed, Louise and husband Matt, 53, were told George’s illness was terminal.

Louise says: “We were told to take our son home and enjoy his last 12 months. I wasn’t going to stand for that. I vowed to George I would search the world for a treatment to make him better.”

George’s tumour grew back in full within five weeks of surgery and, after he collapsed at his 13th birthday party last November, he underwent a second



BATTLER George had op but tumour regrew

OF BRAIN TUMOUR TRAGEDY



Picture: STAN KUJAWA

LOSS: Yasmin and Louise. Inset, George was just 13 when he died

operation. Like Amani's family, his parents raised £70,000 to get George on to clinical trials abroad. But a trip to America after Christmas ended badly.

He suffered seizures on the plane and at their hotel. George spent a week in hospital and needed steroids – which in turn ruled him out of the drugs trial.

Medical bills soared and the family did more fundraising. The total was £487,000 – just enough to cover their costs.

Louise – also mum to Jamie, 18, and Isabella, 12 – says: “He told me, ‘Mum, this is the worst holiday I’ve ever been on’. So when he got his strength back, we took him to Disneyland in California.

“Even when we went to Germany for treatment, George saw it as a holiday, not a hospital appointment.”

Louise never let on to her beloved boy that he was dying. She adds: “We thought he would be scared and give up hope.

“I think that’s why he was so strong until the end. He was just amazing – really bright, funny and kind, always worrying about other people more than

himself. He stood out from the time he was born because of his blond hair, so we called him ‘Gorgeous George’. He was gorgeous as a person as well.”

The lad died on April 12 this year, his brokenhearted parents by his side.

In his final months, pop star Tom had contacted George and his family, posting encouraging notes on his social media and even sending a video last Christmas.

Louise says: “He heard about George and wanted to support him. He didn’t have to and it was really kind. In the video, alongside his wife Kelsey, he said: ‘We hear you’ve been an absolute trouper and a warrior, mate. We’re so proud of you. Keep going.’”

Louise’s grief is matched by anger that only 1% of Britain’s national spend on cancer has been steered towards brain tumour research over the past two decades.

Yet it is the biggest cancer killer of children and adults under 40, says Brain

Tumour Research. Life expectancy is short – usually 12-18 months. A quarter of sufferers survive more than a year and 5% edge past five years.

But cancer medics can’t explain why some live longer than others.

Louise, who lives in Barton-le-Clay, Beds, says: “Sadly, it is only when you become a parent or carer of someone with a brain tumour that you find out how desperate it is. We will never, ever get over losing George. His trainers are still by the front door and we take it in turns to sleep in his room.”

The family are getting through each day with the help of other parents – like Yasmin – and the couples recently drew strength by attending a weekend bereavement retreat together.

Louise adds: “We feel very let down at the lack of awareness, the lack of hope and the lack of research. The world can come together to find a Covid vaccine. Why can’t we tackle this?”

feedback@people.co.uk

THE WALK

YASMIN and Louise have teamed up for a Walk of Hope, in aid of Brain Tumour Research.

At the inaugural event last year, organised by Yasmin, Amani gave a speech to encourage more research funding.

The walk raised more than £13,000 and Amani’s family donated another £40,000 that was left over from a campaign to pay for her treatment. The fundraising total in Amani’s memory stands at £100,000.

This year’s event is being held in Luton next Sunday. Participants have been asked to wear a touch of red – for Arsenal fan George – and a splash of purple, Amani’s favourite colour.

There will also be a “memorial of shoes”, which bereaved families can contribute a pair to, as a visual reminder of just how many lives have been lost to the disease.

Yasmin says: “Campaigning and fundraising keeps me busy. It also keeps me connected to Amani. I feel like I am spending time with her.

“People loved her honesty and resilience. I want to keep that spirit alive.”

Louise adds: “As long as I am breathing, I will fight against brain tumours. I will never see my son grow up and achieve his dreams but I want to make sure other families will.”

Find out more about the event at [gofundme.com/walk-of-hope-in-memory-of-george-and-amani](https://www.gofundme.com/walk-of-hope-in-memory-of-george-and-amani)

Sex crimes Sir is jailed

A TEACHER has been jailed for three years for sex assaults on three girls.

Muhammad Taimoor, 28, admitted 11 charges at Birmingham crown court in July. One victim was 16 when she was assaulted by Taimoor earlier this year.

A not guilty plea to four charges was accepted.

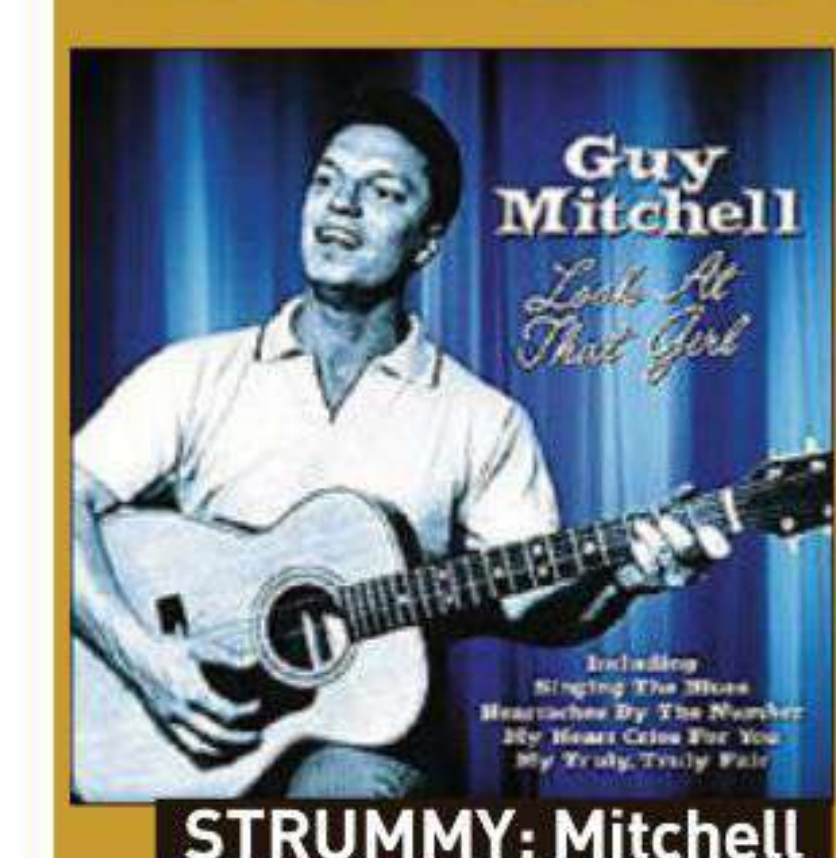
Taimoor, of Birmingham, was put on the sex offenders register for life.

The NSPCC charity said he had “exploited his position of trust”.

ON THIS DAY...

SEPTEMBER 18

in **1953**



STRUMMY: Mitchell

TOP 10 singles

- 1 **Look At That Girl**
Guy Mitchell
- 2 **I Believe**
Frankie Laine
- 3 **The Song From The Moulin Rouge**
Mantovani
- 4 **Let's Walk That-A-Way**
Doris Day And Johnnie Ray
- 5 **Terry's Theme From 'Limelight'**
Frank Chacksfield
- 6 **Say You're Mine Again**
June Hutton And Axel Stordahl With The Boys Next Door
- 7 **Where The Winds Blow**
Frankie Laine
- 8 **Mother Nature And Father Time**
Nat King Cole
- 9 **Terry's Theme From 'Limelight'**
Ron Goodwin
- 10 **Kiss**
Dean Martin

She change for school

A SCHOOL founded in 1787 to train boys for a life at sea has admitted girls for the first time.

Hull Trinity House Academy, whose 600 students wear a uniform based on naval dress, has welcomed more than 40 female students this year.

Executive principal Zoe Bidmead said it was a “huge step” reflecting the increasing number of marine-related careers for women.



SHOT DEAD: Tragic Olivia

Olivia 'gang feud link'

OLIVIA Pratt-Korbel and another shooting victim were casualties of the same gang feud, sources claim.

Innocents Olivia, nine, and Ashley Dale, 28, died 48 hours and two miles apart in Liverpool last month.

One source claimed the killings were part of a long-running underworld feud.

Another said they were linked to a row over drugs and cash that flared at a gig.

Police said: "Detectives are keeping an open mind."

Olivia died after intended target Joseph Nee, a convicted burglar, entered her home to flee a gunman.

BEHIND BAAS



It's more Countryfile than Porridge... unusual even for us

EWEDUNNIT: Expert gives demo to lags

Sheep-shearing lessons for lags

EXCLUSIVE

by Stian Alexaner

LAGS who tried to pull the wool over the law's eyes are being rehabilitated – by learning sheep shearing.

Female cons are being trained in the rural skill to help land jobs when released.

Experts have been teaching them in masterclasses at HMP East Sutton Park, set in 84 acres of countryside near Maidstone, Kent.

A source said: "This isn't your normal prison, but the classes are unusual even for us. They are definitely more Countryfile than Porridge."

The jail is home to around 100 inmates – and as many sheep. Shearers demonstrated how to sit an

animal on its rump and pull its front legs up so that its belly could be shaved.

Then came the tricky bit – rolling the sheep over so that its entire fleece could be removed. Prison bosses say the task is "hard work".

Top shearers can de-fleece an animal in just a few minutes, charging around £1 a time. And with

some 30 million sheep in Britain, there is no shortage of work.

Inspectors from jail watchdog the Independent Monitoring Board praised the course.

The jail – once home to Black Widow killer Linda Calver and Sarah Ferguson's ex-dressmaker Jane Andrews – already does classes in fixing computers and making barista coffees. Prisoners also make sausages and sell them at a local market.

In 2018 there was outcry at NHS-funded goat therapy sessions for male prisoners at HMP Swaleside on the Isle of Sheppey – 20 miles from East Sutton Park.

The Prison Service said: "Schemes like this offer skills to prisoners so they can find work upon release and stay free from crime."

feedback@people.co.uk



SOFT CELL: Prison lays on a variety of classes

MP: KABA DEATH HITS TRUST



SHOT DEAD: Chris Kaba

A LACK of details about the police's fatal shooting of rapper Chris Kaba erodes public trust in the Met, an MP warns.

Bell Ribeiro-Addy said a disproportionate number of deaths in police custody since 1990 had involved Black people.

She said: "For Black communities – they are the ones who have amongst the lowest levels of confidence in policing – the issue of race is really, really important here."

"I don't feel like [lessons] have been

learned. If they had been learned, communication would have been better."

Ms Bell Ribeiro-Addy is MP for Streatham, South London, where Mr Kaba, 24, was fatally shot in the head by a firearms officer on September 5.

The officer has since been suspended and a homicide investigation launched.

The IOPC watchdog said it appreciated Mr Kaba's grieving family and the community had many unanswered questions.

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Rachael Bletchly

rachael.bletchly@people.co.uk

JUST SAYING!

Small whine at drink study

BREAKING news from the Ministry of the Bleedin' Obvious.

The secret to cutting down on booze is... to drink from a smaller glass or buy smaller bottles.

So say experts from Cambridge University who are looking at ways to cut the harmful effects of alcohol by stopping us over-indulging at home. They monitored 260 wine-drinking households in the UK over two 14-day periods.

In the first, the guinea pigs were given different size glasses – 350ml or 290ml – and in the second they got large or small bottles of wine.

Those who quaffed plonk from smaller glasses drank 6.5% less in the fortnight, while those who drank from a smaller bottle cut down by 3.6%.

Presumably as they were being monitored and so less inclined to top up their dinky glasses or open another bottle. Finding ways to encourage sensible drinking is obviously important. But as useful scientific studies go, I'd say this is a small one.



Robots need gigglebytes

SCIENTISTS are trying to crack one of their toughest challenges yet – inventing a robot that can laugh at human jokes.

Japanese boffins want to develop a machine that will know how to chortle appropriately while chatting with a real person.

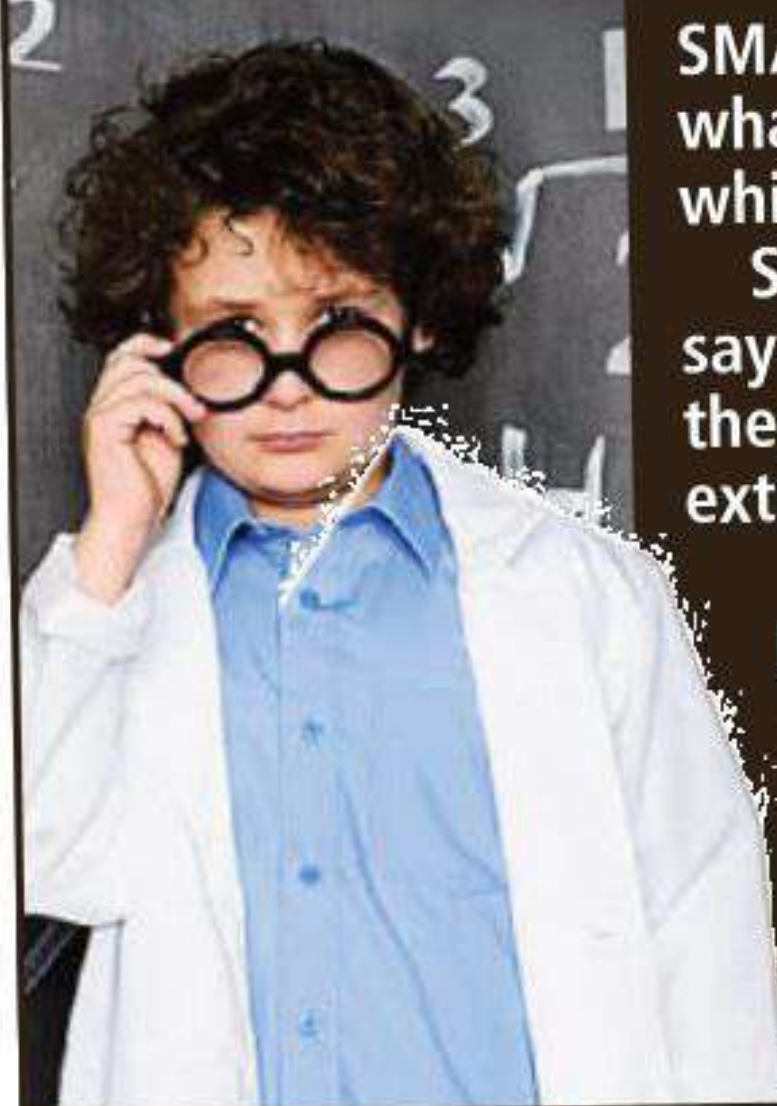
So they need to teach it empathise and learn when to chuckle, titter, howl or guffaw.

But that depends on the type of humour, the quality of the gag and the delivery of the person telling it.

Scientists say their prototype is making great progress. Although teaching it to recognise humour in some situations "remains a daunting challenge". A bit like attending a Jimmy Carr stand-up gig.



FINDING TRUTH IS CHILDS' PLAY



SMART kids as young as six are sceptical of what adults tell them and can easily spot little white lies.

Scientists from Toronto University in Canada say that youngsters will "try to verify" claims they consider a bit dubious by seeking out extra information.

And a study, published in the journal Child Development, reveals children will experiment and explore until they get to the truth.

Six years old sounds a bit late to me. Most four-year-olds can get to the truth simply by wearing adults down with the

endless refrain "But WHY?" And some will go to extraordinary lengths to prove you're a big fat liar.

The other day I was minding my neighbour's four-year-old and we watched a couple of episodes of The Octonauts on telly.

But then he refused to stop and have his tea so I sneakily switched off and told him the remote control didn't work anymore.

I left the room for five minutes and came back to find he'd taken the back off "to check the batteries".

And with a knowing grin he said: "Look, it was working all the time!"

Wipe our eyes, focus on future

WHAT a week of extraordinary imagery it has been – with history unfolding before our eyes and the face of our nation changing forever.

Her Majesty's death and His Majesty's accession were merely the opening scenes in a drama that has dominated news channels here and around the world.

And millions of viewers have been glued to the unfolding story of family sorrow, diligent duty, the stiff formality of the constitution and the wobbly lips of the mourning.

But while this panoply

of pageantry and pomp has played out, it's the little details, the snapshots and vignettes which are sure to will stick in our minds forever.

So many of them have made me well-up unexpectedly.

The children's drawings and thank-you cards dotted amidst the flowers, Paddington Bears and marmalade sandwiches, images of the Queen drawn in sand at

the seaside and knitted to decorate post boxes.

The look on William and Harry's faces as they marched

behind another coffin, the pearls on the Imperial State Crown trembling in time to the soldiers' bootsteps en route to the lying in state.

And all those stunning aerial shots of Her Majesty's final journey – horse riders and farmers on tractors forming guards of honour in the stunning Scottish countryside and people in London lighting her way home with the glow of their iPhone cameras. We'll

witness more unforgettable sights tomorrow as the cameras capture every moment of Her Majesty's extraordinary funeral.

But then, I believe, it's time to wipe our eyes, shift our perspective and start to look to the future.

And our new Prime Minister and her cabinet need to zoom out from the minutiae of this historic moment and consider the bigger picture.

It was right that we paused to mourn our beloved monarch and reflect on her incomparable life of service.

But while the Second Elizabethan Age

morphed seamlessly into the Third Carolean Age, everyday life didn't change for the people of Great Britain.

And the dramas that filled the news bulletins 10 days ago are all still waiting to be addressed.

Crippling energy bills, the cost of living crisis, wages, strikes, a failing NHS, the climate crisis, Brexit hangover, growing numbers of asylum seekers and fall out from the war in Ukraine.

THIS is the changing face of our nation so now it's time to refocus.

And I'm sure Her Majesty and His Majesty would both agree.



Caught short of public loos

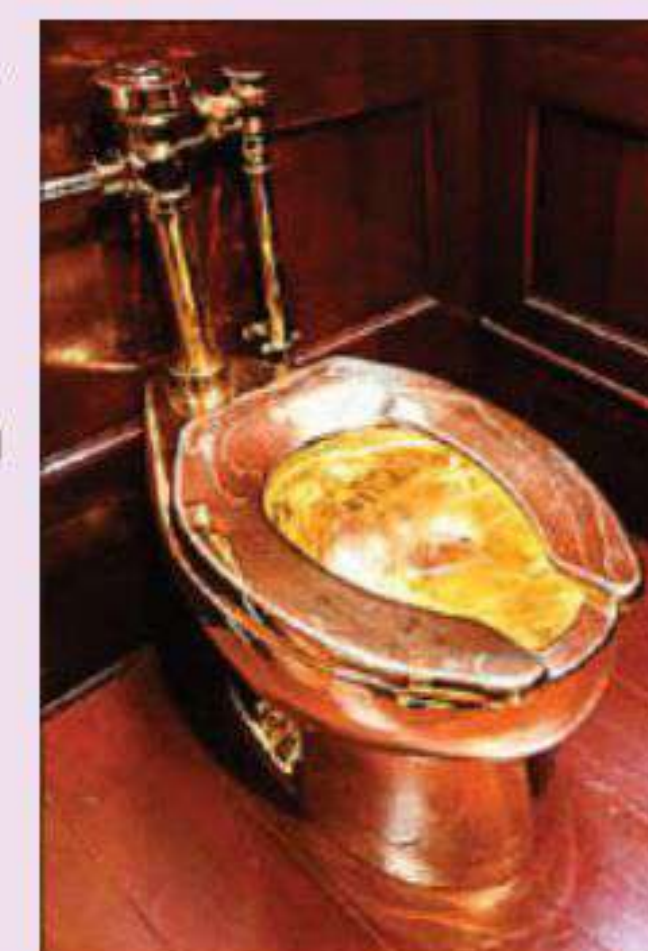
TRYING to find somewhere to have a widdle in town has become a real nightmare.

The shortage of public toilets is a national scandal and millions of elderly, disabled and vulnerable people are afraid to go out in case they get caught short.

Councils are not legally obliged to provide them so many have been closed to save cash.

But without Government funding in the pipeline, the British Toilet Association now reckons the only option is to charge people more to use public loos.

And in future we might be expected to pay £1 to spend a penny – presumably on a sparkling 24-karat khazi. Just how flush do they think we are?



Son flogging Stringy's seat

ANOTHER glitzy throne will soon be getting a new occupant, as playboy Peter Stringfellow's is being auctioned off by his son.

The ornate gold and velvet chair stood in Stringy's famous night strip-joints for more than 15 years.

And the self-proclaimed King of Clubs, who died aged 77 in 2018, was often pictured seated upon it surrounded by nubile young ladies in waiting.

The throne, described as "a vibrant piece of nightclub history" is expected to fetch up to £2,000.

So I expect they will soon be selling off that other piece of Stringfellow history.

The thong that once housed his crown jewels.



Fresh spins for Magic Roundabout

ONCE upon a time there was a young lady called Florence who lived in a colourful garden with her chums.

There was Dougal the depressive dog, Dylan the rabbit who clearly smoked too much wacky baccy, and Brian the frantic snail who appeared to be on speed.

They would spend their days whizzing around on a psychedelic fairground ride making wry and witty

references to politics and popular culture. Until a creepy jack-in-the-box called Zebedee boinged in and tried to coax them all into bed.

Aw... wasn't kids' TV just wonderful back in the day?

I'm referring, of course, to The Magic Roundabout, the animated series that achieved cult status in Britain in the 1960s and 70s.

Created in France in 1964, the BBC

bought it the following year and roped in Play School star Eric Thompson (dad of actress Emma) to translate it.

He thought the stories were too dull and simplistic so he began making up his own as he went along.

The result was a mixture of childhood simplicity and adult double entendre, and later remakes never lived up to Thompson's genius.

Now a French production company is

setting the The Magic Roundabout spinning again with a series due out in 2024.

And producers say they hope to "recreate the spirit and English humour in it, but take it back to its original roots as a series for children".

Which presumably means Dougal, Dylan and Brian will have to be packed off to The Priory while Zebedee gets slapped with a restraining order.

3yr ban for racist fan

A FOOTIE fan who shout-ed racist slurs while players took the knee ahead of a match was banned from stadiums for three years.

Harold Bowden was convicted of a racially aggravated public order offence at a Blackpool v Stoke City clash last November.

In addition to the ban Blackpool magistrates fined the 62-year-old, of Poulton-le-Fylde, Lancs, £1,353.

Lancashire Police said: "Such behaviour won't be tolerated at grounds."

ROBOMOP



OOPS: Robo can't do steps

A.I. sweeper cleans up acres.. but costs £21k



RUGGED: The Whiz in action

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by **Emer Scully**

HERE'S a robot that claims to take the huff and puff out of vacuuming – and it's all thanks to Artificial Intelligence.

The Whiz can clean up to 1,500 square metres (the size of three basketball courts) in three hours, on one charge. It can be programmed to clean 600 routes, stores images from built-in cameras – and sensors help it avoid people and other unexpected obstacles.

The Whiz, now being hailed as one answer to a shortage of human cleaners, trundles around at just over 1mph. It's eyes are a bit like Henry Hoover's, but it is taller at just over 2ft.

It's a lot dearer too – and will clean out £21,646 from your wallet.

But, a bit like the Daleks in Dr Who, it can't tackle stairs.

And cleaning guru Aggie MacKenzie, from Channel 4 show *How Clean Is Your House?*, says Mrs Mops shouldn't be too worried about being sidelined. She says: "Robots are a long way off replacing humans. It'll take a long time for them to produce one that can do everything."

The Whiz has been around a while. But its creators say latest versions – now

available in Europe and with touch screen built into a slide-away handle – are "reinventing commercial cleaning". It works on carpets, while a sister machine – the Scrubber 50 – cleans and polishes hard floors.

Tokyo-based Softbank Robotics says: "Smart technology has the potential to help the cleaning industry on all fronts.

"Automated, intelligent robots can plug the labour gap by supporting cleaning teams experiencing shortages."

That could help in the UK, where numbers seeking cleaning jobs have dwindled post-Brexit.

New figures show just 43,000 EU citizens received visas for work, family, study or other purposes in the UK in 2021.

And 225,000 EU Settlement Scheme applications are still awaiting an outcome.

British Cleaning Council chairman Jim Melvin said: "Firms cannot get the staff and given the triple effect of the Immigration Act, Brexit and the pandemic, it is arguably unprecedented. During the pandemic, we've seen how essential good standards of cleanliness and hygiene are to protecting the public from the most recent virus, and now that is being threatened because we are struggling to recruit the staff."

feedback@people.co.uk



EXPERT: Aggie is TV guru

It'll take a long time to make a robot that can do everything

Emma Pryer on TV

Sara Wallis is away

★ IF I was Fred Sirieix I'd be keeping those First Dates Hotel kitchen knives under lock and key.

During Tuesday's episode – where singletons hook up in Italy – viewers met divorced diva Annie, 57.

When her unsuspecting date Rachel said she was after someone more

"demonstrative" than her, I don't think she had Annie in mind.

The overbearing Londoner kept her waiting and then gave Gordon

Ramsay a run for his money with the F-word.

Remarkably, rabbit-trapped-in-headlights Rachel agreed to meet up again. When the pair went canoeing the next day, a sexually-charged Annie admitted: "To be fair it was always my plan to get wet, one way or the other."

Someone pass me a sick bag.

PAUL Hollywood joined the dark side as Darth Baker for an opening skit in the new Great British Bake Off, but those looks keep on reeling in admirers.

"I'm intrigued to see if Paul's eyes are as blue as everyone says," swooned pretty Irish hopeful, Rebs. Paul's ego won't fit in the tent at this rate.

ROMEO of the WEEK

★ THE new series of Never Mind The Buzzcocks revealed the lyric "freak out" in Chic's hit Le Freak could have been far ruder.

Legendary musician Nile Rodgers said singer Grace Jones was why he had "the biggest record in Atlantic Records' history." He wanted to meet her in 1977 at New York's Studio 54 but the bouncer told him to: "Ah, f**k off".

The words stuck with Nile. "So I went home and the next day I wrote, 'Ah, freak out'," he told Buzzcocks' host Greg Davies. Well I never.



Grand Tour more like a crashing bore, boys

THE Three Musketeers. Shrek, Fiona and Donkey. SpongeBob, Patrick and Squidward. There have been some entertaining trios over the passage of time.

But I don't get the continued appeal of pantomime petrolheads Jeremy Clarkson, Richard Hammond and James May.

The troublesome tykes are back with their latest Grand Tour on Amazon Prime Video – clearly happy as Larry to have fled the UK for the first time in years.

The first movie-length episode of season

five, called The Grand Tour: A Scandi Flick, bore all the hallmarks of greatness when it landed on Friday.

There were spectacular snow-capped mountains to gawp at as the crew were plonked 124 miles north of the Arctic Circle.

There was drama as they va-va-voomed through a perilous tunnel which lit up like a Christmas light show in



While they are good presenters, this lot forget they are not stand-up comics. At one

point James dunked Richard's car keys in a bath and peed on them before they froze over. Tasteless or what?

At its demise seven years ago, the BBC show that made them, Top Gear, was the world's most viewed factual programme. Amazon's purchase, even at a reported \$160m at the time, seemed like a bargain.

But, with the three-men-bickering phenomenon done to death, it's becoming irritating. Sorry, gents, but it's high time you were put out to pasture.



HEROIC: BBC's Huw Edwards

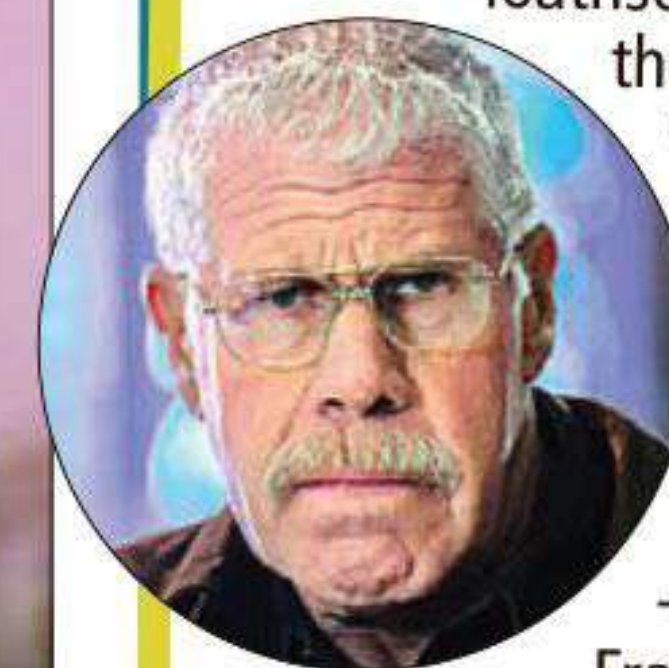
Frank'n'crimes of Capture monster

★ IN the spirit of BBC1 thriller The Capture, I'd like to make a correction. Last week, DSU Gemma Garland, became one of my most

loathsome people on the box. Having watched the show's grand finale, that honour now belongs to her colleague – Frankenstein Frank Napier, left.

After whipping out a torture toolbox to scare our hero Rachel Carey into submission, Frank grunted: "You're kind of hard to get rid of, aren't you? Like a stubborn t**d that won't flush."

He's a charmer, is Frank.



Nadiya's one smart cookie

IT was a culinary calamity when Nigella taught fans how to make Marmite spaghetti and Coca-Cola glazed ham.

Nadiya Hussain followed suit with an equally brazen recipe – a snickerdoodle – on Nadiya's Everyday Baking. Don't panic: No strange



hybrid designer dog was injured in the making of this bake. It's a cookie with caramel in the middle.

And I'd eat it over Nigella's offerings any day of the week. Don't mind if I doo-dle....

★ OK every-one, stay calm. Detective Inspector John Torode has solved the mystery of Kitty's missing profiteroles. "I've found a bag of choux pastry unused by Kitty," he carped, as it went from bad to worse for the drag queen in the Celebrity MasterChef finals. Give him a raincoat and he could be the next Columbo.

Big names' top picks to play the

by Kelly Jenkins

GREAT British Bake Off: The Musical has been such a big summer showstopper that speculation has even turned to a movie based on the beloved TV series.

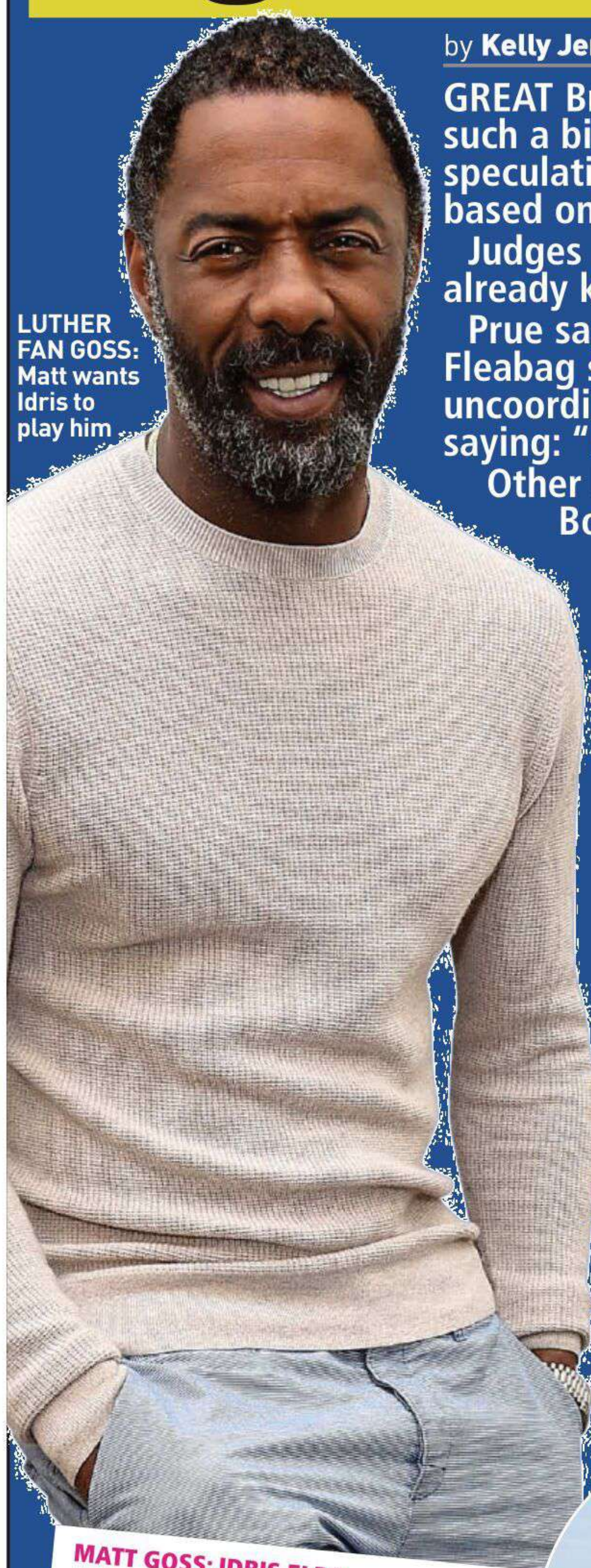
Judges Prue Leith and Paul Hollywood already know who they want to play them.

Prue says: "I'd like Phoebe Waller-Bridge. In *Fleabag* she was sufficiently clumsy and uncoordinated." Paul picked George Clooney, saying: "He's older than me but is prettier."

Other big names, with one eye on a *Bohemian Rhapsody*-style blockbuster biopic, also have stars in their sights...

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LUTHER FAN GOSS: Matt wants Idris to play him



EARLIER WISH: Elton and Justin

ELTON JOHN: JUSTIN TIMBERLAKE
POP legend Elton John's amazing and turbulent life was brilliantly portrayed by Taron Egerton in the hot 2019 musical biopic *Rocketman*.

But Elt's name in the frame since a video of *This Train Don't Stop Here Anymore* had been musician Justin Timberlake, 41.

He said: "Number one on my wish-list is Justin Timberlake. He played me in a David LaChapelle video and was superb."



GOSS BROS: Matt and Luke in 2017

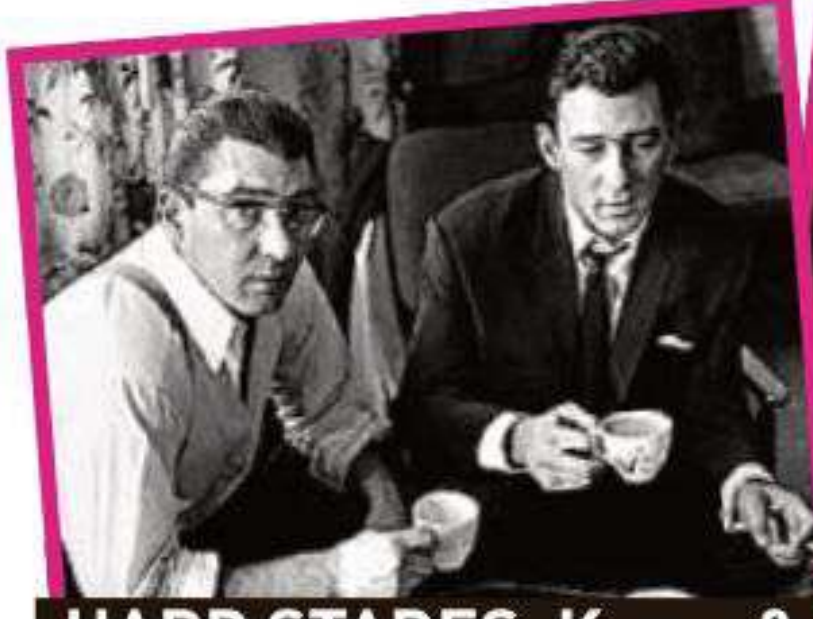
MATT GOSS: IDRIS ELBA

WHEN *Will I Be Famous* singer Matt Goss could be even more celebrated if his wish to be played by *Luther* star Idris Elba comes true. It would not be Matt's first experience of involvement in a biopic.

Gangster Reggie Kray wanted the Bros star to play him, with Matt's twin Luke to be Reg's twin Ronnie. Matt, 53, who is on this year's *Strictly Come Dancing*, visited Reggie in jail.

He said: "He was adamant that, if there was a Hollywood movie about the Krays, he wanted me to play him and Luke to play Ronnie."

In the end, that role went to Tom Hardy, 44, who portrayed both Reggie and Ronnie in the 2015 film *Legend*.



HARD STARES: Krays & Hardy in *Legend*



SHANE MACGOWAN: LEONARDO DICAPRIO
THIS match-up seems a bit of *Titanic* leap. Pogues' frontman Shane MacGowan, 64, wants to be played by *The Wolf of Wall Street* Leonardo DiCaprio, 47. The Irish hellraiser does not explain why he thinks DiCaprio would be so good for the role.



NIALL HORAN: TOM FELTON
THERE could be wonderful news for One Direction fans as *Harry Potter* star Tom Felton is up for playing Niall Horan. 1D's Niall, 29, plumped for Tom Felton, 34, best known as Harry's sneering enemy Draco Malfoy. And it could well happen. The actor said: "Of course I'd consider it. Niall is one of the wonderful members of One Direction."



PRIZES GUYS: Becks in June



DAVID BECKHAM: BRAD PITT

A BECKHAM biopic would look good if the former footballer nets his ideal man.

The Man Utd and England legend, 47, is aiming high by targeting some of the most handsome stars.

He said: "Brad Pitt would be the obvious choice. Him or Leonardo DiCaprio, or maybe Bradley Cooper. They're not bad-looking guys."

TARGET: Cooper & DiCaprio



DOLLY PARTON: REESE WITHERSPOON OR SCARLETT JOHANSSON

THERE are a couple of big contenders to be stars by playing the larger-than-life queen of US national treasure Dolly Parton.

sized up both Reese and Scarlett Johansson for the role. Both can sing but admits it's timing. She depends on it done.

She j always don't yo Withersp you? And Her boobs enough!"

BLONDE AMBITION: Scarlett, left, Reese, top, and Dolly



STARS IN THE

m in biopics



BARACK OBAMA: WILL SMITH
WILL Smith was the ex-President's man – until this year's Oscars night.

Smith had insisted Barack Obama wanted him to portray him in his biopic. In 2012, Will, 53, joked: "He felt confident that I had the ears for the role."

But Smith's dream of being Barack took a major blow in March. Although he won best actor for his role in King Richard, he slapped presenter Chris Rock and was banned from the ceremony for 10 years.

ARETHA FRANKLIN: HALLE BERRY

LATE soul queen Aretha Franklin wanted Halle Berry to play her even though the actress, now 56, ruled out herself out, saying she cannot sing.

Aretha said: "She was my first choice and she shouldn't underestimate her own talent. I never expected Halle to sing." The singer was played, five years after her 2017 death, by Jennifer Hudson in *Respect*, below.



HILARY CLINTON: MERYL STREEP

FEW decisions in politics are easy, except for who would play former US Secretary of State Hillary Clinton.

Hillary said: "If I had a choice, it would be Meryl Streep, of course!"

They have been friendly over the years and in 2012 posed for a selfie together.

And Meryl, 73, has even compared herself to Hillary, 74.

She said: "We both grew up in middle-class homes with spirited, big-hearted mothers who encouraged us to do something valuable and interesting with our lives. We both went from public high schools to distinguished women's colleges. We both went on to graduate school at Yale."



EMMA BUNTON: GOLDIE HAWN
SPICE Girl Emma Bunton, 46, really, really wants Goldie Hawn to play her – even though the actress is 30 years older at 76. Emma, who sold over 100 million records with the Spice Girls, is now a presenter on Heart radio and has been a competitor on *Strictly Come Dancing*. She said: "I love her so much." Hawn won a best supporting actress Oscar in 1970 for *Cactus Flower* and was a best actress nominee in 1981 for the comedy *Private Benjamin*.



PURE GOLDIE: Bunton and Hawn



HER EYES

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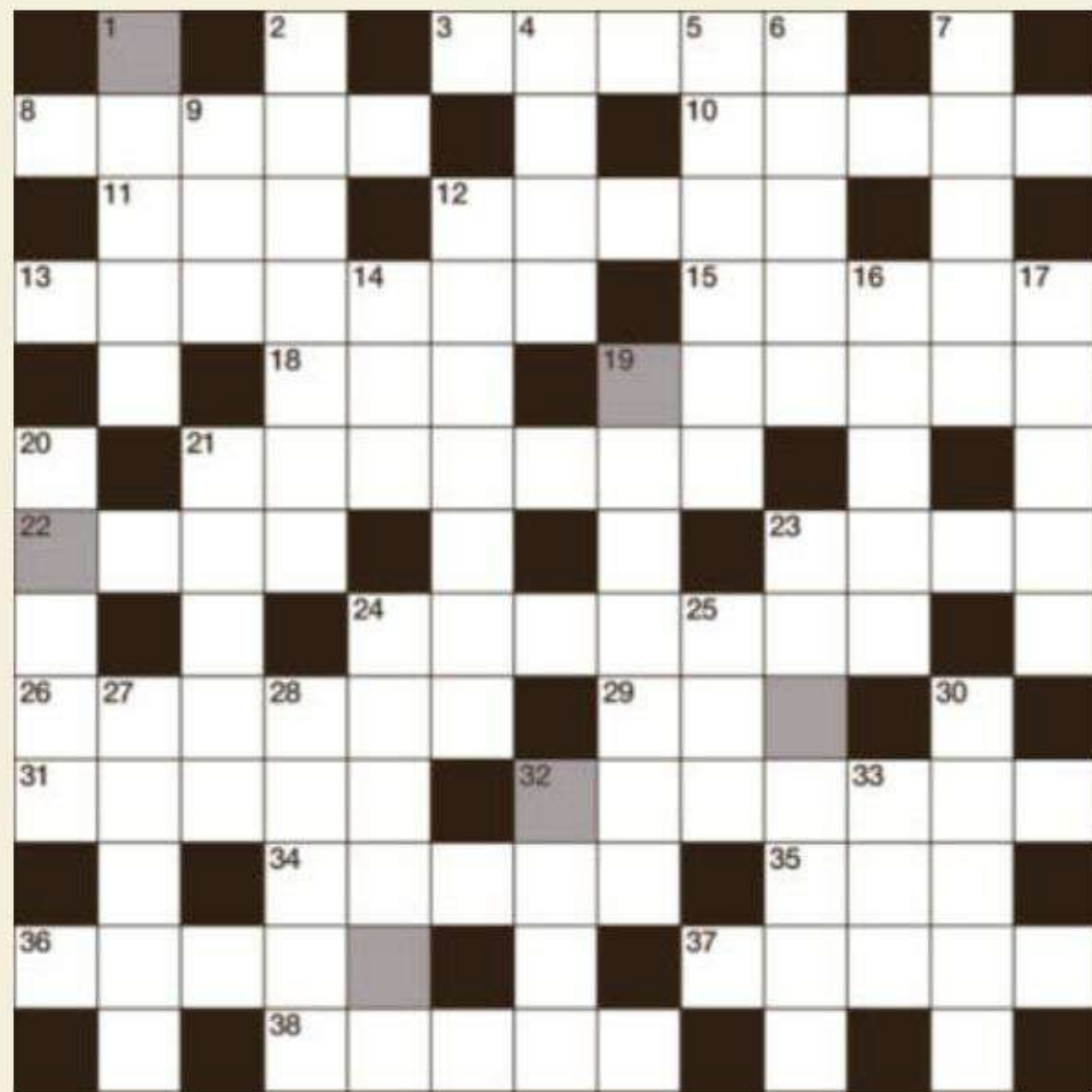
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ACROSS

- 3 Expel or turn out (5)
8 Claw (5)
10 Zodiac sign (5)
11 Number (3)
12 Bold, courageous (5)
13 --- Houston, singer (7)
15 Picture within another (5)
18 Raised edge (3)
19 Second of two (6)
21 Liked by many people (7)
22 Spoken (4)
23 Mutilate (4)
24 Spray can (7)
26 Request forcibly (6)
29 A narrow brooch (3)
31 Type of antelope (5)
32 Indicates (7)
34 Colour (5)
35 Food fish (3)
36 To tantalise (5)
37 Hide or disguise (5)
38 Whirl or twist (5)

DOWN

- 1 Have a wash (5)
2 Regulate (7)
4 Fluctuate (4)
5 Sturgeon's roe (6)
6 River in central England (5)
7 Riverside embankment (5)
9 Garland of flowers (3)
12 Preoccupied, lost in thought (7)
14 Pinch (3)
16 Take unlawfully (5)
17 Walk long and far (5)
19 Reveal or disclose (3,4)
20 Vast crowd (5)
21 Capital of Majorca (5)
23 Eyeglass (7)
24 Boy's name (6)
25 Transgression (3)
27 Young eel (5)
28 Acute anxiety (5)
30 Award (5)
32 Beloved (4)
33 As well (3)

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LAST WEEK'S CROSSWORD ANSWERS

ACROSS 3 Spear, 9 Rueful, 10 Resume, 11 Metal, 12 Alan, 15 Baboon, 17 Disease, 19 Spy, 20 Exist, 22 Serve, 24 Ewers, 25 Excel, 27 Gas, 29 Largest, 32 Allies, 34 Sash, 35 Ranch, 37 Prompt, 38 Easter, 39 Testy.
DOWN 1 Dread, 2 Texas, 3 Sum, 4 Please, 5 Arab, 6 Relapse, 7 Kudos, 8 Penny, 13 Liberal, 14 Nerve, 16 Oppress, 18 Expel, 21 Twigs, 23 Excerpt, 26 Lancet, 27 Gawks, 28 Sloop, 30 Earth, 31 There, 33 Sate, 36 Hay.

WINNER FROM September 4

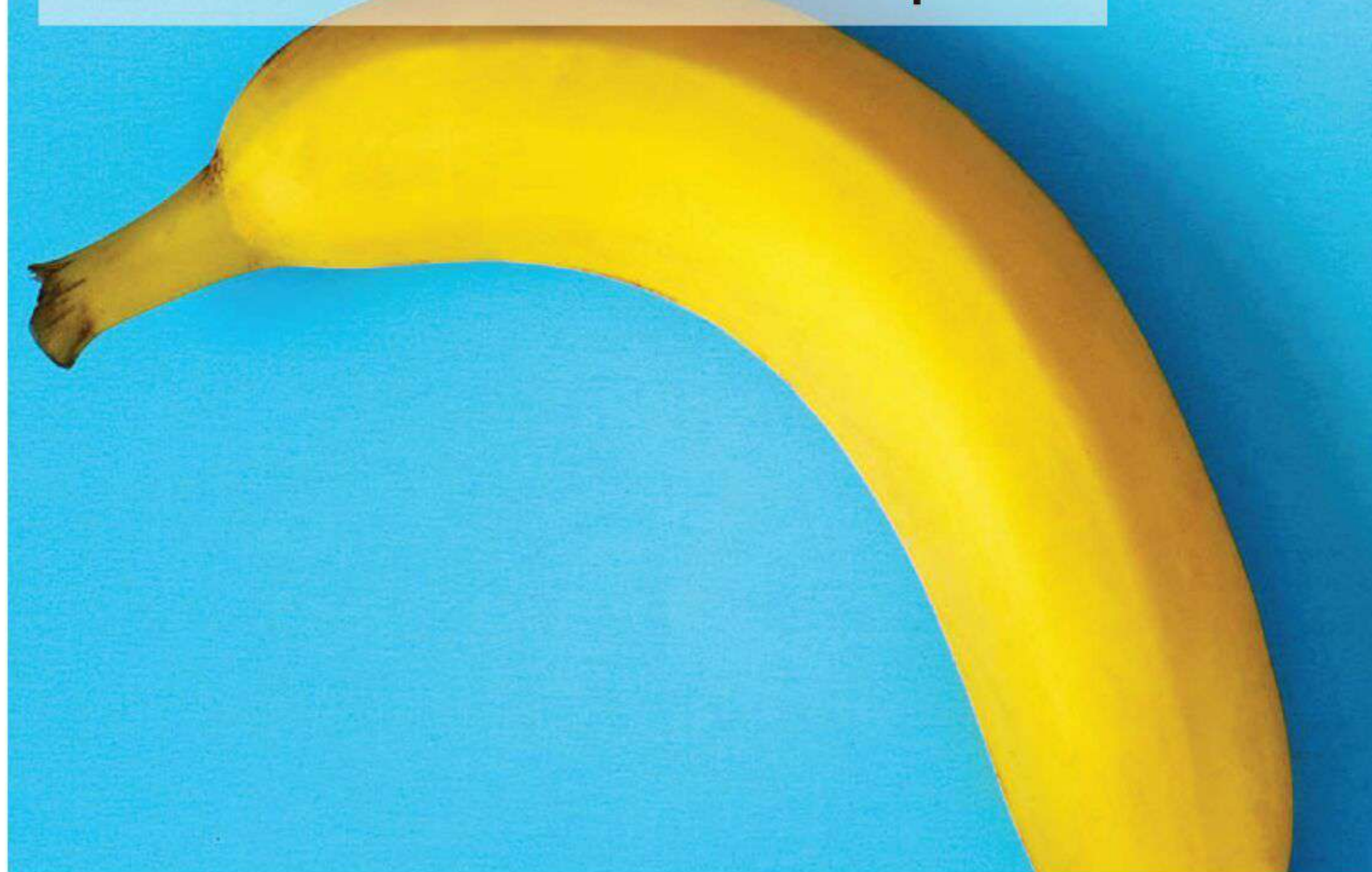
CROSSWORD solution was ORANGE. Winner: C Vandyke, Co.Antrim

MORE
GREAT
PUZZLES
FREE
INSIDE



Healthy

Pop potassium-rich foods such as bananas, salmon and avocados onto your shopping list and you could reduce the harmful effects of salt in your diet and protect your heart health in the process.
Kim Jones delves deeper



A study published in the European Heart Journal discovered that potassium consumption was associated with lower blood pressure in women, particularly in those who had a high salt intake.

It also showed that, on average, people who ate plenty of potassium in their diets had a 13 per cent lower risk of suffering cardiovascular events such as heart attack and stroke compared to those who ate the least amount of potassium.

"It is well known that high salt consumption is associated with elevated blood pressure and a raised risk of heart attacks and strokes," says study author Professor Liffert Vogt of Amsterdam University Medical Centers. "Health advice has focused on limiting salt intake but this is difficult to achieve when our diets include processed foods. Potassium helps the body excrete more sodium in the urine."

According to the NHS, adults need 3,500mg of potassium a day.

"Potassium is a vital mineral for supporting muscle and nerve function, as well as normal blood pressure," says nutritionist Hannah Hope (hhopenutrition.com).

Here, Hannah shows us some of the best foods that can boost your potassium intake, and she provides some tasty ways to incorporate them into your daily diet.

Bananas

Potassium power: 422mg per medium banana

Eat as a snack sliced with peanut butter or add it mashed to gluten and dairy-free pancake batter for breakfast, or in a smoothie. Use overripe fruits to make banana bread.

Salmon

Potassium power: 326mg per palm-sized portion, 85g

Packed with heart-healthy omega-3 fatty acids, eat salmon with eggs in the morning. For lunch you could flake a fillet into a bowl with brown rice, chopped avocado, grated carrot, spinach and beans. For dinner, oven-bake with broccoli and sweet potatoes, or with lentils in a red Thai curry.

Avocado

Potassium power: 345mg per ½ fruit

A good source of monounsaturated fat which can help maintain healthy cholesterol levels, try adding frozen cubes of avocado to a morning smoothie or have it mashed on toast with a poached egg on sourdough or rye bread for a tasty weekend breakfast.

Make a guacamole dip, or simply blitz an avocado with some olive oil for a delicious salad dressing. And look up recipes for a dairy-free avocado chocolate mousse dessert – they're a winner.



Potatoes

Potassium power: 610mg per medium white potato with skin; 610-945mg per 328g (approximately two) sweet potatoes

White potatoes are great baked, boiled and roasted but for the most health benefits a cooled boiled new potato salad will make your gut very happy.

Once cooled, white potatoes contain a good amount of resistant starch that feeds your gut's 'good' bacteria.

Chop cooled potatoes with raw broccoli, spring onions and celery, then mix together with a dressing for a great lunchtime salad.



Leafy green vegetables

Potassium power: 334mg in 60g of raw spinach; 549mg per 100g cooked Swiss chard

Leafy greens are bursting with antioxidants that could help protect against disease. In fact, dark leafy vegetables have been shown to

WHAT CAN I DO ABOUT... tooth grinding?



Unconsciously grinding your teeth is known as bruxism, and can lead to jaw, head and earache, as well as damaging your teeth.

"If you grind your teeth during the day, try and make a note of any triggers, for example, if you clench your jaw whilst concentrating," says dentist and aesthetician Dr Tara

Francis (enhancebytara.com).

"Avoiding coffee and alcohol can also help."

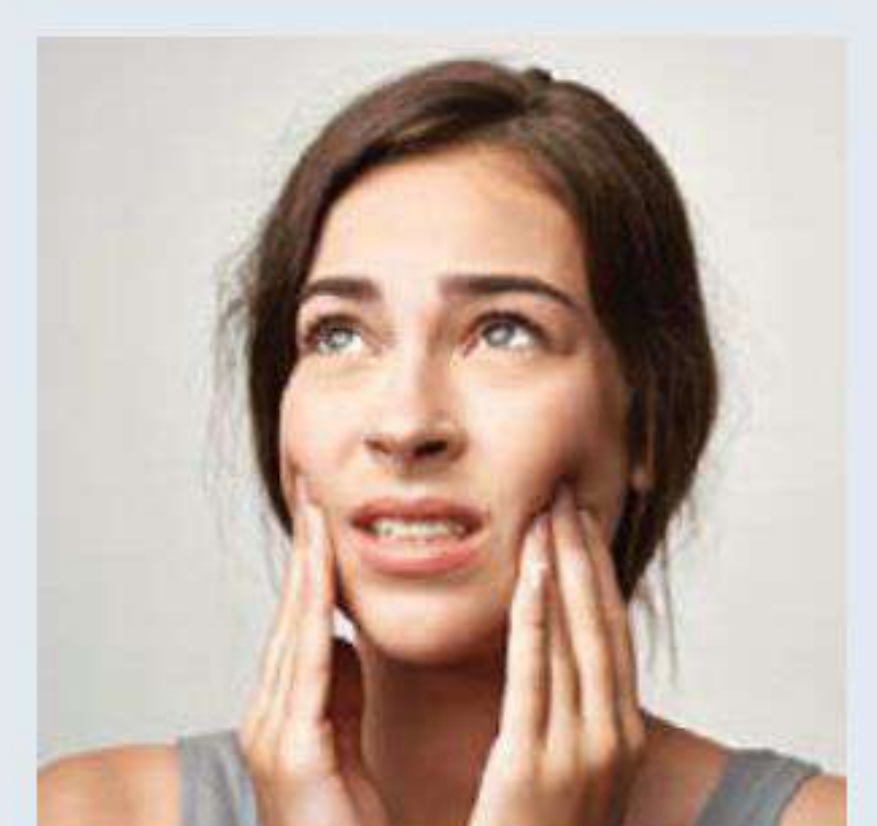
If you grind your teeth, it's important to see your dentist regularly as they can check your teeth for signs of wear.

"A dentist can also provide you with mouth guards or splints," adds Dr Francis. "These create a physical

barrier to protect your teeth and stop you from wearing them down.

"Neuromodulators such as Botox placed into the masseter muscle are useful in helping reduce the force at which the masseter muscle contracts.

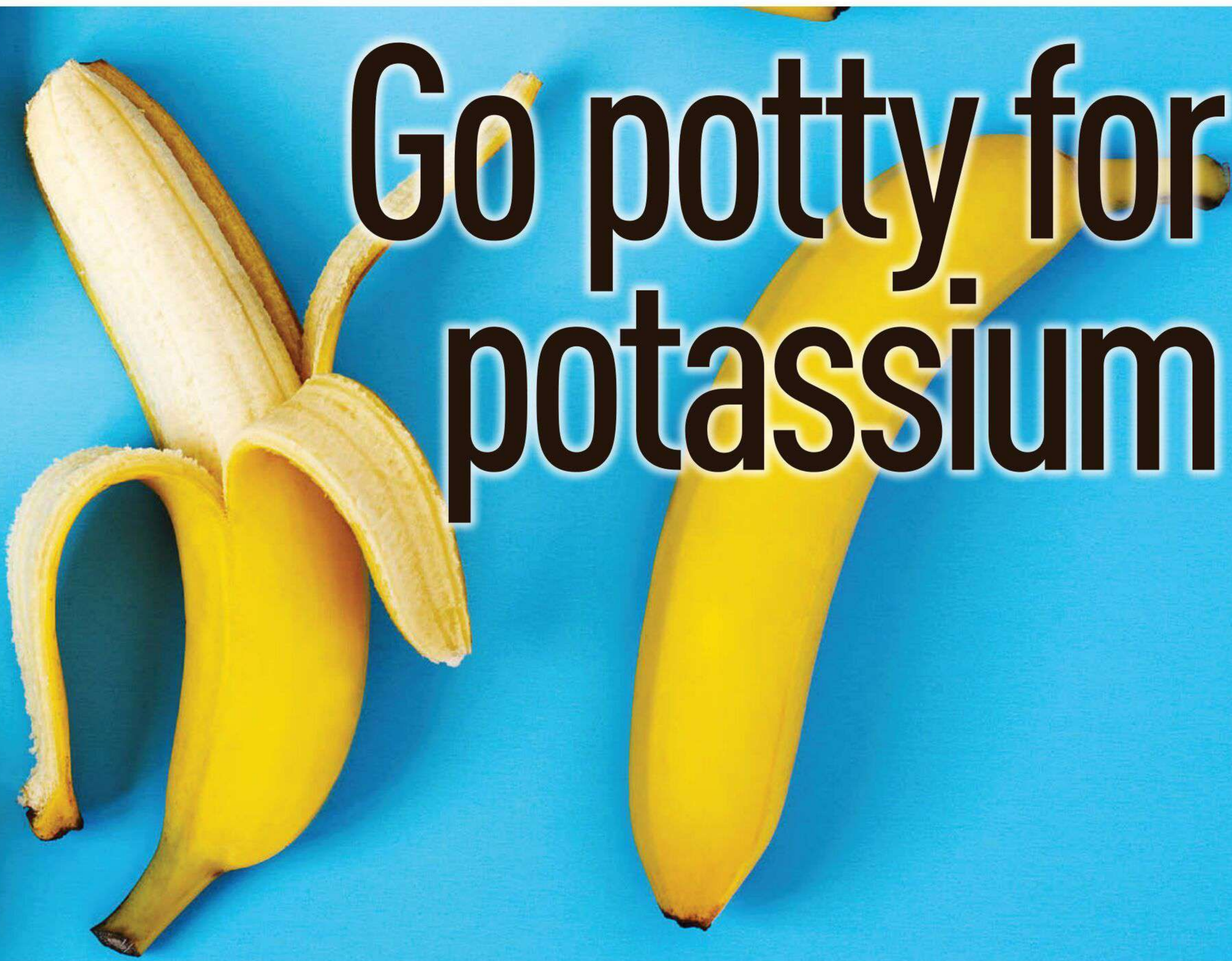
"This does not stop the habit, but it can reduce some of the muscle ache that people may experience and may reduce related tension headaches."



YOU

With
AMY PACKER

Go potty for potassium



protect cells from cancer as they play a role in blocking enzymes that activate carcinogens.

Both spinach and Swiss chard can be eaten raw in salads, blitzed into smoothies or added to sandwiches. Wilt into stews and lentil dahls, or bake Swiss chard as a side dish to a roast dinner.

Lentils

Potassium power: 369mg per 100g

Full of fibre that can help lower cholesterol and protect against colon cancer, lentils make a great meat replacement. Try using in place of mince to make a homemade ragu served with spaghetti, or eat in a salad with roasted vegetables.



Broccoli is the hardest working veg out there in fight against disease

Kidney beans

Potassium power: 405mg per 100g

Kidney beans are rich in protein and iron, and can help lower levels of bad cholesterol. Great in a chilli of course, but try adding to rice or the Italian favourite, pasta e fagioli, a pasta and bean soup. They can also be refried and eaten with guacamole and salsa, or added to a mixed bean and tuna salad for lunch.

Plain low-fat yoghurt

Potassium power: 195mg per 100g

Yoghurt makes a good calcium and protein-rich breakfast. Add mixed berries, kiwi fruit and a sprinkling of nuts and seeds. You can also use

yoghurt in overnight oats with, or instead of, milk. Also use as a healthy alternative to mayonnaise in salad dressings or coleslaw.

Tomato purée

Potassium power: 162mg per tbsp (16g).

As well as using in bolognese sauce, you can add tomato puree to soups, stews (like chickpea and spinach), to tomato-based curries or to make a salad dressing with olive oil, vinegar and herbs.

It's also really rich in the phytonutrient lycopene, an antioxidant that helps fight free radicals in the body which

is believed to help protect against cancers.

A study of men newly diagnosed with prostate cancer who took lycopene twice a day for three weeks suggested it could decrease the risk of and growth of prostate cancer cells.

Broccoli

Potassium power: 293mg in 100g, cooked

Try to eat broccoli most days as it must be the hardest working vegetable out there, fighting inflammation and disease. You can steam it, roast it with garlic, add it to a stir fry, pasta dish or omelette, or use raw in a salad.



GOOD NEWS

Smartphones can boost memory

Using devices such as smartphones and tablets could improve our memory, a study claims.

While it's often thought they make us forgetful, University College London research shows people who use technology to store very important information may be freeing up their brains to recall other significant details that



might otherwise have been forgotten. Researchers gave the same task to 158 volunteers. While some set reminders on digital devices, others had to rely on their memory. The device group who saved the task's vital information were better than the non-digital group at remembering other details about the assignment.

SELF HELP

Social anxiety

This is a deep fear of being judged or criticised when out with other people. Here are tips to tackle it:

"Avoid too much alcohol," says Dr Dimitrios Paschos, consultant psychiatrist at Re:Cognition Healthcare (recognitionhealth.com). "Alcohol is a depressant and can make things



worse. Before going out, take deep breaths through your nose to help you relax. Socialise with just a small group at first. Use the 'so what' method to counter negative thoughts. "If worried about saying something embarrassing, ask yourself, 'So what? What's the worst thing that could happen?'"

RETAIL THERAPIES



■ If you've had a nagging feeling about nuggets since Jamie Oliver revealed how Turkey Twizzlers were made, Quorn's new UniQuorns (£2.50; Asda) make a tasty vegan alternative to poultry. Shaped like unicorns, they'll add a tasty touch of fun to the dinner table while allowing you to reduce the amount of meat you eat.



■ Want something to keep the sun off without making you overheat when you head out for a run? The Pack Speed Cap HTR Light Grey (£28.95; buff.com) is designed to fold without losing its shape and uses a drawstring to ensure the perfect fit, while wicking fabric means it removes moisture and dries quickly.



■ Give someone you love the gift of a Sunday spa experience in the comfort of their own home with the Aromatherapy Associates De-Stress Your Mind & Body Kit. Priced at £80, it contains £158 of calming products and a 'how to' video hosted by a trained therapist for recreating at-home pampering treatments, week after week.

■ Whether you're diabetic or simply looking for a low-sugar sweet treat, Fox's Glacier Moments (£1.20; Co-op) fit the bill. Made with stevia, they contain only eight calories per sweet. Rather than the traditional mint, these come in two flavours - choose from fruity strawberry and banana smoothie or light lemon, elderflower and mint.



CODEBREAKER

We've taken a completed crossword puzzle and replaced each letter in the grid with the same number throughout. Two letters have been given to start you off, so write these letters wherever their numbers appear in the grid. The completed grid will include all letters of the alphabet. Remember, none of the answers are proper nouns.

	17		16		17			11		16		
12	24	18	22		9	17	13	24	4	7		11
	4		15	5	25			14		8	9	6
	24		5		11	26	5	16		16		24
17	3	24	23	11		24						20
	3			26	5	4	11	16	25	24	20	1
	16			5		12		12			4	
16	3	11	16	13	26	16	4	16			16	
19						11		22	16	12	16	4
18		7		14	24	2	16		10		17	
11	26	16		16			23	5	9		18	
2		11	22	16	16	21	16		24	9	22	2
		1		7			11		3		8	

~~A~~B~~C~~D~~E~~F~~G~~H~~I~~J~~K~~L~~M~~N~~O~~P~~Q~~R~~S~~T~~U~~V~~W~~X~~Y~~Z

[illegible]

NINER

Each number from 1 to 9 represents a different letter. Solve the clues and insert the letters in the appropriate squares to discover a word which uses all nine letters.

3873 gives a continent
56743 gives a country
123459 gives another country

1	2	3	4	5	6	7	8	9
---	---	---	---	---	---	---	---	---

BRAIN TEASERS

Can you bend your brain around this set of mathematical, lexical and logistical teasers?

1 Which flowers did the following entrants in the Chelsea flower show use in their gardens? Neither Bill nor Edna chose one starting with R. Phil chose roses to avoid clashing with Bill's tulips. Wendy didn't make the orchid garden, which was next to the lupins.

2 Which two words meaning 'understand' and 'shelf' can be combined to make a word meaning 'information'?

3 Which Championship football teams are concealed in the following anagrams?

- a) HONEST FORMATTING,
- b) SALTY ARC PLACE
- c) ARDENT CROSSOVER

4 A seesaw has several seats at either end. Anne weighs twice as much as Billy, but half as much as Colin. Can they all sit on the seesaw's seats and balance it?

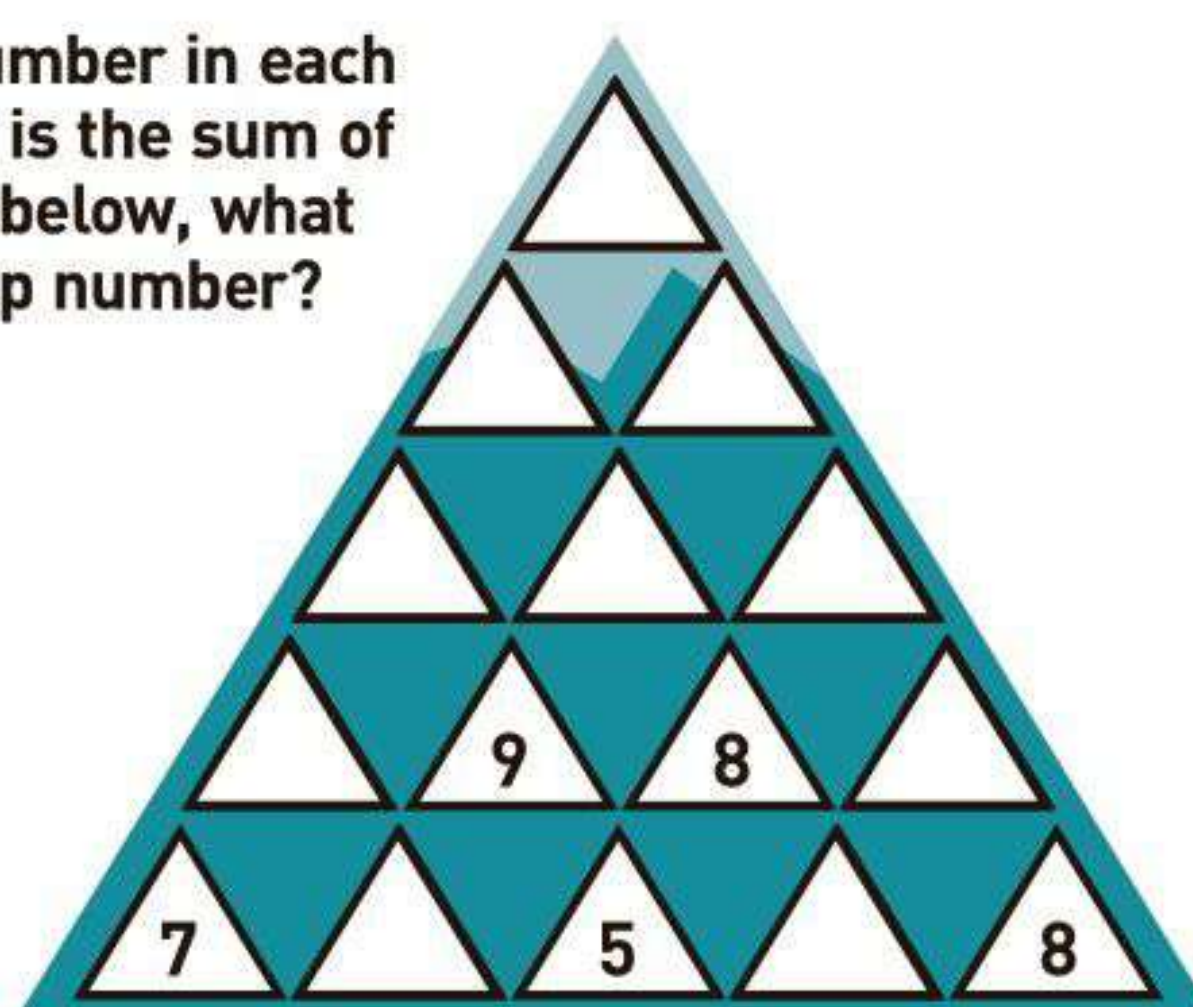
BIG X SUDOKU

The rules for Big X Sudoku vary only slightly from the standard sudoku rules. The 9x9 sudoku at the centre of the X shares four of its 3x3 boxes with those of the outer sudoku. None of the 9x9 sudokus can be solved individually, you must cross-reference between the intersecting grids.

7			1			2		3				2	7	1						
			2		5										1		6			
						5	4	1				6						8		
3	6			8											8		5		2	
			4										6	4						
	8					6	2	5				9					4		6	
6		8			4					5	8					1				7
		3			8						1					9				4
9		2			1						9				4			9		5
												9	3	1						
						5														
						2	8	9												
5		9			6				1						1			3		6
4				7					8						6			2		
2				1					2	4					2			5		4
	2		3					7				6	1	9					5	
						4	6									8				
	6		7		8										1			3	2	
		2						9				9	2	5						
			5		1										9		1			
						5	1	2				3		1			6			5

SUMMIT UP

If the number in each triangle is the sum of the two below, what is the top number?



SPLIT DECISION

Cross out one of the two letters in each divided square to reveal a completed crossword grid.

J R	I E	W S	E T	S L
Y A		C H		L O
T P	O A	U O	R L	S Y
D A		B S		W E
R N	O E	A E	G D	S Y

PUB QUIZ

Can you pick out the correct answers in our multiple choice Pub Quiz?

1 Who won a Best Supporting Actor Oscar for his role in the 1990 film Goodfellas?

A Ray Liotta
B Robert De Niro
C Joe Pesci

2 What is the first name of Rambo, the character played by Sylvester Stallone?

A Hank

B Rod

C John

3 How many points are awarded for a drop goal in rugby union?

A Two

B Three

C Four

4 What is the telephone dialling code for Newcastle upon Tyne?

A 191

B 141

C 161

5 Who wrote the 2002 book *Sahara*?
A Louis Theroux
B Ben Fogle
C Michael Palin

6 In golf, which term means two over par for a hole?

A Double bogey
B Double whammy
C Double fault

7 According to the saying, prevention is better than what?

A Action

B Relaxation

C Cure

8 Who presented BBC's Question Time TV show from 1989-93?
A Peter Sissons
B Jeremy Paxman
C Robin Day

9 Ian Brown is best known as the singer of which British group?

A Happy Mondays
B Inspiral Carpets
C The Stone Roses

10 In 1986, which West Indian scored a 56-ball century against England?
A Viv Richards
B Desmond Haynes
C Gordon Greenidge

LOGIC

Can you match each rollercoaster to its top speed?

Donald is an adrenaline junkie. He has travelled around the world visiting different theme parks, always chasing the next thrill. His five favourite rollercoasters are Armageddon, Horizon, Titan, Flamin' Fury and Helix. Each of these reaches a different top maximum speed. Donald knows that speed isn't everything, but going fast certainly puts the hairs on his chest.

Donald visited Japan in the '90s to ride Horizon. Although it wasn't the fastest rollercoaster, he recalls being blown away by its numerous corkscrews.

The fastest ride of the five was in Europe. Donald visited it six years after he rode Flamin' Fury.

The rollercoaster in Mexico can reach speeds of over 85 miles per hour. Donald went on this ride more recently than when he went on Helix, which is in Florida.

Armageddon's top speed is five miles per hour faster than the rollercoaster Donald rode in 2011.

Donald can't remember much about the Spanish rollercoaster, though he does recall that it is not named Titan.

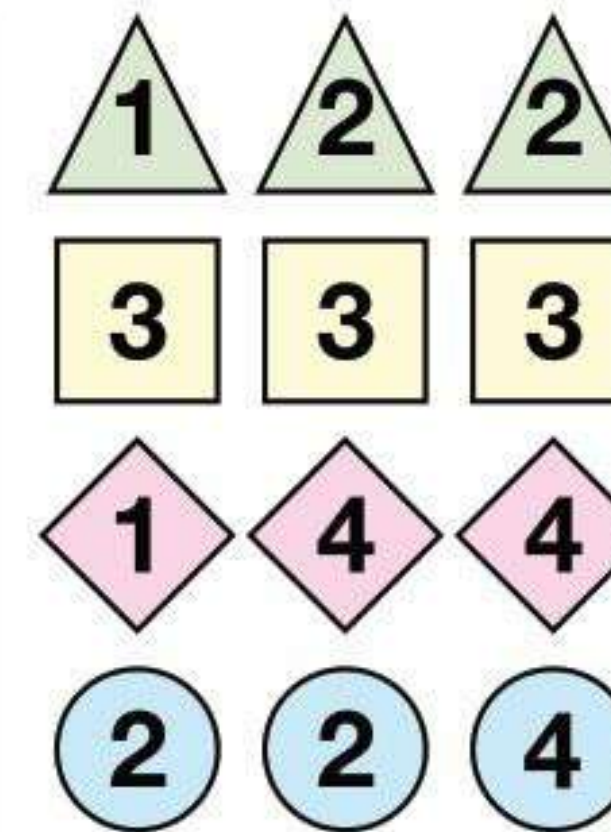
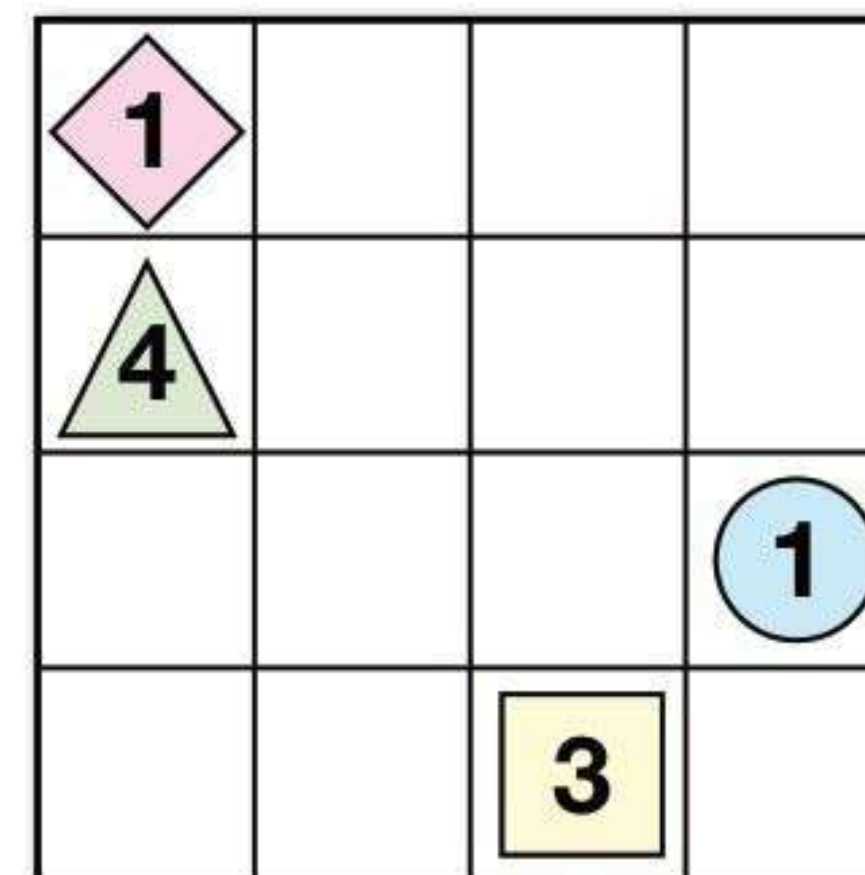
Can you match each rollercoaster to its top speed?

	Japan	USA	Mexico	Spain	Denmark	55 mph	75 mph	80 mph	90 mph	110 mph	1999	2005	2011	2016	2022
Armageddon															
Horizon															
Titan															
Flamin' Fury															
Helix															
1999															
2005															
2011															
2016															
2022															
55 mph															
75 mph															
80 mph															
90 mph															
110 mph															



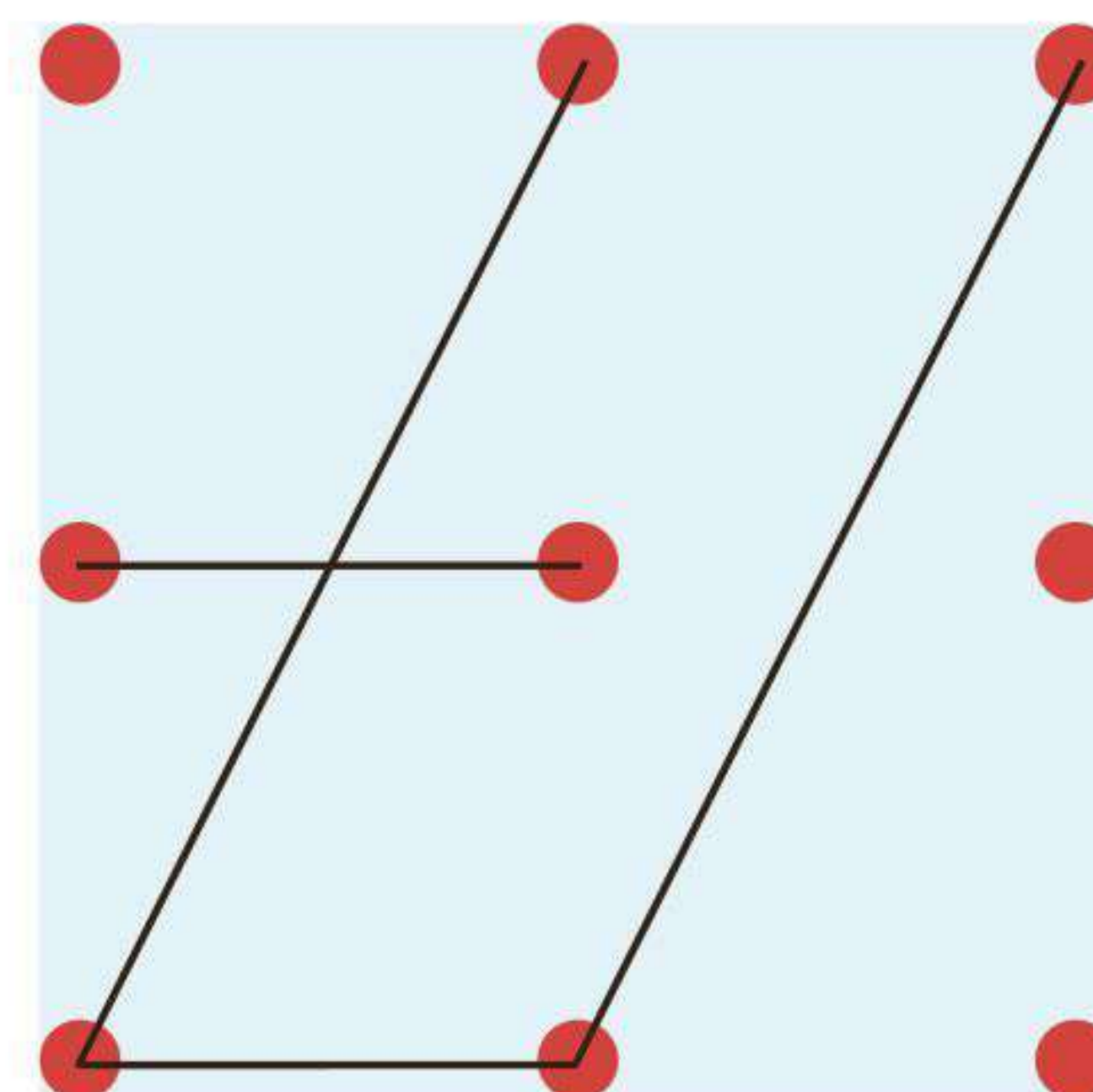
KEIJO

Place the tiles into the grid so that four different numbers and four different shapes appear in each row and column of the grid.



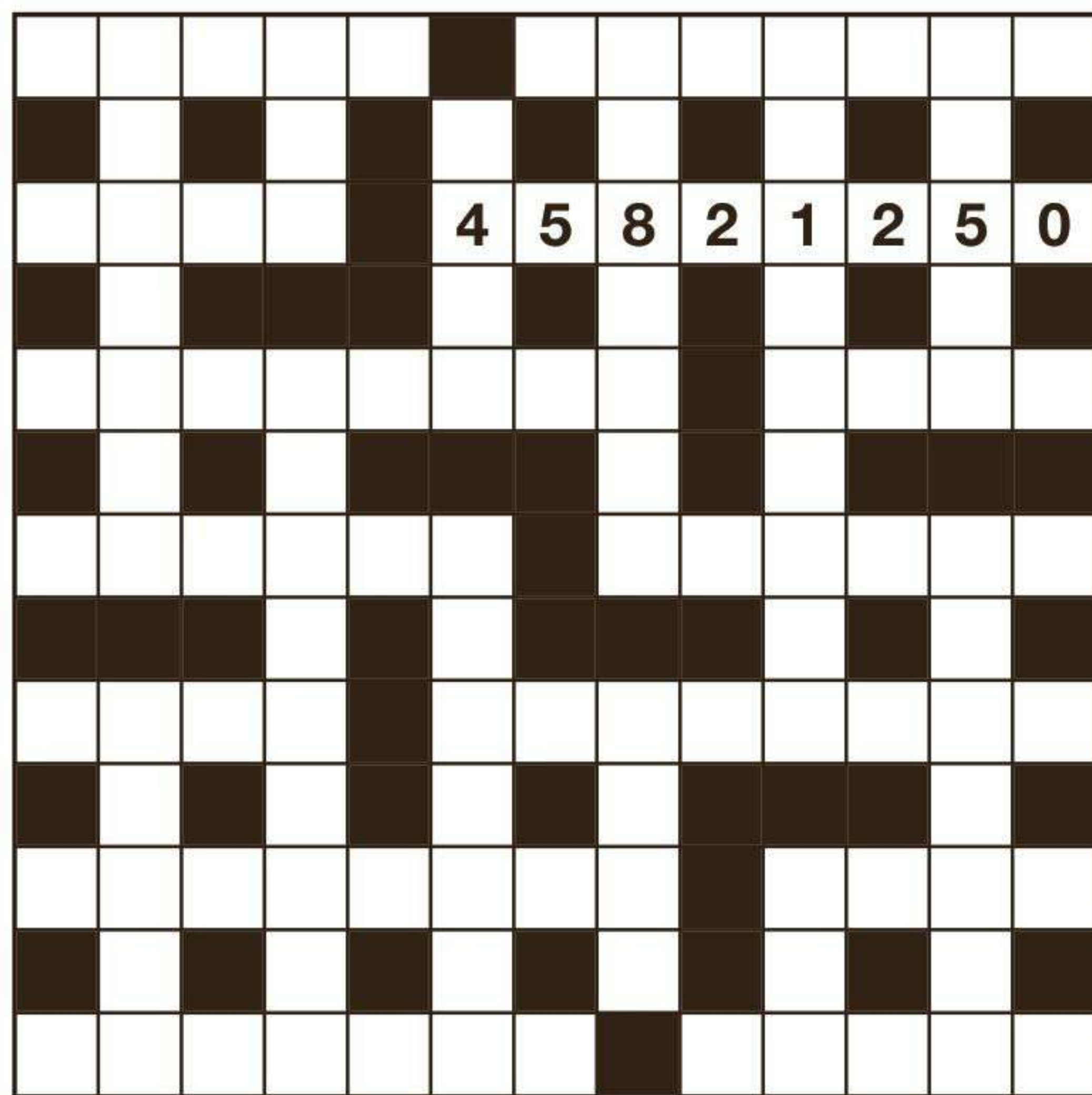
TRIANGLE

Draw 2 straight lines to make 3 triangles. Lines must be drawn from dot-to-dot, either passing through one dot or none at all. Valid triangles must not contain lines running through them, every line segment must form part of a triangle.



NUMBERFIT

All of the listed numbers fit into the grid and there's only one way to do it. One number has been provided to get you started.



3 digits

165
240

4 digits

1541
2187
4050
4540
5492
7275

5 digits

23516
23564
45620
78720

6 digits

245084
457269

7 digits

1287064
4151429
4612352
4771795
6759452
8608894

8 digits

45745798
~~45821250~~
71245652
78641240

9 digits

141743785
480850402

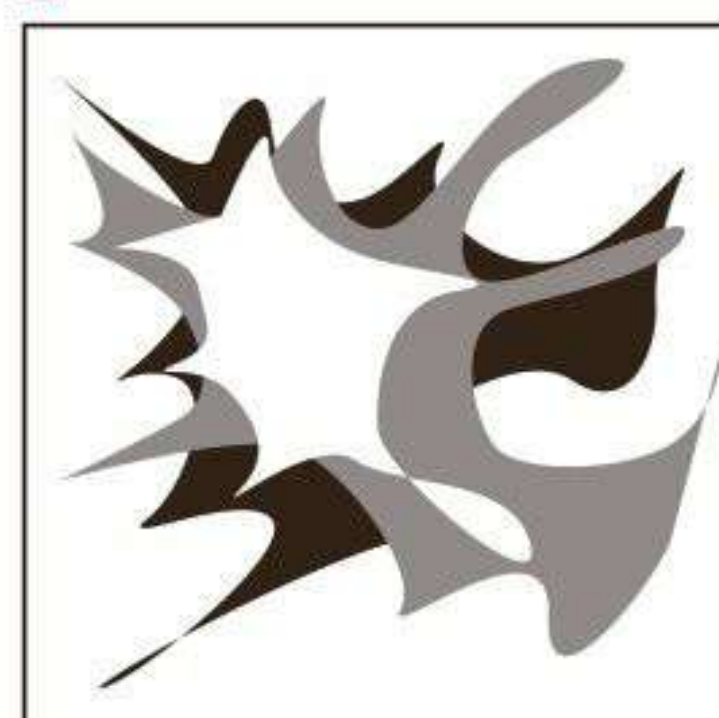
MIRROR IMAGE

Which of the shapes A-D is an exact mirror image of the original?

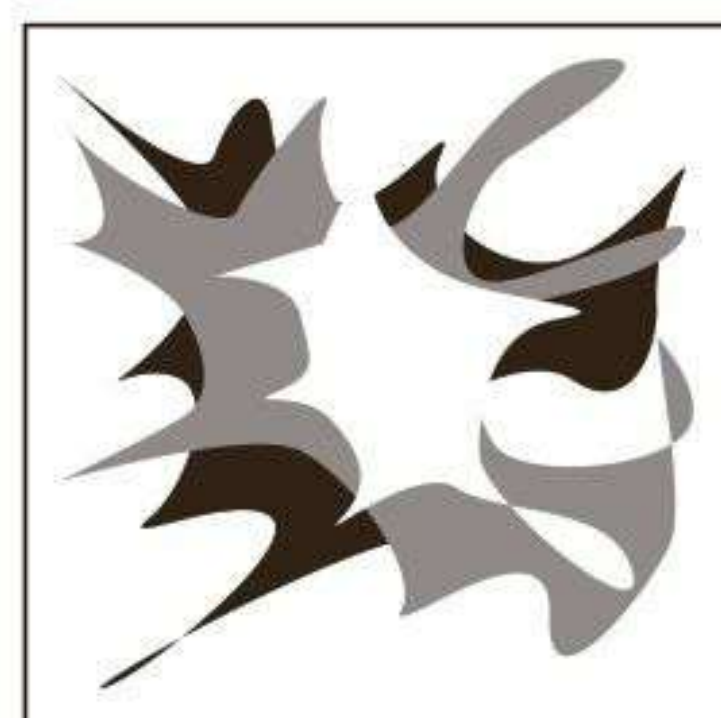
ORIGINAL



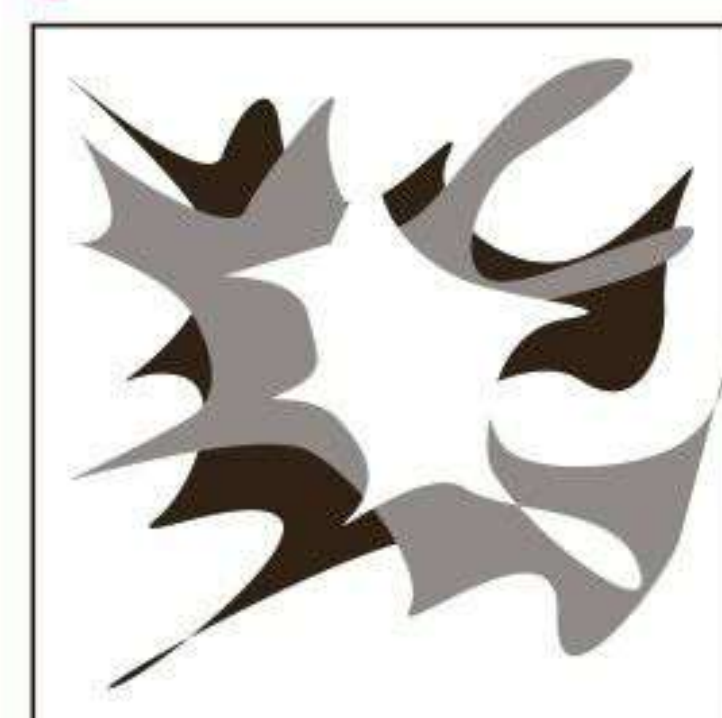
A



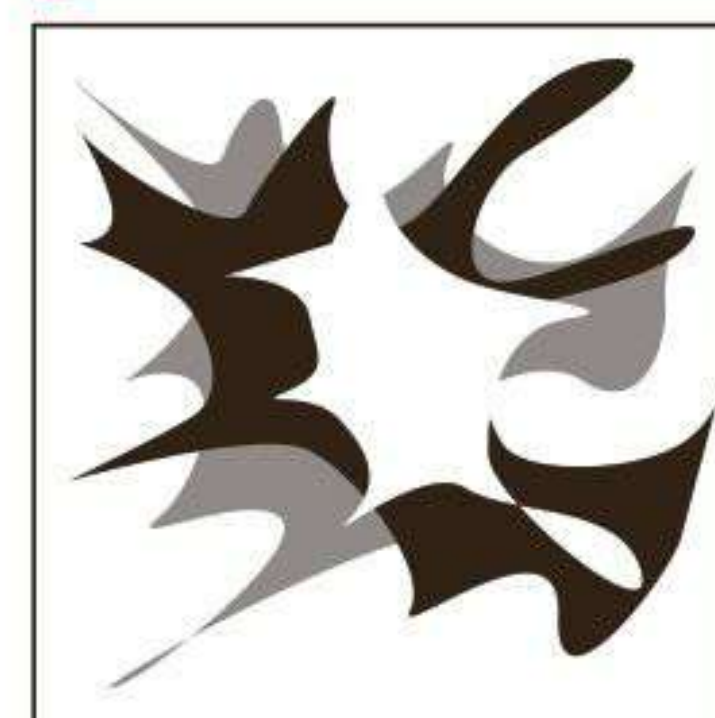
B



C



D



SOLUTIONS

10 Viv Richards.
Sissons 9 The Stone Roses
6 Double bogey 7 Cure 8 Peter
4 191 5 Michael Palin
1 Joe Pesci 2 John 3 Three

PUB QUIZ

SUMMIT UP

73

MIRROR IMAGE

ASIA, CHINA, FRANCE

FRANCHISE

NINER

4	6	1	2	3	5	2	2	4	5	6	2	0
4	5	7	4	5	7	9	8	1	5	4	1	
7	2	7	5	1	1	1	2	4	5	6	5	2
2	4	5	0	8	4	4	5	7	2	6	9	
9	8	8	8	8	8	8	8	8	8	8	8	
7	8	6	4	4	1	2	4	0	4	5	4	0
8	8	8	8	8	8	8	8	8	8	8	8	
4	0	5	0	2	2	4	5	8	2	1	2	5
6	4	4	4	4	4	4	4	4	4	4	4	
7	8	7	2	0	4	1	5	1	4	2	9	

NUMBERFIT

balanced by 30kg and 15kg.
weighs 60 kg, he can't be
4. No. If (for example) Colin
Palace, c) Doncaster Rovers
Nottingham Forest, b) Crystal
Palace, c) Doncaster Rovers
lupins. 2. Know-ledge 3. a)

BRAIN TEASERS

1. Bill used tulips, Edna

orchids, Phil roses and Wendy

lupins. 2. Know-ledge 3. a)

22=N, 23=Y, 24=A, 25=B, 26=H

17=P, 18=L, 19=X, 20=C, 21=Z,

12=Y, 13=W, 14=F, 15=J, 16=E,

7=D, 8=G, 9=U, 10=Q, 11=S,

1=K, 2=T, 3=L, 4=R, 5=O, 6=M,

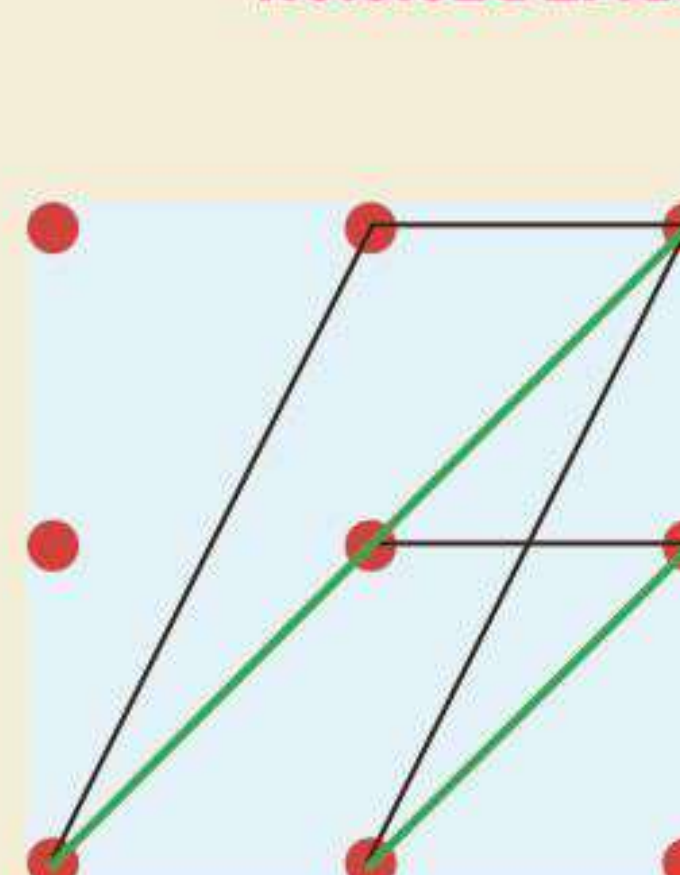
CODEBREAKER

4	3	1	2
1	2	4	3
3	1	2	4
2	4	3	1

KEIJO

N	E	E	S
A	S	S	E
P	O	O	L
A	H	H	O
J	E	W	E
L	E	L	S

SPLIT DECISION



TRIANGLE

Helix	USA	75 mph	2011
Flamin' Fury	Mexico	90 mph	2016
Titan	Denmark	110 mph	2022
Horizon	Japan	55 mph	1999
Armageddon	Spain	80 mph	2005
Year ridden	Top speed	Country	Rollercoaster

LOGIC

6	4	7	8	3	9	5	1	2
3	9	8	5	2	1	6	7	4
1	5	2	6	4	7	3	8	9
9	6	4	7	5	8	2	3	1
7	3	5	1	9	2	4	6	8
8	2	1	3	6	4	9	5	7
2	7	6	4	1	3	8	9	5
4	8	3	9	7	5	1	2	6
5	1	9	2	8	6	7	4	3

9	7	2	2	6	3	1	4	5	8	5
6	5	8	9	6	2	4	3	7	1	4
1	8	4	3	9	7	6	2	5	1	6
3	6	9	5	8	2	1	7	4	3	9
2	9	6	8	7	3	5	4	1	2	6
7	4	5	1	6	9	2	8	3	7	1
2	7	1	3	8	9	5	4	6	2	7
5	9	8	1	4	6	3	7	2	1	9
6	4	3	2	5	7	8	9	1	4	5

BIG X SUDOKU

Champion

askdean@people.co.uk

with Dean Dunham



Q I've received an item in a damaged box from House of Fraser. I am being told my consumer rights don't cover me for its return since the box is only there to protect the contents – so it doesn't matter what condition the box is in. Is this correct? **Cristo – via Twitter**

A No I disagree, if it was the outer packaging (i.e. not the branded packaging) they would be right. But the branded packaging, as shown in your photo, forms part of the goods. If you sold the goods in years to come, they would be worth less with the box in this condition.

Q I purchased a new watch three months ago and the strap is already faulty. The retailer has accepted it is faulty but cannot replace with the same colour strap as they are out of stock. Am I entitled to a refund instead? **Dave Burfoot.**

A Yes, the Consumer Rights Act provides that you are, indeed, entitled to a free repair or replacement. If this is not possible you can demand a refund.

Q I'm thinking about installing solar panels on the roof of my house. Do I need planning permission? **Mandy Lawson**

A Usually you do not need permission unless your house is listed – but it is worth checking this with your local authority. You should also inform your mortgage provider and ask for its consent.

Q I loaned my brother £3,500 during lockdown as he was out of work. He is now in full-time employment so I have asked for my money back. But he has refused, saying it was a gift – and we have fallen out over the care of my mum. How can I recover my money? **Jack Richards**

A There is a presumption in English law that there are no legal relations between family. This means that unless you can prove the money was given to your brother as a loan, the court will automatically assume it was a gift.

Q&A

Your legal questions answered.

Send your questions to askdean@people.co.uk

How you stand on Parcs strife

CENTER Parcs caused a storm by announcing it would be closing its UK sites for The Queen's funeral – and booting all guests out until Tuesday.

This meant that those already at one of the four sites would have to find alternative accommodation on the Monday night and return on Tuesday and those were due to arrive on Monday would have to delay their holiday by a day.

After guests took to social media in droves, the holiday company swiftly performed a partial U-turn.

It announced guests already on site could stay but would not be able to use facilities closed for the Bank Holiday.

Refund

However, those due to arrive on Monday are still faced with the option of cancelling – and obtaining a full refund – or turning up a day late on Tuesday.

Lots of other businesses are also closing for the funeral, leaving consumers asking if this breaches their consumer rights. Here's what you need to know:

DO I HAVE ANY RIGHTS?

The simple answer is yes, IF you have a contract with the business to provide you with a service tomorrow. So, you have no rights in relation to the likes of supermarkets, local shops and public leisure centres closing, as you have no contract with these.

However, if you booked a holiday with Center Parcs and should be there on Monday you will have rights and, likewise, if you booked an event (wedding, concert etc) for Monday you will have rights if it is cancelled. Indeed, this covers your private gym, too, if it closes.

WHAT ARE MY RIGHTS?

If the service you have paid for is cancelled, it will be a breach of contract and you will be entitled to a refund (or partial refund if you've received part of the service), and potentially compensation.

If you're one of the affected



Center Parcs customers, you will be entitled to a partial refund in relation to the facilities being closed and your resultant loss of enjoyment. Or you can get a full refund if you are due to arrive tomorrow and now do not want to proceed with the holiday because it has been shortened.

The good news, at least, is that Center Parcs is offering to honour these rights.

DISTRESS & INCONVENIENCE

If it was foreseeable that the breach of contract would cause you distress and inconvenience, it is likely you will be entitled to compensation for this.

In the case of Center Parcs it is obvious that closing facilities for the day and delaying guests' holidays would cause distress and inconvenience.

So my view is that the holiday

firm should be paying compensation for this. The amount would need to be calculated on a case-by-case basis, but I don't believe the sum will be significant.

OTHER LOSSES

When there is a breach of contract, English law provides that the innocent party involved must be put back into the position they would have been in had the breach not occurred.

If you have incurred losses as a consequence of the breach (known as consequential losses) these will potentially be recoverable.

I've heard from Center Parcs guests who booked animals in to kennels and have not been able to cancel the bookings after abandoning their holiday with Center Parcs for next week.

My view is that, again, the company should be paying out for this.

Scam of the week

FRAUDSTERS are sending out thousands of scam messages posing as Buckingham Palace to offer tickets to the Queen's funeral. Recipients are directed to click a link to book their place and, of course, are asked for lots of personal information – for security clearance purposes – and a payment. Don't click! It's a scam.



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STAR RATINGS

★★★★★ Excellent
 ★★★★★ Good
 ★★★ Worth a look
 ★★ Poor
 ★ Don't bother

Movies

With
**ANDY
 LEA**



SUNK Daughter Lily is ditching a law career to marry a seaweed farmer

REUNITED
 Roberts and Clooney as scheming exes

The parents' trap

TICKET TO PARADISE

Cert 12A ★★

In cinemas on Tuesday

You may think you've seen this one before. A story about warring exes forced to travel together to an exotic island feels like something that might have packed picture houses decades ago. But, while unashamedly old fashioned, this pleasant diversion feels perfectly suited for the troubled back end of 2022.

In roles that during the 1960s might have attracted Rock Hudson and Doris Day, George Clooney plays architect David and Julia Roberts, his art dealer ex-wife Georgia.

The battle of wits begins as they reunite for the first time in decades to watch their

daughter Lily (Kaitlyn Dever) graduate from law school.

After some amusing back and forth and a bout of competitive cheering, the pair say goodbye. This time, they vow, forever.

But the gods aren't quite done with them yet. During a post-graduation holiday in Bali with her best pal Wren (Billie Lourd), Lily falls for dashing local seaweed farmer Gede (Maxime Bouttier).

Instead of coming home, she shocks both parents by inviting them to Bali for her four-day Indonesian wedding.

After finding themselves on neighbouring seats in the plane, the pair finally agree on something – Lily can't make the same

“
They hatch a plan, pretending they approve of the marriage but secretly sabotaging it

mistake they made 25 years ago. So they hatch a plan they code-name “Trojan Horse”. They will pretend they approve of the marriage but secretly try to sabotage it.

Director Ol Parker (*The Best Exotic Marigold Hotel*) doesn't need plot twists or edgy jokes. He just plonks two A-listers in glamorous

settings, sets up some amusing and mildly perilous problems and lets their movie-star charisma carry us through to his gooey finale.

With gas bills rising, war raging and monarchs changing, there's something comforting about a film as undemanding and predictably entertaining as this.

I USED TO BE FAMOUS

Cert 15 ★★

On Netflix now

After a spate of roles playing English baddies, Ed Skrein reveals hidden depths in this slight drama about the friendship between a faded pop star and an autistic teenager.

Twenty years ago, Vince (Skrein) was the frontman of a chart-topping boy band. Now, he's busking on the streets of Peckham with a keyboard perched on an ironing board.

But he gets another taste of fame when a video of one of his street performances goes viral on social media.

The star of the clip isn't Vince but young autistic boy Stevie (neurodivergent actor Leo Long) who turned Vince's solo performance into an impromptu jamming session by thumping a metal bin with his drumsticks.

After tracking the kid down, Vince tries to persuade him to form a two-man band and perform a gig in a pub.

But first, he'll have to win over Stevie's protective mum (Eleanor Matsuura) who is worried her son won't be able to cope with the noise and the attention.

The plot is predictable but Skrein keeps the audience rooting for the wounded but big-hearted Vince.



SENSATION Vince busking, and inset, Stevie and his mum



REBEL REBEL
 Bowie through the lens of his back catalogue

MOONAGE DAYDREAM

Cert 15 ★★

In cinemas now

Here's another film that may sound a little familiar. Over six years after we lost David Bowie, we have yet another rockumentary about the pop icon.

But Brett Morgen (director of the great 2015 Kurt Cobain film) has something his predecessors craved – unfettered access to Bowie's extensive back catalogue.

This engrossing and wildly inventive film smashes the template of the music documentary from the beginning by opening with a lesser-known song from the later period of his career – Hallo Spaceboy, a great track from 1995 album *Outside*.

The next 140 minutes are a full-on assault on the senses as Morgen weaves candid home movies with little-seen concert performances and clips taken from films, some that Bowie acted in and others that influenced his career.

Other documentaries have made much of the various reinventions that marked his career, but Morgen's loosely chronological musical collage serves to give us a sense of continuity.

As Mavis Nicholson points out in a perceptive interview, Bowie used himself as a painter uses a canvas. And, to Morgen, Ziggy Stardust and The Thin White Duke are two sides of the same coin.

While we hear plenty from Bowie, his voice culled from various interviews, we don't have the usual chats with friends or family members. This is a film that concentrates more on the art than the personal life of the artist.

Slick editing links live footage of the major tours, taking us from early 70s Ziggy Stardust performances, to 1974's *Diamond Dogs* tour, to thrilling live takes of later hits such as *Heroes* and *Let's Dance*.

Morgen also focuses on Bowie's devoted fans and explores the cultural importance of his gender-fluid image. “You don't have to be bent to wear make-up,” says one gruff-sounding young devotee. In the early 1970s, this sounded dangerously progressive.

Not all of Bowie's greatest hits make the cut but Morgen finds room for a long sequence cut to DJ, a thumping dance track from 1979.

It sounds like it was recorded last week.

STRAWBERRY MANSION

Cert 12A ★★

In cinemas and on digital now

I suspect Bowie would have approved of *Strawberry Mansion*, a sci-fi oddity that blends whimsical humour with hallucinatory visuals.

The year is 2035 and government interference has reached new heights.

Now, everyone's dreams are recorded on VHS tapes so they can be pored over by tax inspectors. Dreams and reality begin to blur when tax auditor James Preble (co-director Kentucker Audley) inspects the nocturnal fantasies of an elderly inventor (Penny Fuller).

Though there's a conspiracy and a love story, the film isn't really interested in plot. This is more about talking beetroots, mice in sailor's pinafores and frog-headed waiters.



DREAMY
 A mouse takes to the high seas

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Begin your holiday with a luxury hotel stay in Dubai. This scintillating city is home to world-famous landmarks, record-breaking architecture and Arabian traditions dating back to when it was just a tiny pearl-fishing village. These days it's firmly on the tourist map, thanks to towering buildings like the Burj Khalifa, incredible water parks and mega-malls that are home to everything from indoor ski slopes to shark-filled aquariums. Although for a more traditional taste of Dubai, why not wander the old souks near the creek, or take a desert safari in a four-wheel-drive and catch a crimson sunset over the rolling sand dunes.

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Explore the beautiful Abu Dhabi

In the last two decades it has become a major tourist destination, with a host of attractions and an ever-expanding cultural district on Saadiyat Island, home to the Louvre Abu Dhabi. There are also sprawling, high-end shopping malls, souks and the jaw-dropping splendour of the Sheikh Zayed Grand Mosque, a modern-day Taj Mahal.



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- Pamper yourself at the relaxing spa, with a sauna and hydromassage bathtub
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- Sample a wide range of dining options serving Asian, Italian and Lebanese dishes, as well as breakfasts and lunches with live cooking stations
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Torque of the town

REV
ALERT
Pagani near
Modena

Petrolhead **James Robinson** visits Italy to ask how its supercar stars are adapting to an electric future

Emilia-Romagna could put forward an excellent case to be the cultural heartland of Italy. Parmesan cheese, balsamic vinegar, bolognese and Luciano Pavarotti himself all hail from this affluent region in northern Italy.

But if, like me, you are a petrolhead, there can be no doubt that this is the place to be.

Italy is of course famous for its flamboyant supercars; and almost all of them come from within a few miles of one another.

Modena, at the heart of Emilia-Romagna, is the birthplace of Enzo Ferrari, and the company is still based in Maranello just a

few miles away. And so are Lamborghini, Maserati, Pagani and Ducati – all within easy driving distance of Modena itself.

On a tour, I got a peek inside the production lines – Ferrari and Ducati guarded their secrets closely, with no photographs allowed – while Pagani is less a factory (the company even tries to avoid the word) and more an artisan workshop.

The interior is designed to replicate a Renaissance square, complete with a working clock tower that strikes on the hour and calls the workers to lunch. It was unlike anything I had ever seen.

It's not just the companies themselves. Everywhere you go, there are names and places that will send shivers of excitement down the spine of those of us with unleaded coursing through our veins.

But we are a dying breed. More often than not, young people don't care how fast a car goes or how it makes you feel – they care about economy and environmental impact.

As Christopher Pagani, the son of founder Horacio Pagani and the company's head of marketing, points out: "We are



DREAM
COME
TRUE
James
checks out
star cars

TURN TO PAGE 42

BIG DEAL

Mexico from £810pp: Enjoy a week on all-inclusive at the five-star Grand Sirenis Riviera Maya Resort & Spa in a junior deluxe suite with whirlpool bath. Departs October 5 from Birmingham and includes transfers. tui.co.uk

CRUISE NEWS

BY NIGEL THOMPSON

Dazzling Doha, host city for the 2022 football World Cup final, is the venue for the naming of MSC's most advanced environmentally focused ship.

The shimmering skyscrapers of the Corniche in Qatar's capital will be the backdrop when 6,762-passenger MSC World Europa is inaugurated at a glamorous A-list ceremony on

November 13. It also marks the debut of the city's brand new Grand Cruise Terminal, a state-of-the-art six-acre facility capable of handling up to 28,000 passengers a day and berthing two cruise mega-ships.

Afterwards, the 205,700 gross tonnage ship will remain in Doha to be used as a floating hotel for fans. Her maiden voyage will then be December 20 – two days after the final at Lusail



Stadium – heading to Dubai, Abu Dhabi, Sir Bani Yas Island and Dammam in Saudi Arabia.

After a short season in the Persian Gulf, in March the greener-technology powered World Europa will reposition to the Med for voyages taking in Genoa, Naples, Sicily, Malta, Barcelona and Marseille. MSC says the €1billion ship boasts a "globally inspired urban design" and will offer "immersive guest experiences". msccruises.co.uk

BIG DEAL

Lanzarote for £345pp: Jet off for a week on half-board to the four-star Beatriz Costa & Spa Hotel, Costa Tegui. Departs from Gatwick on September 26 and includes 23kg luggage and transfers. easyjet.com/en/holidays

Pitch up for a surprise trip

Book a surprise Feather Down Farms weekend staycation this autumn for £250 for two nights for up to five adults and one child.

Choose from more than 30 farms with canvas hideaways in the UK – the surprise is the destination will be revealed a week before travelling, but is guaranteed to be no more than three hours away. featherdown.co.uk/surprise-weekends

■ Camping and glamping for this summer was ramping up the



most on Tuesday, August 9, says outdoors holiday platform Pitchup.com.

It peaked at one booking every six seconds with 95 bookings in a single 24-hour period at one campsite, a new record.

Saturday, August 27 was the busiest day of the summer, with 110,228 people holidaying via Pitchup.

Bookings for campsites in the UK from customers abroad have also grown – soaring 708% compared to 2021 and equivalent to 34,000 arrivals so far this year.

» More Iceland trips for winter 2023/24 are on offer at Jet2.com and Jet2CityBreaks.com with extra Land of Ice and Fire getaways now available to book from Belfast International, Birmingham, Bristol, East Midlands, Edinburgh, Glasgow, Leeds Bradford, Manchester and Newcastle.

BIG DEAL

Tenerife for £577pp: Save £346pp on a seven-night, all-inclusive stay at Sol Tenerife, Playa de las Américas, departing from Luton on September 25. loveholidays.com

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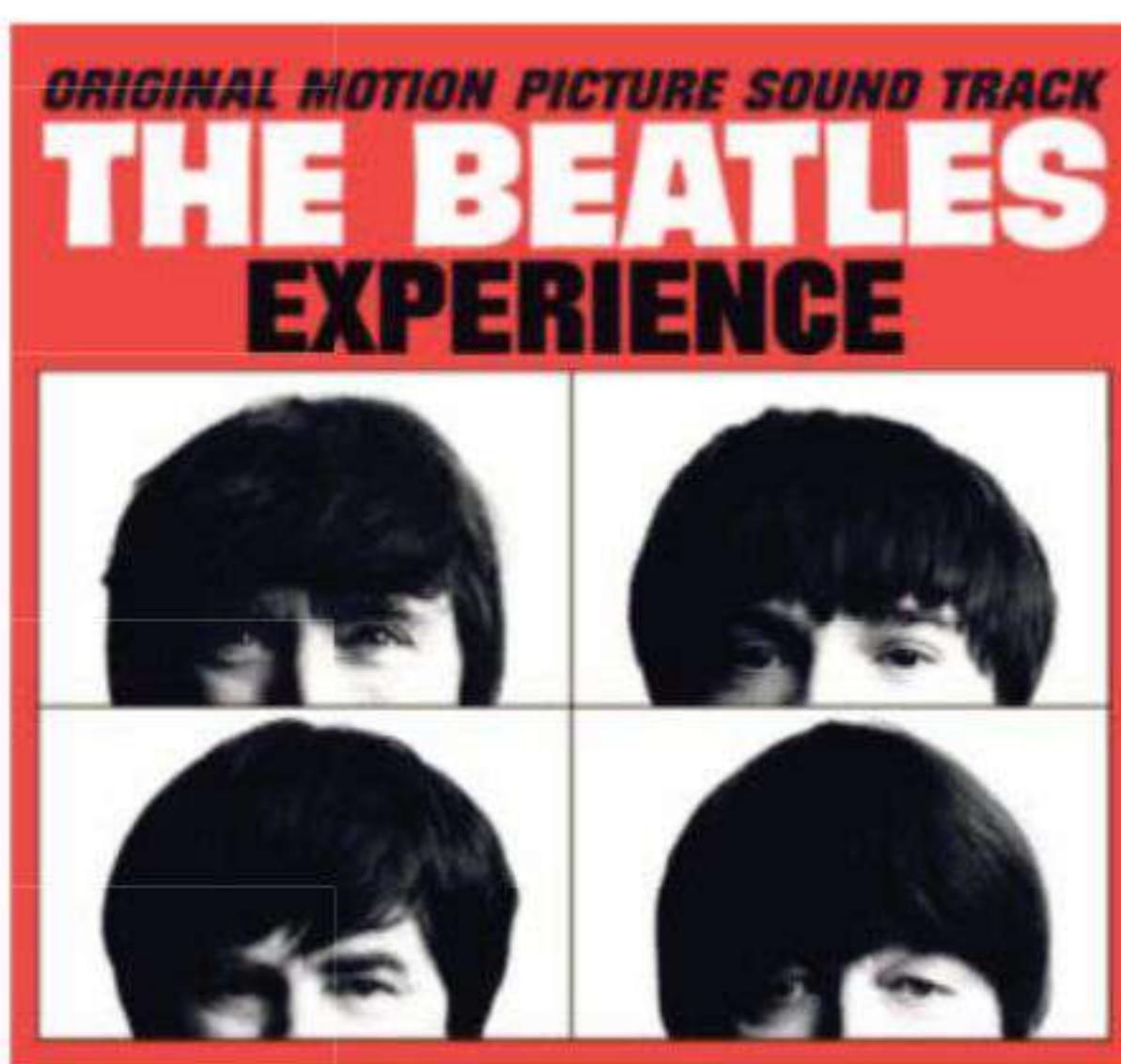
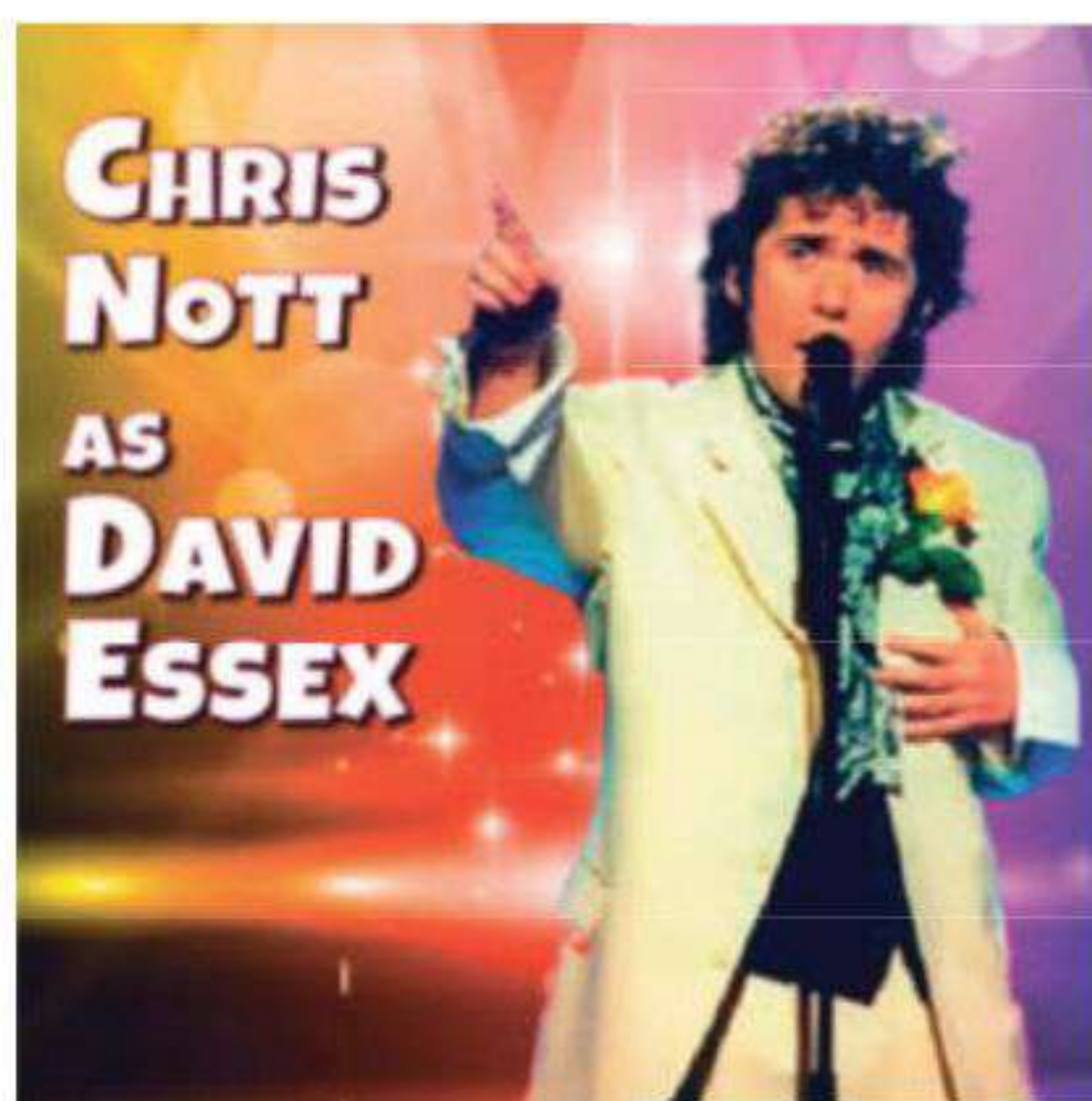
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**Friday 4
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Tony Christie, The Firebirds, Phil Wright's Paper Lace, The Beatles Experience, Blues Brothers tribute Jake and Elwood, Cherie Jade Queen of Soul, Chris Nott - 'Stars In Their Eyes' David Essex PLUS house band Sounds Imperial star at this exclusive long-weekend for over 40s only at Pakefield resort near Lowestoft.



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CONTINUED FROM PAGE 41



HORACIO'S HISTORY
Pagani Museum

petrolheads. But how many in the younger generation know the difference between a V6, a V8 and a V12?"

Not only that, but the EU has decreed that in just 13 years there will be a total ban on new petrol and diesel cars being produced in a bid to step up the battle against climate change.

This is a problem in Emilia-Romagna. As with all of Italy, tradition is hugely important. Mention spaghetti bolognese here and you will be treated with disdain – bolognese goes with tagliatelle, and you MUST twist your fork. As our tour guide told us, every time you cut pasta instead of twirling it "a grandmother in Bologna dies".

And it is tradition, particularly among Ferrari, Lamborghini and Pagani, to use a huge, powerful V12 petrol engine in their flagship models.

It is part of the DNA of these cars and seen as so important, and the turnaround to fully electric vehicles so short, that the Italian government tried to shield supercar makers from the petrol phase-out planned in 2035.

It seems to be a particular problem for the area's biggest name: Ferrari.

While Lamborghini is committed to being battery-only by 2030 and Pagani is used to innovation and perhaps less constrained by decades of tradition, Ferrari is yet to launch an all-electric car. An announcement, I was told, is expected in the near future.

More problematic for the prancing horse is the fact that everything that goes into its cars is hand-built and assembled on-site. However, there are no signs of a gigafactory to produce batteries for electric cars.

So how can history and tradition be reconciled with meeting regulations and protecting the planet?

The answer may lie, somewhat surprisingly, in food. After all, the two are intertwined in Emilia-Romagna – the area's rich agricultural history meant a lot of tractors, and the mechan-

MOTOR CITY
Modena, and its
Ghirlandina Tower



ics that worked on them soon found those skills were transferable to the far more exciting world of motorsport.

It's well documented that Italians are strict on their cuisine. Even a cappuccino after lunchtime is frowned upon.

But there are some out there who are putting an exciting twist on rules that are normally set in stone.

At Trattoria Da Me in Bologna, chef Elisa has combined the Italian staples of cheese and gelato to create something unmissable and unique. It sounds crazy, but you only have to try it to see why they've done it.

Another of Emilia-Romagna's most famous sons is Massimo Bottura, a legendary chef consistently named among the world's best.

Getting a seat at his three-Michelin-star restaurant in Modena is almost impossible but I was lucky enough to sample a six-course meal created by him at Motor Valley Fest's gala dinner.

Bottura is known for putting a twist on traditional dishes, and Strawberry Fields – combining traditional risotto with strawberries and champagne – was the first time I've tasted a mix of strawberry and sausage. It was one of the best things I've ever eaten.

So while tradition and history are important to Italians, they are happy to break both when there is innovation done to a high standard. And innova-



SPECIAL
Trattoria
Da Me

“We were told, every time you cut – not twirl – pasta a grandma in Bologna dies”

Travel

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Fuel's paradise

TRAVEL TEST

BY TANVEER MANN

WHAT: Norse Atlantic Airways economy on the Boeing 787 Dreamliner

WHERE: Flight NO 701 from Gatwick to New York JFK, from £303 return. flynorse.com

EXPERIENCE: So long as you manage your expectations before flying, this flight is very pleasant and won't break the bank.

Norse offers two cabin choices, Economy and Premium. As part of the economy package you can choose from a simple range of fares, Light, Classic and Plus.

Light fares are Norse's value option which includes hand luggage only with no added extras. If you fancy a meal, you can buy it from the onboard menu offering hot and cold food.

Passengers in both economy and premium are treated to the same hot meal during the flight.

Additional extras such as a blanket or headphones are also available to purchase, but you



could just bring your own.

Alternatively, you can choose to go for the Economy Classic option, which actually works out cheaper if you're planning to add meals and checked-in luggage as these are included in your price.

And if you are not quite sure of your plans, Economy Plus gives you the flexibility to change flights.

I went for the Classic option and, despite the plane's capacity to hold 301 passengers, the flight didn't feel busy like some long-haul flights do. The sheer space the Boeing 787 Dreamliners offer means you've got ample room.

The legroom is as expected in economy – a squeeze if the person in front of you has reclined, but otherwise a pleasant experience, thanks to the inflight entertainment.

Thankfully, you can watch movies before you've even taken off, handy if your flight is delayed. It also seems they've chosen quality over quantity, as despite not having a vast choice, I was impressed to see new movies such as 2022's *Marry Me* on offer.

Quibbles: No wi-fi is a downside. Legroom is also a small quibble if you're the unfortunate person tucked into a window seat with a reclined seat in front of you!

Verdict: You get what you pay for – good value, a comfortable flight and a good selection of food and drink to buy if you want it. Overall, a solid **8/10**.



ITALIAN LUXURY
Ferrari
Museum

tion is key at Pagani – the region's youngest hypercar maker. Its two models – the current Huayra and the legendary Zonda – look more like spaceships than road cars.

And while Christopher Pagani has a hint of sadness as he talks about a petrol-less future, he says they will adapt: "We've always been looking at the possibilities to do things in the market which aren't there."

"When the company started 25 years ago it was about using carbon fibre that was only used on race cars.

"A lot of other companies in the area didn't understand this was a possibility. When my father started everybody thought he was crazy. But he has always been a visionary."

"It is a tricky moment in history. You don't know what to follow, what to do. Electric cars, the solutions they use make the package very heavy."

"There is space to create something very customised, very engaging that still has the fun. The sound is hard, it's the trickiest part."

Proponents of electric cars will point out that the latest electric hypercars have straight-line performance that outstrips even the most advanced petrol cars.

They may be right. But as I was strapped into a 670bhp Ferrari 488 car at the Autodrome di Modena, the last thing on my mind was more power.

This was a dream come true for me, and a huge part of that was the sound, the vibrations and the emotion that comes from a bellowing twin-turbo V8 a few inches behind your ear. It was one of the greatest experiences of my life. Anyone can do this (providing their pockets are deep enough) and it is a



TOP SECRET
Ducati
factory

sensation unlike any other. Would it be the same in an electric car? Having never driven one, it is difficult to say.

What I will say is this – just because something is necessary for the greater good, it does not mean we cannot mourn its passing.

When last petrol car rolls off the production line, I will raise a glass of Emilia-Romagna's finest Lambrusco and quietly lament its passing.

But I feel certain Italy's innovators will have found a way to make future cars as beautiful, exciting and passionate as those of years gone by.



BOOK IT

Rooms at the ResArt Iacomus hotel in Bologna start at £78 a night on a room-only basis. resart-iacomus.bologna-hotels.net/en

■ Rooms at the Best Western Premier Milano Palace Hotel in Modena start at £215 a night B&B. milanopalacehotel.it

GET THERE

Flights to Bologna operate from Edinburgh, Gatwick, Heathrow, Luton, Manchester and Stansted.

MORE INFO

motorvalley.it
emiliaromagnaturismo.it

WHERE CARS ARE STARS..

MUSEO FERRARI, MARANELLO – half an hour outside of Modena, and packing some of the world's most iconic cars. ferrari.com/it

LAMBORGHINI MUSEUM – the same distance from Modena, feast your eyes on the car world's greatest bedroom wall posters from Italy's maddest car maker. lamborghini.com

PAGANI AUTOMOBILI – around 20 minutes from Modena is Emilia-Romagna's newest supercar maker, but one that established itself as a household name. pagani.com



OUT OF THIS WORLD
Pagani
Zonda



BIG DEAL

Kefalonia for £299pp: Relax on a seven-night, B&B stay at the three-star Pacifae Golden Village in Katelios, departing from Bristol on October 9. Includes 22kg baggage allowance and transfers, jet2holidays.com

Vote to win a Thailand trip

BY NIGEL THOMPSON

If a luxury beach break in exotic Thailand appeals, then join in the 2022 UK holiday "Oscars" and it could be yours.



Public voting for the prestigious British Travel Awards is on until October 2, with 67 categories covering a range of products and services.

To thank you for taking part in the nation's largest consumer-voted programme, all voters are entered in a draw for a getaway giveaway jackpot worth around £45,000.

Included in the bonanza is a Blue Bay Travel (bluebaytravel.co.uk) seven-night room-only trip for two people to the five-star X10 Khaolak Resort at Bang Niang Beach, where two restaurants, five swimming pools and a tranquil spa await.

The prize is worth £1,000, though flights are not included and T&Cs apply.

HOW IT WORKS

Register your vote online at britishtravelawards.com and vote in as many of the 67 categories as you like.

Only one vote is OK, for example, and you can return to the form to make changes up to October 2. Full T&Cs are there too.

Look out on Twitter for updates at @BritTravAwrds #BTA2122 @TravelEdNigel

BUY OF THE WEEK

BY NIGEL THOMPSON

A useful option if you travel to EU countries a lot – it's powered by the Three network, is 5G-enabled device ready, and comes with free roaming for calls and texts to the UK and up to 12GB of data.

The one-month plans can be cancelled at any time and also include wi-fi calling.

■ SMARTY mobile sim only, from £6 a month, smarty.co.uk



Get into the spirit



REVAMP
Glass pavilion

HOT HOTEL
Hotel Chais Monnet & Spa, Cognac, France

BY BYRON MELTON

VIBE

Five-star Hotel Chais Monnet and Spa is set quietly off the road to Cognac's town centre, down a long driveway.

Courtyard gardens and trickling ponds give the entrance a calming influence, while each room inside is an opulent haven away from everyone and everything.

Staff are a pleasure to be around and make it a real treat staying in the best hotel in town.

STYLE

Chais Monnet's 92 rooms elegantly marry traditional French luxe and modern design. Some tell a story, too, thanks to 180-year-old wood beams from the site's days as a cognac cellar.

Expect bespoke Fragonard toiletries, marble bathroom details and oak parquet floors. Elsewhere, communal areas are a canvas for up-and-coming local artists to display their work. The talent on show changes every six months.

FOOD AND DRINK

Chais Monnet has two restaurants – La Distillerie and Les Foudres.

The former, decorated in rustic, industrial style, is your safe bet for a relaxed dinner.

Main course options here are hearty and classically French – and the desserts, naughtily rich.

Order the crunchy milk chocolate and praline and all your sweet-treat dreams will come true.

Les Foudres, which translates

ELEGANT
Luxury rooms

as The Barrels, is a Michelin-starred tour-de-force. At sunset, rays drench its cathedral-like facade to give its dining rooms a magical glow.

Inside, new head chef Paolo Boscaro's tasting menu is nothing short of an ascension.

He injects his Italian heritage into flavour combinations you never knew worked so well, such as lobster and peach, and gnocchi and orange.

For breakfast help yourself, or order an incredible trunk of treats straight to your room.

“Rooms tell a story, with beams from the site's days as a cognac cellar

SPA

Chais Monnet's spa offers treatments lasting from 30 minutes to an indulgent

four hours using products from KOS Paris and Olivier Claire.

Salt and sugar scrubs, deep-tissue massages and facial treatments are all on the menu – and there's even options for younger guests.

When you've visited the thundering jacuzzi, hammam, sauna and sensory shower, a tropical-warm relaxation room awaits, with hot and cold teas.

WHAT TO DO

A clear retractable roof makes Chais Monnet's indoor/outdoor pool a must, whatever the

weather. Follow your dip with a peaceful sunset stroll around the grounds to take in the hotel's stunning looks – the old cognac warehouse enjoyed a £60million revamp back in 2018.

The new glass pavilion above the swimming pool is striking, but the mansion-turned-office in the front garden is by far the prettiest photo stop.

Before or after dinner, saunter to the hotel's uber-cool 1838 Jazz Bar to sample one of its 200-plus cognacs.

If you're unsure, ask for it instead of whisky in a cocktail of your choice, or opt for a game-changing cognac espresso martini.

A DAY OUT

Trips to local distilleries are the best way to get the most out of Cognac and its lush, rolling backdrop.

Follow the serene Charente river on foot to begin your education at Hennessy.

Its slick interactive tour (from £21.20, hennessy.com) will sow the seed for your love of cognac, spanning the brand's journey from Irish family

OPEN UP
Outdoor/
indoor pool

business to a global superpower.

Next, weave through green fields in one of Chais Monnet's adorable Citroen 2CVs (available to rent for guests at 90€ for half a day and 160€ for a day) to Renaud de Champ Contre.

Led by Bertrand and Sabine de Witasse, passion abounds at this family distillery.

They earn 80% of their income from the cognac they produce for Remy Martin, providing freedom to distil their own labour of love, Cognac Raison Personnelle.

Le Baume de Bouteville, 25 minutes east, is also worth a trip to see how a tiny team uses cognac to make vinegars loved by top French chefs.

And grab some rural je ne sais quoi, park the 2CV in a quiet vineyard for a very French trunk picnic.



BOOK IT

Rooms at Hotel Chais Monnet and Spa in Cognac, France, start from around £225 a night on room-only. chaismonnethotel.com/en

GET THERE

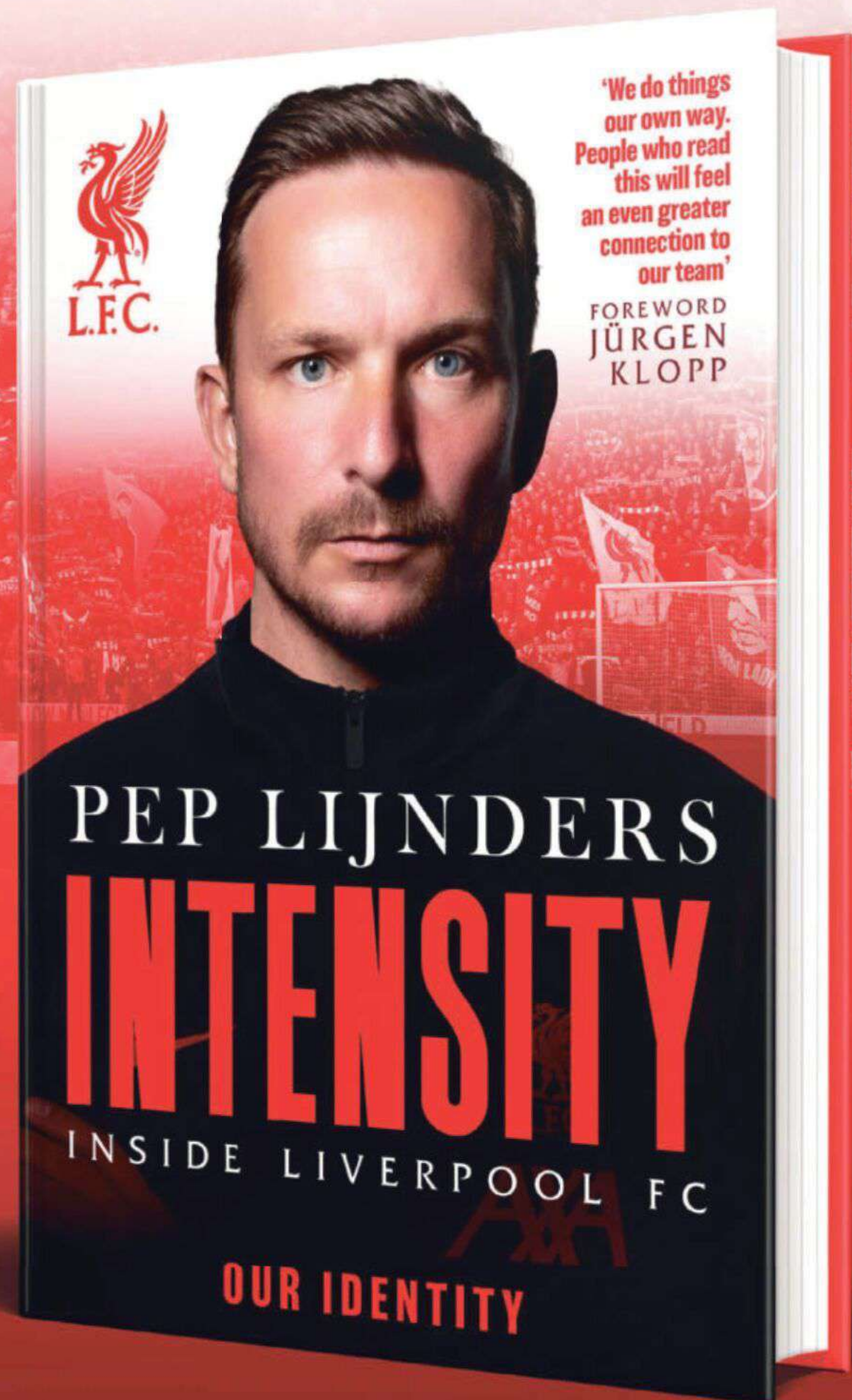
Flights are available from airports across the UK to Bordeaux or La Rochelle.

MORE INFO

uk.france.fr/en

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Polyanthus Crescendo Rainbow Mixed

The ideal bedding plant for growing in containers, they create an impressive vibrant display from February to May. Height 25cm.

**33 FOR £14.99 (X060)
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**SAVE
£8**

Unusual Primula Primlet

These impressive hardy perennials are ideal for winter borders or containers where they will thrive. Flowering February to May. Height 30cm.

**33 FOR £13.99 (X067)
66 FOR £19.98, SAVE £8 (X068)**



**SAVE
£7**

Pansy Cool Wave Berries and Cream

A delightful mixture of Pansy Cool Wave Berries and Cream, ideal for hanging baskets and pots. Height 20cm.

**33 FOR £12.99 (X254)
66 FOR £18.98, SAVE £7 (X255)**

WINTER'S WILDLIFE

with STUART WINTER



**STRIKING
Wheatear**



Delicacy from ancient times

A flash of dazzling white is the most you can expect from seeing a northern wheatear on the wing.

Such encounters invariably end with the bird vanishing across a fallow field or over a grassy hillside, its striking tail markings seared into the mind's eye.

These glaring features give rise to the wheatear's ancient and rather earthy name - one which has no association with growing cereal crops.

Early Anglo-Saxon settlers dubbed the birds 'white arses', combining the Old English words for white (whit) and backside (aers) as a nod to the pristine rump they flare to distract predators when taking flight.

September is the optimum time to find wheatears in open country or on coastal headlands as British-bred birds and wanderers from as far as Greenland and

Canada head towards wintering grounds in Africa. Some birds cover more than 7,000 miles in autumn and have to perform epic, non-stop flights across the Atlantic.

Taking a breather was often a death sentence in previous times, when wheatear

flesh was hailed as the "most delicious taste for a creature of one mouthful", according to the 17th century writer Daniel Defoe.

Trapping wheatears for fancy hotels and eateries became a lucrative trade and thousands of birds were slaughtered and sold for a few pence each.

Fortunately, the practice is illegal today but the plight of the wheatear continues. The decrease in rabbit numbers has had the knock-on effect of reducing the burrow-rich, grassy swards where the birds once bred across large parts of the country.

Hence, most birder encounters are with individuals too driven by the migratory imperative to stop and pose. Unless you are very lucky.

I would never consider myself a photographer but I was left dumbfounded by the results of recent point-and-shoot efforts on my local patch, pictured above.

A young bird touched down on a fence post long enough to strike a pose and display its gorgeous autumnal shades of browns, fawns and coppers. One for the photo album as well as the memory bank.

FOLLOW STUART ON TWITTER:
@BIRDERMAN

**POPS OF
COLOUR**
Diarmuid's
design in 2004
intrigued
the Queen



Recalling with fondness when I crossed garden paths with the Queen

One of the extraordinary privileges for me of making TV shows and designing gardens for the Chelsea Flower Show has been to achieve a certain prominence. While my designs have quite often been wacky or challenging, I gained an audience and acceptance.

The acceptance took many forms. Mail from people

who enjoyed what I did, requests for photographs and later selfies but also invitations to places or to meet people I could never have dreamed of

when I entered this wonderful profession.

At the very top of the pile was Her Majesty the Queen, the great figurehead of Great Britain. I had the privilege of meeting her on about five or six occasions, mainly at the Chelsea

“

She loved gardens and took great delight in her visits to Chelsea

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TRIBUTE
Diarmuid
garden for
the Jubilee
in Antrim



GIFT
Diarmuid's
daughter
presents
flowers in
2011



CHAT Diarmuid
with the Queen
at the Chelsea
Flower Show in
2004



Majestic memories

Flower Show but also on occasion at garden parties in Buckingham Palace. She was an extraordinary woman who loved gardens and took great delight, even in her final year, in that annual trip where we diggers, planters, designers and creators would line up, on occasion having been given the nod that we would be introduced.

In 2004, I created a Lollipop garden, a Willy Wonka inspired multi-coloured design which intrigued her... just a bit. I treasure the photograph of her delighted face as I rambled through an explanation of the exhibit.

In 2011, I lined up with family in tow as my daughter presented a bouquet of English garden flowers to the Queen



PRIDE
With the Queen
and Terence
Conran

who only days before had returned from an extensive visit to my island, Ireland. We chatted about how the trip had gone. It was wonderful, she exclaimed.

Another occasion saw me enchanted by her garden when I attended one of the summer garden parties. It was pristine, colourful and delightfully sprinkled with royal magic.

And then subsequently to be in the presence of not one but two

greats, standing shoulder to shoulder with Sir Terence Conran to present to Her Majesty a main Avenue garden, as co-designer with a remarkable creator



VISIT
Sir David
and the
Queen

whom she had knighted. It really didn't get much better.

If I was to think of plants to associate with the Queen, it wouldn't be fragrant pastel roses or a spring flowering double peony covered in droplets of rain. It would be the evening I marvelled at the television while two nonagenarians, the monarch and Sir David Attenborough, strolled through the grounds of the palace and looked at oak trees that had been planted on the birth of each of her children.

I will remember Her Majesty as a smiling lady who took delight in gardens and those who created them, a person who epitomises the welcome I received on this, your island.

JOBS for the week

■ Get your bird table cleaned and stock up on some food for the approaching autumn.

■ Evergreen hedges can have their final trim before winter.

■ Lift maincrop potatoes and store in a dark, frost-free area.

■ It's a good time to divide plants in ponds to increase stock if desired, or cut back overgrowth - you are aiming for around 50% plant coverage of the pond.

■ Get your compost bins or



bags ready for collecting leaf fall which makes superb compost. ■ While the soil is still warm, these are perfect conditions for applying vine weevil-controlling nematodes into the soil.



■ Observe gaps in your border - does it need some late summer colour? Sedums, asters and chrysanthemums are all good options.

■ Plant biennials sown earlier or buy them now - this includes violas, wallflowers and foxgloves.

PLANT of the week



Echinacea 'Sunseekers Red'

Coneflowers have lovely daisy flowers and are useful for providing colour in late summer and early autumn. This is a recent selection with rich red petals and a central prominent orange-brown cone.

Echinacea are popular in prairie planting schemes where their relaxed appearance mixes well with grasses and other prairie perennials. Plant in full sunshine for maximum flowers and if you have heavy clay soil, delay planting until spring as they tend to disappear in very wet soil. They don't like it bone dry either so water during dry spells.

You ask...

Hi Diarmuid

I've been growing carrots this year - some of them are great but some have split open. Why would this happen?

Thanks, Bill

Hi Bill

Splitting can happen to root veg such as carrots but also parsnips, beetroot and radishes. They are

usually still fine to eat though sometimes the splitting can make them susceptible to

fungus or bacterial infection.

Splitting occurs when the moisture levels are erratic, for example, during drought, heavy rainfall or over- and under-watering. Regular watering when they are growing is best practice, particularly during dry spells.

Diarmuid



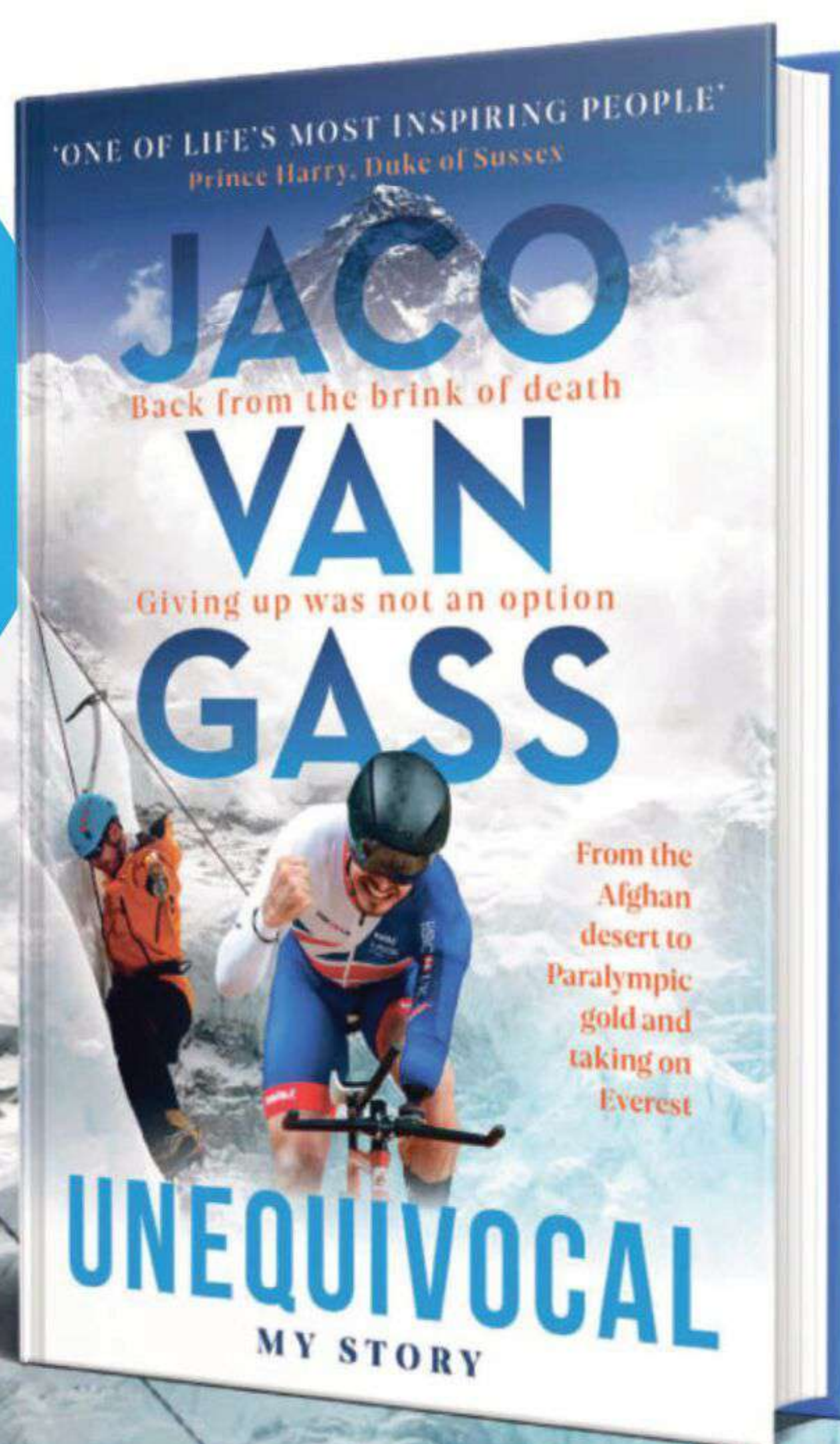
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Pets



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How common is ringworm?



Q We have a four-year-old male Jack Russell terrier with hair loss and scaling on his nose and part of his face. My vet suspects ringworm and has sent samples to check. Is ringworm common in dogs?

A Compared to other parts of the world with much warmer climates, ringworm in dogs is not usually particularly common here.

However, that reflects my past experience over many years, and there is no doubt that our climate is changing and becoming milder. So it wouldn't surprise me if the incidence of ringworm increases in future as warmer summers become more common.

In spite of its name, ringworm is a fungal disease and there are two main fungi involved. These are trichophyton and microsporum.

The most common species of microsporum is *Microsporum canis*. It is the main cause of cat ringworm, and most cases I have seen have been the result of dogs coming into contact with infected cats, particularly kittens.

Trichophyton infection in a dog tends to be more severe, particularly if it is not diagnosed quickly. This is the type of ringworm I would suspect in your Jack Russell, so it is good that your vet is checking for it by sending samples off to a laboratory.

I have seen Jack Russells with ringworm on their face, caught by nudging ringworm-infected rolled-up hedgehogs. Hedgehog spines are perfect for implanting fungal spores in the skin. Prompt treatment has a good prognosis.

Q My neighbour's six-year-old rescue greyhound has very loose stools. He has tried giving the dog various diets and is now feeding dry kibble with boiled rice.

Is this a good idea and can you advise any alternatives?

A As your neighbour is finding out, there are no quick fixes for his greyhound's problem. All dogs, especially those that scavenge, are prone to gastro-intestinal upsets.

A day of no food, just water, followed by a light diet for a few days is often successful in putting an end to a short-term problem.

If the diarrhoea continues beyond a few days, however, a consultation with the vet is essential to check for various elements that might be contributing.

These can be improper digestion of food (maldigestion) or inadequate absorption of food (malabsorption), both being problems associated with the small intestine.

Large intestinal problems, such as colitis, are also a possible cause.

Initially your vet will ask questions designed to pinpoint where the problem lies, to help design a diagnostic plan.

The number of possible diseases, known as the differential diagnosis, is fairly large. For example, the problem could be parasites, a bacterial problem, food allergy, or inflammation of the intestinal wall.

A diagnostic plan seeks to rule the differential diagnoses in or out, perhaps involving blood tests, faecal sampling and a biopsy of the intestine.

This might sound daunting, and expensive, but not everything has to be done at once, and they can agree a plan with their vet and budget for it.

The key to this problem is an accurate diagnosis and specific treatment.

● David Grant has been a vet for more than 50 years. Email questions to him at pamperedpets@people.co.uk

BY DAVID YATES

SAKHEER bolted up in the Group 2 Mill Reef Stakes at Newbury to spearhead a 34,838.5/1 seven-timer for Roger Varian - and is now 8/1 for next year's 2,000 Guineas.

Six days on from landing the Cazoo St Leger with Eldar Eldarov, Varian and jockey David Egan combined with Exoplanet (5/2f) and Mitbaahy (9/2) to score at the Berkshire track, before 4/5 hotpot Sakheer took the Dubai Duty Free-sponsored Mill Reef by an emphatic three and a half lengths. "I was blown away by his

SAKHEER STAR OF VARIAN ACCA

performance," said Varian, also on the mark with Royal Champion (9/4), Dusky Lord (14/1) and Aimeric (11/4f) at Ayr, plus Al Husn (9/2) at Newmarket.

A son of Zoffany, Sakheer had followed a debut second at Windsor last month with a six-length win at Haydock Park 17

days ago. Varian, who will aim Sakheer at the Group 1 Dewhurst Stakes at Newmarket on October 8, said: "I was nervous coming in today - it was a very different task to dominating a novice field.

"But he hit the line strong, and it was

RUN OF THE MILL
Sakheer & David Egan win Mill Reef Stakes



HAMILTON

RTV

GOING: SOFT WEATHER: MOSTLY CLOUDY
NEWSBOY'S TIPS: 1.30 COLNAGO, 2.00 MISS BELLA BRAND, 2.30 GIFTED RULER, 3.00 CALETA SUNRISE (NB), 3.30 ZIG ZAG ZYGGY, 4.00 CLAN JOCK (NAP), 4.30 KANZINO
DOUBLE: CLAN JOCK and CALETA SUNRISE

1.30 EBF NOVICE STAKES (5) (2-Y-O) 5f Winner £3,942 (6 run)
1 (6) 36 COLNAGO (18) K R Burke 9-7 (BF) C Lee
2 (3) CONCERT BOY D O'Meara 9-7 D Tudhope
3 (2) 50 ERAZMUS (69) D & N Barron 9-7 K Stott
4 (5) 34 INSTALLATION (37) R Fahey 9-7 (BF) Oisin Orr
5 (1) 8 SMOOTH RED (3) G Tuer 9-7 O Stammers (3)
6 (4) 32 QUEENIE ROONEY (18) K Dalgleish 9-2 (BF) C Rodriguez
BETTING: 6-4 Installation, 5-2 Colnago, 3 Queenie Rooney, 7 Concert Boy, 25 Erazmus, 33 Smooth Red.

2.00 FILLIES' HANDICAP (4) 6f Winner £6,696 (11 run)
1 (2) 701 SELBY'S PRIDE (18) T Coyle 3 9-10 (CD) P Mathers
2 (5) 732 LITTLE MISS DYNAMO (18) H Palmer 3 9-6 (D2) C Lee
3 (3) 254 FOX HILL (5) E Alston 6 9-6 (D4) J Hart
4 (6) 707 PEARL OF QATAR (15) T Davidson 6 9-4 (CD) P Dennis
5 (8) 256 GUEST LIST (72) K Scott 3 9-4 K Stott
6 (11) 221 ROSHAMBO (46) J Camacho 3 9-1 (D) B Robinson
7 (9) 332 MISS BELLA BRAND (16) Mrs I G-Leveque 4 9-1 (D3) S Osborne (3)
8 (4) 354 KENTUCKY ROSE (18) K Ryan 3 8-11 (D) T Eaves
9 (1) 255 IRIS DANCER (12) T Davidson 4 8-9 (BF, CD) R Scott
10 (7) 889 ROSE BANDIT (18) J Jardine 5 8-7 (C2, D) A Mullen
11 (10) 560 SOLLER BAY (12) T Easterby 4 8-7 (D) D Fertlman
BETTING: 4 Roshambo, 9-2 Selby's Pride, 6 Little Miss Dynamo, 7 Fox Hill, 8 Guest List, Miss Bella Brand, Kentucky Rose, 10 Iris Dancer, 16 Others.

2.30 MEMORIAL SELLING STAKES (4) 1m 1f Winner £5,643 (5 run)
1 (1) 047 GIFTED RULER (49) H Palmer 5 9-2 C Lee
2 (3) 587 GORDONSTOUN (56) Liam Bailey 4 9-2 D Tudhope
3 (2) 505 GRIFTER (21) R Fahey 3 9-2 Oisin Orr
4 (4) 930 ZURAIG (24) I Jardine 4 9-2 A Mullen
5 (5) 705 BARNEYS GIFT P Kirby 3 8-11 B Garrity
BETTING: 11-10 Gifted Ruler, 4 Grifter, 5 Barneys Gift, 11-2 Zuraig, 8 Gordonstoun.

3.00 HANDICAP (5) (3-Y-O) 6f Winner £4,158 (10 run)
1 (5) 576 MATTY TOO (12) T Easterby 9 9-0 (CD) D Allan
2 (4) 294 CLARETS GLORY (32) M Dods 9-9 (D) P Dennis
3 (2) -01 GENTLE ELLEN (45) D & N Barron 9-8 (D) K Stott
4 (8) 546 RAYDOUN (23) R Fell 9-7 (D2) J Peate (5)
5 (10) 256 BAILEYS LIBERTY (19) C & M Johnston 9-5 C Beasley
6 (6) 262 CALETA SUNRISE (12) H Palmer 9-5 (BF) C Lee
7 (9) 420 GOLDEN RAINBOW (19) G Barker 9-4 B McHugh
8 (1) 740 MISS CALCULATION (13) J J Quinn 9-1 (D) J Hart
9 (7) 440 BONITO CAVALO (3) J Goldie 8-4 C Hardie
10 (3) 350 THE GAY BLADE (19) J Jardine 8-4 A Mullen
BETTING: 11-4 Gentle Ellen, 9-2 Caleta Sunrise, 5 Clarets Glory, 6 Matty Too, 8 Baileys Liberty, 10 Raydoun, 12 Miss Calculation, 16 Others.

3.30 HAMILTON PARK HANDICAP (6) 5f Winner £3,618 (13 run)
1 (10) 183 BASHOLO (13) Mrs Stella Barclay 3 9-12 (D) S Gray
2 (9) 463 ZIG ZAG ZYGGY (18) J Goldie 7 9-11 (CD2) C Hardie
3 (13) 221 SHESADABBER (10) M Mullineaux 6 9-10 (CD3) P Dennis
4 (8) 438 TANASOO (3) J Goldie 9 9-9 (D6) Shannon Watts (7)
5 (11) 121 BIRDIE BOWERS (21) D Thompson 5 9-8 (D2) D Allan
6 (4) 145 RED ALLURE (23) R Menzies 7 9-7 (CD) P Mathers
7 (5) 662 ERUPTION (12) T Easterby 3 9-7 (D) S B Kirrane (3)
8 (1) 590 KRAKEN POWER (3) J Goldie 4 9-6 (C) P Mulrennan
9 (3) 279 SUNSET GLOW (55) G Tuer 4 9-5 O Stammers (3)
10 (12) 903 CAPTAIN CORCORAN (47) E Alston 5 9-3 (BF, D2) K Stott
11 (2) 010 BURTONLODGE BEAUTY (3) Miss L Perratt 3 9-3 (CD) Mark Winn (7)
12 (6) 977 NODSASGOODASAWINK (3) Miss L Perratt 4 9-0 JP Sullivan
13 (7) 858 STROXX (35) Liam Bailey 5 8-12 J Hart
BETTING: 4 Shesadabber, 9-2 Birdie Bowers, 7 Basholo, 8 Eruption, 10 Tanasoo, Red Allure, 12 Burtonlodge Beauty, 14 Others.

4.00 HAMILTON PARK HANDICAP (6) 1m 4f Winner £3,618 (10 run)
1 (7) 122 CLAN JOCK (18) J Goldie 5 9-11 (BF, C3) C Hardie
2 (8) 751 SIMPLE STAR I Jardine 4 9-11 D Allan
3 (9) 247 HAVEN LADY (16) J J Quinn 4 9-8 (C, D2) J Hart
4 (5) 535 CUBAN CIGAR (32) L Russell 4 9-6 Oisin Orr
5 (10) 214 RALPHY BOY TWO (23) Ewan Whillans 5 9-5 (BF, CD) R Scott
6 (1) 379 LUCKY DRAW (24) De Giles 5 9-2 (D) Laura Coughlan (5)
7 (1) -07 PROTON (50) T Davidson 6 9-2 P Dennis
8 (3) 663 LOCHNAVER (23) J Goldie 4 8-13 (C) P Mulrennan
9 (2) 055 MILLIE THE MINX D Sayer 8 10-0 (CD) JP Sullivan
10 (4) 447 STARYLTE (19) Miss L Perratt 5 8-9 Mark Winn (7)
BETTING: 9-4 Clan Jock, 7-2 Haven Lady, 5 Ralphy Boy Two, 7 Simple Star, 8 Lochnaver, 12 Cuban Cigar, 14 Lucky Draw, 16 Millie The Minx, 25 Others.

4.30 HAMILTON PARK HCAP (5) (3-Y-O) 1m 3f Winner £4,158 (11 run)
1 (5) -51 KANZINO (19) K R Burke 9-9 C Lee
2 (10) 463 SUPER STARS (13) C & M Johnston 9-6 J Hart
3 (1) 643 A LA FRANCAISE (10) J Goldie 9-4 P Mulrennan
4 (2) 283 SYLVIA BEACH (31) D O'Meara 9-4 D Tudhope
5 (11) 77 LECHRO (108) J Candlish 9-3 C Beasley
6 (8) 055 ZEPHYLYN (50) Ewan Whillans 9-2 B McHugh
7 (3) 532 SALLY JAPAN (19) H Palmer 9-0 S Osborne (3)
8 (7) 9-7 LADY HAMILTON (211) W Storey 8-10 C Hardie
9 (6) 583 MONROE GOLD (32) I Jardine 8-10 A Mullen
10 (9) 762 TAFSIR (25) J Goldie 8-4 Amie Waugh (5)
11 (4) 580 PASHA BAY (6) Miss L Perratt 8-4 JP Sullivan
BETTING: 3 Kanzino, 4 A La Francaise, 9-2 Super Stars, 5 Sally Japan, 10 Sylvia Beach, Tafsir, 12 Monroe Gold, Lechro, 25 Others.

5.01: THE MENSTONE GEM (Mr M W Brown) 3.28-1; MASQUE OF ANARCHY (20-1); MARK OF RESPECT (7-1); VOLTAIC (20-1) 4.20 ran. 100-30f Fast Steps. 1½, 1½, 3L (Craig Lidster). Total: £47.80; £8.00, £3.20, £2.50, £5.00. Total Exacta: £1024.10. Trifecta: £4413.23. Trifecta not won. CSF: £494.18.

Placepot: £551.80. Quadpot: £38.50.

WOLVERHAMPTON: Standard
4.50: MIRABELLO BAY (L Keniry 18-1); CARIAD (10-11); PINK LILY (33-1) 3.7 ran. nk, 1½. (J S Moore). Total: £27.40; £7.30, £1.10. Total Exacta: £67.00. Trifecta: £912.40. CSF: £36.27.

PLUMPTON

SKY

GOING: GOOD WEATHER: PARTLY CLOUDY
NEWSBOY'S TIPS: 1.50 LUSAKA, 2.20 RIGHT DESTINATION, 2.50 EXECUTIVE POOL, 3.20 SERGEANT, 3.50 ONLY MONEY, 4.20 CADEAU D'OR, 4.50 INVICTUS DE BRION

1.50 MAIDEN HURDLE (GBB RACE) (4) 2m 2f Winner £4,357 (5 run)
1 45/ INDIGO LAKE Dr R Newland 5 11-4 C Hammond
2 -64 MORDRED (26) M Harris 6 11-4 M Bastyan
3 THUNDER FLASH I Williams 5 11-4 C Todd
4 422 LUSAKA (31) O Murphy 4 11-2 S Bowen
5 55- SEIGNEUR DES AS (224) M Harris 4 11-2 H Reed
BETTING: 15-8 Seigneur Des As, 9-4 Lusaka, 9-2 Indigo Lake, 6 Thunder Flash, 7 Mordred.

2.20 MEMORIAL NOVS' HCAP CHASE (5) 2m 4f Winner £4,248 (6 run)
1 242 HERONORD (13) E Williams 5 12-0 L Gordon (7)
2 393 RIGHT DESTINATION (34) F O'Brien 8 11-1. Mr T Broughton (7)
3 674 EASKEY LAD (32) R Curtis 7 11-1 B R Jones
4 146 ARBENNIG (77) J Snowden 6 10-13 Page Fuller
5 175 AGENT SAONIS (26) N Mulholland 6 10-4 H Reed
6 165 SPECIAL BUDDY (27) B Pauling 8 10-4 (D2) K Woods
BETTING: 9-4 Heronord, 4 Easkey Lad, 5 Special Buddy, Arbennig, 6 Right Destination, Agent Saonis.

2.50 JUVENILE HURDLE (4) (3-Y-O) 2m 2f Winner £4,575 (7 run)
1 31 MR FREEDOM (14) Miss S West 11-7 (D) M Goldstein
2 BORNTOBEELEADER D Pipe 11-0 T Scudamore
3 4 EXECUTIVE POOL (14) G L Moore 11-0 (BF) F Houlahan (3)
4 I HAVE A VOICE N Hawke 11-0 D Noonan
5 MAJOR GATSBY W G M Turner 11-0 H Kimber (5)
6 STARSANGLEDJAMA G L Moore 11-0 Jamie Moore
7 34 BOUDICA WARRIOR (31) Miss A Murphy 10-7 J Quinlan
BETTING: 2 Mr Freedom, 7-2 Bornrtobealeader, 5 Executive Pool, 6 I Have A Voice, 8 Boudica Warrior, Major Gatsby, 16 Starsangledjama.

3.20 HANDICAP HURDLE (3) 2m Winner £8,169 (7 run)
1 -04 SEE THE SEA D McCain 8 12-0 (D4) P J Kavanagh (5)
2 7-1 THIBAUT A West 9 11-13 (C2, D) B French-Davis (7)
3 5P- RUINIZED C Poulton 7 11-10 (D) Charlie Price (3)
4 -32 JUST THE MAN J G O'Shea 6 11-8 (D2) K Brogan
5 652 GLIMPSE OF GOLD (14) S Humphrey 11 11-6 (D10) J Tidball (7)
6 75- RAY'S THE ONE M Pattinson 5 10-7 M Goldstein
7 421 SERGEANT (15) M Harris 5 10-2 (D) P Brennan
BETTING: 2 Sergeant, 9-4 Thibault, 5 Just The Man, 6 See The Sea, 10 Glimpse Of Gold, 16 Ray's The One, 20 Ruinized.

3.50 HANDICAP CHASE (4) 2m 1f Winner £5,228 (5 run)
1 132 COAL STOCK (13) Syd Hosie 7 12-0 (BF) F Gillard (3)
2 15- FAIRWAY FREDDY (153) N Gifford 9 11-11 (CD2) J M Davies
3 13- ONLY MONEY (233) C Gordon 8 11-6 (BF) T Cannon
4 2F2 BAREST OF MARGINS (34) M Channon 6 10-10 C O'Farrell
5 134 TRUMPS BENEFIT (27) R Potter 9 10-2 (D) C Quinn (7)
BETTING: 2 Coal Stock, 11-4 Barest Of Margins, 3 Only Money, 5 Fairway Freddy, 10 Trumps Benefit.

4.20 HANDICAP HURDLE (5) 2m 4f 114yds Winner £4,084 (13 run)
1 473 CADEAU D'OR (29) D Pipe 5 12-0 T Scudamore
2 98/ CHERRY COLA Miss S West 6 11-12 M Goldstein
3 41- DANTE'S VIEW (369) G Baker 6 11-11 T Cannon
4 4P0 PAWPAW (51) B Pauling 5 11-5 (BF) K Woods
5 46 TEXAN NOMAD (84) R Harris 10 11-3 N Brennan (7)
6 63- COILTE EILE (259) A West 9 11-2 I Edwards
7 -86 SAY NOTHING (56) A Hales 6 11-2 (D) H Bannister
8 323 DELLBOY TROTTER (11) Tracey Leeson 6 11-0 (D2) T Buckley (3)
9 354 ANDAPA (31) M Roberts 8 10-8 (C) T J O'Brien
10 6/1 BOOMTIME BANKER (59) D J Jeffreys 8 10-2 Lilly Pinchin (3)
11 0P- CHIVERS D Steele 11 10-2 K Brogan
12 93F LAKE WASHINGTON (26) G L Moore 9 10-2 C Quinn (7)
13 7-3 COBBS CORNER (138) N Gifford 6 10-2 J M Davies
BETTING: 3 Dante's View, 9-2 Boomtime Banker, 7 Cobbs Corner, Cadeau D'Or, 8 Pawpaw, Dellboy Trotter, 10 Andapa, 14 Cherry Cola, 20 Others.

4.50 OPEN NH FLAT RACE (GBB RACE) (5) 2m 2f Winner £2,178 (4 run)
1 -P2 DANNYSTORY (126) Harriet Brown 5 11-0 B Godfrey (3)
2 53- ALIEN STORM (173) C Longsdon 4 10-12 Mr B Roberts (7)
3 2 INVICTUS DE BRION (68) C Gordon 4 10-12 T Cannon
4 2 MERRIJIG (55) J Jerry 4 10-12 W T Kennedy
BETTING: 6-5 Invictus De Brion, 2 Merrijig, 9-2 Alien Storm, 8 Dannystory.

ONE A DAY By David Yates
CLAN JOCK 4.00 Hamilton, Today
BERRY EDGE 1.42 Beverley, Tuesday
BRAZEN IDOL 8.15 Kempton, Wednesday
Tomorrow: Racing cancelled

CLAN JOCK has yet to finish out of the frame in nine starts this season - and Jim Goldie's son of War Command is fancied to rack up his fourth win of 2022 in the Sodexo Live! Party Nights At Hamilton Park Handicap (4.00) today.

5.25: LION KINGDOM (B Sayette 7-2) 1; COBALT BLUE (5-4); MAID IN KENTUCKY (12-1) 3.10 ran. 1¼, 1½. (J Fanshawe). Total: £5.30; £1.40, £1.10, £2.80. Total Exacta: £12.40. Trifecta: £57.40. CSF: £8.66.

5.55: NEWYORKSTATEOFMIND (S Cherci 4-1) 1; SARAH'S VERSE (15-2) 2; Q TWENTY BOY (25-1) 3.11 ran. 11-4f Eldeyaar. ¾, 2L (W Muir & C Grassick). Total: £5.00; £2.10, £2.10, £4.40. Total Exacta: £37.40. Trifecta: £668.05. Trifecta: £534.40. CSF: £34.29.

6.30: WASDALE (S Cherci 15-2) 1; MAN MADE OF SMOKE (6-1) 2; BOJUNK (11-1) 3.7 ran. 10-13f Explicit. 1¼, 1½. (J Camacho). Total: £9.80; £3.10, £2.30. Total Exacta: £53.30. Trifecta: £337.10. CSF: £51.19.

7.00: GRIGGY (Grace McEntee 5-1) 1; BABE ALICIOUS (7-2) 2; NACHO (15-2) 3.9 ran. 16-5f Billian. nk, 1½. (J Butler). Total: £6.00; £1.90, £1.50, £2.20. Total Exacta: £21.80. Trifecta: £130.39. Trifecta: £132.40. CSF: £22.93. NRs: Brave Display, Hotter In Time, Showdiemlad.

7.30: ADMIRABLE LAD (J Haynes 85-40f) 1; CLASHANISKA (7-1) 2; MY BOY JACK (4-1) 3.9 ran. nk, 1½. (C Banham). Total: £3.13; £1.90, £1.90, £1.60. Total Exacta: £18.10. Trifecta: £56.21. Trifecta: £60.10. CSF: £17.62. NRs: Baileys Bling, Hard Solution.

SPORTS SHORTS

ITALIAN JOB
Fitzpatrick is one-shot ahead of McIlroy in Italy



GOLF

Fitzpatrick and Rory duel

» MATT FITZPATRICK heads into today's final round of the Italian Open with a one-shot lead, but the Englishman has Northern Ireland's Rory McIlroy breathing down his neck.

US Open champion Fitzpatrick coped brilliantly with the blustery conditions at Marco Simone Golf and Country Club yesterday and closed his third-round 69 with a birdie.

World No.2 McIlroy and Englishman Aaron Rai sit one shot behind Fitzpatrick in a tie for second, on nine under, after contrasting rounds.

Fitzpatrick said: "It would mean the world to win this tournament. I love playing golf here." McIlroy, who like Fitzpatrick will be hoping to represent Europe when the Ryder Cup is hosted at this venue next year, knows that he faces a tough task to overtake Fitzpatrick and increase his advantage over his close rival at the very top of the DP World Tour's rankings.

He said: "I know it will be a tough day. Matt is very solid. These are the sort of conditions that he relishes. He's going to be tough to beat."

TENNIS BY DAVID MCCARTHY

Andy rubber lacks bounce

» ANDY MURRAY admits he does not know if today will be his last competitive match in Scotland - and wishes it was not a dead rubber.

Great Britain's defeat by Holland on Friday night confirmed their Davis Cup exit, and their match with Kazakhstan in Glasgow counts for nothing.

Murray (right), 35, said: "I have not met a player that loves playing dead rubbers and dead matches. It's difficult to get motivated."

He added: "When you get to sort of my age and this stage of your career, I don't know how many opportunities I'll get to be part of this team."



MOTOGP BY ZOE BURN

» PECCO BAGNAIA is aiming to make it five MotoGP wins in a row in Spain today after smashing the Aragon lap record to take pole. The Ducati Lenovo rider tops the grid ahead of team-mate Jack Miller.

With title leader and reigning champ Fabio Quartararo starting in sixth spot, Bagnaia is

hoping to cut the 30-point gap between the pair in the riders' standings.

Bagnaia (below) said: "We're strong - but Fabio also is very strong so starting in front is definitely an advantage."

Repsol Honda's Marc Marquez starts his

comeback race in 13th, with Brit Cal Crutchlow lining up in 19th place.



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REECE'S TOP TARGET IS TO PLAY IN IPL

CRICKET

EXCLUSIVE
by Richard Edwards

Pakistan v
England 1st T20,
Tues, 3.30pm (UK)

REECE TOPLEY has enjoyed a golden summer with England in white-ball cricket.

Now he is hoping England's tour of Pakistan can take him one step closer to striking it rich in next year's Indian Premier League.

The Surrey star has established himself as a go-to bowler in both T20 and 50-over cricket.

He has also shown what he is capable of with the red ball, since making the switch to The Oval in 2020 from Sussex.

But he is not eyeing a Test call-up. "All my energies are going to be channelled into white-ball cricket from now on," said Topley (below), who is likely to lead England's attack in their tour opener against Pakistan on Tuesday.

"My goal is to play in the IPL. That's my biggest dream in cricket right now.

"I would like to win the T20 World Cup with England but after that my focus is really on getting that IPL deal.

"I've had opportunities to go in the past. Unfortunately, people have said if you want to play Test cricket then you can't go to the IPL because it's not red-ball cricket.

"So, something has to give, and if it's my red-ball ambitions then that's fine."

This tour of Pakistan represents a perfect opportunity for Topley to show his versatility on wickets which will be far less helpful than those he bowled on in England this summer.

For the 28-year-old, the upcoming World Cup in Australia – which starts on October 16 – also offers him a chance to banish the memories of the 2016 tournament, when he sent down just 4.1 expensive overs.

"My memories of 2016 are that I was very young and impressionable," said Topley, whose dad Don starred for Essex in the 1980s and 90s.

"I was a bit of a yes man back then, probably to my detriment. This time around, I'm a lot clearer in my mind.

"I've got a lot more experience and I also think that there's probably a bit more expectation on my shoulders.

"Because there are so few games, I think it will probably come down to run-rate so you can't really afford to have any off days.

"If you do, then you've jeopardised qualification. You really need to hit the ground running.

"We've got these seven T20s now and then a series against Australia, so we'll be going into the World Cup with double-digits' worth of games under our belt.

"We're going to have to box clever to make sure that we're all fresh and firing for knockout cricket.

"You'd hate to be running out of steam at the business end, but we've got a good squad and people who can take on responsibility when they need to.

"Hopefully the Pakistan tour will go well and we'll be ready to hit the ground running at the World Cup."



EXCLUSIVE Four-time World Snooker Champion

by Neil Moxley

MARK SELBY'S darkest days are behind him. Or so he hopes.

The four-time world snooker champion shocked the sport earlier this year when he announced he had issues with his mental health.

On the baize, Selby, 39, had been acknowledged as tough, gritty and uncompromising, in a sport where every shot carries pressure.

But that mask didn't just slip back in January when he announced, via social media, that he was "not in a good place" – it shattered on the floor into a thousand pieces.

Scrape away the surface from this successful sportsman and Selby's is a tale of heartache and triumphing against the odds in an unforgiving arena – and it's also one that could have so easily ended in tragedy.

Now, following six months' treatment, he hopes he is on the mend. Selby said: "From where I was a few months ago, it's like night and day.

"I've been speaking to a psychiatrist for six months and his message was, 'Look Mark, mental-health issues don't go away – you just learn to deal with it far better'.

"When I spoke out, I wasn't dealing with it well. In fact, I wasn't dealing with any of it.

Emotions

"When I'm at the snooker table, I'm in control. I know how to handle my emotions. Away from it, I was anything but that. I thought it would blow over. It didn't. It just got worse.

"I was playing, but going through the motions. I was being beaten, but not feeling anything. I wasn't bothered. That's when I knew I was in trouble.

"It was just after the Masters in January. I'd lost to Barry Hawkins in the quarters and I stayed over in the hotel with my wife Vikki.

"She said to me the day after the match that she knew I wasn't right, but didn't say anything because she wanted me to focus.

"Afterwards, in the hotel, she said, 'I knew you couldn't win that. I knew by how you were talking and how you were, within yourself'.

"She was right. I didn't perform, I wasn't with it.

"I told her, 'I've been feeling low for a while now'. And she said, 'Look, why don't you do an interview and explain how you feel?'.

"But I didn't want to do it like that. I didn't know how I wanted to do it – I'd left it so long.

"But we were driving back the following day. We stopped at a service station. Vikki went in to get a drink.

"I'd stayed in the car and I thought, 'You know what, I need help'. I felt the easiest way of doing it was on Twitter.

"I wouldn't have been brave enough to speak in public, and do it without breaking down and looking a mess. I didn't want that.

"I composed something, told people how I was feeling, and as soon as I sent it everyone was coming back saying, 'Well done, you've taken the first step'.

"I know it's a cliché but it did feel like that weight had been lifted. Before, at tournaments, if people asked if I was OK, I'd reply, 'Yeah, fine'. Obviously, I wasn't.

"As soon as I'd go back to my room, I'd lock myself in there and I'd be an absolute mess."

Selby's backstory perhaps partly explains the suffering. His mum left home when he was eight. His dad died of cancer when he was 16. That was

I tried to end my life a couple of times. I thought 'I'll take these tablets, just fall asleep and that will be it'



Mark Selby MBE
@markjesterselby

Just want to apologise to all my friends and family for letting them down. Mentally not in a good place at moment, had a relapse and trying to bottle it up and put a brave face on is not the way. I promise I will get help and be a become a better person. #mentalhealth

tough. And the up-and-coming snooker star barely coped.

He said: "I grieved for about six months or a year when I lost my dad to cancer. I didn't have a great relationship with my mum.

"I felt I couldn't go back into the house, knowing my dad wasn't there any more. So, I moved in with a friend. But for about six months to one year afterwards I wasn't playing any more. I wasn't practising. I didn't want to compete in tournaments.

"I wanted to curl up into a ball and hope that everything would go away. To the point where, at one stage, I did try to end my life a couple of times.

"My friend caught me once, having

taken an overdose. I thought, 'I'll take these tablets, fall asleep and that will be it'. I was found. I went to the hospital, they brought me round and pumped my stomach.

Dad

"My friend said he knew I was grieving and told me to remember that my dad wouldn't want me to be like this. That he would want me to smile, play snooker and turn it around.

"Months and months down the line, I thought to myself, 'Yeah, I'm going to do this'.

"In my mind, my dad's death had a huge effect. I still don't think I'm over it to this day. I used to go everywhere

with my dad, playing snooker all over the country as a junior.

"He died just before I turned professional. Every time I go to tournaments, I picture him being there because that's where he was before I turned pro."

Snooker's stars spend a lot of time together. They will be out in force again at the British Open from September 26. But it's a bizarre life. They co-exist and acknowledge one another, but it's dog-eat-dog once the balls are on their spots.

This is elite sport. One person's weakness is another's opportunity.

Selby knows that if he hadn't come clean about his struggles the ending to

Mark Selby opens up over his ongoing battle with mental health



FACING HIS DEMONS
Selby has sought help with his mental health problems as he battles to get his life and his game back on track

Picture Exclusive ROWAN GRIFFITHS

SELBY ON..

MENTAL HEALTH

“My psychiatrist said, ‘Look Mark, mental health issues don’t go away – you just learn to deal with it far better. When I spoke out, I wasn’t dealing with it well. In fact, I wasn’t dealing with any of it’”

TOURNAMENTS

“I was playing but going through the motions. I was being beaten but not feeling anything. I wasn’t bothered and that’s when I knew I was in trouble”

REALISATION

“I needed help and I felt the easiest way of doing it was on twitter. I know it’s a cliché, but it did feel like a weight had been lifted”

LOSS

“I grieved for about six months or a year when I lost my dad to cancer when I was 16. I wasn’t playing anymore. I wasn’t practising. I didn’t want to compete in tournaments”

RECOVERY

“You have good days and bad days. I can’t tell how I’m going to feel from one day to the next. But I do feel like I’ve got mechanisms in place”



this story might have been different. He said: “If I hadn’t spoken out, I think I’d have been in the same position as I was when I was 16.

“I said to Vikki, ‘I could easily do something silly here’.

“She said, ‘Look, you can’t do that, Sophia would be growing up without her dad. You know how it affected you. You’d be giving her the same upbringing as you had.’

“But at the time, you just think that you’re doing the right thing. I felt like I was a burden, a liability.”

“I felt that me not being here would have been better for them.

“I’ve been with my wife for 16 years and she believes that I’ve been suffering

all that time. I didn’t know. You have good days and bad days. Sometimes, you just think to yourself, ‘I feel rubbish today,’ and you don’t know why.

“I can’t tell how I’m going to feel from one day to the next. But I do feel like I’ve got mechanisms in place now.

Depression

“If I wake up and think, ‘I feel terrible today,’ there have been times when I’ve not even got out of bed.

“My daughter, Sophia, eight, has come home from school and said, ‘Daddy, shall we go to the park?’ – I didn’t even want to do that.

“The doctor has said you can end up getting back in a rut, so as soon as

I wake up I have to write down what I want to do today. It can be as boring as ‘I want to cook dinner’ or ‘I’m going to go for a run’. But he said that whatever I write down, I have to do.

“One of the biggest problems with depression is that people just put off doing what they were going to. They think to themselves, ‘I’ll do it tomorrow’.

“You feel crap and put it off. Even if I’m having a bad day, I still force myself to complete that task. It proves you are going in the right direction.”

Selby will line up at the British Open in Milton Keynes, looking to prove a point again, or so he hopes. He said:

“I didn’t talk about it for people to rally around me and put their arms around me and say, ‘Everything is going to be fine’. It’s great that they have, but my way of trying to help myself was by speaking out.

“And I feel like it has. I’m in a better place now than I was six months ago.”

“I’ve got a doctor’s number. I’m still on medication. I’m still on the same dose. If I’m in a stable place, then he will decrease the dosage. The aim is to come off them completely.

“It will never go away. It will always be there somewhere.

“I feel as though I have it under control. For now, at least.”



STEPPING UP: Contender Joyce

Joe ready to make it a Fab Four

BOXING

by Tom Hopkinson

JOE JOYCE believes that beating Joseph Parker would be his ticket to join the exclusive club of the world’s elite heavyweights.

The two men fight for the WBO interim world belt in Manchester on Saturday – and Joyce is aiming to become the fourth big name in the division, alongside Tyson Fury, Oleksandr Usyk and Anthony Joshua.

Joyce said: “If I beat Parker, that will just push me up to another place and from there no one is going to argue with me fighting Usyk or Fury or anyone like that.

“It’s for the interim WBO title, so if they don’t want to fight me I will be elevated to WBO champion.

“If I beat Parker then I will be allowed in that circle of top guys in the division. There will be no more doubt. He’s definitely the gatekeeper. It’s the next step, the next level.

“Parker is going to be the most experienced and technically-rounded fighter I’ve faced.

“I’ve fought some good opponents but he’s an ex-world champion and is ranked very highly, so it will be a tough test. I plan to stop him. If not it will go to points and I will win like that. But I want to knock him out.”

If all goes his way, Joyce fancies a crack at the Gypsy King.

He added: “We’ll see what offers are on the table. Usyk is tough technically to hit, AJ can bang harder so he’s more dangerous.

“But I like the Fury fight, to be honest, that would be fun.”

Ageless Darren makes history

CRICKET

Royal London One-Day Cup Final

GOLDEN oldie Darren Stevens bowed out from Kent by helping them to their first List A trophy since 1978 – when he was just two years old!

The 46-year-old (below) chipped in with an unbeaten 33 in his final game for county as they beat Lancashire to claim the Royal London One-Day Cup.

Kent’s victory ended an unwanted sequence of eight straight final defeats. Joey Evison, the on-loan Nottinghamshire all-rounder, shone with 97 out of 306-6 on his home ground of Trent Bridge.

He then took two wickets, including the key scalp of Dane Vilas, and then pulled off a fine catch to remove George Lavelle as Lancashire were dismissed for 285 in Kent’s 21-run victory.



RUGBY UNION

Bullied Bath see 14-man Sharks put bite on them

VAN GRAAN: 'WE LOST PHYSICAL BATTLE HANDS DOWN'

Bath 20 Sale 37

BY ADAM HATHAWAY

SALE boss Alex Sanderson saw his side bully Bath to defeat despite playing a man short from early on.

And new Bath chief Johann van Graan was left shocked by his side's lack of impact in the game's physical battles.

Sale stand on top of the Premiership after two rounds – this was a performance worthy of that spot, after they were up against it with men missing.

Sharks prop Nick Schonert was sent off for a high shot on lock Dave Attwood after just nine minutes, but Sale stepped up to the mark.

They even went down to 13 men for 10 minutes in the second half, when replacement prop Ross

Harrison was sin-binned in the middle of a goal-line stand.

Bath hammered at the Sale line for 10 minutes yet couldn't score. Sub flanker Jono Ross secured Sale's bonus point.

Sanderson claimed Sharks got their just reward for pre-season graft and keeping their heads, to make it two wins from two in the Premiership. He said: "They didn't kick stones [following the red card]

which you can do after an event like that. They managed it very well physically, played in the right areas, came alive in attack and they showed the endeavour they have shown in the last couple of weeks.

"It is another performance worthy of all the work they have done in pre-season, that is what I am most happy about, that is what I am chuffed about. They get some worth

for how hard they worked and how tight they are."

Schonert's red came as the game has launched yet another clampdown on high tackles – but Sanderson will review the incident.

He added: "We are in the business of looking after people's heads.

"I'll look, if there are any mitigating factors – maybe we'll get him off a ban, but as a tackler you have to adjust your body height. They are the laws, we must apply ourselves to them."

Bath, bottom last year, looked lightweight up front, apart from in the scrum, and lost the arm wrestle.

Former Munster chief Van Graan moaned: "Against

that physicality we lost the physical battle hands down. I am very disappointed, it is not the performance I was looking for. Accuracy was not good enough today but that happens when you get beaten in collisions."

Wing Tom O'Flaherty kicked off the scoring and hooker Acker van der Merwe bounced four Bath defenders as if they weren't there to make it 17-6 on 26 minutes.

Bath were down 23-6 at the break before Joe Cokanasiga got one back for the hosts.

Sub Tom Curry scored with his first touch in reply, before a Tom de Glanville try for the hosts was cancelled out by Ross to bag the bonus.

BATH: Tries: Cokanasiga, De Glanville; Pens: Francis (2); Cons: Francis (2)

SALE: Tries: O'Flaherty, Van der Merwe, B Curry, Ross; Pens: du Preez (3); Cons: du Preez (4)

TOM AND MERRY

Tom Curry enjoys Sale try – but it's tough going for Bath chief Van Graan (below)



DETERMINED Baxter says his side must focus on game

Baxter in Warriors warning

Worcester v Exeter
Today, 3pm

BY ALEX SPINK

ROB BAXTER has demanded his Exeter team keep their focus today and not get sidetracked by the raw emotions swirling around crisis club Worcester.

The financially crippled Warriors only got the go-ahead on Friday afternoon to stage the game, after staff agreed to work the fixture despite not having been paid.

The crowd size has been capped at 4,999 due to the limited number of stewards and medical provision available.

And the absence of clarity as to what the future holds guarantees a highly charged atmosphere.

Chiefs boss Baxter said: "We've spoken a lot this week about the ifs and buts of what is happening at Worcester. What we have to do is make sure we don't get overwhelmed by all of that."

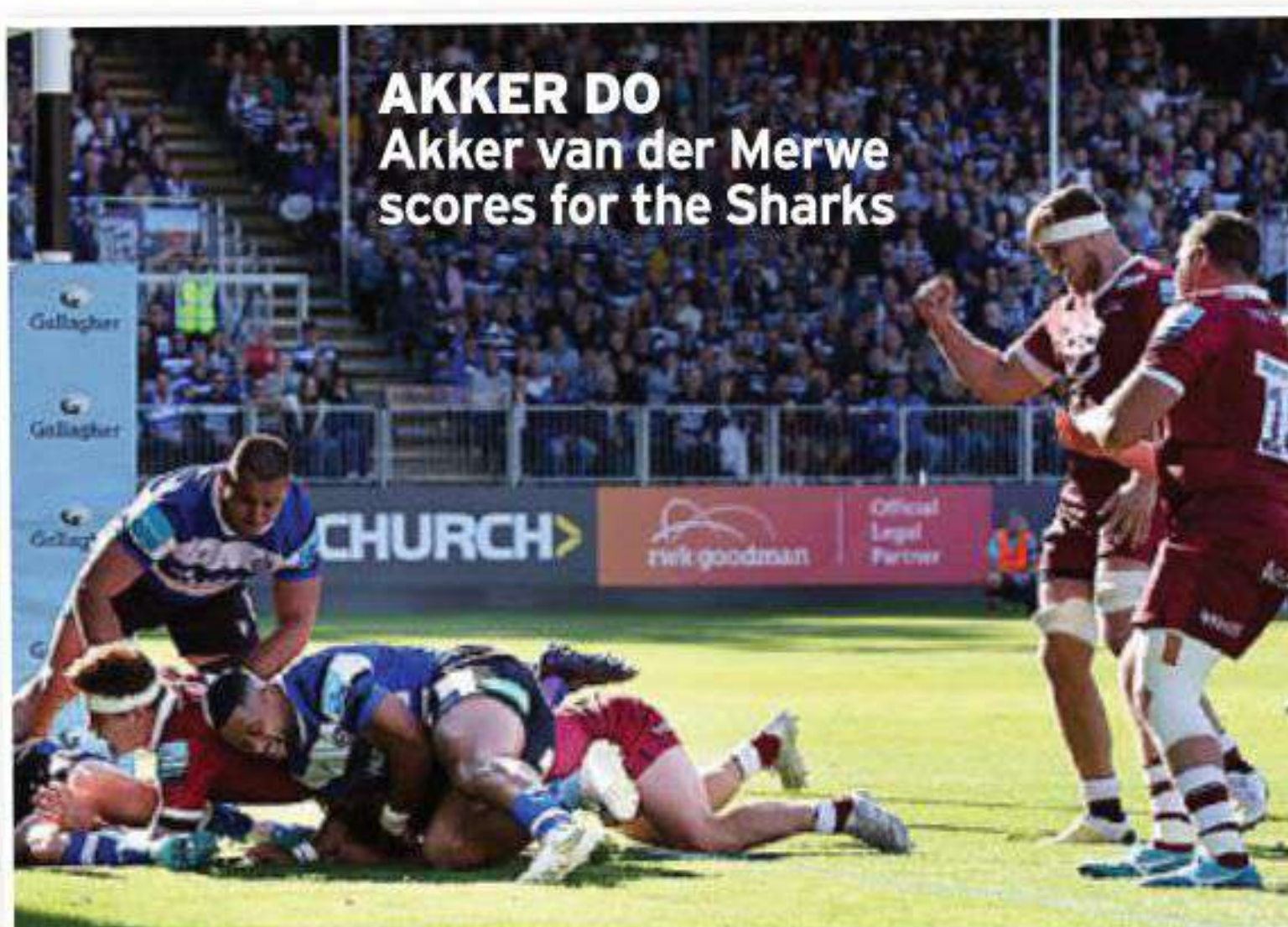
"We have stay focused, concentrate on ourselves and make sure we get in the right mindset."

"Last season, we lost up there and we know we let ourselves down, so that should act as a good incentive for us to play well this time."

Wales fly-half Owen Williams makes his first start for Warriors in more than 11 months as one of three changes to the side well beaten at London Irish a week ago.

	P	W	D	L	B	F	Apts
Sale	2	2	0	0	2	66	42 10
Bristol	2	2	0	0	1	54	37 9
Leicester	2	1	0	1	2	56	45 6
Northampton	2	1	0	1	2	60	51 6
Harlequins	2	1	0	1	2	67	61 6
London Irish	2	1	0	1	1	67	52 5
Gloucester	1	1	0	0	1	27	21 5
Saracens	1	1	0	0	1	30	27 5
Exeter	1	1	0	0	0	24	20 4
Bath	2	0	0	2	1	49	68 1
Wasps	2	0	0	2	1	29	50 1
Newcastle	2	0	0	2	1	52	76 1
Worcester	1	0	0	1	0	14	45 0

AKKER DO
Akker van der Merwe scores for the Sharks



RAW DEAL FOR UNDERHILL BUT BONUS FOR TIGERS

Premiership Round-Up

ENGLAND flanker Sam Underhill will miss the autumn internationals after shoulder surgery, his club Bath have revealed.

It is another savage blow for the 26-year-old (right) who is expected to be out for three months, after already having his year wrecked by injury.

He returned to England colours after concussion for the final game of the Six Nations against France in March.

And he only managed one



appearance on the summer tour to Australia before being sent home after the second Test following another head knock.

Wing Nemani Nadolo, with two, and Chris Ashton were among the scorers for champions LEICESTER as they got a bonus-point 36-21 win over NEWCASTLE at Welford Road.

New signing Handre Pollard watched his new club from the stands and the Springbok is expected to be out until December with a knee injury. At the Stoop

SARACENS opened their campaign by coming from 17-0 down to beat HARLEQUINS 30-27, with Elliot Daly's 65th-minute penalty proving the difference between the two sides.

Max Malins scored two tries in the bounce-back, with Daly scoring another, while centre Nick Tompkins got on the scoresheet in his 100th appearance for Sarries.

NORTHAMPTON shrugged off the pre-match loss of Wales fly-half Dan Biggar through illness, to beat LONDON IRISH 38-22.

Irish full-back rising star Henry Arundell was yellow-carded just before

half-time as Exiles failed to build on last week's thrashing of Worcester.

James Grayson and George Furbank stepped into Biggar's kicking boots with 18 points between them, and Furbank's 71st-minute score gave Saints a try bonus point.

BRISTOL made it two out of two in the league with a 23-8 win over WASPS in Coventry.

Wasps led early thanks to a try from hooker Tom Cruse but 10 points from fly-half Callum Shedy in 11 minutes, including a try, put the Bears in the driving seat – the Welshman finished with 18 points all told.



TOUCH OF CLASS Leicester Tigers' Nemani Nadolo scores their second try

ST HELENS 19 SALFORD 12



by **Ross Heppenstall**
at the **Totally Wicked Stadium**

JONNY LOMAX stuck the knife into Salford to leave defending champions St Helens 80 minutes away from Super League immortality.

The England scrum-half, 32, was outstanding throughout as Kristian Woolf's side proved too strong for Salford, who have emerged as a respected force this season.

Two first-half tries from second-rower Joe Batchelor laid the platform but the architect of victory was Lomax, with a hand in all three of their tries.

Now Saints will face Leeds Rhinos with whom they share the record of three consecutive Grand Final victories – the men from Headingley did the feat between 2007 and 2009.

That Leeds beat St Helens in all three of those games adds intrigue to next weekend's clash.

But if Saints win, they will stand alone as the greatest in Super League history, with no side having won four Grand Finals on the spin.

Woolf (left), who is leaving at the end of the season to return to Australia to take up a coaching role with new NRL side the Dolphins, is backing his men to write themselves into the history books.

He said: "I thought Jonny was great and had a real influence on the game."

"People talk about who are the best scrum-halves or stand-offs in Super League, but I don't think Jonny gets enough recognition."

"I can't thank the fans enough for the way they have supported me and my family. I've got to say the same about the players too."

"It's going to be a cracking game against Leeds on the big stage."

Salford, already missing key playmaker Brodie Croft with a head injury, saw influential hooker Andy Ackers forced off early on.

St Helens, with prop Matty Lees leading their monstrous pack, dominated the first half.

Batchelor's double and a Lomax drop goal put Saints 13-6 up, with Kallum Watkins scoring for Salford.

After the restart, Ryan Brierley finished off a delightful breakaway to bring Salford back within a point.

But Saints full-back Jon Bennison touched down late on to win it.

Rowley said: "Maybe with Ackers and Brodie Croft in there, it could have been different, but we fell just short and that's heartbreaking."

ST HELENS: Tries: Batchelor (2), Bennison. Cons: Makinson (3). Drop goal: Lomax.

SALFORD: Tries: Watkins, Brierley. Cons: Sneyd (2).

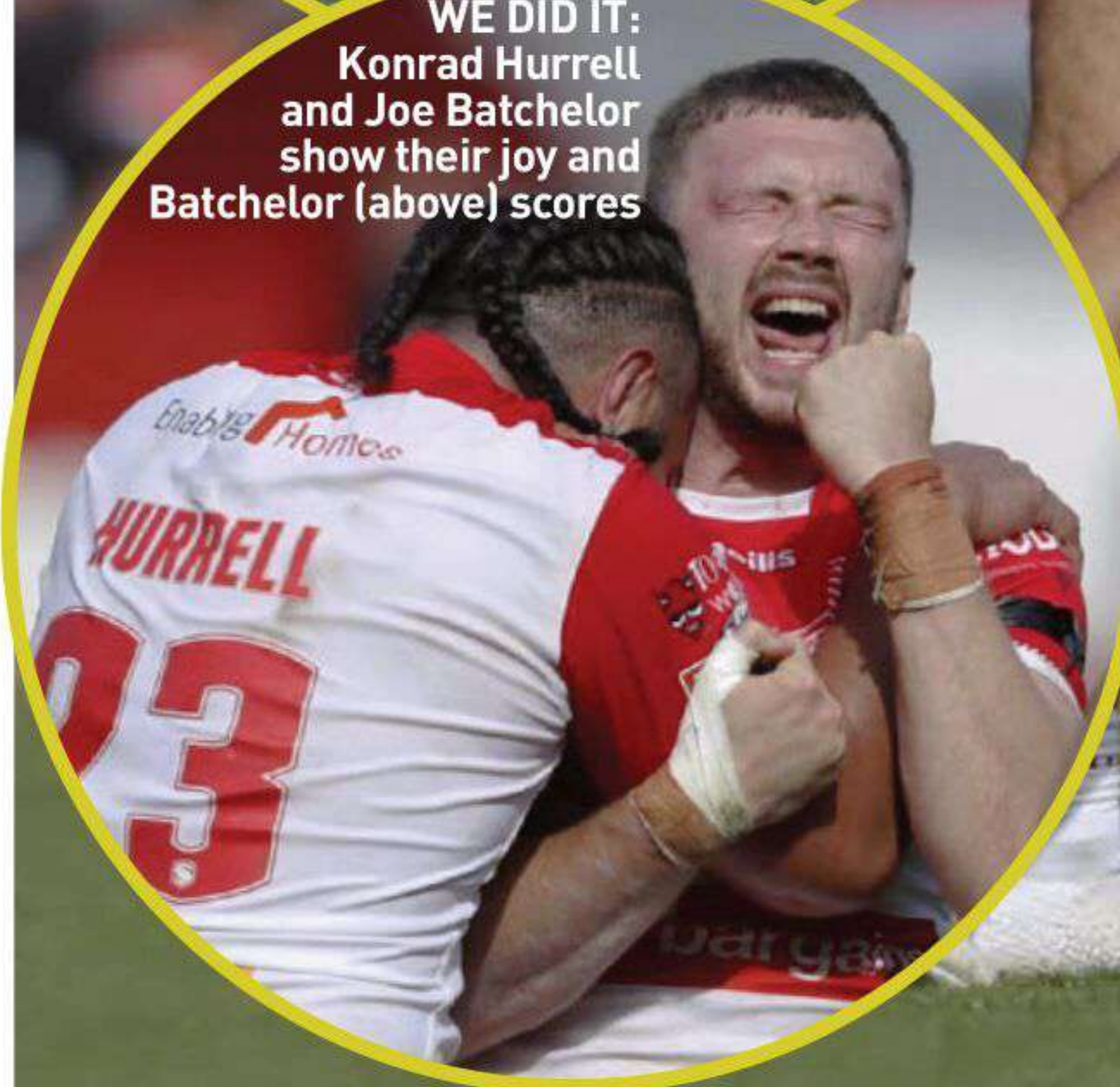
JONNY ON THE SPOT

Saints into final

as Lomax stars



WE DID IT: Konrad Hurrell and Joe Batchelor show their joy and Batchelor (above) scores



DOWN AND OUT

Salford's Tyler Dupree shows his dejection as St Helens players celebrate after the Betfred Super League semi-final



BACK Winston after injury

Winston's focus is on future

NFL BY KEITH WEBSTER

JAMEIS WINSTON has rebuilt his shattered left knee – now he is rebuilding his career.

The New Orleans Saints quarterback was left in agony in a Halloween horror show last year when he suffered a stomach-churning ACL tear as his foot caught in the turf and his knee buckled inward.

It came on an illegal tackle by former teammate Devin White, and against his old team, Tampa Bay – the side he faces again tonight.

But Winston refuses to blame White for the hit that ended his season.

He said: "Some people have had unfortunate injuries but that's the game we play."

"We love this game, we enjoy the hard hitting."

"I'm fortunate – I get to play quarterback so I can't complain."

"Those guys in the trenches, they're really hitting, putting their lives at risk every play."

"We know anything can happen at any time."

"Devin's a great competitor, and me and him are great."

"I can't be mad at somebody for playing football."

"He reached out and he felt bad for a second but he's a great player, so he kept going."

"The show goes on. I was hoping for a miracle MRI result but it didn't happen and I just had to get to work."

"I'm grateful that I have this opportunity, and hopefully I don't have to live that moment again. I'm pressing forward and keeping my eyes focused on this week."

NFL on TV

Today (Sky Sports Main Ev unless stated)

NFL End Zone	CH5	10.30am
Tampa Bay @ New Orleans	SSNFL	6pm
Seattle @ San Francisco		9.05pm
Chicago @ Green Bay		1.20am

Tomorrow/Tuesday

Tennessee @ Buffalo		12.15am
Minnesota @ Philadelphia		
SSNFL & CH5		1.30am

Thursday/Friday

Pittsburgh @ Cleveland		1.15am
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TOP-NOTCH: O'Connor

by **David Craven**

LEEDS RHINOS rookie Jarrod O'Connor admits it will be "surreal" walking out at Old Trafford – especially behind his dad.

The young hooker's try crucially put his side in front in Friday's epic 20-8 semi-final win at Wigan.

It means Leeds – who were eleventh in April and crisis-torn – battle it out with St Helens in Saturday's Super League Grand Final.

But it was announced last week that ex-Great Britain prop Terry O'Connor has been chosen to walk out the trophy on the night.

A four-time Grand Finalist, the Sky Sports pundit was part of the Wigan team who beat Leeds in the inaugural Grand Final in 1998. Jarrod wasn't even born then and – on walking out with

O'Connor has dad issues... and that's a wonderful thing

his dad at the Theatre of Dreams – he said: "I've not even asked him about it yet."

"I just saw it on Twitter! It will be a special occasion especially, if we get to lift it."

"I go every year to watch the Grand Final and the fact I'm now going to be in it is surreal. I can't believe it."

Neither can most Leeds fans who feared their

side might get relegated after winning just one of their opening 10 games.

But little-known Aussie coach Rohan Smith has transformed them since arriving in May.

They only sneaked into the play-offs with a win against Castleford in the last regular round.

But now fifth-placed Rhinos have knocked out Catalans and Wigan away to raise hopes of lifting their first title since 2017.

Much is due to their defensive resolve and O'Connor, who scored his first try in Leeds colours, revealed: "I just couldn't see us losing this game."

"But I also can't imagine playing at Old Trafford. It's something I've always grown up wanting to do and just knowing we're going to do it next week, I can't get it in my head yet."

FOOTBALL Memories of a Spurs icon on the anniversary of his death



MEDAL MAN: Greening

Greening's theatre of chips joy

by John Richardson

HE is the subject of an intriguing quiz question – who gained a Champions League medal for Manchester United in 1999 without playing a single minute in the competition?

Jonathan Greening is the answer and many people in football would now be stumped if asked how he is doing now.

The answer is very well, having just been named National League North manager of the month after continuing his hometown Scarborough Athletic's success story. It is also a reward for perseverance after being continually rejected in his efforts to break into coaching and management.

He revealed: "I must have applied for between 50 and 60 jobs at League Two, National League and National League North level and didn't even get an answer from many of them."

Phoenix

"I'd even been knocked back by Scarborough Athletic and it was only after a friend persuaded me that I applied again when the job came up again."

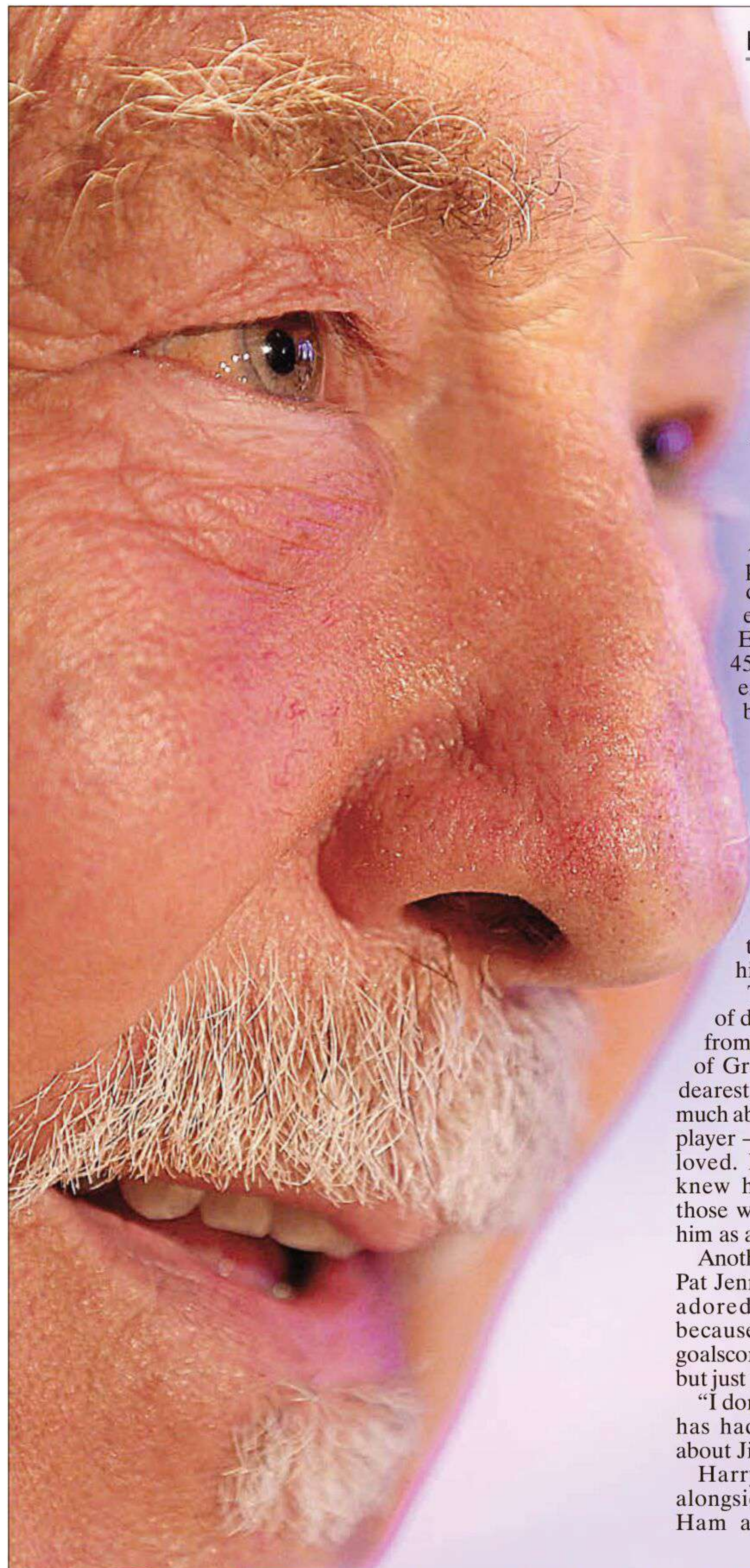
That was in the summer of 2021 and Greening led the phoenix club, only formed in 2007 following the winding up of Scarborough FC – the team he supported as a kid – to promotion from the Northern Premier League. Greening added: "That's right up there with all my honours in football, including the Champions League medal."

A bright start to this season in which Scarborough Athletic have become early promotion candidates led to his managerial award.

The success also helps him dream of replicating the barmy days he remembers as a youngster when the original club, brought into the Football League by Neil Warnock, welcomed the likes of Arsenal and Chelsea to the McCain Stadium, lovingly known locally as the theatre of chips.

"I was a ball boy at Scarborough FC," he said. "The old ground was often rocking and brought the town together. Hopefully in the future we can get back to that."

"I'm proud to be managing my hometown club. I know how much football means to the town."



by Tom Hopkinson

ON April 30, 2015, Jimmy Greaves delivered what would be his final public engagement before the major stroke which left him wheelchair-bound for the last six years of his life.

Greavsie, England's most natural goalscorer, had answered a call from his old Tottenham team-mate, Steve Perryman, by then Exeter City's director of football, to speak at the Grecians' St James Park home.

And with the help of another Spurs legend, Alan Gilzean, the pair had brought down the house with stories of a bygone era on a night which would help ensure Exeter had a future. "Jim got a crowd of 450 people and was bright, alive, entertaining," Perryman says in the new book, *The Jimmy Greaves We Knew*.

"One of the nights which kept the club going. God bless him. He'd been there for me right to the end."

Anecdotes

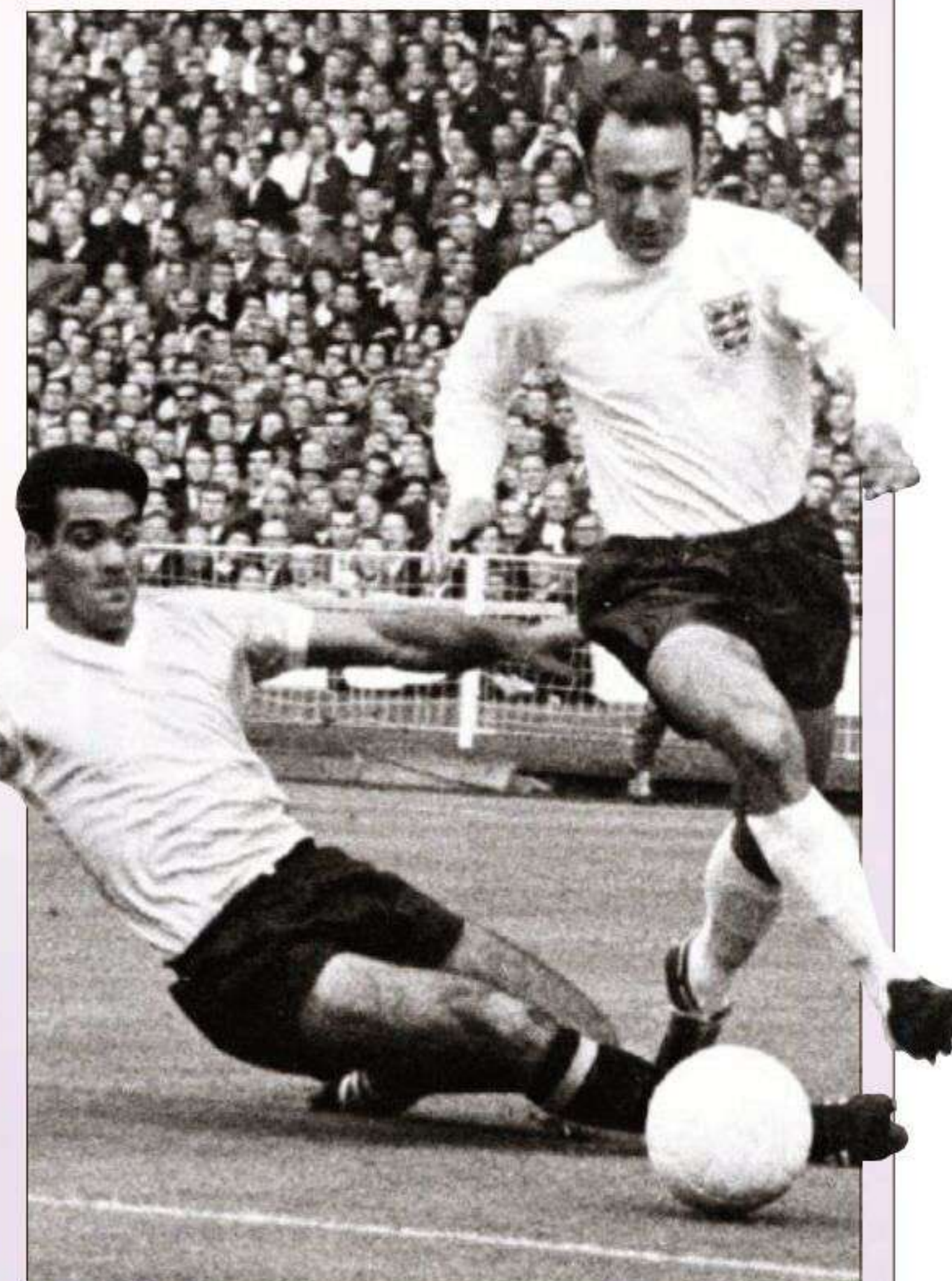
Even at 75, right up until the point he could no longer walk or properly talk, one of the nation's favourite sporting sons was leaving his mark on the game through which he had made his name.

Tomorrow marks the first anniversary of dear old Jim's death. And what is clear from the book of anecdotes from some of Greavsie's nearest and dearest – a book that is as much about the person as the player – is that the man was loved. Both by those who knew him personally and those who hero-worshipped him as a player.

Another former team-mate, Pat Jennings, said everybody adored him... "Not only because he was a fantastic goalscorer, a fantastic player, but just for the person he was."

"I don't know anybody who has had a bad word to say about Jimmy Greaves."

Harry Redknapp played alongside Greavsie at West Ham and, while that was



GENIUS: Greaves was class on & off the pitch

Jimmy's unhappiest time as a player, he was still a different class. Redknapp said: "Time used to stop still when Jimmy got the ball in the penalty box. People would come lunging, jumping, rushing in to get the ball."

"He'd move one way and an opponent would slide past him the other."

"Someone else would dive in to block it but he would go past them, walk round the goalie and roll it into an empty net."

"That was Jim. It was just incredible how his mind worked in the penalty box."

"An absolute genius as a footballer. Jimmy was an incredible player, one of the greatest I've seen."

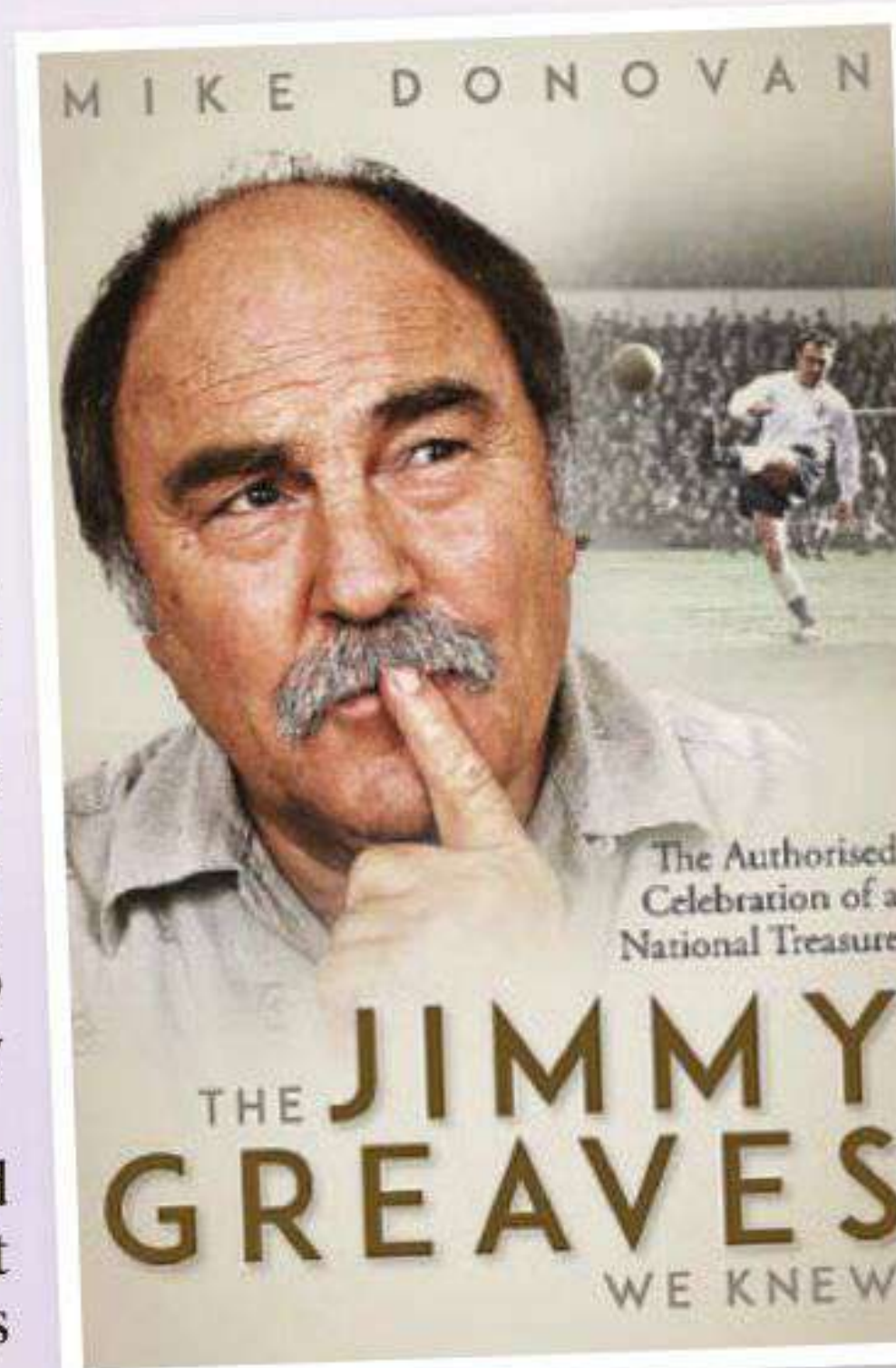
"I'd have put him in a world XI. Jimmy would be among the best three or four players ever to play for Tottenham."

"Today, Jimmy would definitely be like Lionel Messi."

"Jimmy ran with the ball as if his laces had tied the ball to his boot before, walking round everyone and rolling the ball into the net."

"That's the way Messi has done it these days."

■ *The Jimmy Greaves We Knew* (Pitch Publishing, £25) is out now.



GREAVSIE'S FINAL GIFT

How Jim's last act before his stroke kept Exeter afloat

NEIL MOXLEY

Twitter: @neil_moxley

email: neil.moxley@people.co.uk

Loyal seal of approval is a risky game, Gareth

GARETH SOUTHGATE has tiptoed his way through a minefield of issues in recent years.

From the protocols of Covid to endless problems with racism – on and off the field – England's head coach has rarely struck a bum note.

But bold words uttered shortly after assuming charge five years ago are in danger of strangling him ahead of the Three Lions' mission to Qatar. "I never pick on reputation, form has to come into it," he had proclaimed.

Populist

The former England international knows only too well how that makes him fair game for accusations of double standards at times.

The subject of this week's pile-on has been the Arsenal defender Ben White.

"How can he be omitted in favour of Marc Guehi?" is the populist call on social media, as the 28-man selection is picked apart.

But really it's not so much reputation or form that is in danger of leaving England's boss with nowhere to go.

It's loyalty. That spirit could

cloud his judgement when the final names are submitted to FIFA.

There was a nod to loyalty in the statement that accompanied his squad for the up-coming Nations League clashes against Italy and Germany.

It said: "Clearly, we have a number of players including Ben Chilwell, Luke Shaw, Harry Maguire and Calvin Phillips who are not playing a lot of minutes."

"It's not ideal, but we feel they have been, and can be, important players for us."

Noting that there were still eight weeks to go – a hindrance as much as a help – the hint was that this quartet still had time to earn a spot on merit.

But it was clearly a warning that opportunities at club level had to pick up for all of them.

Southgate cannot risk taking the not-so-fab-four to the Middle East with him – regardless of their past endeavours at the European Championship – if they've hardly kicked a ball.

With the exception of Chilwell – who fell strangely out of favour with Thomas Tuchel but whose star could rise again under Graham Potter – their chances to try to make a

case on merit look slim. At Old Trafford, fellow left-back Shaw has lost his starting place to Tyrell Malacia and Maguire has been usurped good and proper by Lisandro Martinez.

Both those rivals have been brought in by new boss Erik ten Hag.

The omens for either of England's defenders being given meaningful game time – barring injury – are not good.

On the blue side of Manchester, Phillips is now facing shoulder surgery and that could rule him out of the World Cup.

Passengers

Even before his heart-breaking injury news he appeared to be surplus stock, with Rodri the clear first choice.

Southgate will try to do the right thing by those who have done well for him.

But he can't carry passengers.

He needs fit and in-form players.

He leaves himself open to justified criticism if any of his squad is under-cooked.

After all, loyalty can only stretch so far when the World Cup is at stake.



INS AND OUTS: White has been dropped for Guehi, while Manchester United pair Shaw and Maguire (above) have been shown loyalty by Southgate (above)

FEDERER WAS ONE OF KIND

THERE were times at Wimbledon – particularly during the early rounds – when Roger Federer's press conferences lasted longer than his matches.

After demolishing a young hopeful in little more than an hour, he'd conduct flash interviews at courtside, then he'd be dragged to other television commitments – followed by chats with the radio and then, finally, the written press.

Federer (right) wouldn't just be quizzed on what had just taken place, either.

Anything could be served up – the price of strawberries, the queuing system or fashion.

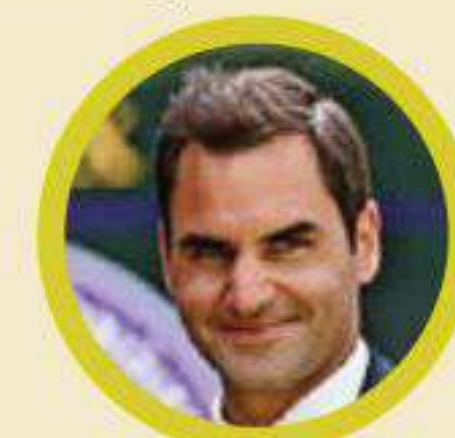
On court, he had a balletic quality, a vicious serve, a rasping forehand and a backhand that should be the blueprint for any aspiring player.

He looked like butter wouldn't melt. But he was utterly ruthless.

Off court, he was patient and charming – it was no act.

Sport needs characters – such as Nick Kyrgios – but to truly thrive it also needs its good guys, role models and heroes.

Roger Federer was all of those.



TAMMY ABRAHAM (right) scored one goal every other game for Roma last season and has netted twice so far this season.

Gareth Southgate still called up Ivan Toney as Harry Kane's understudy. Doesn't bode well for the ex-Chelsea man, that.



ALL FRIGHT FOR COSTA

DIEGO COSTA'S reputation as a tough cookie took a beating this week.

Wolves' marketing department thought it would be a good idea if he posed with actual wolves following his signing.

The animals (below) were duly sourced. The former Spain international remarked afterwards how scared he was.

I don't blame him for that, necessarily.

But if you're going to set yourself up as a warrior, you've really got to be one – and let's face it, they weren't dragged in from the wilds of Alaska, were they? If they had been, I wouldn't have blamed his trepidation in the slightest.



WHO'S HOT THIS WEEK

PRINCE WILLIAM

THE new Prince of Wales contacted Aston Villa this week – of all weeks – ahead of their home game against Southampton on Friday night to pass on his best wishes to Steven Gerrard and his players.

WAHEY, JUDE

THE clamour to give the teenager Jude Bellingham a starting role in Qatar grows with every passing week. His display at the Eithad in midweek for Dortmund was a perfect reminder of his ability.

A FINE EXAMPLE

COACHES from the Liverpool and Newcastle backroom teams being fined for their behaviour following the Reds' last-gasp victory. Good. They should be setting an example, not sparking a fracas.

...AND WHO'S NOT

ANTHEM BAN

UEFA'S directive not to allow the singing of the national anthem at the Champions League fixtures this week was crass. Good on those clubs – such as Rangers – who acted in defiance.

TODD MAN OUT

CHELSEA owner Todd Boehly's idea about a North versus South all-star game is worrying. Yes, it's novel. But then, so is the concept of a 250-seater helicopter. Doesn't mean it will work.

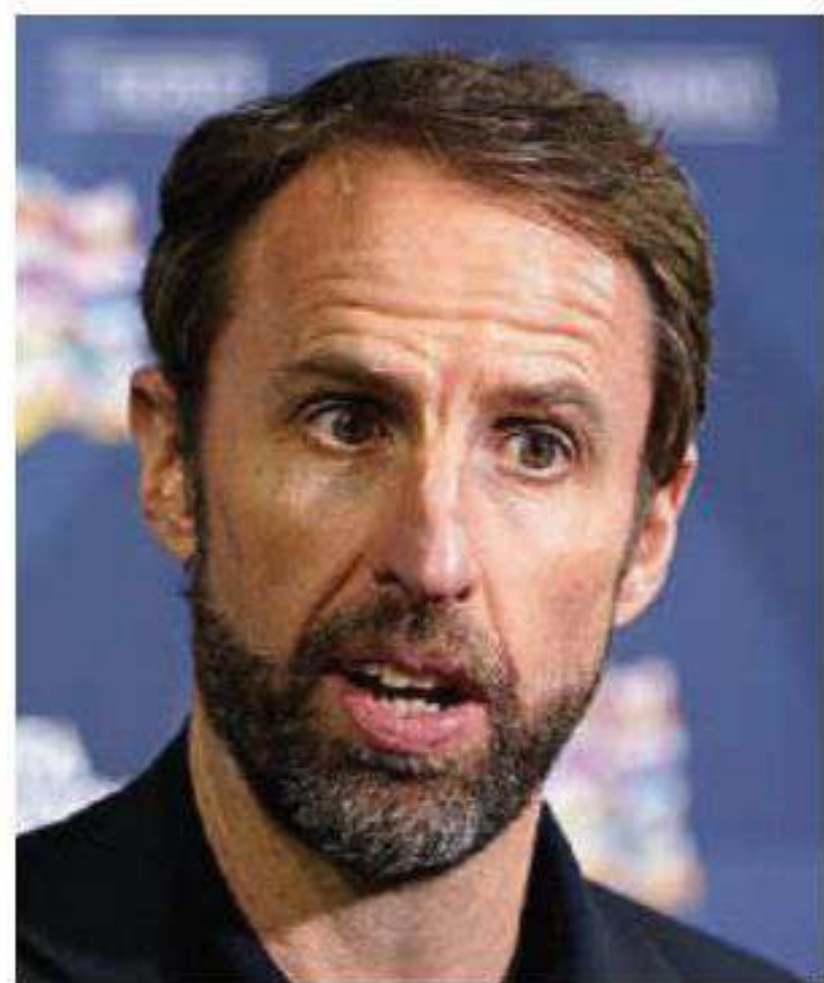
BRY AND DRY

AMERICAN golfer Bryson DeChambeau wants players from the Saudi breakaway LIV tour to be allowed to play in the Ryder Cup. Unlucky mate, you have made your bed. Now lie in it.

THE LAST WORD

Every week the Americanisation of our game grows closer. Norwich City this week welcomed yet more investors from across the Pond. And Bournemouth is going the same way. A Government regulator can't be appointed swiftly enough. Clubs can't be trusted to safeguard our game.

ANTHONY JOSHUA spent days deliberating whether to fight Tyson Fury for a £40million purse just weeks after he was defeated by Oleksandr Usyk – a man who returned to Ukraine to find his house trashed by Russian occupiers. Kinda puts life into perspective.



QATAR RISK: Southgate

Burn-out alert for England

Italy v England
Nations League, Fri, 8pm
by **Richard Buxton**

GARETH SOUTHGATE faces taking a burnt-out England to this winter's World Cup in Qatar.

That is the verdict of world-renowned fitness coach Raymond Verheijen, who has been to four of the last five international tournaments with Holland, South Korea and Russia.

The Dutchman thinks England boss Southgate has an impossible balancing act, with players who will have racked up more than 30 games each since the start of this domestic and European season.

It means Southgate and their medical team will be up against it by the time they kick off against Iran on November 21.



Former Wales assistant Verheijen (left) said: "You don't have to be Einstein to understand that

one week's preparation for a World Cup is too short.

"The consequence is that games in the group phase will basically be the friendly games that teams normally play in preparation – and then the tournament really starts in the knockout stage.

"The last thing that coaching staff should do is try to squeeze in that one week what they would normally do in two to three weeks because that would mean they would be overloading their players, which will result in an accumulation of fatigue and injuries."

Europe's top five leagues tried to compensate for the enforced five-week break generated by this World Cup with a heavily concentrated pre-tournament fixture list.

Verheijen added: "If you force players to play games while they are not fully recovered from the previous game, you are gradually exhausting the body of those players."

Besides the injury risk, gradually exhausting the body of players means you are shortening the careers of those players."

FOOTBALL



JACOB'S ON THE LADDER

Ramsey: I can make the next step up

By **Neil Moxley**

JACOB RAMSEY believes time is on his side as far as England is concerned – and so does Aston Villa boss Steven Gerrard.

The homegrown youngster was named as part of Lee Carsley's Under-21 squad this week, having been an outside bet to make Gareth Southgate's seniors.

That now looks a stretch but the Brummie, who scored the winner in a scrappy 1-0 victory over Southampton, still believes he can make the step up – only not just yet

Focus

He said: "Last season, I went on a run with my goals and there were a few shouts about the seniors.

"At the moment, we haven't started the season well, I've been a part of that, so my full focus has to be getting myself back in the form I had and pushing us back up the table.

"As a team and individually over the last five or six games, we haven't been there.

"I'm still young and I'm still learning – against Manchester City I was playing as a 10 and

this week it was different again, I was playing as an eight. I'm still adapting. And getting called up to the 21s is still a big achievement.

"I've still got time."

Gerrard went into Friday night's game against the Saints under mounting pressure following a slow start to the campaign.

But a hard-fought point against Manchester City and Ramsey's matchwinner (below) against Ralph Hasenhuttl's Saints has given Villa overdue momentum and the goalscorer a shot of confidence.

Gerrard said: "We want to build this around JJ – the most important thing is we think he's good enough. He's got all the attributes.

"He's got a lot of development and a lot of growing up to do but we can build a really good team around him.

"I know people want to talk about

the World Cup but I don't think that's fair on him. From an international point of view, there's no rush. He will get there.

"But he's only just broken through, he's only just becoming a regular.

"We are asking him to perform different roles in different games. That helped me grow and develop as a player and that will help him, too.

"I've got every confidence this kid will become an elite player and an international.

Improve

"But it's difficult when he keeps getting assists as he did against Manchester City and scoring important winners.

"My job is to make sure there's not too much noise around him so we can let him develop, grow and evolve naturally.

"If he keeps going as he is, he will get there. He's a wonderful kid, really humble. He hangs onto every word of advice.

"He knows there are areas of his game he can improve because, in footballing terms, he's still a baby and we love him.

"I love working with him and myself and my staff will give him every bit of attention he needs to get there."



RAM RAID
Aston Villa's Jacob Ramsey celebrates scoring the winner against Southampton



REELING: Steve Cooper

COOPER HAS BREAK TO FIX FOREST

by **John Wragg**

STEVE COOPER has the upcoming international break to find a team out of his £150million spend on Nottingham Forest.

Manager Cooper is reeling after four successive defeats and 14 goals conceded. It's not what Greek owner Evangelos Marinakis expected when he sanctioned the big summer spree on 22 new players.

Marinakis has already sacked the boss of his Greek club, Olympiakos,

and is renowned for his ruthlessness.

Successive home defeats to the two clubs Forest were promoted with – Bournemouth and Fulham – leaves Cooper vulnerable.

Next after the break is struggling Leicester away and Cooper needs to improve his new team before that East Midlands derby.

Cooper said: "I've spoken about this with the lads, we're aware of it and I've challenged them to become a team. That comes when you have

real trust with each other – but trust comes over time."

Cooper celebrates a year in charge on Wednesday – and what a remarkable 12 months it has been with Forest going from the bottom of the Championship to the Premier League for the first time in 23 years.

He added: "We've lost four games on the bounce – that's not good at any stage. But while we're becoming a team, we have to stay with it in terms of points. It's not easy for fans

or anyone when they see the team taking the lead and conceding goals like we have."

Forest have been ahead in both of their last two games and collapsed, leaving them with one Premier League win all season.

He said: "If we had managed the last few minutes at Everton, the second half against Bournemouth, then we'd have more points than we do now. I'm under no illusions, we need to pick up more points."

BRENTFORD v ARSENAL

TODAY, KO 12PM
sky sportsTONEY
THE
TIGERHe's grrreat and we must
be ready for him, says Arteta

by Tom Hopkinson

MIKEL ARTETA has warned his Arsenal stars that they will need to be ready for a battle with England new boy Ivan Toney today.

The Brentford striker's physicality played a big part in the Bees' shock victory over the Gunners at the start of last season.

Brentford boss Thomas Frank had believed that if his newly-promoted men could get at Arsenal they would win.

And after that 2-0 home victory Toney put out a tweet which read, 'Nice kickabout with the boys' – mocking the ease with which the top-flight newbies had beaten a Big Six side in what was their first ever Premier League game.

Powerful

Since then, Gunners chief Arteta (above) has attempted to address his side's lack of physicality, through the transfer market.

Asked if his team was better equipped now to cope with the sort of opponents, like Brentford and Toney, who offer a more physical challenge, the Gunners boss said: "I will tell you that after the game.

"I have seen a lot of Brentford's games, Toney stretches out his arms against any defender, and he can hold the ball and make you feel like it's a physical challenge.

"I will prepare my players and they

have to be ready for the battles, they have to win the duels.

"Yes, 'physically powerful' are the right words for a lot of the signings we have made. You have to be equipped physically in this league.

"That does not mean only the physical contact. You have to be equipped in your head as well, because if you don't read the situation you are always late. So that is a balance we have to reach."

One of those 'physically powerful' signings that Arteta has brought in is goalkeeper Aaron Ramsdale (below, right). The former Sheffield United player has again been called up to Gareth Southgate's England squad for the upcoming Nations League fixtures.

And while Southgate has made it clear in recent months that Everton's Jordan Pickford remains his No.1, with the Goodison star out through injury, there is a chance for Ramsdale to stake his Qatar claim.

Arteta added: "I hope Aaron is the England No.1, it will be great for us and great for Aaron. He has shown in the last year or so what he is capable of doing. We will be watching and waiting for that decision."

Asked how it would boost Ramsdale's confidence, Arteta laughed and said: "Aaron is pretty confident. But it would be a good reward for him."

With the release of former Arsenal vice-chairman David Dein's new book, former Gunners boss Arsene Wenger has been back in the news and so, too,

**IVAN THE
MAN**

Toney makes himself a handful for Premier league opponents

has his 2018 exit from the Emirates.

Wenger

The Frenchman, in charge for 22 years, still hasn't been back, and Arteta, who played under him, wishes he had returned.

Arteta said: "I would have loved to have had Arsene closer to have the opportunity to open up and in certain periods just listen and learn from him."

"But he did it to be sure whoever came after him had the respect and space he believed was important. He honoured that."



BEE HAPPY: Josh Dasilva

It's Dasilva
lining for an
ex-Gunner

by Dan Bennett

BRENTFORD midfielder Josh Dasilva says it will be a special moment to line up against his former Arsenal team-mates today.

Dasilva joined Arsenal aged eight and played with Eddie Nketiah, Emile Smith Rowe and Bukayo Saka before opting to leave for Brentford in 2018 for more game time.

And the 23-year-old says his decision to depart the north London club was an extremely difficult one, but is happy with the way his career has panned out.

"The decision itself was hard, but I had to think about my career," he explained.

"I didn't really see a pathway for me to get into Arsenal's first team. I needed to make my name elsewhere.

"Eddie's chosen that path, I've chosen this path, Joe Willock has gone on to Newcastle.

"It doesn't matter, really, what path you take. We're all enjoying playing in the best league and it's a very proud moment.

"I know how hard it is to be where they are and sharing that pitch with them playing in probably the best league in the world is second to none."

Dasilva endured a torrid time with injury prior to this season, missing 11 months because of a complex hip issue before suffering another setback shortly after when he sustained a hamstring injury while suspended for being sent-off against Newcastle.

The former Arsenal man was initially told that he might not be able to play again because of the hip problem, but says he always had faith he would return and has made a fine start to this campaign with goals against both Leicester and Man United.

"I laughed, really. I didn't think too much of it," he said.

"The hamstring injury was harder than the hip injury, mentally. I knew I wasn't in the position to start games.

"My brothers and my cousins were in the crowd against Leicester so to share that moment with them and the team and Thomas Frank was really good."





RESIST: Tadic fought back

Tadic: My fight with gun thugs

by Simon Mullock

FORMER Southampton star Dusan Tadic was lucky to escape serious injury after fighting off gun-toting thieves who tried to rob him outside his house in Amsterdam.

Tadic, the 33-year-old Serbian winger who is now captain of Ajax, refused to surrender when armed thugs pounced on him as he returned from a local restaurant earlier this month.

He decided not to inform his team-mates of the drama as they prepared to travel to meet Liverpool at Anfield in the Champions League on Tuesday night.

But he has now spoken about the incident, which saw him pull a crash helmet off one of the robbers when they came to blows while his wife and three young children were inside.

Pride

Tadic said: "I had been out to dinner with a friend at an Italian restaurant, but when I returned home two men tried to attack me.

"Although I was wearing a suit and shoes, I was faster, but then they grabbed their scooter and caught up with me.

"The next minute we were having a fight.

"By moving left and right, I drove them apart a little, I whacked their leader first.

"The other one grabbed me from behind by my throat, but I was able to elbow him.

"It's only in hindsight that you realise that things could have turned out very differently.

"But in the moment itself, you are full of adrenaline and go into battle.

"Even though they had three firearms, I would never give up my pride.

"I was born in Serbia and as a child I fought a lot. I felt good and strong. But after that you think, 'What was this?'"

Bayern Munich star Thomas Muller had £500,000 of cash and valuables stolen in a burglary at his home while he was playing against Barcelona on Tuesday night.

Tadic added: "This happens too often - and not only to football players.

"I hope this crime will be stopped."

PREMIER LEAGUE

EVERTON v

PAYBACK

Striker admits he's been blown away by Everton

fans and his mission is to make them happy

by Simon Mullock

NEAL MAUPAY may have swapped high-flying Brighton for an Everton team yet to win a game this season – but the Frenchman is in no doubt that he has taken a step up.

Maupay, a £15million signing last month, understood the scale of the club he joined even before he agreed to make the move to Goodison with Albion positioned in the top four.

The welcome Frank Lampard and his players were given as they arrived at the stadium ahead of Maupay's debut in the Merseyside derby only confirmed it.

And now the 26-year-old striker has made it his mission to make the fans happy.

"This is definitely a step up," said Maupay ahead of today's clash with West Ham.

"Everton are one of the biggest clubs in England. The coach welcome was the best I've ever seen. It was just so great.

"It's only when you actually see things like that you realise how much it means to the fans and the people of Everton.

"I wouldn't say it gave me more motivation – because I always do my best – but if you feel tired, or you are struggling during a game, that's what you think about these people.

"They love the club and they would give everything to be on that pitch to play, so you've got to fight and give everything.

"I look at the fans and think, 'We can make these people happy and proud'.

"I'm not talking about winning every

game or scoring 30 goals a season. It's about having the right mentality. If you fight for the shirt then the fans will love us.

"They travel every week or come to the stadium, so the minimum we can do is give them everything.

"Our job isn't just about playing football. We can also affect people's lives. I really love that because how many people can say that just by doing your job you make people happy? Not a lot."

Graham Potter followed Maupay out of the Amex Stadium when he agreed to become Chelsea's new manager – and the Frenchman is backing his former boss to succeed at Stamford Bridge if he is given time.

"He won't change things overnight," said Maupay. "He will need time and if he gets it then he will do well.

"The question is, will he get time at Chelsea? When you're at clubs like that, you've got to win straight away."

Praise

Maupay, who arrived in England five years ago when he joined Brentford from Saint-Etienne before moving to Brighton in 2019, feels Lampard can have the same effect at Goodison.

He added: "Everyone praises Graham Potter for what he did at Brighton.

"Last season we finished ninth – but the season before that we finished 16th and were only safe from relegation about three games before the end of the season.

"So football changes. Just because we were struggling yesterday doesn't mean that tomorrow won't be good. We've got

everything at this club – the fans, the structure, the manager and the players.

"I've been in the process at Brighton where we had a new manager and new players. We had two tough seasons. The third one was the good one.

"Last season, Lampard came in and had to save the club.

"Now is the time for him to work on a system and how we want to play.

"We haven't had any

wins yet this season, but when I look at the games I see a lot of positives.

"We were winning at Brentford, it was the same at Leeds, and we drew with Liverpool.

"It's only a matter of time before we turn these draws into wins and the losses into draws."

■ Neal Maupay was a special guest at an Everton in the Community Premier League Primary Stars session themed around literacy, delivered to children at Kirkdale St Lawrence Primary School, just a mile from Goodison Park.

■ The programme uses the appeal of the Premier League and Everton Football Club to inspire children to learn, be active and develop important life skills.



FRANK LAMPARD is not losing sleep over Everton's wait for a Premier League win. The Toffees have earned just four points from their first six matches but Lampard believes changes to his squad over the summer have yet to take full effect.

Everton made a raft of signings with James Tarkowski, Amadou Onana and Neal Maupay among those moving to Goodison.

"From where we were at the end of last season, we had to add through the core of the team," said Everton boss Lampard (left).

"We've deserved more points than what we've got. That doesn't mean anything but it's nice to feel the confidence of being solid and feel like we're going in the right

Light at the end of the tunnel for Lamps' Toffees

direction. It can take time for certain elements of the team to grow but, if we can keep more clean sheets and be more tight and more difficult to beat, that's a big starting point for us.

"We feel confident in ourselves, with the way we're playing. We probably haven't had the rub of the green here at Goodison.

"I feel we can see a strength within the team, but it can take time to translate the performances into results."



WEST HAM


 TODAY, KO 2.15PM
 sky sports

TIME!



THE NOISE IN BLUE
 Maupay was stunned by the reception from fans before the Merseyside derby (below)



A CONNECTION FOR-EVER: Moyes felt the pain when his former club suffered

MOYES' AGONY AT TOFFEES TORMENT

by Tom Hopkinson

DAVID MOYES admits he felt a real pang of disappointment at Everton's struggles with relegation last season.

Next summer will mark 10 years since the West Ham boss left Goodison Park to take over from Sir Alex Ferguson at Manchester United.

But the Merseyside club will forever be close to the 59-year-old Scot's heart and so, naturally, when he sees them suffering he still hurts him.

"Yes, it does give me a pang because there have been bits of it where I look back and remember my time with [Everton chairman] Bill Kenwright," he said.

"He used to say to me, 'David, you have £5million a year to spend, that's all you've got'.

"I used to say, 'Fine, no problem, let's see how we can go', and we got a side which was competitive, tried to be in Europe, we got to an FA Cup final, we finished fourth one season...

"So if you're looking through the time, we tried everything we possibly could on a limited budget.

"Maybe over periods you could talk about Everton having a lot of money to spend. Maybe this year would not be the case but in the past they have.

"So it shows you sometimes money isn't always the key to everything, but when you do get it you have to try to spend it wisely and we're in that situation at the moment.

"We have spent well at West Ham this year and we are hoping we have spent it wisely and are trying to show we have made good signings."

Despite his concerns for Everton last

season, Moyes never felt they were going to get relegated.

He added: "I wasn't really that concerned because I felt Everton had enough good players to get out of trouble.

"The club, what they stand for, they've been in the league for so long, I always felt Everton would have enough.

"We were all watching the game at Burnley when things went against them.

"And Michael Jackson did a great job when he took over at Burnley.

"It was tight, but I never really felt that Everton would be one of the teams that went down."

Moyes is back at Goodison this afternoon with Frank Lampard now occupying his old seat in the home dugout.

And he knows the younger manager will have learned a lot from last season's battles.

Moyes said: "Frank has spent most of his career playing at the top end.

"It shows you another side of football and sometimes you need to see exactly what it's like and how to cope with it.

"You would rather not see it, but when you're a young manager you have to expect there are going to be bad times, if you want to be in the job for a long period.

"Frank handled it well. He got through it.

"I don't know all the ins and outs at Everton but I can see they haven't been able to spend as much as what they've had in recent years.

"But they have brought in players who will give them and the team some stability."

Bassey: Van got my motor going after Foxes blow

by Neil Moxley

CALVIN BASSEY refused to give up on his dream after Leicester told him he wasn't good enough to make the grade.

Two years later the Nigeria international defender, who grew up in south London, is starring in the Champions League.

Bassey, 22, joined Ajax in a deal that netted Rangers a club-record £20million in the summer after reviving his career in Glasgow following his exit from the King Power Stadium.

He admits that his upbringing made him so hungry for success that when the Foxes allowed him to leave without even playing a first-team game, he grasped the opportunity offered to him at Ibrox by Steven Gerrard with both hands.

Bassey said: "In my youth in London, we did have both food and clothes – but we were still poor.

"That's why my journey from there to the Champions League is so incredible.

"To get the chance to really show myself on this stage – wow!

"I will always be grateful to Rangers for giving me a chance after I didn't play a senior game at Leicester.

"I was happy that the transfer was good for the club because they gave me the stage to play."

Bassey came through the ranks at Leicester – and also had to be patient after moving to Rangers.

Gerrard saw him as a full-back and it was only when Giovanni van Bronckhorst (above) took over that he got a chance at centre-back. He helped Rangers

qualify for the Champions League and reach the Europa League final last season.

And when Ajax lost Lisandro Martinez to Manchester United, the Amsterdam club made their move.

Ajax opened their Champions League campaign by beating Rangers 3-0, but were beaten 2-1 by Liverpool at Anfield in midweek.

Bassey said: "In terms of learning the game and how to build-up from the back, I still have a lot of work to do at Ajax.

"That's why their interest came as a shock for me because I am a much bigger defender than the type they normally go for – look at Lisandro Martinez, for example.

"English-type players hardly ever go to Ajax or even abroad in general – but it was a no-brainer for me.

"I have promised Giovanni van Bronckhorst a big present because he has been such a big influence on my career.

"Maybe Gio will get a pair of wooden shoes, clogs, or tulips.

"That would be funny, but no, he deserves a bigger memento.

"I always felt at home at Rangers because the club felt like my family thanks to Gio.

"The manager believed in me and helped me. In my first season I did not play and then Steven Gerrard left and you ask yourself if the new boss is interested in you.

"Van Bronckhorst gave me the belief that I can become one of the best central-defenders in Europe."



IN WITH THE ELITE: Bassey faced Salah at Anfield

POSTPONE CALL WAS CORRECT

THERE has been a lot of criticism over football's decision to postpone all fixtures last weekend and some matches this weekend, but it made the right choice.

Football did the right thing for football and, let's face it, there aren't too many times you can say that.

I'm often a huge critic of Richard Masters and the Premier League, and the suits at the FA, too.

But they said, 'For this period of time, if we take the sting out of the situation, then everybody wins' – and they were spot on.

They thought, 'This way, those who are anti-monarchy won't be fighting with those who are pro-monarchy inside or outside of grounds and no club or institution are going to be made a mug of this way, so it won't be a problem down the line'.

They weren't being lickspittle monarchists, they were simply taking a pragmatic approach, which didn't bring any heat to their institutions.

We all know that football's crowd is different to cricket's, rugby's and horse racing's – it's the working man's sport and more people attend games than any of those other sports.

So, in the end, football made the right decision for football, cricket made the right decision for cricket, rugby made the right decision for rugby and horse racing made the right decision for horse racing.

And do you know what?
They were all right.

Collymore's



crystal ball

**EVERTON 1
W HAM 1**

A war of attrition and quite turgid draw as David Moyes goes back to his old club.

BRENTFORD 1 ARSENAL 2

Arsenal will get back to winning ways after their disappointing result at Old Trafford.

TONE IT A BIT, TONEY

I'M delighted Ivan Toney has been called up to Gareth Southgate's England squad.

He and his Brentford strike partner Bryan Mbeumo are very easy on the eye and possibly my favourite old-school partnership in the Premier League now.

I like Toney's cockiness, although sometimes he can be borderline too confident and he might find that, being around players who are equally as good, if not a little better than him, a little humility might just go a long way.

My message to Toney (above), then, is, 'Be who you are on the pitch and be the team player you are on the pitch and off it as well'.

But he's a very exciting addition to the England squad.



STAN COLLYMORE pens an open letter

It's cocky in the extreme that someone who has only been here five minutes wants to try to change our national sport. All-Star Game? What utter tripe!

COLLY WOBBLER

Like me, Trevor Sinclair is a mixed-race boy and a lot of our realities are similar, so I'm sure wholeheartedly that people should be able to disagree based on their own experiences. But grief. September 8 was one of them. Sinclair should have waited until hearts and minds were

to Chelsea's American owner Todd Boehly about football's heritage

Dear Todd,

YOU'D been doing so well, and I was completely with you.

You came into Chelsea with fresh ideas and funds, you monitored the situation with the manager and said fairly quickly, 'OK, it's not working how I want it to, it's my club and I'm going to make a change and hire a proactive English coach'.

In doing so, you bucked a trend within our biggest clubs and got a big thumbs-up from me.

But now I'm embarrassed, Todd, because your latest brainwave, talking up an All-Star Game between north and south – and all the rest of it – was just a load of utter tripe.

Because we have our history here, Todd, our traditions, our pyramid.

We have clubs which are more than 150 years old who have managed to keep the cash tills ringing for well over a century so we don't need you or anyone else telling us how we should run our game.

We've already had Pep Guardiola come over and start talking rot about parachuting B teams into our league system to make our sides more competitive but, unlike Spain, we don't need that when we already have more than 100 professional teams.

The throwaway line you gave last week was that Major League Baseball made \$200million (£174m) in two days with their All-Star Game but, even though the game would probably sell out, that wouldn't happen here.

Your suggestion comes at a time when

we're trying to decrease the number of games in the calendar as well, not increase it.

And it's cocky in the extreme that someone who has only been here for five minutes would think they know things we don't and fundamentally try to change our national game.

The world's original sporting league simply doesn't need hair-brained ideas from overseas.

Not when it's so vibrant that clubs such as Chesterfield, Stockport and my club Southend are so well supported in the National League, and Wrexham are getting 10,000-odd through the gates.

There are now two groups of people in football, Todd.

There are the aficionados who really understand the game and go and watch their local teams from parks football all the way up to the Premier League.

Then there's the other group who don't get the history of football, they just want to lap up everything that's funky and new.

It's all part of what I call the Fabrizio Romano-isation of football because it's all, 'We want information and we want it now'.

But people who really get the game will say, 'Enough gimmicks, let's row back on the schedule and let our leagues breathe. Let's not continue with this constant stream of b*****t from temporary guests of our game'.

Because that's what you are, Todd, and that is what Guardiola and Co are, as well.

Guardiola might leave a great legacy but, like you, he'll be gone one day.

Our guests should get with the programme and keep their mouths shut, they should realise why most football supporters like our game without the gadgets and gizmos.

Even 10 to 15 years ago, I was doing shows on talkSPORT about the pros and cons of the Americanisation of our sport, and talking about how our friends from across the pond struggle with draws.

They don't all get the nuance of a team holding Manchester City to a goalless draw at the Etihad in the way we do.

I said back then that it's a concern and have said many times the law of our land should protect football as a unique institution of British cultural interest.

You might just have been riffing, Todd, but you showed me what's really going on under the hood.

That if we give you all many more inches you will take a mile and at the end of the season we will end up with a week to 10 days of cup finals and play-offs back-to-back-to-back with the All-Star Game at the end of it.

It's not just what you're saying, Todd, it's what it leads to.

And I worry that what you're proposing could soon make our game unrecognisable.

Stan

» PREMIER LEAGUE OWNERS: WHO OWNS WHO

ARSENAL

Stan Kroenke (US)

ASTON VILLA

Nassef Sawiris (Egypt) & Wesley Edens (US)

BOURNEMOUTH

Maxim Demin (Russia/UK)

BRENTFORD

Matthew Benham (UK)

BRIGHTON

Tony Bloom (UK)

CHELSEA

Clearlake Capital, Todd Boehly, Mark Walter (US) & Hansjorg Wyss (Swiss)

CRYSTAL PALACE

John Textor, Joshua Harris, David Blitzler (US) & Steve Parish (UK)

EVERTON

Farhad Moshiri (Iran/UK)

FULHAM

Shahid Khan (Pakistan/US)

LEEDS

Andrea Radrizzani (Italy) & 49ers Ents

LEICESTER

Srivaddhanaprabha family (Thailand)

LIVERPOOL

Fenway Sports Group (US)

MAN CITY

Abu Dhabi United Group (Abu Dhabi), China Media Capital and CITIC Group (China) & Silver Lake (US)

MAN UTD

Glazer family (US)

NEWCASTLE

PIF (Saudi Arabia), RB Sports & Media (UK) & PCP Capital Partners (UK)

NOTT'M FOREST

Evangelos Marinakis (Greece)

SOUTHAMPTON

Dragan Solak (Serbia) & Katharina Liebherr (Swiss)

TOTTENHAM

Joe Lewis & Daniel Levy (UK)

WEST HAM

David Sullivan (UK), Daniel Kretinsky (Czech Republic) & David Gold (UK)

WOLVES

Guo Guangchang, Liang Xinjun & Wang Qunbin (China)

Kyle's deal waiting on the finals

EXCLUSIVE by Harry Pratt

MANCHESTER CITY will wait until next year to sort out defender Kyle Walker's future.

The 32-year-old has 20 months left on his current contract with the Premier League champions.

The right-back has been missing this month through injury but was still included in England's latest squad to face Italy and Germany in the Nations League.

Now the City hierarchy have delayed talks about extending his Etihad stay beyond July 2024 until after the World Cup finals.

Although a regular under Pep Guardiola and having an excellent fitness record with City, Walker is entering the twilight of his career.

That's why City are in no rush to tie down the former Tottenham ace just yet. They will monitor how he copes with a possible five weeks of action in Qatar and then resuming City's latest bid for domestic and European glory.

Whether Walker, who will be 34 by the time his deal finishes, plans to continue on the international stage could be pivotal.

Both parties are "relaxed" about the long-term future but, equally, are aware the matter needs to be addressed before next summer.

One consideration is to wind up his glittering career back where it all started – at Sheffield United, who are riding high in the Championship and could secure promotion back to the top flight.

Barca: Jor the one we want

by Tom Hopkinson

BARCELONA are considering a move for Chelsea star Jorginho next summer when he could be available on a free transfer.

The 30-year-old Italy ace has just 10 months to run on his Stamford Bridge contract and, unless he agrees new terms in south-west London, he will be available to talk to overseas clubs from January.

Barcelona are looking at potential replacements for Sergio Busquets, who turns 35 next summer and will also be out of contract then.

And the Brazil-born Blues star is seen by Nou Camp bigwigs as someone who ticks all the boxes to fill the void Busquets will leave.

The fact Jorginho will be available for nothing is also a massive plus-point for the Catalan club given their ongoing financial issues.

Jorginho joined Chelsea from Napoli for £57million in 2018. He had a tricky relationship with fans during Maurizio Sarri's reign but has cemented his reputation since then.

Along with Mateo Kovacic and N'Golo Kante, he has been a key cog in central midfield but could well be on the move next summer.

Much will depend on new manager Graham Potter's vision for the future at Chelsea and whether or not he feels Jorginho will have a major part to play.

he had good reason to take a contrary view to most of what was playing out on Twitter after the Queen died. I also agree as a republican from a monarchist family, I also know there are certain times you don't cross a line and intrude on people's back in the room before speaking out and he might have moved his argument on instead of adding to the upset.

PREMIER LEAGUE



WOLVES 0 MANCHESTER CITY 3



DEAL ME IN: Jack Grealish proved he is the real deal with a goal for Manchester City

Grealish shows City some bang for buck

JACK GREALISH has confessed that he likes to take a bit of a kicking. He reckons it makes him play better.

Maybe that's why Pep Guardiola gave his £100million midfielder the nod at Molineux after a week when the boot really went in over Grealish's failure to give Manchester City enough bang for their buck.

It certainly worked. In fact, it took Grealish (celebrating, below) just 53 seconds to repay his manager's faith and answer the critics.

Phil Foden and Kevin De Bruyne combined down the right in City's first attack.

And although De Bruyne's low cross was too strong for Erling Haaland as he arrived at the near post, it was perfect for Grealish to steer home his first goal of the season.

Injuries meant this was only his second Premier League start of the campaign.

But Grealish has scored just six times and conjured up only four assists after arriving from Aston Villa last summer.

He knows that he will have to beef up those stats if he wants to be taken seriously in Guardiola's star-studded team.

The Brummie certainly played his part back on familiar West Midlands soil as City moved top of the table with some ease.

Wolves were forced to play the last hour with 10 men after Nathan Collins was sent-off for an ugly challenge on Grealish.

But by then it was virtually game over.

Erling Haaland had strode forward like a marauding Viking, ponytail flapping behind him, to put City two up in the 15th minute.

The Norwegian certainly isn't struggling to live up to the hype and hysteria. This was his 14th goal of a season that is already starting to look ominous for the rest of the division.

But Haaland also showed he is a maker as well as a taker of goals by brilliantly linking up with De Bruyne as the Belgian provided the cross for Foden to score in the second half. With Ruben Neves dropping back to

SIMON MULLOCK

BIG MATCH VERDICT

play as an emergency centre-back after Collins' departure, Bruno Lage would have been worried that the beating could have become the kind of battering that might cost a manager their job.

But with City playing in second gear after the break, they only had Foden's smartly-worked goal in the 68th minute.

Soon afterwards, Guardiola sent on Ilkay Gundogan, Riyad Mahrez and Julian Alvarez as subs. Talk about flexing your muscles.

When Grealish was later replaced by teenager Cole Palmer, he left with a wave to the Wolves fans on the South Bank giving him grief.

Molineux paid tribute to the Queen before kick-off with a silence that was observed impeccably by those supporters who had taken their seats.

Unfortunately, it was broken by some City fans who had opted for one more pint on the concourse and without the brains to realise that the ceremony was taking place.

Wolves were one of English football's giants when the Queen's reign began 70 years ago, lifting three championships during the 50s.

In 1952, Collins might have got the benefit of the doubt for the gruesome challenge that poleaxed Grealish.

He pleaded to referee Anthony Taylor that when he smashed into the midfielder's stomach with all six studs it was accidental.

But in the modern game it was a red card every day of the week. Grealish lifted up his shirt to show the damage to home fans who were suggesting he was faking it.

He looked like the real deal.



IT'S HALL TOO MUCH

Leicester City's Kiernan Dewsbury-Hall looks dejected

TOTTENHAM 6 LEICESTER 2

SILENCE is golden, and in the north London hush hour remembrance for a monarch was largely observed with immaculate decorum.

Forget the handful of foghorn, boorish drunks who pierced the near-perfect calm.

The minute's silence to honour Queen Elizabeth II spoke volumes for the overwhelming majority of 60,000 Tottenham and Leicester supporters.

Sometimes, in football's tribal songbook, music is the pregnant pauses between the slogans and refrains from the stands.

But Brendan Rodgers, stranded on the Premier League seabed, doesn't need peace and tranquility.

The under-pressure Foxes manager needs supportive voices – and they are in short supply.

In the end, as Martin Luther King famously observed, we will remember not the words of our enemies but the silence of our friends.

Rodgers won the FA Cup only 16 months ago, led Leicester into Europe twice and has presided over some outstanding football in

When Ranieri was in charge of five consecutive defeats, the man who led the foxes to their title miracle was not immune to the sack. It's six defeats in a row for Rodgers now

three-and-a-half years in charge.

Last season he was undermined by poor recruitment and a never-ending cycle of injuries but Rodgers can't keep losing football matches without applying a tourniquet.

When Claudio Ranieri was in charge of five consecutive defeats in 2017, even the Tinkerman, who led the Foxes to their 5,000-1 title miracle nine months earlier, was not immune to the sack.

Exhausted

It's six defeats in a row for Rodgers and excuses for his side's brittleness at set-pieces as a rite of passage were exhausted long ago.

Eric Dier's near-post header to put Spurs 2-1 up was so easy it was ghastly, and Leicester's chronic weakness from dead-ball rituals has become a laughing stock among their own fans.

When one Ivan Perisic corner was repelled, almost 3,000 travelling missionaries from the parish of St Lineker celebrated as if their team had scored. But, in the end, they wilted like the bouquets destined to join floral tributes to The Queen on the fragrant Victoria Line at Seven Sisters.

England captain Harry Kane's wife, Kate, and their children followed Tottenham head coach Antonio Conte's lead by making a pilgrimage

SIX OF THE BUST FOR RODGERS

Leicester outfoxed and outgunned



MARK OF RESPECT: A minute's silence is observed at Tottenham in tribute to the passing of Her Majesty, Queen Elizabeth II

MIKE WALTERS

BIG MATCH VERDICT

up The Mall to pay their respects.

Kane revealed in the matchday programme: "I was here at the club with training, but Kate took the kids to Buckingham Palace. "We thought it was important – they are young, they don't understand too much at the moment, but when they are older and they look back at the history of our country, The

Queen was an integral part of that. "They left some flowers outside Buckingham Palace – it's a huge occasion in our history."

Legend

And in keeping with the royal theme, Spurs legend Gary Mabbutt was a half-time guest on the pitch, revealing his close connections with the House of Windsor. He said: "I was one of the first ambassadors for the Prince's Trust, so I got to know Prince Charles –

sorry, King Charles III – very well.

"I wrote to him asking if he would sign a photograph of me lifting the FA Cup in 1991 for my personal collection and it's there in my office to this day."

If they framed a snapshot of this romp, it would feature Heung-Min Son's return to form with a hat-trick. But for Rodgers, serenaded by the chorus 'You're Getting Sacked in the Morning', it feels like the end of the road.

TOTAL FOOTBALL
FOR EVERY MATCH REPORT
NEWCASTLE 1 B'MOUTH 1

Premier League

	P	W	D	L	F	A	Gd	Pts
Man City	7	5	2	0	23	6	17	17
Tottenham	7	5	2	0	18	7	11	17
Arsenal	6	5	0	1	14	7	7	15
Brighton	6	4	1	1	11	5	6	13
Man Utd	6	4	0	2	8	8	0	12
Fulham	7	3	2	2	12	11	1	11
Chelsea	6	3	1	2	8	9	-1	10
Liverpool	6	2	3	1	15	6	9	9
Brentford	6	2	3	1	15	9	6	9
Newcastle	7	1	5	1	8	7	1	8
Leeds	6	2	2	2	10	10	0	8
Bournemouth	7	2	2	3	6	19	-13	8
Southampton	7	2	1	4	7	11	-4	7
Aston Villa	7	2	1	4	6	10	-4	7
Crystal Palace	6	1	3	2	7	9	-2	6
Wolverhampton	7	1	3	3	3	7	-4	6
Everton	6	0	4	2	4	6	-2	4
West Ham	6	1	1	4	3	8	-5	4
Nottm Forest	7	1	1	5	6	17	-11	4
Leicester	7	0	1	6	10	22	-12	1



BLOW: Gareth Southgate

Phillips KO fear

From Back Page

means he will be withdrawn from Gareth Southgate's squad for the Nations League double-header against Germany and Italy.

Southgate is likely to give Phillips every chance to make the plane for the Middle East in November.

But there are now just seven weeks to go before he names his squad and there have to be questions as to whether the 26-year-old will be match-fit, even if he goes under the knife.

His final campaign at Leeds United was disrupted hugely by injury and his move to the champions has not gone as planned.

Heroics

Losing Phillips will be a huge blow for Southgate following the midfielder's heroics during the European Championship last year.

He played a crucial role in the Three Lions' march to the final against Italy and was heralded for his performance alongside West Ham's Declan Rice.

Phillips was also voted England's player of the year afterwards and his potential loss would leave a big void.

Foxes Bren hanging on

From Back Page

owners because they've given me great support.

"I understand the game. The scoreline didn't reflect the game but the bottom line is it's a heavy defeat.

"Whatever happens to me at Leicester, whether I stay and fight on, I'll always respect them."

In fairness to Rodgers, there was nothing about his side's performance to suggest his players weren't playing for him here in north London.

They simply weren't good enough to match Spurs over 90 minutes, not when home boss Antonio Conte could afford to drop Heung-min Son and then send him on to score a hat-trick.

They were Son's first goals of the season, and he said: "My finishing has been poor this season."



» Stan Collymore's open letter to Chelsea chief

See pages 60 & 61

TOTTENHAM 6 LEICESTER 2



Leicester are led a merry Son dance

by Tom Hopkinson

BRENDAN RODGERS' Leicester future hangs in the balance after a 6-2 thumping at Tottenham.

A 13-minute hat-trick from Heung-Min Son and goals from Harry Kane, Eric Dier and Rodrigo Bentancur condemned Leicester to their sixth defeat in seven games and left them languishing at the bottom of the Premier League without a win to their name.

If Leicester's chairman Aiyawatt Srivaddhanaprabha does decide to wield the axe it will cost him around £10million to pay off Rodgers.

Rodgers said: "I totally understand the frustration of supporters. I can't hide from that. It's my responsibility.

"Whatever happens, I'll have a huge amount of respect for the

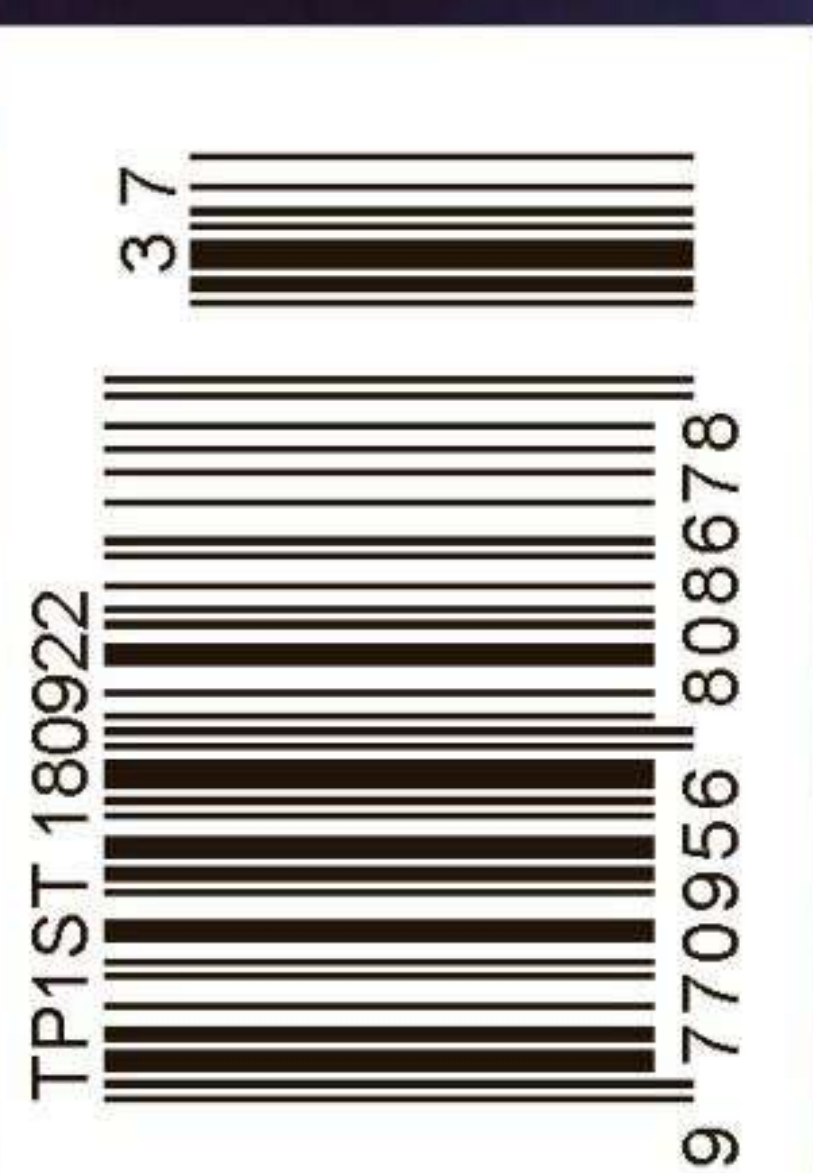
Turn to Page 63

TOTAL
FOOTBALL
ED SCRATCHER

It's now no wins in six for Howes mega-rich Toon who struggle to hold former club Bournemouth



INSIDE
Football's
number 1
pullout



Eyes on the prize

Heung-Min Son came off the bench and bagged a hat-trick to take Spurs into second spot in the table, level on points with Manchester City



KP KO FEAR

by Neil Moxley

KALVIN PHILLIPS is facing World Cup heartache after a recurrence of a nagging shoulder injury.

Manchester City's midfielder is now sweating on the prognosis as the clock ticks down towards the tournament in Qatar in nine weeks' time.

Phillips (right) has been dogged by problems ever since agreeing to move to the Premier League champions from boyhood club Leeds United during the summer in a £45million deal.

So far, he has played just 13 minutes for Pep Guardiola's side and matters have now come to a head.

Medics have told Manchester City's boss that Phillips might need to undergo surgery to correct the problem. And that

Turn to Page 63



Shoulder op could rule Phillips out of World Cup



SUNDAY
PEOPLE

We'll miss you
Ma'am

Queen Elizabeth II
1926 – 2022

QUEEN ELIZABETH II 1926-2022



SWEET: Charles kisses baby sister Anne in 1950



ALL TOGETHER: The Royal Family in 1968



PLAYTIME: Charles with Andrew and Edward, 1969



HAPPY: Queen and Prince Philip with their two eldest children



SUPPORT: Siblings in 1954



PROUD MOTHER: Queen with Charles and Anne in 1954



RELAXING: Royals – and pet corgi – at Balmoral in 1960



FAMILY: After Anne's christening in 1950. Below, in 1970



HOWDY: Charles dons a cowboy-style hat on 1977 trip to Canada



by **Laura Connor**

Her Majesty Queen Elizabeth II died at Balmoral on Thursday, September 8, aged 96, after reigning for 70 years.

She died peacefully at her beloved Scottish estate, where she had spent much of the summer.

After the monarch was placed under medical supervision, her two eldest children Prince Charles and Princess Anne rushed to be by their mother's bedside. They were already in Scotland.

Their brothers Prince Andrew and Prince Edward arrived shortly after she died, along with the Queen's grandson, Prince William, and the Countess of Wessex. Prince Harry arrived later.

The Queen's four children also lost their father last year, when Prince Philip, Duke of Edinburgh, died at Windsor Castle at the age of 99.

Now, despite their sorrow, the siblings are following their mother's example by serving the nation as they mourn. In an emotional tribute, King Charles said: "May flights of angels sing thee to thy rest."

The Princess Royal also told how it had been "an honour and a privilege" to accompany her mother's coffin from Scotland to London and reflected on how "fortunate" she had been to share the last few hours of her "dearest mother's life".



GRIEVING:
Anne this week

To my mother, The Queen, thank you

ANNE - PRINCESS ROYAL



STRIKING:
Charles and Anne in 1970



SIBLINGS: In 1954

VIGIL:
Charles by Queen's coffin on Monday



Thank you for your love and devotion to our family and to the family of nations you have served so diligently all these years

KING CHARLES III

QUEEN ELIZABETH II 1926-2022

SUNDAY PEOPLE * SEPTEMBER 18, 2022

FUTURE KINGS: Her Majesty with William and George



WALKABOUT: In Norfolk, 1988



LAUGHS: Sharing joke with William and Harry



BIRTHDAY: With family in 2018



JUBILEE: On balcony of Buckingham Palace with Charles, William, Kate and kids in June



AT THE RACES: In 2014 with Peter



ADVICE: Queen with daughter Anne and grandson Peter in 1977



HOBBY: At 2015 horse show with Sophie and Louise



HOLDING HANDS: With Harry, 1989



PROUD: With great-grandchildren in 2021



ALL SMILES: Zara, Peter, Harry and William with grandparents in Balmoral postcard



SPECIAL OCCASION: Peter's 2008 wedding to Autumn Kelly



In an extraordinary show of unity, Prince William and Prince Harry came together with their wives to pay tribute to their late grandmother during a walkabout in Windsor.

The two couples had not been seen in public together for 915 days, but there were high hopes that the tragic loss of the monarch had heralded a lasting reconciliation.

The new Prince and Princess of Wales paid tribute to the late monarch in a touching statement released on their social media platforms.

They said the world had "lost an extraordinary leader", while Prince Harry released a statement on the Archewell website he shares with his wife Meghan, Duchess of Sussex.

Harry and Meghan joined William and Kate to look at a sea of floral tributes and greet members of the public at Windsor Castle, who were thrilled to see the 'Fab Four' back together again.

There were also emotional scenes outside Balmoral, where several of the Queen's other grandchildren – including Princess Beatrice, Princess Eugenie and Zara Tindall – were seen reading floral tributes to their grandmother.

She may have been the nation's Queen, but we must not forget they had all lost their beloved granny.

HER LEGACY



FESTIVE FUN: Making Christmas pud in 2020



HAPPY: At Anne's 1992 wedding



TALK: Chatting to Louis



CHEEKY: George smiles at the Queen in June



DAY OUT: With Beatrice in 2009



UNITED FRONT: Kate, William, Harry and Meghan this week



TARTAN: Posing with grandkids in 1987



AFFECTION: Kiss from Harry in 2008



GRIN: Eugenie in 2013



OH BABY: Meeting Archie in 2019

“She was by my side at my happiest moments. And she was by my side during the saddest days of my life”

WILLIAM - PRINCE OF WALES

QUEEN ELIZABETH II 1926-2022



HONOUR: Inspecting troops in 1949



WORKING MOTHER: Holding son Edward during Trooping the Colour in 1964



SERVICE: In ATS uniform during WW2



GIGGLES: Harry stifles a laugh during Sovereign's Parade in 2006

Even before she became Queen, Princess Elizabeth showed her commitment to military service by becoming honorary colonel of the Grenadier Guards in the Second World War.

When she turned 18 in 1944, she insisted upon joining the Auxiliary Territorial Service (ATS), the women's branch of the British Army, where she served as a truck mechanic.

As Queen, she became Head of the Armed Forces and always managed to bring her mischievousness and sense of humour to such a serious role.

In 2006, her grandson Prince Harry couldn't help but giggle at the sight of his grandmother doing an inspection of the military as he stood in line with several other cadets at the Sovereign's Parade.

Pipe Major Scott Methven, inset, who was once the Queen's Piper, recalled how "easygoing and funny" the monarch was during his four-year tenure.

He said: "She had really a quick wit, as is well-documented. It was just always one-liners. I had so much banter with the Queen... it was great."

Her Majesty was always a consummate professional, too.

She even calmly took control of her horse in 1981 when 17-year-old Marcus Sarjeant raised a gun in the crowd at the Trooping the Colour, causing mass panic as he fired six blank shots at the Queen.

The monarch was not injured but Sarjeant was later jailed for five years.



PANIC: Police rush to save Queen from gunman, 1981



ON HORSEBACK: Trooping the Colour in 1981



ROYAL SALUTE:
Queen, 1981



MAN IN
UNIFORM:
Smiling at
Philip, 2009



WE SALUTE YOU:
Inspecting Scottish
battalion in 2021



REGAL: The
King and
Camilla at
Westminster
Hall this week

QUEEN ELIZABETH II 1926-2022



HOLLYWOOD STAR: Shaking hands with Gene Kelly in 1957



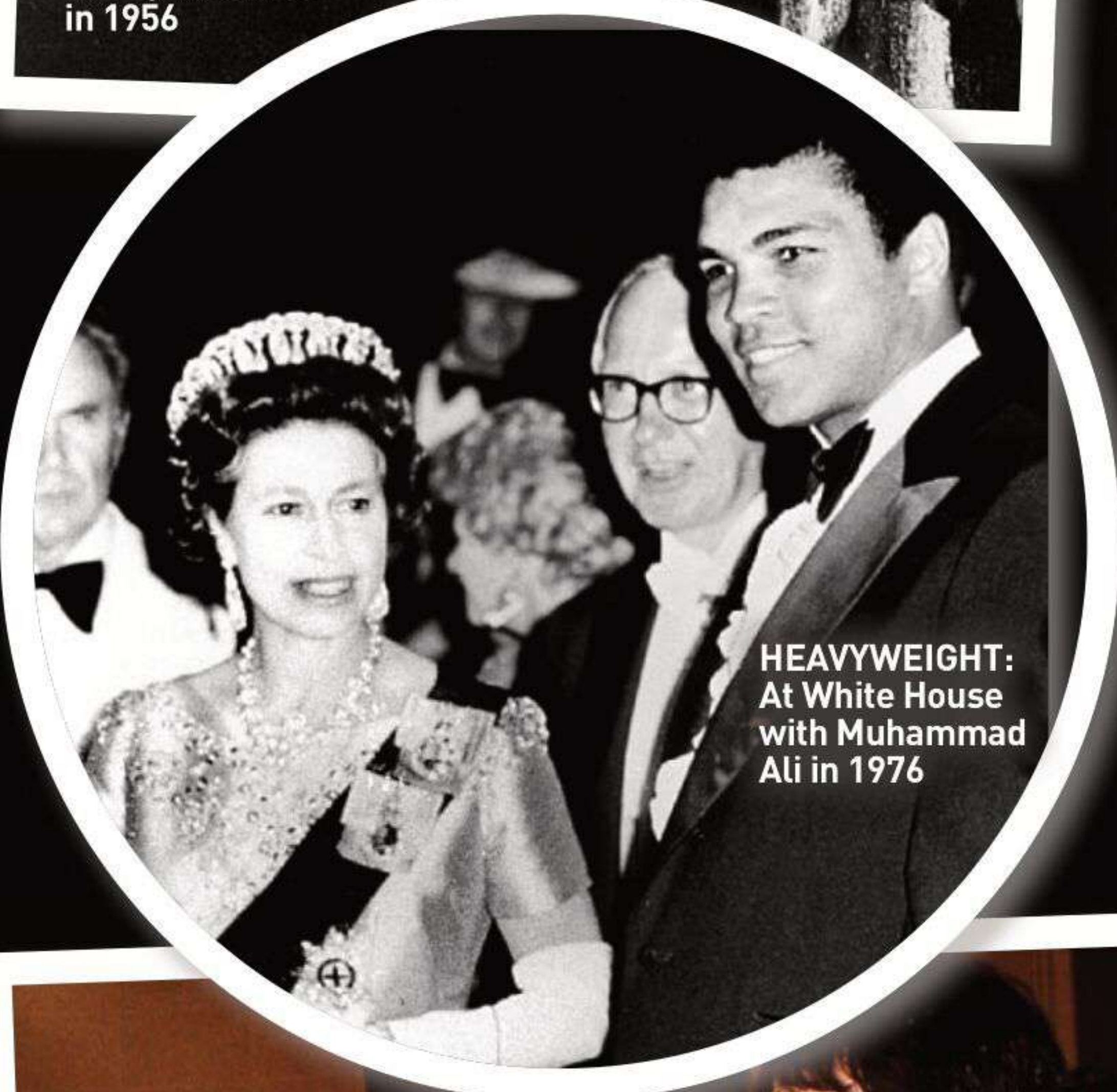
BIG HIT: With Frank Sinatra and Dionne Warwick in 1983



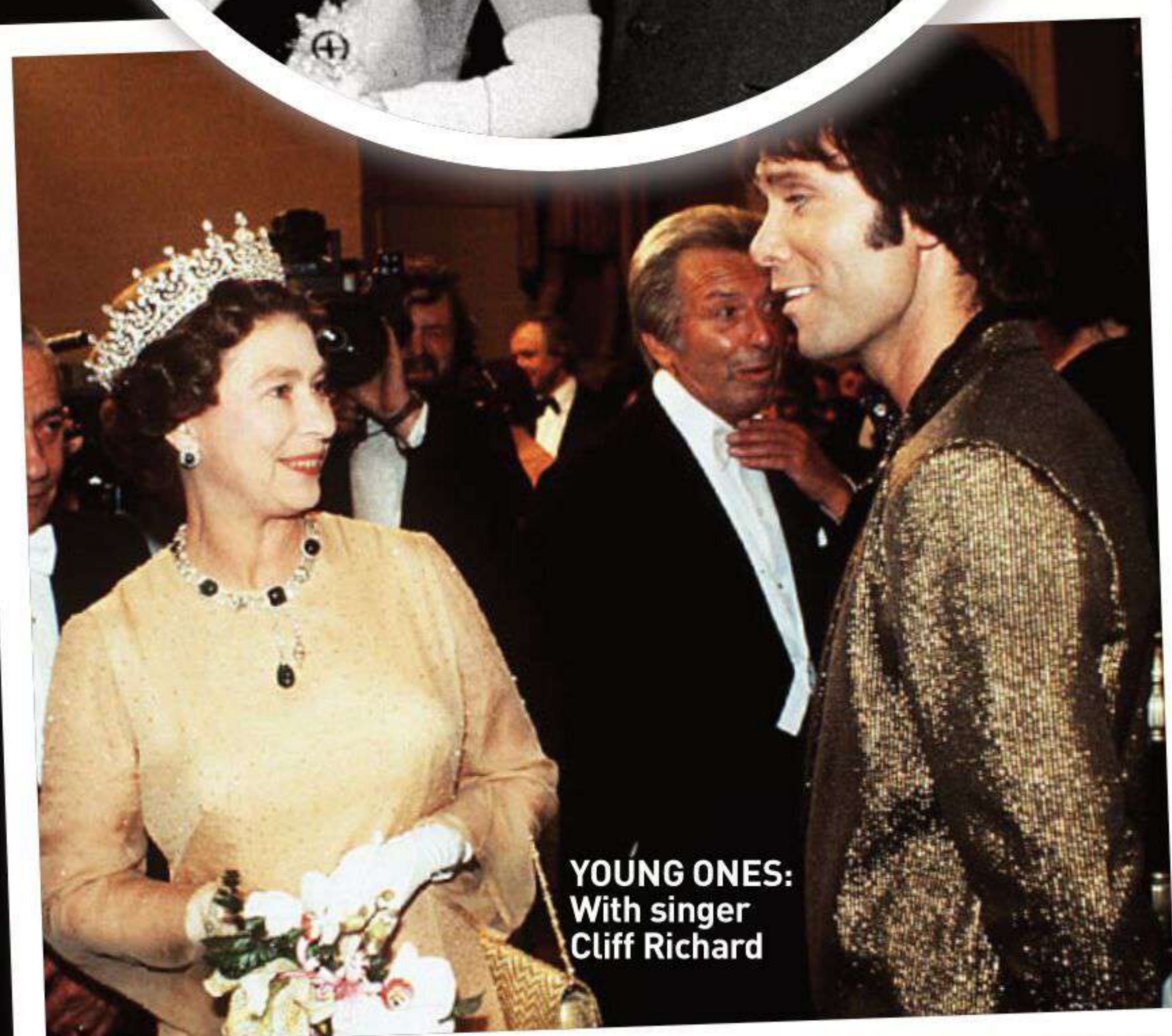
MUSIC ROYALTY: With Elton, Cliff, Shirley, Tom and Paul in 2012



ICON: Meeting Marilyn Monroe in 1956



HEAVYWEIGHT: At White House with Muhammad Ali in 1976



YOUNG ONES: With singer Cliff Richard



For 70 years Her Majesty charmed some of the world's biggest stars, from Marilyn Monroe and the Spice Girls to Frank Sinatra and The Beatles. Many icons have joined the millions paying their respects to the Queen since learning of her death, with many recounting the day they met.

Sir Elton John, 75, said: "She was an inspiring presence to be around and led the country through some of our greatest and darkest moments with grace, decency and a genuine caring warmth."

"Queen Elizabeth has been a huge part of my life from childhood to this day and I will miss her dearly."

Dame Helen Mirren, who portrayed the late monarch in the 2006 film *The Queen* said: "I am proud to be an Elizabethan. We mourn a

woman who, with or without the crown, was the epitome of nobility." And former England footballer David Beckham said: "How devastated we all feel shows what she has meant to people in this country."

"Until her last days, she served her country with dignity and grace. This year, she would have known how loved she was." The Queen also left soap icons starstruck. The monarch was given a 45-minute tour of the *EastEnders* set by Barbara Windsor in 2001.

When the actress was later awarded an MBE in 2016, she said of the Queen: "I was quite amazed by how beautiful she looks."

And actor Antony Cotton, who met Her Majesty on the *Coronation Street* set, added: "She met so many people. That was her gift. She was a people person."



X FACTOR: With Simon Cowell, 2007





ROCK LEGEND: Ozzy Osbourne and Kermit play palace in 2006



EVENT: With J.K. Rowling and Heather Mills in 2004



APPRAISAL: Meeting Queen actress Helen Mirren in 2001



GIRL POWER: Spice Girls line up to meet the Queen in 1997



ON SONG: With Jennifer Lopez in 2001



GOING GAGA: Lady Gaga bows in 2009



SECRET AGENT: In 2012 Olympics skit with Bond star Daniel Craig

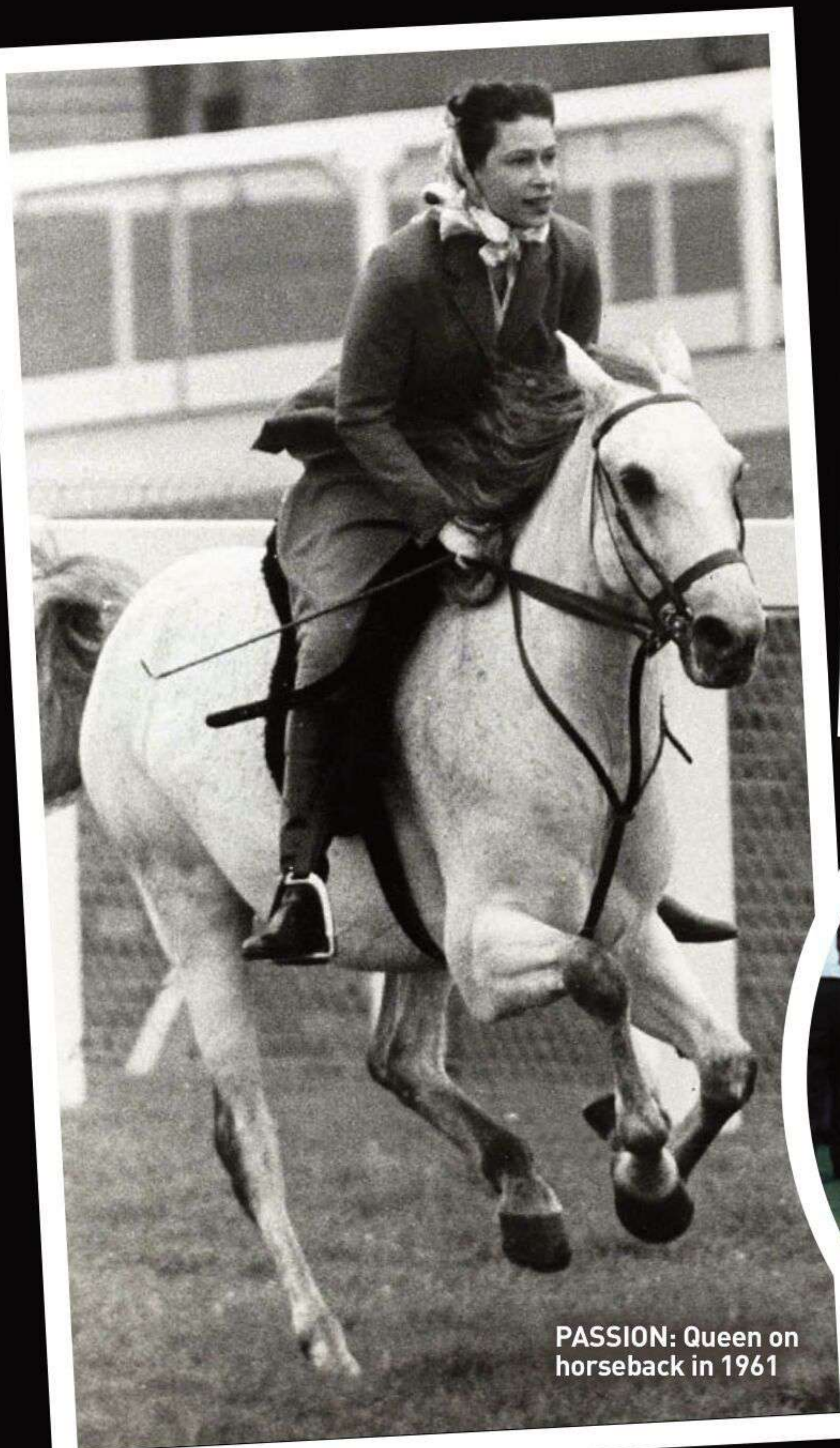


CARRY ON: Tour of EastEnders set in 2001



SOAP STAR: On Coronation Street cobbles in 1982

QUEEN ELIZABETH II 1926-2022



PASSION: Queen on horseback in 1961



ROYAL WAVE: At Ascot with Camilla in 2013



FAVOURITE: With Lester Piggott, 1977



ACE: With Wimbledon champ Virginia Wade in 1977



AWARD: Lewis Hamilton receives MBE in 2009

The Queen had a life-long love of horses, and was given her first pony at the age of four. Her favourite jockey was Royal Ascot superstar Lester Piggott, who died just days before her Platinum Jubilee celebrations earlier this year.

But her passion for sport extended beyond her beloved horse racing and the Highland Games at Braemar to athletics, football, cricket and even Formula One.

In 1966, she handed the World Cup to England captain Bobby Moore after their historic 4-2 victory over West Germany. After hearing of the Queen's death,



Paralympic gold medallist Ellie Simmonds OBE shared a photo of her with Her Majesty when she was awarded her MBE in 2009. The swimmer tweeted: "May you rest in peace, Your Majesty. Thank you for everything."

The Queen herself was a good sport, too. She stole the show in Danny Boyle's 2012 Olympic opening ceremony when she made a surprise appearance in a James Bond spoof.

The monarch was shown sitting at her writing desk before greeting Daniel Craig's 007 with a simple "Hello Mr Bond" then doing a mocked-up parachute jump out of a helicopter.

FUN: At Braemar Gathering in 2012



HILARIOUS: 2012 'parachute jump'



HONOUR: Knighting cricketer Sir Ian Botham in 2007



SCRUM: Queen and William meet England rugby coach Clive Woodward and captain Martin Johnson in 2003



MAKING A SPLASH: With swimmer Ellie Simmonds in 2012



WELL PLAYED: Presenting trophy to England captain Bobby Moore after World Cup victory in 1966



SMILES: At Euro 96 final



GOAL: With David Beckham in 2018



ICON: Meeting Pele in 1968



WELCOME: Global cricket captains visit palace in 2019



HOWZAT: With England cricket stars in 2013

QUEEN ELIZABETH II 1926-2022

Commonwealth countries came together to pay tribute to the Queen this week. In Australia, a giant picture of Her Majesty was beamed on to Sydney Opera House as her death dominated world headlines.



COMMONWEALTH TRIBUTES



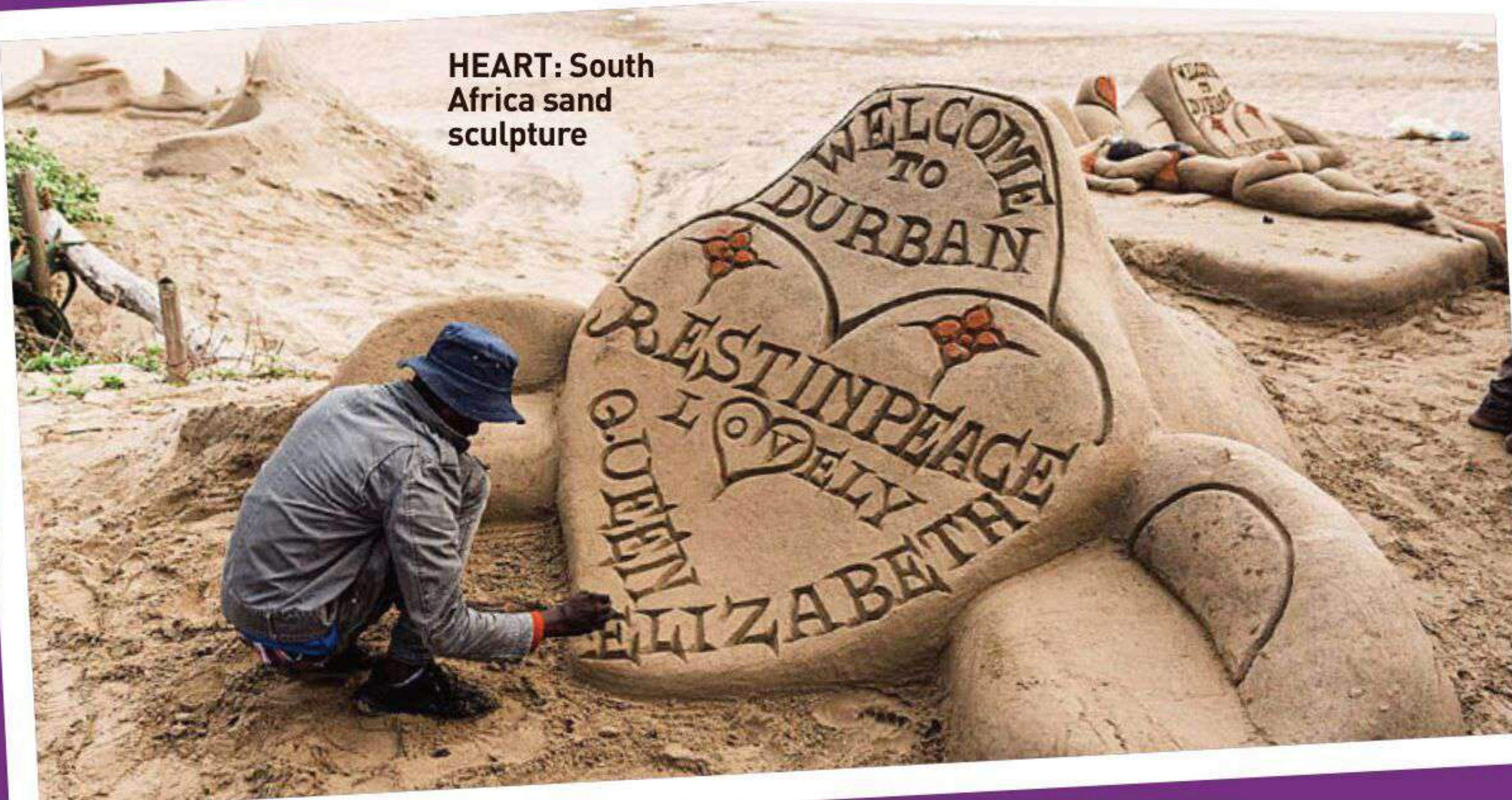
MOURNING:
Indian flag
flies at half-
mast in
New Delhi



HEADLINES:
Newspaper
seller in Uganda



GRIEF: Girl leaves
flowers by picture of
Queen in Pakistan



HEART: South
Africa sand
sculpture



BELIEFS: With Pope
John Paul II in 2000



SELFLESS:
Meeting Mother
Teresa, 1983



GLAM: The
Kennedys at
palace in 1961



POLITICAL: With
Soviet leader Mikhail
Gorbachev in 1989



FRIENDS: With Nelson Mandela on state visit in 1996

As Head of State, the Queen met some of the most important and influential world leaders of the modern world.

She is said to have enjoyed a "warm friendship" with South Africa's President Nelson Mandela, with the pair using each other's first names when they talked on the phone as a mutual sign of respect and affection.

In the years following Mandela's release from Robben Island, he cultivated a close relationship with the Queen, hosting her in South Africa and visiting her in England.

Throughout her reign, the Queen worked with 15 UK prime ministers, including Margaret Thatcher and Liz Truss, who was formally appointed by

Her Majesty at Balmoral just two days before her death. She also spent time with 13 American presidents, including John F. Kennedy, Bill Clinton and his wife Hillary, and Donald Trump.

In 2003, Russia's Vladimir Putin – one of the few world leaders not invited to the Queen's funeral – came to the UK on an official visit and was barked at by a Guide Dog belonging to then Home Secretary David Blunkett.

This prompted Her Majesty to comment: "Dogs have interesting instincts, don't they?"

Over the years, the Queen also worked tirelessly to build the Commonwealth and met a range of non-political leaders, including Mother Teresa and Pope Benedict XVI.



STATE VISIT: In carriage with Vladimir Putin, 2003



EVENT: At 1979 ball with Margaret Thatcher



MEETING: With PM Liz Truss, days before death

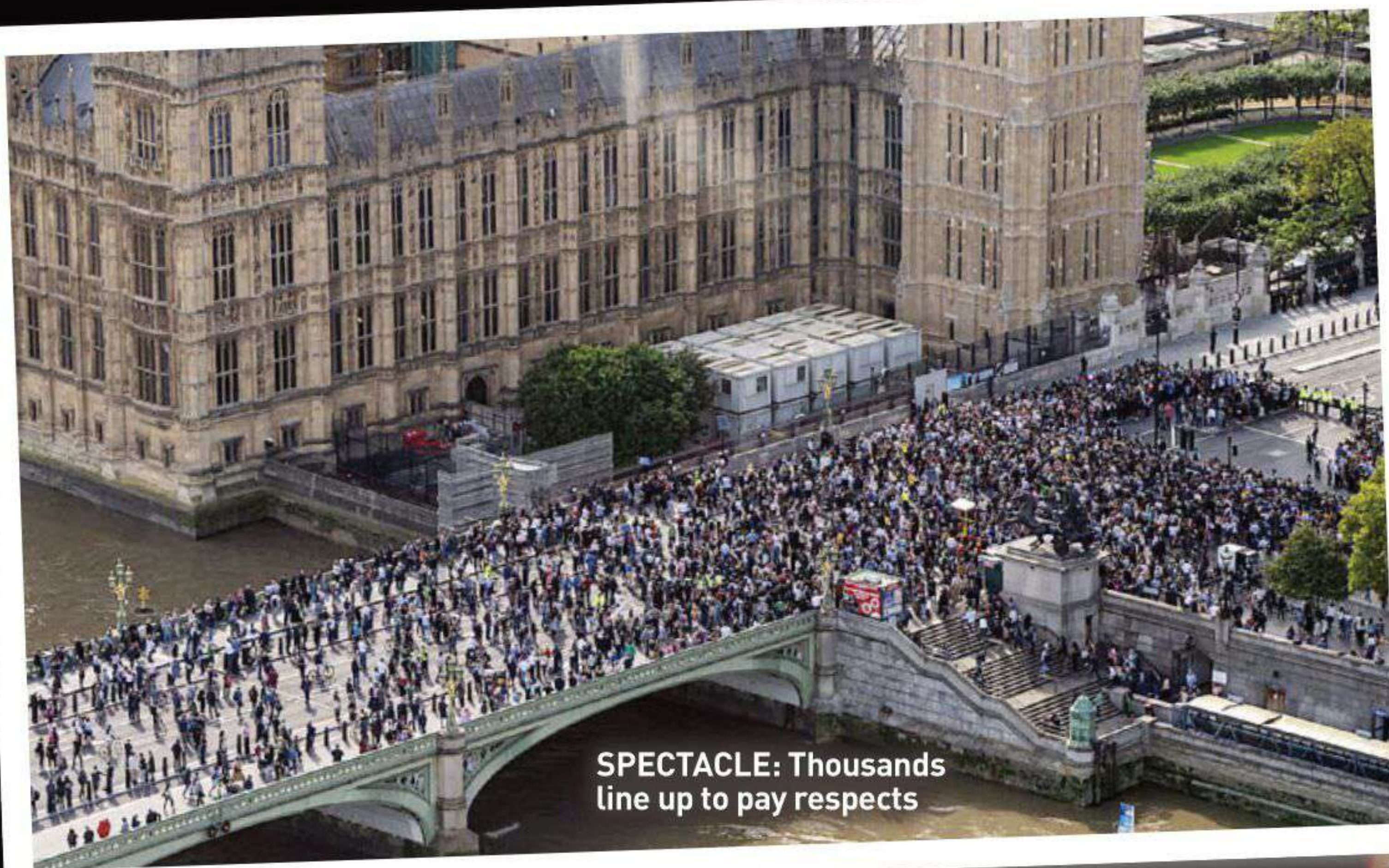


CHAT: Hillary Clinton with monarch in 1995



TOAST: With Donald Trump in 2019

QUEEN ELIZABETH II 1926-2022



SPECTACLE: Thousands line up to pay respects

POIGNANT: Queen makes final journey to London



ANNIVERSARY: At school in 2016

Throughout her 70-year reign, the Queen touched the hearts of thousands of ordinary people who met her.

All week, countless loyal supporters have queued for hours on end, some in the pouring rain, to pay their respects.

It was the perfect illustration of the bond the Queen had with so many of the British public.

Howard Salinger and his son Lucas still cherish their experience after meeting the Queen when she visited Berkhamsted School, Herts, to mark its 475th anniversary in 2016.

Lucas, who was then in Year 6, had won a competition to design the Church of England's logo for the Queen's 90th birthday.

Howard, 47, said: "It was like the world stopped for that moment."

Starstruck

Flood victim and campaigner Mary Long-Dhonau from Ledbury, Herefordshire, met the Queen twice – in 2001 and in 2009 – after she was awarded an OBE for services to the environment.

Mary, 57, recalled: "I expected her to be aloof but she was the opposite – compassionate and understanding."

Marketing manager Amy Brunsdon, from Reading, met the Queen at London's Baden-Powell House in 2007 for the unveiling of a sculpture.

Amy, 31, recalled: "She was definitely cheeky. She had that kind of smile and you could see there was a glint in her eye."

Consultant Jess Alfert, 30, who met the Queen at a Buckingham Palace garden party in 2019, said: "You feel star-struck in her presence. She had an air of calmness around her."

Playwright and Open Clasp Theatre Company co-founder Catrina McHugh, 59, from Newcastle-upon-Tyne, met the Queen when she was awarded an MBE for services to disadvantaged women through theatre in 2017.

She said: "The Queen was absolutely lovely. I could have hugged her, even though I know you're not allowed to. She made you feel like she really listened to you."



HARDY: Rain failed to keep royalists away



PROUD: Amy, left, meeting Queen in 2007



MEMORIES: Mary receiving OBE in 2009



A NATION MOURNS



TRIBUTE: Girls leave flowers at Balmoral



QUEUE: Crowds gather to view Queen's coffin



EMOTIONAL: William and Kate view floral tributes left outside Sandringham



AWARD: Catrina with monarch in 2017



PARTY: Jess, second left, with Queen, 2019



TEARS: Female mourner sobs



THANK YOU: Man applauds Queen



RESPECT: Crowds file past the Queen's coffin in Westminster Hall



“We are all visitors to this time, this place. We are just passing through. Our purpose here is to observe, to learn, to grow, to love... and then we return home”

QUEEN ELIZABETH II

ED SCRATCHER

It's now no wins in six for Howe's mega-rich Toon who struggle to hold former club Bournemouth



NEWCASTLE 1 BOURNEMOUTH 1

MATCH REPORT: SEE PAGES 6 & 7

SORE POINT

A disappointed Howe applauds fans at the final whistle as his Newcastle side earned a point after Billing (inset) put visitors ahead



TOTTENHAM.....6

KANE 8, DIER 21, BENTANCUR 47, SON 73, 84, 86

LEICESTER.....2

TIELEMANS 6 (PEN), MADDISON 40



CLASS ACT:
Kane nods
in equaliser

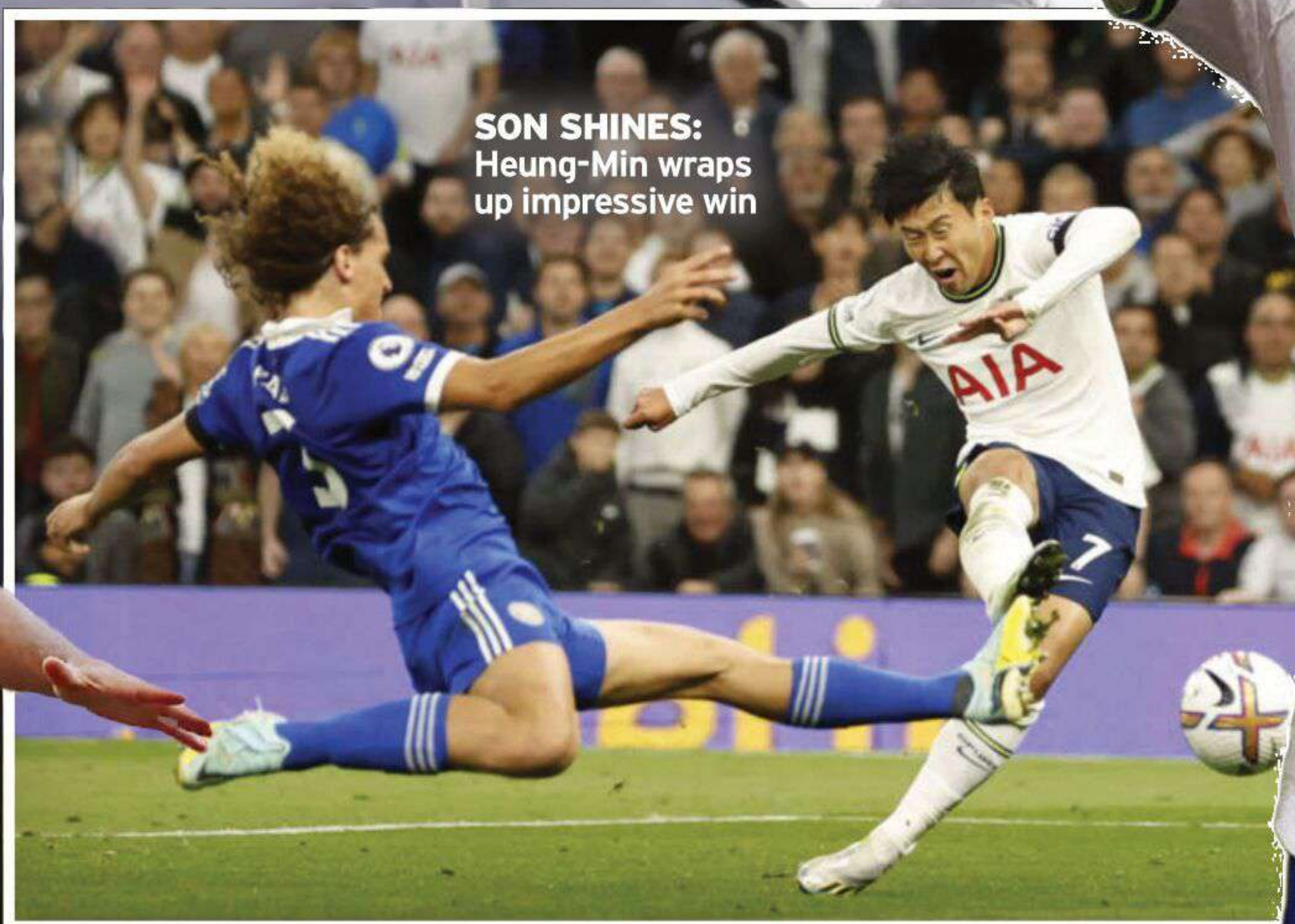
MATCH STATS

Tottenham	Leicester
11	7
2	7
3	5
6	1
9	9
1	0
83	87
11	16
27	75
44	56
1	0
0	2
0	0

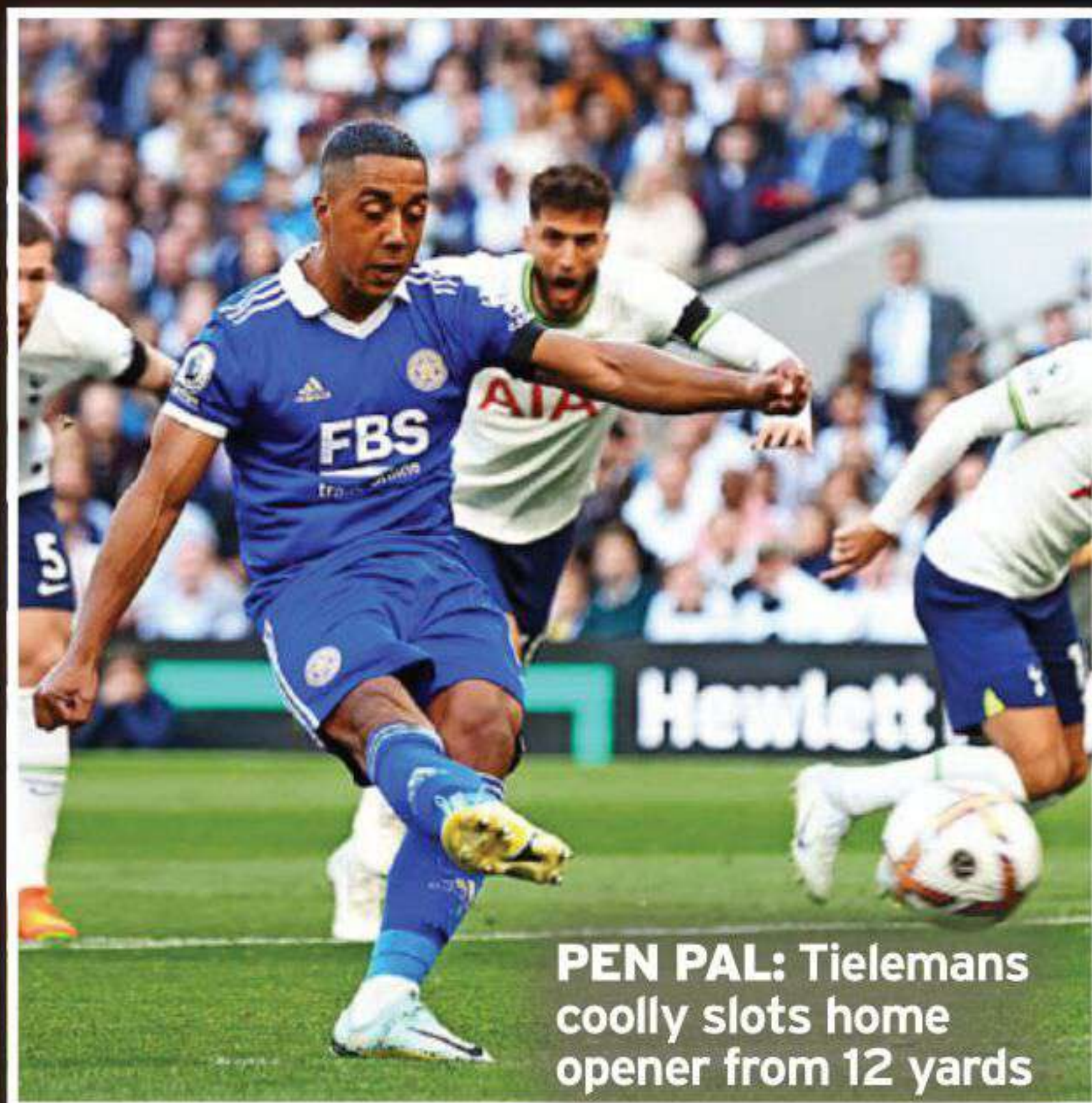
MATCHBALL:
Son carries off his
well-deserved prize



GOAL-DEN BOY:
Spurs' star man
celebrates in style



SON SHINES:
Heung-Min wraps
up impressive win



PEN PAL: Tielemans
coolly slots home
opener from 12 yards



ROYAL SEND-OFF:
Respects paid to
Queen before game

IT'S FUN IN

Spurs ace hits treble as he's

HEUNG-MIN SON has had the kind of wait for a goal this season that only those who have queued at Buckingham Palace recently can relate to.

The Premier League's joint-top scorer last season had gone around 12 hours without scoring. And such was his lack of normal gusto that Tottenham boss Antonio Conte dropped him and put Richarlison and Dejan Kulusevski either side of Harry Kane against Leicester yesterday. But Conte's decision proved just the kick up the backside he needed as the South Korean left the pitch proudly clutching the matchball after firing a 13-minute

By Tom Hopkinson
AT TOTTENHAM HOTSPUR STADIUM

hat-trick in spectacular fashion. His goals came after strikes from Harry Kane, Eric Dier and Rodrigo Bentancur ramped the heat right up on Foxes boss Brendan Rodgers (right).

Although it must be noted that his side had a decent go for much of the game – and certainly didn't look like a team not playing for their manager.

They just weren't good enough to match a Spurs team who could afford to bring such a talent as Son off the bench. This was a

cracking game and even though the home side ended up with six, Leicester actually had more shots.

The North London club just took their chances better, though, and fully deserved to win. The game exploded into life in controversial circumstances as the Foxes grabbed the lead after just six minutes.

Tottenham's players were aggrieved – and understandably so – when Davinson Sanchez was adjudged to have brought down James Justin in the box.

Referee Simon Hooper pointed to the spot and replays showed there was minimal contact.

But it wasn't a clear and

obvious error – and VAR Andre Marriner did not feel obliged to send him to the monitor.

Justice appeared to be done as Hugo Lloris pulled off a cracking save to deny Youri Tielemans from the spot.

But this time Marriner did intervene, penalising the French ace for moving from his goalline, and the Belgian thumped home the retake.

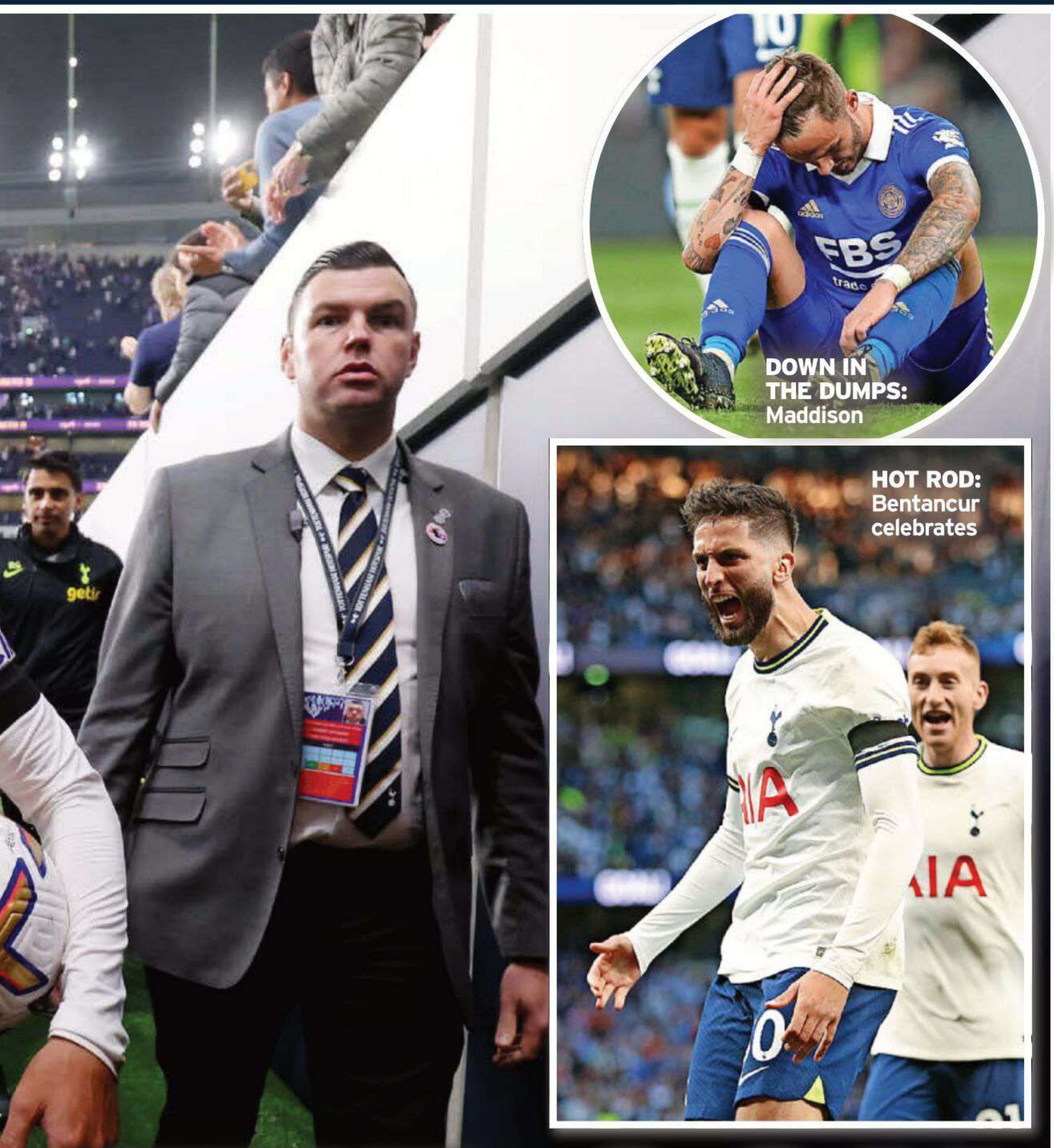
Spurs were behind for less than three minutes and, of course, it was that man Kane who headed them level, his 18th Premier League goal against Leicester.

Kulusevski fashioned an in-swinging cross from the right

■ Tottenham's 17 points from their seven Premier League games this season is their joint-best record at this stage of a campaign. They are currently joint-top.

■ Leicester are winless in their first seven league games of a campaign for the first time since 1983-84, while their 22 goals conceded is their most ever after seven league games.

■ Of all Premier League fixtures to have been played at least 30 times, Tottenham against Leicester has the highest average goals-per-game (3.73 - 123 goals in 33 games).



THE SON back to his best

with his left boot and the striker rose highest to nod home.

Ivan Perisic then swung over another corner and Dier this time got up highest to head home on 21 minutes.

Spurs arguably should have extended their advantage again before the half-hour mark but Sanchez, who jumped for the ball with Leicester keeper Danny Ward, was penalised for minimal contact as the ball bobbed in after hitting Wilfred Ndidi.

Credit must go to Leicester, as five minutes before the break, they were back on level terms.

Timothy Castagne did well down the right, nodding the ball

into his own path before crossing for James Maddison, who wrapped his right boot round the cross and curled his effort home.

Maddison has been the one shining light for the Foxes this season - but, unfortunately for him, those around him have struggled.

Jonny Evans' pass did not leave Ndidi many options, he dawdled long enough for Benteke to nick the ball off him and the Uruguayan finished coolly just two minutes after the break.

Lloris then had to make a terrific save to deny Patson Daka before Son entered on 58 minutes.

His first was a beauty, curling

home with his right foot from long range, and the second, with his left foot, was more powerful but just as precise.

He thought for a minute his third, a low finish, would be chalked out for offside, but a VAR check ruled him on to everyone in white's delight.



MATCH RATINGS Tottenham

Lloris	7
Sanchez	7
Dier	8
Lenglet	7
Perisic	7
Bentancur	6
Højbjerg	7
Sessegnon	7
Kulusevski	7
Kane	7
Richarlison	6

SUBSTITUTES

Royal (for Perisic, 54th)	6
Romero (for Sanchez, 58th)	6
Son (for Richarlison, 58th) ..	9
Bissouma (for Kulusevski, 69th) ..	6

NEXT GAME

v Arsenal (A) Oct 1

Leicester

Ward	5
Castagne	5
Evans	4
Faes	5
Justin	5
Tielemans	5
Ndidi	4
Dewsbury-Hall	6
Maddison	8
Daka	5
Barnes	6

SUBSTITUTES

Iheanacho (for Dewsbury-Hall, 73rd) ..	5
Vardy (for Daka, 73rd)	6
Soumare (for Ndidi, 84th)	6

NEXT GAME

v N Forest (H)..... Oct 3

REF: Simon Hooper 6



STAR MAN

Heung-Min Son - Only on the pitch for little more than half an hour but he was absolutely electric.



Hammer is useful tool

WHILE the cat's away, bet that Everton pay.

Frank Lampard got a gutsy tune out of his Toffees in the Merseyside derby draw when last seen, but must welcome West Ham today (2.15pm) without his saving grace, goalkeeper Jordan Pickford.

The Hammers brought home the bacon from Denmark on Thursday night, putting 1996 Intertoto Cup winners Silkeborg in their place.

That place would appear to be somewhere in League One - but say what you like about the Europa Conference group stage, at least it gets you out of the house.

David Moyes was able to give a host of key men a light shift or no shift at all, and with the brilliant Pickford missing, West Ham scorer angles

appeal. Deputy Toffees keeper Asmir Begovic was great in his pomp, but he's let in 13 goals in his eight Everton games.

If he was half as good as Pickford someone at Goodison would have noticed by now.

I'll go for Jarrod Bowen (above) 'anytime' at a fair 7/2 - Thursday's England call will be a power-up, and he's a good fit.

Longshot fans want set-piece threat Kurt Zouma 'anytime' at 17/1 (Paddy) - the big lad's got a whisker of a chance.

Last time: Winners at Evens and 11/10



Take NO 'both teams to score' at a plump 11/10 (Paddy, Coral) in what looks likely to be a tight, tense Madrid derby (8pm, ITV4)

DON'T BLOW YOUR SHOT TO CASH IN

REMEMBER those far-off VAR-off days when one blundering referee was your maximum per game? You knew where you stood with them.

I feel a bit sorry for our on-field whistlers now. Middle-aged men in shorts, out in all weathers, having to ask what to do about anything bigger than a throw-in.

Back David Coote (at Brentford) and Michael Oliver (right, at Everton) with an 'OVER 3.5 total cards' double at over 2/1 (Paddy). Clear and obvious on the forecast.



Toney to torment Gunners



IVAN TONEY can cap his England call-up by rattling the visiting Arsenal backline this lunchtime.

Brentford beat Manchester United 4-0 in August, adding to last term's scalps, though their full record against the Big Six since promotion is a more ordinary W3 D2 L9.

But Toney (left) looks a nightmare for the Gunners (noon). With a high goals forecast, get on the Bees star 'anytime' at 21/10 (Bet365).



WOLVES.....0 MANCHESTER CITY.....3

» GREALISH 1, HAALAND 16, FODEN 69



GOOD VALUE: Guardiola with £100m man Grealish

Boss believes Jack is Greal deal ...and he doesn't need to say thanks

PEP GUARDIOLA said he trusts Jack Grealish "unconditionally" - and insisted the £100million man had no need to thank him in public.

The Manchester City boss spoke out after the England international fired home his first goal of the season as the reigning champions cruised to a 3-0 win at Wolves.

Grealish stabbed home Kevin De Bruyne's cross from close range inside the opening minute.

Erling Haaland added a second just after the quarter-hour before Wolves defender Nathan Collins was dismissed for a crude waist-high lunge on Grealish.

The former Aston Villa man battled on after being poleaxed.

He spoke afterwards of his admiration for his manager, who he said had stood by him following a below-par show in their 2-1 midweek victory over Borussia Dortmund.

But Guardiola was having none of it.

The Spaniard said: "I trust them all unconditionally. I know them. And I trust him unconditionally. Jack is no exception to that."

"He scored a goal, he had a good performance. Every time he has the ball, he's always taking on the full-back when it's one on one. All the time, all the time."

"Maybe we don't have more runners in the final third that gives him more space but he doesn't have to say, 'Thank you' to me."

"I have confidence in him. I have confidence in all of

By NEIL MOXLEY

them. They have to bring the best of themselves every single game. That's what I'm looking for.

"Of course, I'm happy for him and the victory."

"He has an incredible personality to play the way he does."

"Maybe I understand the focus on him because of the transfer. We have to admit it, yes, maybe."

"But he has to be who he is. That's all. Everyone has good moments. He just has to play like Jack Grealish, that's all."

Wolves boss Bruno Lage (below) admitted his side were floored by Grealish's goal after just 53 seconds.

He said: "There are two things they don't like. They don't like to spend too much time without the ball and they don't like to run."

"So our plan was simple - keep the ball."

"We need to try and make them run to recover the ball. They were playing today after a game on Wednesday."

"But when you start a game like that, you suffer."

Haaland already has 11 Premier League goals to his name. Wolves, by contrast, have bagged just three in seven outings so far this season.

Raul Jimenez was injured during pre-season, £15m capture Sasa Kalajdzic was injured after 45 minutes against Southampton and new signing Diego Costa is short of match fitness.

Lage said: "It's a worry when you don't score. Even a manager like Pep understands he needs a reference in the box."

Erl made of PEP'S BLUES'



GOAL HAAL: Haaland doubles City's lead at Molineux

THE WRITING was on the wall after 53 seconds.

At the end of 90 minutes, the letters were sky blue and 10 feet tall.

And they read that whatever is taking place among the elite elsewhere, that Manchester City will still be the team to beat this season.

This hasn't been a perfect start by Pep Guardiola & Co but it's been far better than any of their nearest rivals.

And a strangely comfortable afternoon in the Black Country only reinforced the growing feeling that while everyone else is struggling to find their feet, rebuild or readjust, the Etihad juggernaut is set on cruise control.

The final destination?

Well, that doesn't need spelling out but by leapfrogging Arsenal to go back on top of the table, the first clump of games in this Premier League campaign have been negotiated with less drama than by their title rivals.

And that was certainly the case at Molineux, where any inflamed passions were doused within the opening minute when Jack Grealish poked home the opener.

They were given another soaking when Erling Haaland added a second just after the quarter-hour and extinguished altogether when Wolves defender Nathan Collins was dismissed 12 minutes before the interval.

A third for Phil Foden after a spirited response then condemned the 10 men in old gold shirts to a final quarter of ball-chasing, while Guardiola indulged himself by bringing on an array of talent that must have left Wolves boss Bruno Lage drooling with envy.

The outcome wasn't harsh on the hosts in the slightest. If you are going to set up your side to have an open game of football against the kind of opponents they were facing, then you have to bring your 'A' game to the table.

If Lage had prepared his side to stop the champs, then he didn't do a very good job.

City dominated possession from the kick-off and worked an

By Neil Moxley
AT MOLINEUX

opening down the right when Foden backheeled to Kevin De Bruyne who had created an overlap.

The Belgian international whipped over a low cross, Haaland made a diversionary run, and Grealish popped up ahead of his marker for a textbook finish and set the stage for what was to follow - from both teams.

Wolves showed flashes but a neat triangle involving Grealish, Joao Cancelo and Bernardo Silva ended with the latter setting Haaland off with the ball at his feet 35 yards out.

Max Kilman made the job easier for him than it should have been by backing away from the Norwegian.

And the folly of that tactic was exposed when Haaland's right-foot shot - with which he didn't connect cleanly - still had the direction to flummox Jose Sa and extend the visitors' lead.

Grealish was causing untold problems with his close control and Collins paid for a moment of inexperience that ended the game as a contest.

The £100million man always appeared likely to be the winner as he attempted to chest down a bouncing ball and set off once more down the left.

However, he was stopped in his tracks by Wolves' £20m summer signing whose tackle caught the England international just below the rib cage. It was one of the season's more obvious dismissals.

This sparked a response from Wolves who are crying out for a natural goalscorer to finish off neat approach work. But it was all huff and puff with no end product.

All that remained was for Haaland and De Bruyne to combine again and Foden backheeled the third to cap a thoroughly satisfying afternoon in the autumnal sunshine for the visitors.

MATCH STATS

Wolves	Man City
1.....Shots on target.....7	
4.....Shots off target.....5	
1.....Blocked shots.....4	
5.....Corners.....7	
7.....Fouls.....9	
0.....Offsides.....1	
85.....Passing success %.....90	
17.....Tackles.....19	
59.....Tackles won %.....63	
40.....Possession %.....60	

2 1 1 0

■ Manchester City are currently unbeaten in 22 away games in the Premier League (W16, D6), a run started just over one year ago against Leicester.

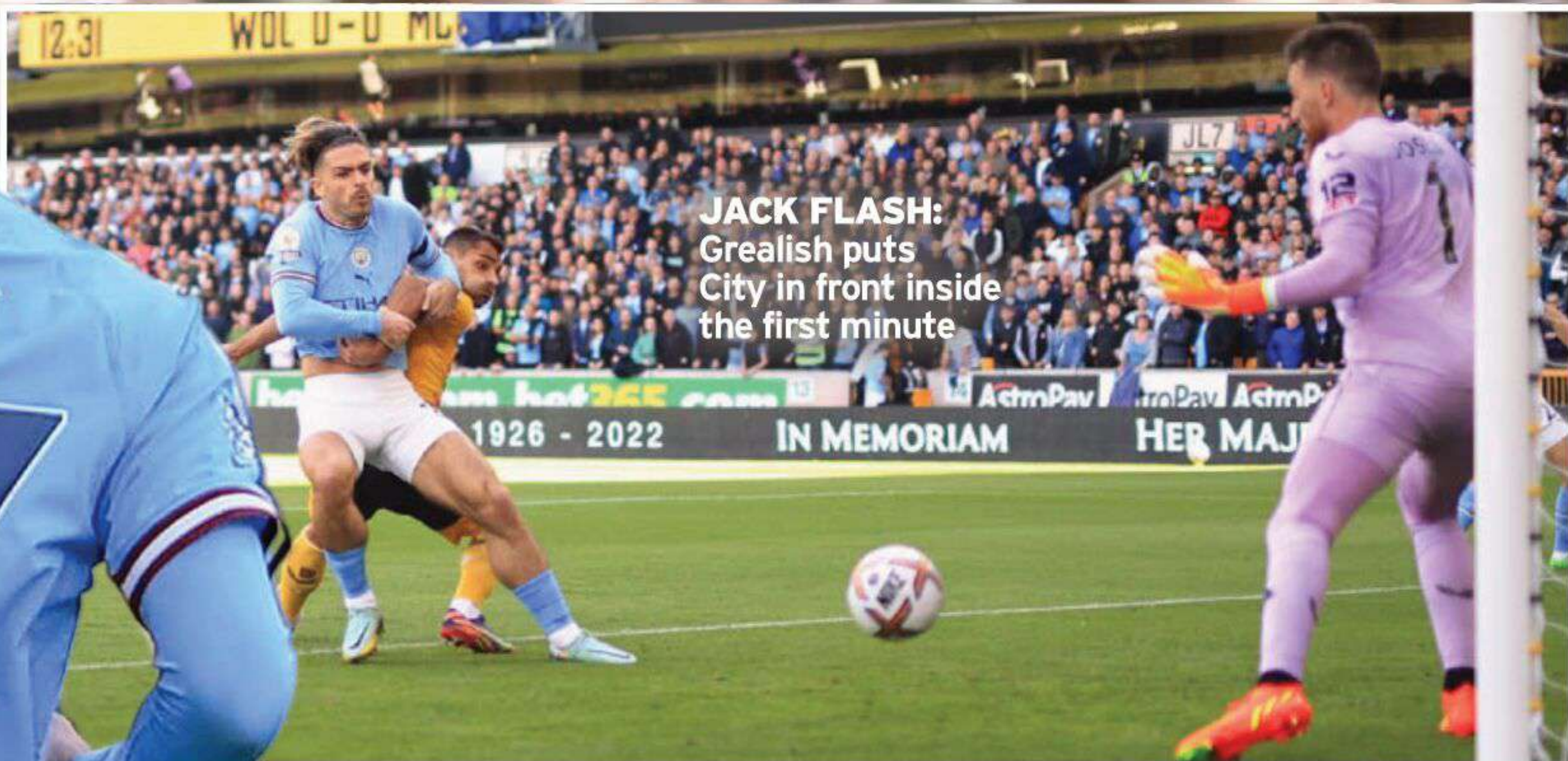
■ Wolves have won just one of their last 14 Premier League matches (D5, L8), scoring just two goals across their last six games under Bruno Lage.

■ City's Kevin De Bruyne has reached a combined 150 goals and assists in the top flight in his 217th game in the competition (58 goals, 92 assists).

■ Ten of the 22 starters were Portuguese (Wolves seven, City three), setting a new record for the most from a non-English nation in the competition.

Write stuff

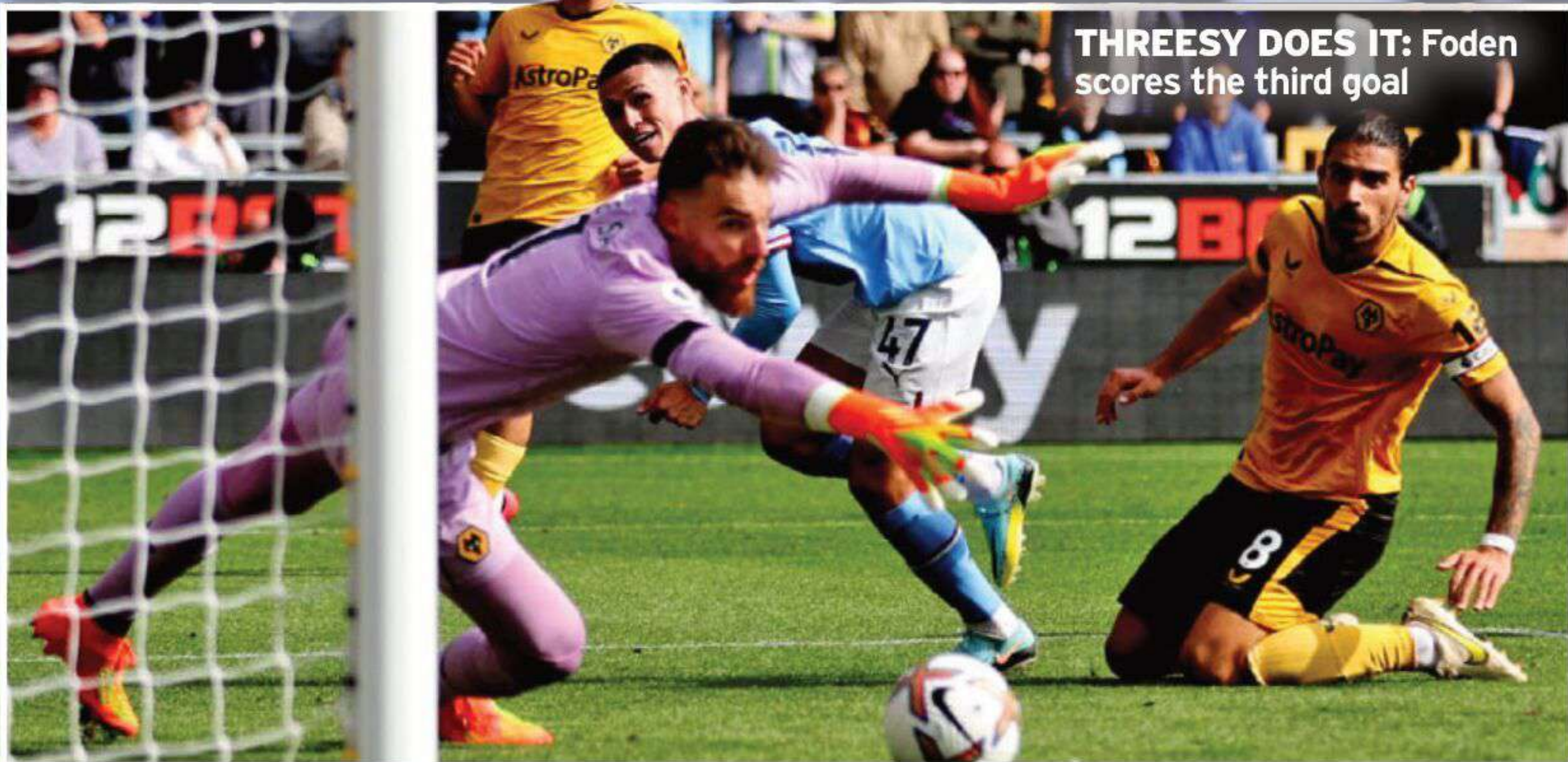
MESSAGE TO TITLE RIVALS



JACK FLASH:
Grealish puts City in front inside the first minute



DREAM LAND:
Haaland strikes to make it 2-0



THREESY DOES IT: Foden scores the third goal



MATCH RATINGS Wolves

Sa.....	5
Jonny.....	5
Collins.....	4
Kilman.....	5
Ait-Nouri.....	5
Nunes.....	5
Moutinho.....	5
Neves.....	6
Neto.....	5
Podence.....	5
Guedes.....	5

SUBSTITUTES

Hwang (for Guedes, 70).....	5
B Traore (for Podence, 70).....	5
Semedo (for Ait-Nouri, 81).....	5
Campbell (for Neto, 86).....	5

NEXT GAME

v West Ham (A)..... **Oct 1**

Man City

Ederson.....	6
Akanji.....	6
Stones.....	6
Dias.....	6
Cancelo.....	7
Rodri.....	7
Silva.....	7
De Bruyne.....	6
Foden.....	7
Grealish.....	7
Haaland.....	8

SUBSTITUTES

Alvarez (for Silva, 72).....	5
Gundogan (for De Bruyne, 72).....	5
Mahrez (for Foden, 72).....	6
Palmer (for Grealish, 77).....	5
Sergio Gomez (for Rodri, 81).....	6

NEXT GAME

v Man United (H) ... **Oct 2**

REF: Anthony Taylor 6



ANGER: Mark Robins

'It's Gust not good enough'



By JOHN WRAGG

COVENTRY boss Mark Robins slammed Gustavo Hamer after he was sent off for the second time in a month.

Hamer lashed out at Birmingham sub Hannibal Mejbri, kicking him in the head, as they tussled on the ground a minute from time.

Ref Graham Scott showed an immediate red card and Robins said: "Birmingham smelt a bit of blood when Hamer was sent off. His disciplinary record is absolutely ridiculous.

"That's a four-game suspension for Hamer.

"We need everybody fit and available and now that has happened. He is such a key player for us.

"I didn't see the incident at the time. I've seen it subsequently and it looked to me that Mejbri grabbed his legs and Hamer did what he had to, to try to get free.

"The eagle-eyed officials saw it and he's sent off for violent conduct. I'm going to speak to the referee but I don't think we will appeal it."

Hamer, who got 17 yellow cards last season, was sent off in a 3-2 defeat at Millwall in August for two more yellow cards and served a one-game ban.

The Sky Blues are bottom of the Championship, seven points adrift of safety with three games in hand on West Brom.

It might have been worse because when they were a man short, captain Kyle McFadzean cleared off the line from sub Lukas Jutkiewicz.

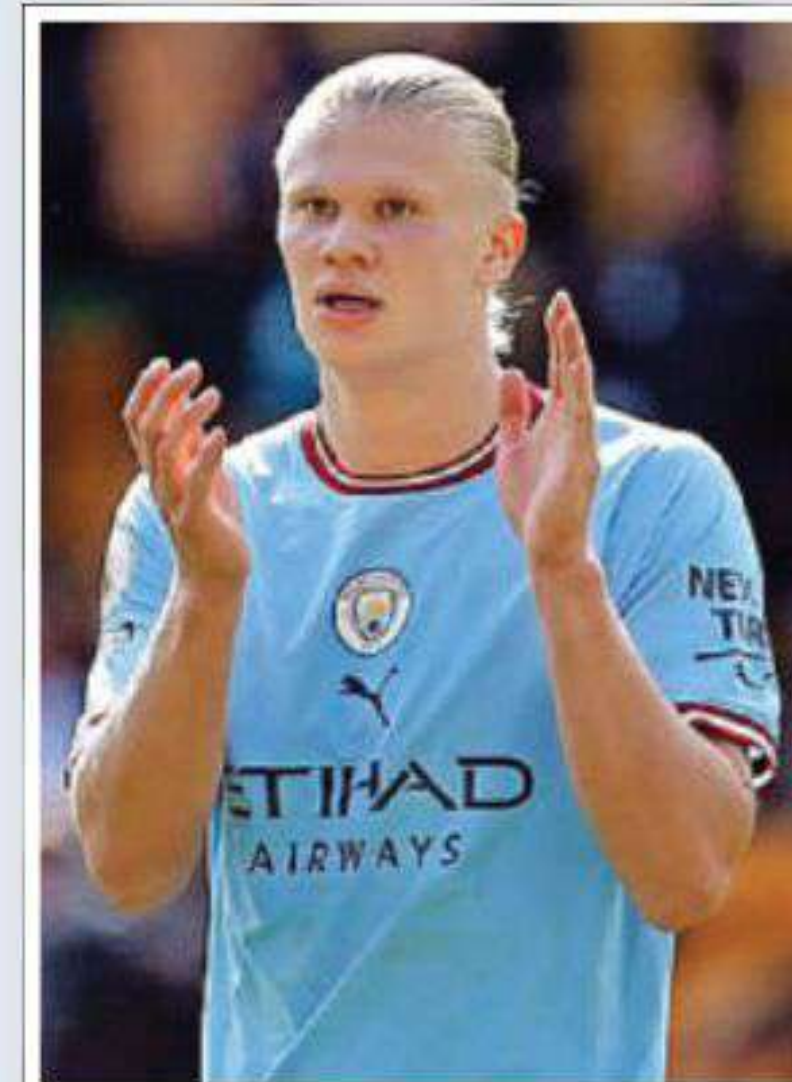
"I'm a bit disappointed we didn't win but we didn't start very well and overall a draw was a fair result," said Blues boss John Eustace.

BIRMINGHAM: Ruddy 7; Colin 6, Sanderson 7, Trusty 7; Williams 6, Bielik 6, Chong 6, Graham 6; Bacuna 8 (Mejbri (67) 5); Hogan 6, Deeney 6 (Jutkiewicz (78) 6)

COVENTRY: Wilson 8; Doyle 6, McFadzean 6, Panzo 6; Dabo 6, Allen 6 (Palmer (77) 5), Hamer 7, Sheaf 6, Bidwell 6; Godden 6 (Walker (77) 5), Gyokeres 6

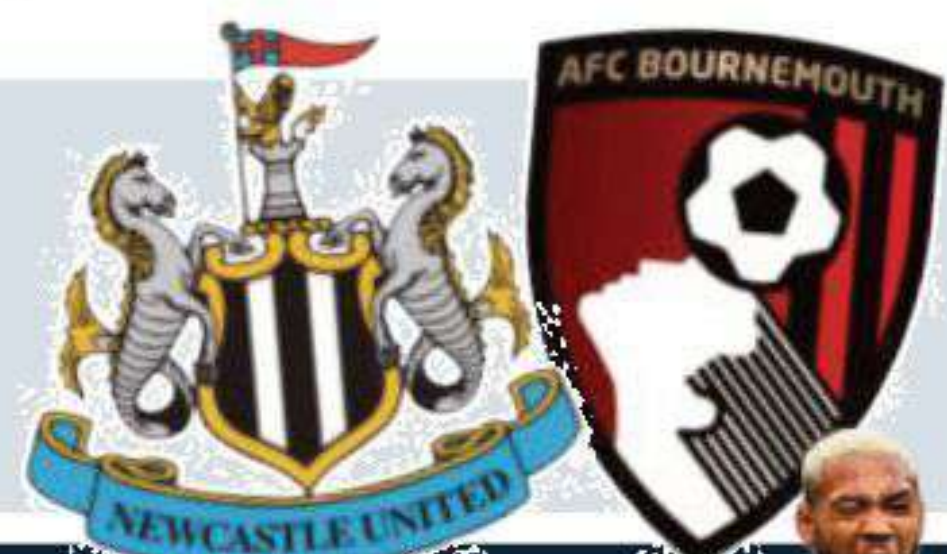
STAR MAN: Juninho Bacuna - Didn't last whole game and Coventry were grateful for that. Very creative.

REF: Graham Scott 6



STAR MAN

Erling Haaland - scored one, made one, and a run to create space for the other goal, a pretty good afternoon for the newly-crowned Player of the Month.



NEWCASTLE.....1 BOURNEMOUTH.....1

ISAK 67 PEN

BILLING 62



TAKING FLIGHT: Joelinton is fouled by Ryan Christie

O'Neil wanting to stay after finding Bourne identity

GARY O'NEIL is hoping to hear if he will keep the Bournemouth job this week.

The caretaker boss, who stepped into the hot-seat when Scott Parker was sacked, has galvanised his squad.

They fought out a brave point on Tyneside and were disappointed not to go away with all three.

O'Neil will hold talks with the club, subject of an imminent takeover, in the coming days to see if he will keep the job longer term.

He said: "I will be finding out what's happening club-wise next week and see what the plan is. If it is me we'll get back to work on the grass with the lads."

"I have no idea what's happening - I knew I was taking today and I don't know about further, I guess I'll find out tomorrow."

"It is a good point for us, it is a tough place to come. The boys stood up."

"I am a little bit disappointed with the penalty but we would have taken a point before."

"I am pleased the boys got something out of it because they put in a hell of a shift."

"We had a couple of plans prepared so the boys were prepared to flip between them. We changed

By **SIMON BIRD**

it a little bit in the second half and had to give up a little bit of ground but I never really felt under threat. I am relatively pleased.

"They will show spirit every game."

"It is such a tough league so we will reset. This game means nothing as of tomorrow."

"This game won't help you in the next one. I am just delighted for the lads, everyone, the fans, because it is a hell of a long way to come."

"We appreciate their support - the boys need them in those tough moments where they have to dig in."

Newcastle boss Eddie Howe (left) was unhappy with his side's show and admits it made for painful viewing.

He said: "Our performance was below the level we set ourselves."

"We played in front of them too much. I felt we were off in every aspect of our game."

"It was a difficult watch towards the end. We needed to do a lot better to break them down."

Allan Saint-Maximin has had an injury setback and is a doubt for the next game at Fulham.

IT'S TURNED

Howe's facing fresh issues as



PHIL YER BOOTS: Billing beats Nick Pope to score in the 62nd minute



TOP BILLING: Celebrations after opener



TOUGH WATCH: Brazilian Joelinton covers his face

NO wins in six league games for Eddie Howe's Newcastle and the early season optimism is ebbing away.

Despite having more than 70 per cent possession, the hosts were rescued by VAR - and there were a few boos at full time.

Alexander Isak (right) kept his cool to level the game from a controversially awarded penalty, after Phillip Billing had put the visitors ahead.

Newcastle looked very ordinary in attack, and didn't do enough to cut open a resilient and well-organised Bournemouth.

They have lost just once in 13 league games at home this year, but this was their third draw in a row on Tyneside and they've only beaten new boys Nottingham Forest in seven games.

It seems breaking into the elite

By **Simon Bird**
AT ST JAMES' PARK

will be harder than some expected.

Despite having spent £200million on eight players in two windows this season, Newcastle are short on real creativity.

Brazil play-maker Bruno Guimaraes was back after missing three league games but they were still without Callum Wilson, Allan Saint-Maximin and Jonjo Shelvey through injury.

The impact of those three being out on their attacking play is significant.

Billing opened the scoring following a sweeping multi-pass move after an accomplished spell from the Cherries. The

home fans were silenced by the attacker's deft touch past Nick Pope at the front post, after he ran off Fabian Schar.

Jordan Zemura provided the assist.

That was on the hour, and Newcastle were gifted a way back by VAR.

In recent weeks Howe's side have been on the wrong end of VAR decisions - a goal disallowed at Liverpool, penalty claims missed and a Joe Willock goal harshly disallowed against Crystal Palace.

The club complained to the VAR officials in the aftermath, and Bournemouth might claim the system was rewarding Newcastle for recent errors.

It was another controversy. Kieran Trippier's cross hit Jefferson Lerma but his hand



MOORE PLEASE: O'Neil sees Kieffer Moore battle on

■ Newcastle have become the first team to draw five of their first seven Premier League games since Sunderland in 2014-15.

■ Alexander Isak became the 27th different player to score a Premier League penalty for Newcastle, more than any other side in the competition's history.

■ Bournemouth's Philip Billing has scored two goals in his last two Premier League games - as many as he managed in his previous 49 matches.

■ Adam Smith became only the third Bournemouth player to reach the 150th Prem game milestone, after Steve Cook (168) and Joshua King (161).

ON ITS ED

early-season hopes fade

SPOT ON: Isak levels the score with a penalty

MATCH STATS

Newcastle	B'mouth
7.....Shots on target.....	3
8.....Shots off target.....	5
5.....Blocked shots.....	2
8.....Corners.....	1
10.....Fouls.....	11
3.....Offsides.....	1
86.....Passing success %.....	67
16.....Tackles.....	17
69.....Tackles won %.....	71
73.....Possession %.....	27
2	0
2	0

didn't appear to be in an unnatural position as he ran.

But VAR sent Craig Pawson to the monitor and he awarded the penalty.

New boy Isak converted for his first goal at St James' Park and second since arriving for £60m in August.

Howe was unemotional about facing the club he made his managerial name with. But he admitted he wouldn't be in the Newcastle dug-out if it wasn't for leading the Cherries to the Premier League over a 10-year, two-stint spell.

Gary O'Neil's side, though, were excellent.

England right-back Trippier hit the post with a trademark free-kick after 27 minutes but for

long periods the game, and Newcastle, were flat.

Bournemouth were sharp in the tackle and tactically in a good shape cutting out routes forward.

Just before half-time Joelinton hit the bar, then was denied by keeper Neto who also saved well from Ryan Fraser in a frenzy of shots.

After the break the visitors managed a break and low shot from Dominic Solanke.

The Cherries will stay up this season if they

perform like this, with a threat on the break and it is now five points won since their 9-0 defeat to Liverpool.

Newcastle need to work out how to break teams down.



MATCH RATINGS

Newcastle

Pope.....	6
Trippier.....	7
Schar.....	6
Burn.....	6
Targett.....	6
Joelinton.....	5
Guimaraes.....	6
Willock.....	6
Fraser.....	5
Almiron.....	5
Isak.....	6

SUBSTITUTES

Longstaff (for Guimaraes, 72).....	6
Murphy (for Fraser, 72).....	6
Wood (for Almiron, 90).....	6

NEXT GAME

v Fulham (A)..... **Oct 1**

B'mouth

Neto.....	7
Smith.....	6
Mepham.....	7
Senesi.....	7
Zemura.....	8
Cook.....	7
Lerma.....	7
Christie.....	6
Billing.....	6
Tavernier.....	6
Solanke.....	5

SUBSTITUTES

Anthony (for Tavernier, 80).....	6
Stacey (for Christie, 87).....	6
Moore (for Solanke, 90).....	6
Stephens (for Billing, 90).....	6

NEXT GAME

v Brentford (H)..... **Oct 1**

REF: Craig Pawson 6



STAR MAN

Jordan Zemura - Excellent at left-back in defence and a real creative outlet.



Our voice of the North

Toon not All Star just yet

ONE of the most provocative answers ahead of a North East derby came from the question of who would get into a combined Newcastle and Sunderland side.

It was October 2012, Newcastle had just finished fifth in the Premier League under Alan Pardew and were playing in Europe.

I asked defender Steven Taylor which Mackem players would get into the Toon side. His answer: None.

Fair play to Taylor (below) for avoiding the boring, cliched answer, and for backing his team-mates. He caused a storm, wasn't far off the mark, and it was quite amusing in its partisanship, ahead of the game on Wearside, which was drawn 1-1.

It came to mind as fans debated the merits - mooted by Chelsea owner Todd Boehly - of a Premier League All Star Game.

Hardly any players outside of Manchester and Liverpool got a mention for the North team in public votes.

Fair enough, when the two best teams in Europe last season are on the patch.

From the back Ederson, Alexander-Arnold, Van Dijk, Dias, Cancelo.

Could Nick Pope break in there for shot-stopping this season? Kieran Trippier to push Alexander-Arnold?

In midfield we have Rodri, Neves, De Bruyne. No Bruno Guimaraes, who was left on the bench but a worthy contender.

Up front there is Salah, Haaland, Foden. Few arguments here too, but by the end of the season Eddie Howe will be hoping £60million Alexander Isak and Allan Saint-Maximin are at least being debated for inclusion.

Newcastle's mission given their new riches is to bridge that gap over the next couple of years.

Maybe Sunderland can get in on the act too with promotion. Did you see the sublime one-touch passing move that ended with Jack Clarke scoring against Reading on Wednesday? Incredible.

The last word...

THE hard work of an important charity looked set to go to waste last weekend when games were postponed because of the Queen's death.

Players of at least 10 clubs were set to wear 'If U Care Share' T-shirts aimed at tackling suicide with the words: I'm getting what's on the Inside Out.

Organisers are hoping hours of work can come good and get a new date agreed with clubs soon, especially after high-profile losses in the game, including Gary Speed.



GLAD HATTERS: Reece Burke (right) enjoys No.2

Jones tells fans to cool it after ending rotten home run

NATHAN JONES pleaded for Luton supporters to be more patient after his side finally broke their home hoodoo.

The tightly-packed, ramshackle stadium at Kenilworth Road has traditionally been a fortress as Luton have readjusted to life in the second tier over the previous three seasons.

Yet Jones' men have stuttered there so far this term, so it was an enormous relief to get their first home win under their belt. Especially against such tough opposition.

Carlton Morris and Reece Burke both netted as the Hatters pinned Blackburn back during a rampant second-half display.

Yet Jones called for calm after the game, rounding on his critics.

He said: "I don't read social media but people sometimes

show me stuff and things that are people saying, telling me we should be doing stuff.

"I've got a message for our fans - there are a lot of

Championship teams that should be beating teams. And their fans keep saying it.

"We're not a team that should be beating teams. What we are is a team who goes about our business with humility.

"We're hard-working, we've got an honest group, we've got a wonderful way of doing stuff and we've got a fantastic environment.

"And at times it's difficult as Championship games are very difficult to win, as we found out the first year that we were in it.

"We can say we 'should be, should be, should be'. But those are the type of performances we put in and the crowd should get behind that as there's no God-given right to win a football game.

"We're a relatively new

LUTON	2
Morris 58, Burke 67	
BLACKBURN	0
By GREG ADAMS	

side in this at this level but we just keep doing it. And I'm really proud of the team. So get behind the team as they were magnificent today."

Jon Dahl Tomasson's Blackburn side controlled most of the first half without doing any damage to their hosts.

Chilean international Ben Brereton Diaz fluffed their only real chance when his scuffed effort beat home goalkeeper Ethan Horvath only for Dan Potts to clear off the line.

That turned out to be the visitors' only shot on target. Morris bagged his sixth goal of the season when he

steered home

Jordan Clark's cross on 58 minutes.

Burke's strike nine minutes later

had a touch of stardust

about it. The big defender

was allowed to carry the ball

into enemy territory before unleashing a 25-yard curler that beat Thomas Kaminski.

Tomasson said: "It was a disappointing result. We probably had the best chance of the game. If that had gone in then we win the match.

"So when you're playing away you have to take your chance.

"I hate losing but I'm not someone who easily gets concerned as I prefer to look at the bigger picture."

LUTON: Horvath 6; Burke 8, Lockyer 8, Potts 7, Bree 7, Lansbury 7 (Freeman 75) 6; Campbell 7, Clark 7 (Osho 90) 5; Bell 7, Woodrow 6 (Jerome 75) 6; Morris 8 (Onyedimma 89) 5

BLACKBURN: Kaminski 6; Hyam 6, Ayala 6, Wharton 7, Carter 6 (Brittain 59) 6; Travis 5, Morton 6 (Buckley 70) 5; Pickering 7, Dolan 6 (Hirst 59) 5; Hedges 5, Brereton Diaz 6

STAR MAN: Reece Burke - Absolute brick wall at the back on his return to the side - and what a finish.

REF: Josh Smith 7



NORWICH.....1 WEST BROM.....1

BYRAM 68

O'SHEA 9



BRAM CHOKER

Ref's horror howler cost us win blasts Bruce



HEAD START: Dara O'Shea (right) celebrates his early opener



LUCKY STRIKE: Teemu Pukki fires goalwards before going in off Byram

MATCH STATS

Norwich	West Brom
3	Shots on target 2
4	Shots off target 2
4	Blocked shots 7
7	Corners 4
10	Fouls 13
1	Offsides 1
1	Yellow cards 1
0	Red cards 0
82	Passing success % 70
17	Tackles 21
58	Tackles won % 38
65	Possession % 35

STEVE BRUCE slammed referee Thomas Bramall for two controversial calls that could get him sacked.

West Brom boss Bruce was left fuming when Sam Byram's Norwich equaliser was not ruled out for handball.

And he was adamant Bramall had already blundered by failing to award a penalty at 1-0 when John Swift was barged over.

The result left the Baggies firmly in the relegation picture going into the international break - a time when many clubs axe struggling managers.

Bruce said: "I know it's a hard job but big decisions have cost us and if I don't win games I get my head chopped off.

"The big decisions they need to get right and we had two against us - their goal and the penalty."

Bruce must have felt his luck was in when Norwich were caught flat-footed for Dara O'Shea to head home in the ninth minute.

Swift swung a free-kick to the back post where the defender, in acres of space,

By Jon West
AT CARROW ROAD

planted a downward header past keeper Tim Krul.

Norwich, who stay second, were fortunate that Albion were not awarded a penalty a few minutes later.

Kenny McLean gave the ball away in his own half and Grant Hanley's attempt to intervene saw Swift barged over in the box.

Bramall decided it was no spot-kick however, to the disbelief of Baggies on the pitch and on the bench.

Norwich boss Dean Smith was convinced it had been the correct call however.

He said: "It's not a penalty. If it's a penalty it should have been a free-kick that led to it for the same thing so it's consistency from the referee, well done."

The Baggies continued to keep Norwich quiet for huge spells, although home fans

were quick to accuse them of time-wasting. But fortune deserted Bruce and Co in the 68th minute when Byram was able to celebrate his first goal since December 2015, when he was at Leeds.

Not that he knew much about it as Teemu Pukki's shot from the edge of the box hit his body to deceive David Button.

Albion were convinced the left-back had used an arm to make the fateful deflection - and their protests convinced Bramall to consult assistant Matthew Wilkes.

Again Smith believed the official had got it right by deciding to give it.

He said: "I'm led to believe that if it's T-shirt - if it hits the top of the arm - then it's okay, so it looks like a good goal."

NORWICH: Krul 6; Aarons 6, Hanley 6, Omobamidele 6, Byram 7; McLean 5, Nunez 6 (Dowell 78) 5; Sargent 6, Ramsey 6 (Cantwell 88) 4; Sara 6 (Hernandez 60) 6; Pukki 6

WEST BROM: Button 6; Furlong 6, O'Shea 7, Townsend 7, Pieters 6; Molumby 6 (Phillips 90) 3; Livermore 6; Wallace 6, Swift 7, Diangara 7 (Reach 87) 4; Thomas-Asante 6 (Grant 78) 5

STAR MAN: John Swift - Albion midfielder was at the heart of most of his side's memorable moments.

REF: Thomas Bramall 6



PRESTON..0 SHEFF UTD..2

NDIAYE 40, McBurnie 75

MATCH STATS

Preston		Sheff Utd	
3	Shots on target	6	
6	Shots off target	5	
9	Blocked shots	4	
7	Corners	5	
11	Fouls	10	
1	Offsides	1	
1	Yellow cards	3	
0	Red cards	0	
77	Passing success %	73	
13	Tackles	26	
53	Tackles won %	50	
57	Possession %	43	

BLADE OF GLORY: Iliman Ndiaye celebrates his United opener

Top stuff

HECK HEROES GRIT OF ALRIGHT

SHEFFIELD United boss Paul Heckingbottom praised his side's character after they extended their lead to at the Championship summit to three points.

Oli McBurnie's fourth goal in five league games and Iliman Ndiaye's smart first-half opener did the trick as the buoyant Blades clinched a fourth successive league win.

Heckingbottom also took comfort from a fourth straight clean sheet from his tight team.

"Two-nil away wins don't come easy, you've got to do a lot of good things right to get them," he said.

"Credit to the players because we found a way to win. We weren't at our best in the first half but we showed our strength in the second half. It was much more like us.

"We were lethargic in the first half and weren't as aggressive as we normally are. We were second to things. They were better second half."

Preston were the better side in the first half and created a hatful of chances but lacked a killer instinct.

And the hosts' failure to find the back of the net came back to haunt them with Ben Whiteman, Troy Parrott and Ali McCann having all

By Neil Goulding

AT DEEPALE

squandered good opportunities to shock the division's form side.

Senegalese midfielder Ndiaye made them pay when he sweetly slotted home five minutes before half-time after a mix-up between Whiteman and defender Liam Lindsay.

Then McBurnie did what he does best, firing home from close range in front of the travelling supporters.

"We're creating chances but it's concerning we're getting into good areas and we're not finding the back of the net," said Preston manager Ryan Lowe.

"But what I will say is we gifted them two goals.

"They'll be a lot more happier than I am because the goal we've gifted them are very sloppy on our behalf."

PRESTON: Woodman 6; Hughes 6, Lindsay 6, Storey 6; Whiteman 6; Potts 6 (Ledson (82) 6), McCann 6 (Johnson (69) 6), Browne 6, Fernandez 6 (Brady (69) 5); Parrott 6 (Maguire (82) 5), Riis 6 (Evans 69) 6)

SHEFFIELD UNITED: Foderingham 7; Ahmedhodzic 7, Egan 7, Basham 7; Baldock 7, Ndiaye 7 (McAtee (90) 5), Berge 7, Norwood 7, Norrington-Davies 7; Brewster 7 (Doyle (69) 5), McBurnie 8 (Sharp (82) 6)

STAR MAN: Oli McBurnie - The on-song Blades striker bagged his fourth goal in five games.

REF: Jeremy Simpson 7

Zian mighty as Flemming close call gives Lions a lift

MILLWALL boss Gary Rowett plays record signing Zian Flemming is confirmed as the scorer of his first goal for the club.

The Lions claimed a vital second win in seven games through Benik Afobe's second goal of the season.

That came after debutant Flemming, a £1.7million summer capture from Fortuna Sittard, saw a goal awarded via goal-line technology although it was initially deemed an own



goal by goalkeeper Daniel Grimshaw.

The Dutch striker's header was cancelled out before half-time by an equaliser from on-loan Arsenal teenager Charlie Patino.

Rowett, who saw

half-time jeers from fans turn to cheers, said: "I hear there was a doubt about the first goal but Zian claimed it and the referee wrote down his name.

"At half-time I just told the players to be brave and trust me."

In the 14th minute Flemming got in a header that Grimshaw just failed to keep out.

It was millimetres over the line via a post but referee Darren Bond got

the signal on his watch. The Tangerines were level when Patino finished a fine move.

Flemming also hit a post but Afobe restored Millwall's lead, smashing in the rebound after Callum Styles' effort was blocked.

Blackpool boss Michael Appleton said: "It is frustrating. I didn't think Millwall did enough to win."

MILLWALL: Long 6; Cresswell 6, Cooper 6, Wallace 6; Styles 7, Mitchell 6, Shackleton 6, Malone 6; Honeyman 6 (McNamara (77) 6), Flemming 7 (Bradshaw (88) 6); Afobe 6

BLACKPOOL: Grimshaw 5; Ekipiteta 6, Thorniley 6, Husband 6 (Hamilton (81) 6); Connolly 6 (Gabriel (72) 6), Dougall 6, Patino 6 (Carey (89) 6), Thompson 6; Corbineau 6, Yates 6 (Poveda (72) 6), Lavery 6

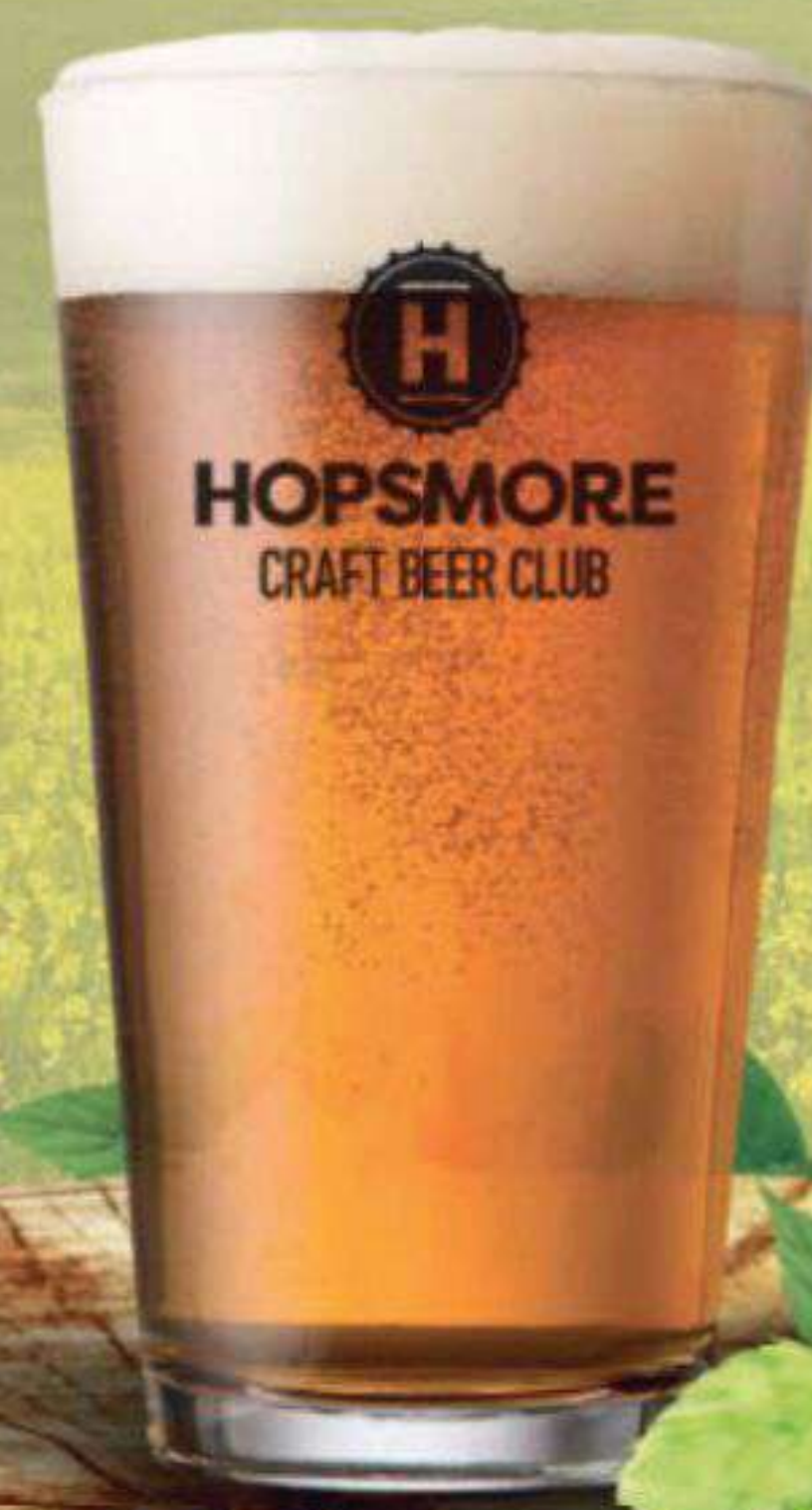
STAR MAN: Zian Flemming - Claimed a first Millwall goal by millimetres and unlucky to later hit the post.

REF: Darren Bond 7



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SCAN ME



WATFORD...2 SUNDERLAND..2

DAVIS 34, O'NIEN 62 (OG)

ALESE 45, BENNETTE 87

ROB-BED AGAIN

Edwards rues inconsistency as Cats hit back

M-AJI-C TOUCH:
Aji Alese fires
Black Cats' first
equaliser

MATCH STATS

Watford	Sun'land	
4	Shots on target	5
6	Shots off target	4
3	Blocked shots	3
8	Corners	3
0	Fouls	6
0	Offsides	2
0	Yellow cards	4
0	Red cards	0
79	Passing success %	72
20	Tackles	23
85	Tackles won %	74
56	Possession %	44

ROB EDWARDS is bracing himself for a big two weeks as he looks to address his inconsistent Watford start.

The Hornets are never shy in axing managers and their current streak of one victory in eight matches is bound to cause alarm amongst the hierarchy.

Watford were amongst the favourites for an immediate Premier League return but will go into the international break outside the top six, after Jewison Bennette denied them a crucial win.

Edwards said: "There's always pressure at this football club but I won't shy away from that.

"If you look at consistency of performances there are lots of good signs. We've seen that but not for 90 minutes.

"We will have a rest and then need to work hard. We have an opportunity to build something here and I aim to make that happen.

"I'd say we've been inconsistent overall and we saw that again. There is lots of potential. We have to see it now for the entirety."

After a slow start this game came to life on 35 minutes.

Yaser Asprilla's incredible pass found Hassane Kamara who crossed for Keinan Davis to score his first Hornets goal.

But Sunderland were level in first-half stoppage time in bizarre fashion.

Aji Alese netted his first goal for the club thanks to the aid of goal-line technology.

His scrambled shot was cleared off the



GOALDEN BOYS:
Bennette enjoys his late
leveller after Davis (right)
opened the scoring

By Ian Baker
AT VICARAGE ROAD

line by Hamza Choudhury but ref John Busby's watch beeped, with replays suggesting it was marginally over.

Watford started the second-half brightly but were lucky to take the lead on 63 minutes as Luke O'Nien, an ex-Hornets trainee, inexplicably headed into his own net after William Troost-Ekong had nodded on Joao Pedro's free-kick.

But the hosts, without the injured Ismaila Sarr, faltered after that.

And after Jack Clarke had seen a goal disallowed for offside it was left to Costa Rica star Bennette, 18, to score his first goal

in English football with a neat finish from Patrick Roberts' classy 87th-minute cross.

Wearsiders boss Tony Mowbray, in his fourth game in charge, said: "Bennette is off to prepare for Costa Rica and the World Cup. He hardly speaks a word of English but comes in with a smile on his face.

"I think he is going to surprise a lot of people this season. He is one hell of a story. I want some of these lads to learn to speak English better."

WATFORD: Bachmann 6; Cathcart 7 (Kabasele (84) 5), Troost-Ekong 7, Hause 6, Kamara 7 (Bayo (74) 6); Pedro 7, Kayembe 6, Choudhury 6, Sema 7; Asprilla 8, Davis 7 (Gosling (81) 5)
SUNDERLAND: Patterson 6; O'Nien 5, Bath 6, Alese 7; Gooch 6; Neil 6 (Dajaku (73) 6), Evans 6 (Matete (79) 6), Clarke 7 (Bennette (73) 7), Roberts 7; Pritchard 6 (Ba (79) 6); Embleton 6 (Diallo (63) 6)

STAR MAN: Yaser Asprilla - Sensational pass to set up Watford's first.

REF: John Busby 7



FIRING BLANKS: Willock tries to break the deadlock

Neil doesn't have a Paal in ref Matt after penalty no-no

ALEX NEIL could not believe what he was seeing when Stoke appeals for a last-second penalty were waved away.

Even QPR boss Mick Beale admitted it was a heart in the mouth ending when Ben Wilmot appeared to have been bundled over by Kenneth Paal.

It ended up being a head in hands in disbelief moment for Potters boss Neil, who had seen his side finish strongly after being outplayed for much of the second half.

He said: "The game shouldn't be remembered for one incident because I thought we were good first half and they were better in the second half but it is a clear penalty.

"I have watched it back. I don't know what the referee has seen.

"It was clear as day.

"The kid just

runs across his path and puts his hands out and hits him.

"It is not one where there is a little bit of contact.

"He hits him and Ben goes over

because there was that much contact on his back leg."

Beale quipped that Neil must be sick of the final minute of games against the Hoops this season after keeper Seny Dieng scored a last-gasp equaliser in one of his final games as Sunderland boss.

Neil would have had his keeper Joe Bursik to thank if Stoke had given him some revenge by snatching a last-second winner.

The away side bossed large spells of the first half and had the ball in the net inside two minutes but Dwight Gayle was flagged offside as he turned in Wilmot's cross.

The former Newcastle striker then hit the top of the bar with a 20-yard free-kick and hooked

QPR	0
STOKE	0
By STEVE JUDGE	

another shot narrowly wide before Bursik palmed out Stefan Johansen's 44th-minute left-foot strike from the edge of the box.

That was the prelude to three top-class second-half blocks.

First he scrambled across his line to keep out the unmarked Paal from a 48th-minute corner.

Then he pulled out a star jump to somehow catch Jimmy Dunne's point-blank header with the majority of the crowd waiting for the net to ripple.

Bursik saved the best for last, as he kept out Ethan Laird's fierce drive at the near post.

That paved the way for Aden Flint and Tyrese Campbell to almost snatch a late winner.

The former saw his header tipped over by Dieng with

sub Campbell pushing his snapshot agonisingly wide of the goal.

A level-headed Beale said: "We really pushed in the second half and couldn't find the goal, and if we can't find it then I am pleased with the clean sheet.

"It was a game neither side was in control of.

"It would have been a glorious win if we had got the goal and a devastating defeat."

QPR: Dieng 6; Laird 7, Balogun 6, Dunne 6, Paal 6; Dozzell 6 (Dykes (46) 6), Field 7, Johansen 7 (Iroegbunam (78) 6); Chair 7, Roberts 6 (Adomah (78) 6), Willock 7

STOKE: Bursik 9; Taylor 7, Flint 8, Fox 7; Wilmot 7, L Baker 6, Smallbone 6, Thompson 7 (Laurent (75) 6); Delap 6 (Powell (67) 6), Gayle 6 (Campbell (67) 6), Fosu 7

STAR MAN: Joe Bursik - three huge second-half saves for the Potters to win his side a point.

REF: Matt Donohue 7



JOR BLIMEY: Jordan Rhodes celebrates his goal

All Rhodes lead to big future for new boss says Pelach

HUDDERSFIELD caretaker boss Narcis Pelach claims their new manager will inherit a side showing the fighting spirit needed to survive.

Huddersfield are searching for Danny Schofield's successor and Pelach was delighted by the Terriers' attitude as they recorded only their second league win of the season thanks to Jordan Rhodes' early strike.

"The new manager is going to come in and as a staff we have to prepare this team so when he comes in, the squad will be ready," he said.

"I think the club needed this win, not playing football, but by showing fight.

"This is what we did last season and we did something very nice.

"We were not the best today, but we were fighting for every action.

"This is what we need to do in training and in every game because the Championship is very demanding," Cardiff boss Steve

Morison backed Callum Robinson to bounce back from his missed penalty, which cost them a point at the John Smith's Stadium.

Robinson's spot-kick was saved by Lee Nicholls and Morison claimed they should have had a second penalty for Jack Rudoni's foul on Jaden Philogene, which was given as a free-kick on the edge of the box. "He'll be gutted, he'll feel a sense of responsibility, but I'm sure he will score many goals when he gets the opportunity," said Morison.

"The second one's a stonewall penalty. It's in the box by a yard.

"They couldn't tell so they gave the safe option of a foul on the edge of the box, but the lino is looking straight at it along the line."

HUDDERSFIELD 1

Rhodes 8

CARDIFF 0

By DAVID ANDERSON

Huddersfield showed all the qualities needed to climb the table and they played with grit and desire.

Rhodes led the line well and produced a clinical finish for his goal, while teenager Etienne Camara was dominant in midfield on his full league debut and Michal Helik was resolute at the back.

The winner came after just eight minutes when Tino Anjorin linked with Duane Holmes to feed Rhodes, who scored right-footed inside the near post for his third of the season.

The Terriers were on top and Holmes cut in from the right to hit a left-foot shot, which was

Hudd'field	Cardiff
4	2
4	4
0	1
1	3
10	6
6	3
3	0
0	0
56	78
21	17
57	35
33	67

Philogene, only for Robinson to miss his 21st-minute effort.

The Bluebirds kept up the pressure and Perry Ng fired a drive just over while Nicholls saved Callum O'Dowda's free-kick, which Morison felt should have been a penalty.

Huddersfield could have won by more and Rudoni dallied too long when through on goal allowing Cedric Kipre to get in a vital challenge.

HUDDERSFIELD: Nicholls 7; Turton 6, Lees 6, Helik 7, Nakayama 7; Kasumu 6, Camara 8, Holmes 6 (Thomas 79) 5, Anjorin 6 (Ward 45) 6, Rudoni 5 (Jones 57) 6; Rhodes 7 (Mbete 90) 5
CARDIFF: Allsop 6; Ng 6 (Sang 82) 5, Kipre 7, Simpson 6; Romeo 6 (Colwill 70) 5, Wintle 6, Rinomhota 5 (Ojo 90) 5, O'Dowda 6, Nkounkou 5 (Harris 45) 6; Robinson 4, Philogene 6 (Sawyers 45) 6
STAR MAN: Etienne Camara - the young Frenchman impressed in midfield on his full Terriers league debut.
REF: Dean Whitestone 7



SWANSEA.....3 HULL.....0

MANNING 61, CUNDLE 64, PIROE 85



RYAN MANS UP AS SWANS SOAR

Not a lotta for Shota to smile about



VOLLEY GOOD: Ryan Manning gets to his feet after scoring the first for Swansea

MATCH STATS		
Swansea		Hull
5	Shots on target	1
5	Shots off target	4
7	Blocked shots	1
5	Corners	3
6	Fouls	7
2	Offsides	2
1	Yellow cards	3
0	Red cards	0
91	Passing success %	83
13	Tackles	11
54	Tackles won %	64
60	Possession %	40

SOMETIMES a manager just needs a lucky break, so Russell Martin will forever be grateful to the fixture computer that brought Hull south for a lunchtime start.

The paper Tigers had lost three on the bounce by an aggregate score of 8-1 and so their folding in the final half hour was as predictable as a soggy cardboard box collapsing in the rain.

Ryan Manning inflicted the first rip with a well-struck volley, before a comedy goal for Luke Cundle three minutes later.

The third for Joel Piroe was another farcical concession - especially for Hull boss Shota Arveladze - who is surely heading for a final deadly punchline from owner Acun Ilicali.

It could not have been very funny, either, for the small knot of Hull fans, whose seven-hour trip to west Wales deserved better.

"I haven't spoken to the owner, but the boys are very, very down," said Arveladze.

"We are on a bad run and we aren't in form. I feel under pressure. I will talk to

By Graham Thomas
AT THE SWANSEA.COM STADIUM

myself about the situation, but on this form it is no surprise at all.

"It is about what we can change. Whatever course is taken, it is going to be what is best for the club that matters."

Georgian Arveladze could well find the change involves a different manager in charge for their next game against Luton after the international break.

Hull's performance was so poor that even Swansea - who give away late goals themselves - could not hand any over.

Their form remains patchy, but they have now lost only once in four games and have two wins in their last three.

Joe Allen is likely to miss Wales' final two matches before the World Cup in Qatar after picking up a fresh hamstring issue.

The midfielder, 32, came off in the 30th minute and looks set to miss out on the Nations League clashes with Belgium and Poland. "It's his hamstring, but it's not the

one he has done before, that's why there's not a huge amount of concern at the minute," said Swans boss Martin.

"Joe doesn't feel it's a bad one. I think he has a good understanding of his own body and he is hopeful he came off as more of a precaution.

"He is a really important player for us and for Wales."

Martin praised his team and added: "They were relentless and I'm really proud of them. Being picky, we should score more."

Manning scored before Hull keeper Nathan Baxter tripped his own defender Tobias Figueiredo to hand Cundle a tapin.

Figueiredo then passed straight to Piroe who made it 3-0.

SWANSEA: Benda 7; Wood 6, Naughton 7, Cabango 6; Sorinola 6 (Stevens 90) 6, Allen 6 (Cundle 31) 7, Grimes 6, Manning 7; Fulton 6, O Cooper 7 (Oko-Flex 90) 6; Piroe 6 (Obafemi 88) 6
HULL: Baxter 5; Coyle 6, Figueiredo 5, Greaves 6, Elder 6; Tufan 6, Seri 6 (Woods 75) 5, Slater 5 (Longman 67) 6; Vale 6, Pelkas 5 (Docherty 75) 6, Estupinan 5 (Christie 82) 6
STAR MAN: Ollie Cooper - Bright young talent who provides pace and buzzing energy to Swansea midfield.
REFEREE: Keith Stroud 7

MAN UTD..4 READING..0

LE TISSIER 4, 25, ZELEM 14 (P), RUSSO 35



GIRL POWER: Russo (second right) celebrates with team-mates

Top Marc

SKINNER'S SIDE FOUR-MIDABLE

MANCHESTER UNITED showed off their WSL title credentials with a 4-0 win against Reading yesterday.

Marc Skinner's side comfortably won their opening home game of the season thanks to goals from captain Katie Zelem, Alessia Russo and a double from new signing Maya Le Tissier.

It was a momentous occasion for United, as they broke their attendance record at Leigh Sports Village by selling more than 7,200 tickets.

Many of those fans came to watch several Lionesses in action, with Mary Earps, Ella Toone and Russo all starting for the hosts.

United needed just four minutes to break the deadlock when Le Tissier, who is not related to ex-Southampton star Matt, scored from Zelem's corner.

It was a cheeky finish, too, as the defender, 20, flicked the ball over goalkeeper Grace Moloney.

Zelem got the chance to double United's lead moments later when

By Tom Blow

AT LEIGH SPORTS VILLAGE

Moloney brought Russo down in the box. The skipper stepped up and confidently dispatched the penalty.

It was a lovely moment for Zelem, who was making her 100th appearance for United.

Zelem and Le Tissier were at it again in the 25th minute, as the captain's corner found the new recruit in the box. Le Tissier headed in to make it 3-0.

Russo all but ended the contest ten minutes before the break when she made it 4-0.

It was a trademark goal as she towered over her marker to nod in Ona Batlle's cross.

The game quietened down after half-time, with chances coming few and far between.

England star Nikita Parris was introduced late on following her move from Arsenal to United.

Hayes focus is on winning with new-look Blues squad

EMMA HAYES wants Chelsea to get even better ahead of the start of their Women's Super League title defence.

Chelsea were due to start their season against West Ham at Stamford Bridge last weekend.

But with the opening-day programme postponed following the death of Queen Elizabeth II, the Blues will now kick-off at promoted Liverpool today.

"I just want to get better,

TODAY'S WSL GAMES

I'm not focused on winning," boss Hayes said.

"I want to make sure training is top class and that the starters I select perform at the levels we demand in this environment."

Five internationals - Kadeisha Buchanan, Jelena Cankovic, Eve Perisset, Johanna Rytting Kaneryd and Katerina Svitekova -

have arrived since last season when Chelsea completed a league and FA Cup double.

Hayes said: "It's nice always to see top players coming into our league and every single one of them has settled."

"It's not a European championship where you've got to play maybe six games, those players have got to play 44 games minimally."

Liverpool won last

season's FA Women's Championship by an 11-point margin, and former Chelsea boss Matt Beard says his players are excited by the Prenton Park clash with the champions and the campaign ahead.

Beard said: "We feel we are equipped and we can compete in this division."

"Chelsea are a fantastic team. But we will be setting up to try to get something out of the game."

"I'm confident we can give a good account of ourselves."

Today's Games: Aston Villa v Man City (12.30), Leicester v Tottenham (3pm), West Ham v Everton (3pm), Liverpool v Chelsea (5pm).

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Mellon's level head

Salford 0 Tranmere 1

MICKY MELLON insists his young Tranmere team will reach a "different level" when they add consistency to the energy and enthusiasm that earned a deserved victory.

Josh Hawkes scored the only goal after 34 minutes to inflict a first home defeat of the League Two campaign on Salford. "We put together a gameplan but it is up to the players to execute it and they did that fantastically well," said Mellon, whose side won away from Prenton Park for the first time this term.

"They were excellent from the first minute... it was a real



HAWK-HIGH: Hawkins celebrates

team performance and we could have scored more goals.

"It is a very young side with bags of energy and enthusiasm, now it needs to become consistent." Salford rarely threatened and quickly ran out of ideas following a bright start. Head coach Neil Wood

acknowledged his team's performance was a long way below par. "We were too sloppy, with too many players off their games," he Wood.

"The passing wasn't great and the end product wasn't good enough. The standard and quality needs to be better."

MARK HUGHES feels Bradford hotshot Andy Cook is not getting enough support from referees. Cook reached 11 goals for the season with a brace against Stevenage, with Tyreik Wright also notching.

Boss Hughes said: "I'm jumping up and down on the sidelines. I've been there before as a striker when you feel you're not getting enough from the officials to allow you to play. The way the game is

Bradford 3 Stevenage 0

refereed at the moment, a lot more challenges are going unpunished and that's not helping good players."

Boro manager Steve Evans said: "Diehard Bradford fans will say this is deserved but it wasn't. If I come out and say we were the better side for long spells then I'll probably get put in a straitjacket and taken away in a wee white van."

Carlisle 2 AFC Wimbledon 1

CARLISLE'S grit impressed manager Paul Simpson as they beat AFC Wimbledon.

Callum Guy and Kristian Dennis got the goals which won it for the hosts, either side of Ayoud Assal's leveller.

Simpson said: "I accept it wasn't the best game of football, but we battled, scrapped."

Wimbledon boss Johnnie Jackson said: "I thought we deserved more from the game."

GRIMSBY boss Paul Hurst liked the way Ryan Taylor and Harry Clifton teamed up for the goal which sealed a win at Colchester. Clifton lobbed the winner following Taylor's pass

Colchester 0 Grimsby 1

and Hurst said: "It was a moment of quality, the ball and then a very composed finish. It was obvious from the sidelines

what Clifton should do; I wasn't sure if he'd seen it but, he executed it really well."

Colchester boss Wayne Brown said: "All defeats are disappointing, this especially."

Crewe 1 Crawley 0

ALEX MORRIS is happy with Crewe's progress. Courtney Baker-Richardson netted the winner and Morris said: "It has been an okay start." Crawley boss Kevin Betsy said: "I was very disappointed with the result as we were excellent."

D'caster 0 Swindon 1

SCOTT LINDSEY hailed the attitude of Jacob Wakeling and his Swindon side after the youngster scored the only goal. "He's been outstanding," Lindsey said. Doncaster boss Gary McSheffrey admitted: "It's a sticky period we need to get through."

Gill'ham 0 Mansfield 2

NIGEL CLOUGH said Mansfield's win at Gillingham was their "best away game as we've had for some time". After Lukas Akins and George Lapslie had scored, Gillingham manager Neil Harris said: "There's so much work we have to do."

RICHIE WELLENS is confident Leyton Orient still have room for improvement after beating Walsall.

Omar Beckles' second-half goal stretched Orient's lead at the top to four points to make it eight wins from nine games. Wellens said: "At times in the first half we struggled. Teams will change the way they play when they come

PETE WILD celebrated his new contract by seeing Barrow win at Newport. Josh Gordon scored twice, the second a penalty, and Wild said: "On the bus drive down, you'd have thought we were going on a stag do because of the

JIM BENTLEY admitted he saw worrying "frailties" in his Rochdale team as they crumbled to defeat at Northampton.

Despite a bright start, Dale were well-beaten as Sam Hoskins scored twice to add to Jon Guthrie's stunner.

"We've been in the building for three weeks and I've heaped praise on the players, we played

L Orient 1 Walsall 0

here now so we have to be a little bit better but we were patient."

Walsall manager Michael Flynn reflected on a crucial moment, saying: "We let a runner go and that was the only moment in the game when we switched off."

"That was really the only time in the game they cut us open."

Newport 0 Barrow 2

camaraderie and the unity in the group."

Newport's James Rowberry said: "You can talk about tactics and formations, but you can't legislate for individual errors. It's a massive frustration."

N'hampton 3 R'dale 0

the team at the top of the table in midweek and ran them close," Bentley said. "But I've seen some frailties that is not a reflection of how we've worked and how we want to work moving forward."

Northampton boss Jon Brady said: "It wasn't one of our better games all over, but fair credit to Rochdale."

Stockport 0 H'gate 0

DAVE CHALLINOR felt Stockport and Harrogate appeared low on confidence in their goalless draw.

"It seemed that as the game went on, it turned into a match between two teams bereft of a bit of confidence," said Challinor.

Harrogate boss Simon Weaver was more positive, claiming: "We've shown that we're continuing to grow."

Sutton 2 H'pool 0

MATT GRAY hailed Sutton's "dominant" second-half performance.

Goals from Will Randall and Harry Beautyman secured the U's a fourth successive home league win. The boss said: "It could have been three or four more. It was a great performance."

Pools manager Paul Hartley said: "People have got to perform better."

EUROPEAN RESULTS

SPAIN - Athletic Bilbao L, Rayo Vallecano L; Barcelona 3, Elche 0; Mallorca 1, Almeria 0; Valencia L, Celta Vigo L. **TODAY** - Atletico Madrid v Real Madrid; Osasuna v Getafe; Real Betis v Girona; Real Sociedad v Espanyol; Villarreal v Sevilla.

	P	W	D	L	F	A	Pts
Barcelona	6	5	1	0	18	1	16
Real Madrid	5	5	0	0	15	5	15
Real Betis	5	4	0	1	8	3	12
Osasuna	5	4	0	1	7	3	12
Villarreal	5	3	1	1	9	1	10
Ath Bilbao	5	3	1	1	9	2	10
At Madrid	5	3	1	1	9	4	10
Mallorca	6	2	2	2	6	7	8
Girona	5	2	1	2	6	5	7
Vallecano	5	2	1	2	5	5	7
Celta Vigo	5	2	1	2	8	10	7
Sociedad	5	2	1	2	5	7	7
Valencia	5	2	0	3	7	5	6
Almeria	6	1	1	4	4	7	4
Espanyol	5	1	1	3	6	10	4
Sevilla	5	1	1	3	6	10	4
Getafe	5	1	1	3	4	12	4
Real Valladolid	6	1	1	4	3	11	4
Cadiz	6	1	0	5	1	14	3
Elche	6	0	1	5	2	16	1

ITALY - Bologna 0, Empoli 1; Spezia 2, Sampdoria 1; Torino L, Sassuolo L. **TODAY** - AC Milan v Napoli; Cremonese v Lazio; Fiorentina v Verona; Monza v Juventus; Roma v Atalanta; Udinese v Inter Milan.

	P	W	D	L	F	A	Pts
Napoli	6	4	2	0	13	4	14
Atalanta	6	4	2	0	10	3	14
AC Milan	6	4	2	0	12	6	14
Udinese	6	4	1	1	12	6	13
AS Roma	6	4	1	1	8	6	13
Inter Milan	6	4	0	2	12	8	12
Lazio	6	3	2	1	9	5	11
Juventus	6	2	4	0	9	4	10
Torino	6	3	1	2	6	10	10
Spezia	7	2	2	3	7	11	8
Salernitana	7	1	4	2	10	8	7
Empoli	7	1	4	2	6	7	7
Fiorentina	6	1	3	2	5	6	6
Sassuolo	6	1	3	2	4	8	6
Lecce	7	1	3	3	6	8	6
Bologna	7	1	3	3	7	10	6
Verona	6	1	2	3	6	11	5
Cremonese	6	0	2	4	5	10	2
Sampdoria	7	0	2	5	4	13	2
Monza	6	0	1	5	3	14	1

FRANCE - Lille L, Toulouse L; Montpellier 2, Strasbourg 1. **TODAY** - Brest v AC Ajaccio; Clermont Foot v Troyes; Lyon v PSG; Marseille v Rennes; Nantes v Lens; Nice v Angers; Reims v Monaco.

	P	W	D	L	F	A	Pts
PSG	7	6	1	0	25	4	19
Marseille	7	6	1	0	15	4	19
Lorient	8	6	1	1	17	12	19
Lens	7	5	2	0	16	7	17
Lyon	7	4	1	2	16	9	13
Montpellier	8	4	0	4	19	15	12
Rennes	7	3	2	2	13	7	11
Monaco	7	3	2	2	10	12	11
Lille	7	3	1	3	14	15	10
Clermont Foot	7	3	1	3	8	10	10
Toulouse	7	2	2	3	8	11	8
Nice	7	2	2	3	5	8	8
Troyes	7	2	1	4	11	15	7
Auxerre	8	2	1	5	8	19	7
Nantes	7	1	3	3	8	11	6
Reims	7	1	3	3	10	14	6
Strasbourg	8	0	5	3	6	9	5
Brest	7	1	2	4	8	17	5
Angers	7	1	2	4	8	18	5
AC Ajaccio	7	0	1	6	3	11	1



ON TARGET: Lewandowski

GERMANY - Augsburg 1, Bayern Munich 0; Bayer Leverkusen 1, Werder Bremen 1; Borussia Dortmund 1, Schalke 04 0; Borussia M'gladbach 3, RB Leipzig 0; Stuttgart 1, Eintracht Frankfurt 3. **TODAY** - Hoffenheim v Freiburg; Union Berlin v Wolfsburg; VfL Bochum v Cologne.

	P	W	D	L	F	A	Pts
B Dortmund	7	5	0	2	9	7	15
Union Berlin	6	4	2	0	13	4	14
Freiburg	6	4	1	1	10	5	13
Bayern Munich	7	3	3	1	19	6	12
Hoffenheim	6	4	0	2	12	7	12
B M'gladbach	7	3	3	1	10	5	12
Ein Frankfurt	7	3	2	2	14	13	11
Mainz	7	3	2	2	7	10	11
Cologne	6	2	3	1	10	7	9
W Bremen	7	2	3	2	13	12	9
Augsburg	7	3	0	4	5	10	9
RB Leipzig	7	2	2	3	9	12	8
Hertha Berlin	7	1	3	3	7	9	6
Schalke 04	7	1	3	3	8	14	6
B Leverkusen	7	1	2	4	9	12	5
Stuttgart	7	0	5	2	7	10	5
VfL Wolfsburg	6	1	2	3	5	10	5
VfL Bochum	6	0	0	6	4	18	0

HOLLAND - Fortuna Sittard L, Excelsior L; RKC L, Cambuur L; Sparta 2, Groningen 1; Vitesse L, Volendam L. **TODAY** - AZ v Ajax; Go Ahead Eagles v Emmen; Heerenveen v Twente; PSV v Feyenoord.

	P	W	D	L	F	A	Pts
Ajax	6	6	0	0	21	3	18
Feyenoord	6	5	1	0	17	5	16
PSV Eindhoven	6	5	0	1	24	7	15
AZ Alkmaar	6	4	2	0	11	4	14
Twente	6	4	1	1	11	3	13
Sparta Rotterdam	7	3	1	3	9	8	10
Heerenveen	6	2	3	1	6	6	9
Excelsior	6	3	0	3	10	17	9
Utrecht	7	2	3	2	9	10	9
NEC Nijmegen	7	1	5	1	7	5	8
Groningen	7	2	2	3	7	12	8
RKC Waalwijk	6	1	3	2	10	9	6
Cambuur	6	1	1	4	4	9	4
Vitesse	6	1	1	4	6	15	4
Emmen	6	1	1	4	6	16	4
Volendam	6	1	1	4	7	20	4
Go Ahead Eagles	6	1	0	5	8	15	3
Fortuna Sittard	6	0	1	5	8	17	1

Bayern stunned by Berisha's winner

BAYERN MUNICH slipped to a surprise first defeat of the season at Augsburg.

Mergim Berisha (below) scored the winner - the 1-0 loss meaning Bayern have now failed to earn a victory in their last four matches in the German top flight.

Borussia Dortmund went top following yesterday's 1-0 win over local rivals Schalke. Youssoufa Moukoko, 17,

headed the winner for Edin Terzic's side to become the youngest player to have scored in the fixture. The win was marred by a nasty-looking injury to captain Marco Reus.

The German, who was called up for the Nations League match against England, turned his ankle and was carried off. In La

EURO ROUND-UP

Liga, Barcelona cruised to an impressive 3-0 win over 10-man Elche.

Barcelona's task against the league's bottom side was made easier when defender Gonzalo Verdu was sent off in the 14th minute for pulling Robert Lewandowski's shirt as he bore down on goal.

And he was soon scoring for the fifth consecutive league game. Memphis Depay scored a fine goal to double

Barcelona's lead in the 41st minute before Lewandowski grabbed his second.

The victory took Barca top although Real Madrid can return to the summit if they win away at rivals Atletico Madrid tonight.



Premier League

	P	W	D	L	F	A	GD	Pts
Man City	7	5	2	0	23	6	17	17
Tottenham	7	5	2	0	18	7	11	17
Arsenal	6	5	0	1	14	7	7	15
Brighton	6	4	1	1	11	5	6	13
Man Utd	6	4	0	2	8	8	0	12
Fulham	7	3	2	2	12	11	1	11
Chelsea	6	3	1	2	8	9	-1	10
Liverpool	6	2	3	1	15	6	9	9
Brentford	6	2	3	1	15	9	6	9
Newcastle	7	1	5	1	8	7	1	8
Leeds Utd	6	2	2	2	10	10	0	8
Bournemouth	7	2	2	3	6	19	-13	8
Southampton	7	2	1	4	7	11	-4	7
Aston Villa	7	2	1	4	6	10	-4	7
Crystal Palace	6	1	3	2	7	9	-2	6
Wolves	7	1	3	3	3	7	-4	6
Everton	6	0	4	2	4	6	-2	4
West Ham	6	1	1	4	3	8	-5	4
Nott'm Forest	7	1	1	5	6	17	-11	4
Leicester	7	0	1	6	10	22	-12	1

NEWCASTLE 1 BOURNEMOUTH 1

Isak 67 (pen) Billing 6

	P	W	D	L	F	A	GD	Pts
Sheff Utd	10	7	2	1	19	5	14	23
Norwich	10	6	2	2	16	9	7	20
Reading	10	6	0	4	10	14	-4	18
Burnley	10	4	5	1	17	10	7	17
Sunderland	10	4	3	3	16	11	5	15
QPR	10	4	3	3	14	11	3	15
Blackburn	10	5	0	5	11	13	-2	15
Bristol City	10	4	2	4	19	16	3	14
Watford	10	3	5	2	11	11	0	14
Rotherham	8	3	4	1	12	6	6	13
Luton	10	3	4	3	11	10	1	13
Wigan	9	3	4	2	9	11	-2	13
Millwall	10	4	1	5	11	14	-3	13
Stoke	10	3	3	4	11	11	0	12
Preston	10	2	6	2	3	4	-1	12
Swansea	10	3	3	4	10	12	-2	12
Birmingham	10	3	3	4	8	10	-2	12
Cardiff	10	3	2	5	7	11	-4	11
Blackpool	10	3	2	5	10	15	-5	11
Hull	10	3	2	5	11	21	-10	11
West Brom	10	1	7	2	15	14	1	10
Middlesbrough	9	2	3	4	13	15	-2	9
Huddersfield	9	2	1	6	9	13	-4	7
Coventry	7	0	3	4	7	13	-6	3

BIRMINGHAM 0 COVENTRY 0

HT: 0-0 Att: 16,633

BURNLEY 2 BRISTOL CITY 1

Benson 4 Wells 27
Rodriguez 67
HT: 1-1

HUDDERSFIELD 1 CARDIFF 0

Rhodes 8
HT: 1-0 Att: 19,193

LUTON 2 BLACKBURN 0

Morris 58
Burke 67
HT: 0-0 Att: 9,839

MIDDLESBRO 1 ROTHERHAM 1

HT: L-L

MILLWALL 2 BLACKPOOL 1

Grimshaw 14 (og) Patino 33
Afofe 63
HT: 1-1 Att: 11,463

NORWICH 1 WEST BROM 1

Byram 68 O'Shea 9
HT: 0-1 Att: 26,303

PRESTON 0 SHEFF UTD 2

HT: 0-1 Att: 18,412
Ndiaye 40
McBurnie 75

QPR 0 STOKE 0

HT: 0-0 Att: 14,174

SWANSEA 3 HULL 0

Manning 61, Cundle 64
Piroe 85
HT: 0-0 Att: 15,207

WATFORD 2 SUNDERLAND 2

Davis 34 Alese 45
O'Nien 62 (og) Bennette 87
HT: 1-1 Att: 19,767

WIGAN 0 READING 1

HT: 0-0 Att: 10,113
Ince 63

	P	W	D	L	F	A	GD	Pts
Ipswich	9	6	3	0	18	6	12	21
Portsmouth	9	6	3	0	19	8	11	21
Plymouth	9	6	1	2	16	11	5	19
Sheff Wed	9	5	2	2	17	9	8	17
Bolton	9	5	2	2	11	6	5	17
Barnsley	9	4	2	3	13	9	4	14
Derby	9	4	2	3	9	9	0	14
Lincoln City	9	3	4	2	14	14	0	13
Cambridge Utd	9	4	1	4	12	15	-3	13
Peterborough	9	4	0	5	14	10	4	12
Fleetwood	9	2	6	1	9	8	1	12
Shrewsbury	9	3	3	3	9	10	-1	12
Port Vale	9	3	3	3	10	12	-2	12
Charlton	9	2	5	2	13	11	2	11
Exeter	9	3	2	4	12	10	2	11
Wycombe	9	3	2	4	12	12	0	11
Accrington	9	2	4	3	10	12	-2	10
MK Dons	9	3	1	5	9	11	-2	10
Oxford Utd	9	3	1	5	8	10	-2	10
Cheltenham	9	2	2	5	8	12	-4	8
Bristol Rovers	9	2	2	5	13	19	-6	8
Forest Green	9	2	2	5	8	18	-10	8
Morecambe	9	1	4	4	6	16	-10	7
Burton Albion	9	1	1	7	10	22	-12	4

ACCRINGTON 1 CHELTENHAM 0

McConville 1
HT: 1-0 Att: 1,996

BOLTON 1 PETERBORO 0

Afolayan 86
HT: 0-0 Att: 17,016

BRISTOL R 3 LINCOLN CITY 6

Collins 18, 65 House 7, 61
Loft 60 Diamond 14 (pen), 45, 56
HT: 1-3 Virtue 51

CAMBRIDGE 0 BARNLEY 3

HT: 0-1 Att: 6,138
Cole 24
Cundy 76
Norwood 90

DERBY 2 WYCOMBE 1

Hourihane 72, 86 Mehmeti 15
HT: 0-1

EXETER 0 BURTON A 2

HT: 0-0
Oshilaja 63
Keillor-Dunn 69

FLEETWOOD 1 CHARLTON 1

Morton 30 Leaburn 77
HT: 1-0 Att: 3,614

FOREST GN 1 MORECAMBE 2

Wickham 30 Phillips 44
HT: 1-1 Att: 2,601 Rawson 90

OXFORD UTD 1 MK DONS 2

Mousinho 89 Smith 44
HT: 0-1 Att: 8,141 Grigg 84 (pen)

PORT VALE 2 SHREWSBURY 1

Harrison 9, 90 Saydee 19
HT: 1-1 Att: 7,403

PORTSMOUTH 2 PLYMOUTH 2

Koroma 41 Raggett 74 (og)
Hackett-Fairchild 90 Ennis 79
HT: 1-0 Att: 19,009

SHEFF WED 2 IPSWICH 2

Byers 75 Jackson 4
Smith 89 Iorfa 71 (og)
HT: 0-1 Att: 26,281

	P	W	D	L	F	A	GD	Pts
Leyton Orient	9	8	1	0	16	4	12	25
Barrow	9	7	0	2	15	9	6	21
Northampton	9	6	2	1	19	10	9	20
Stevenage	9	6	1	2	11	9	2	19
Bradford	9	5	2	2	14	7	7	17
Salford City	9	5	2	2	13	7	6	17
Mansfield	9	5	1	3	14	9	5	16
Grimsby	8	4	3	1	8	5	3	15
Crewe	9	4	3	2	11	9	2	15
Sutton Utd	9	4	2	3	11	9	2	14
Swindon	9	3	5	1	10	8	2	14
Doncaster	9	4	2	3	10	11	-1	14
Carlisle	8	3	4	1	10	8	2	13
Tranmere	9	3	1	5	9	9	0	10
Walsall	9	2	3	4	10	9	1	9
Stockport	9	2	2	5	10	13	-3	8
AFC Wimbledon	9	2	2	5	9	13	-4	8
Harrogate Town	9	2	2	5	6	11	-5	8
Newport	9	2	1	6	9	13	-4	7
Crawley Tn	9	1	3	5	8	13	-5	6
Colchester	9	1	3	5	7	13	-6	6
Gillingham	9	1	3	5	2	11	-9	6
Hartlepool	9	0	4	5	6	17	-11	4
Rochdale	9	0	2	7	5	16	-11	2

BRADFORD 3 STEVENAGE 0

Cook 6, 56 Wright 62
HT: 1-0 Att: 16,917

CARLISLE 2 AFC W'DON 1

Guy 45 Assal 59
Dennis 81
HT: 1-0 Att: 5,038

COLCHESTER 0 GRIMSBY 1

HT: 0-0 Att: 3,167
Clifton 63

CREWE 1 CRAWLEY TN 0

Baker-Richardson 73
HT: 0-0 Att: 3,717

DONCASTER 0 SWINDON 1

HT: 0-0
Wakeling 60

GILLINGHAM 0 MANSFIELD 2

HT: 0-2
Akins 17
Lapslie 34

L ORIENT 1 WALSALL 0

Beckles 58
HT: 0-0 Att: 6,736

NEWPORT CO 0 BARROW 2

HT: 0-1 Att: 3,793
Gordon 45, 59 (pen)

NORTHAMPTON 3 ROCHDALE 0

Guthrie 42
Hoskins 73, 81
HT: 1-0 Att: 4,691

SALFORD CITY 0 TRANMERE 1

HT: 0-1
Hawkes 34

STOCKPORT CO 0 HARROGATE 0

HT: 0-0 Att: 7,863

SUTTON UTD 2 HARTLEPOOL 0

Randall 53
Beaumont 66
HT: 0-0 Att: 2,766

1-2X CHECK	FULL TIME	POOLS NUMBER	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49
			1A	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49

VANARAMA NATIONAL

	P	W	D	L	F	A	Pts
Chesterfield	9	6	3	0	19	10	21
Wrexham	9	6	2	1	23	8	20
Solihull M	9	5	3	1	23	10	18
Notts Cnty	9	5	3	1	21	9	18
Boreham W	9	5	3	1	14	7	18
Wealdstone	9	4	4	1	10	7	16
Bromley	9	5	1	3	12	10	16
York	9	4	3	2	10	7	15
Barnet	9	4	2	3	14	12	14
Woking	9	4	1	4	13	10	13
Dorking W	9	4	1	4	15	21	13
Eastleigh	9	3	2	4	11	13	11
Dag & Red	9	3	2	4	13	17	11
Oldham	9	3	2	4	10	14	11
Maidstone Utd	9	3	2	4	11	20	11
Maidenhead	9	3	1	5	7	11	10
Southend	9	2	3	4	8	9	9
Yeovil	9	1	5	3	9	11	8
FC Halifax	8	2	2	4	6	9	8
Torquay	9	2	2	5	6	12	8
Gateshead	9	1	4	4	12	15	7
Aldershot	8	2	0	6	8	15	6
Scunthorpe	9	1	2	6	10	18	5
Altrincham	9	0	5	4	9	19	5

VANARAMA NORTH

	P	W	D	L
King's Lynn Tn	8	6	2	0
Scarborough A	8	5	1	2
Banbury Utd	8	5	1	2
AFC Fylde	8	5	1	2
Leamington	8	4	3	1
Darlington	8	4	2	2
Kidderminster	8	4	2	2
Peterborough S	8	4	1	3
Brackley	8	4	1	3
Gloucester	8	4	0	4
Curzon Ashton	8	3	2	3
Chester FC	8	3	2	3
Spennymoor Tn	8	2	5	1
Alfreton Tn	8	2	4	2
Chorley	8	2	4	2
Hereford FC	8	2	2	4
Blyth Sp	8	2	2	4
Buxton	8	1	4	3
Southport	8	2	1	5
Kettering	8	1	3	4
Boston Utd	8	1	3	4
Farsley Celtic	8	1	3	4
AFC Telford	8	1	3	4
Bradford P A	8	0	3	5

Portsmouth 2 Plymouth 2

DANNY COWLEY called for goal-line technology in League One. Portsmouth needed a stoppage-time Reeco Hackett equaliser to draw with 10-man Plymouth.

But Cowley felt his side were denied a clear goal earlier when the referee ruled Sean Raggett's effort was cleared off the line.

"It is about two yards over the line," said the Portsmouth boss. "I think to help the officials we should have goal-line technology. It is the 21st century."

Josh Koroma gave Portsmouth the lead but Raggett's own goal and a Niall Ennis strike turned the game on its head. But seconds after Brendan Galloway was dismissed, Hackett levelled.

Plymouth boss Steven Schumacher said: "We are gutted not to come away with three points."

Sheff Weds 2 Ipswich 2

DARREN MOORE praised Sheffield Wednesday's character after their late fightback. Leaders Ipswich led 2-0 thanks to Kayden Jackson's early strike and a Dominic Iorfa own goal. But late goals from George Byers and Michael Smith earned Moore's men a point.

The Wednesday boss said: "Being two down was not ideal, but the pleasing thing for me was the character of the boys. I'm so proud of them. We kept on going and we felt that the momentum was with us to perhaps get a winning goal."

"In the end, it was a point shared and I'm pleased for everyone at the football club."

Ipswich manager Kieran McKenna said: "One of the overriding emotions at the moment is disappointment because at 2-0 it was such a good performance."

"We executed the game-plan so well and did almost everything that we wanted to do and from there you feel that you deserve and want to go on and win it. We have to learn from it and I'm sure we will because the boys are getting better."

Cambridge Utd 0 Barnsley 3

MICHAEL DUFF still feels his Barnsley side should be better despite easing to victory with 10 men. The visitors had Liam Kitching sent off at 1-0 up, having also lost keeper Brad Collins to injury. But Robbie Cundy and James Norwood scored to seal the points after Devante Cole's opener.

"We aren't going to get carried away with ourselves because I don't think we were brilliant," Duff said.

"The best thing that has happened to us was Kitch getting sent off. From that moment onwards I think we controlled the game."

Cambridge boss Mark Bonner said: "From the second goal, which came quickly after the red card, the game was fairly comfortable for them. We didn't play with the thrust that we had been playing with."



BRISTOL R.....3 LINCOLN.....6

COLLINS 18, 65, LOFT 59

HOUSE 7, 61, DIAMOND 14 (PEN), 45, 56, VIRTUE 51

DIAMOND DAY



THE JACK OF DIAMONDS: Diamond scores Lincoln's fifth

A HAT-TRICK from on-loan Sunderland winger Jack Diamond ultimately proved to be the difference between Lincoln and Bristol Rovers.

Striker Ben House, with a brace, and Matty Virtue also got on to the scoresheet for the Imps, however, Rovers boss Joey Barton insisted he was proud of his players despite their humbling defeat.

Rovers striker Aaron Collins took his tally of goals this season to six with two smartly taken goals while Ryan Loft's strike raised hopes of a miraculous comeback but there was no stopping the visitors.

Barton said: "It was tough and tricky to take. We've lost three points but I am proud of the players for the way they applied themselves, the way they kept taking the game to them, getting on the ball, and the way we kept going which was brave."

By Mike Rimmer
AT LNER STADIUM

And I'll take responsibility for the shape we played and the fact we were so porous. We tried to play a really aggressive system, taking the game to them but it didn't go to plan."

Barton, whose side are now in the relegation zone, added: "It was tough to take but you come in at half-time and you don't know how you are behind. There was a bit of a Keystone Cops-type of moment just before break when we kicked the ball at one of our own and that put one of their lads through to score."

"You have games like these where your opponents can't believe their luck and this was one of those games."

"I believe if we had shown more care and composure we could have been going in at the break level or

ahead but it wasn't to be." Despite the emphatic nature of the win, Lincoln manager Mark Kennedy refused to lavish his players with praise after they moved to within touching distance of the play-off places.

"I've got mixed feelings because there were plenty of positives but too many negatives for my liking," the former Republic of Ireland international said.

"At times were looked unstoppable going forward, but there were aspects of our game that were unacceptable."

"We were sloppy at times and I've told the players that they've got great careers ahead of them but they've got cut out the silly mistakes."

"I don't want to sound too harsh but I know the team can do a lot better and some of the performances showed what potential we've got and it helps that Jack was brilliant because he gave us a vital edge."

Fleetwood 1 Charlton 1

SCOTT BROWN called for more energy and smarter play from Fleetwood after Miles Leaburn's goal denied them victory.

Callum Morton put Town ahead but Brown said: "We need to manipulate the ball better. We want to play with high energy at home, put teams under pressure, and we didn't do that."

Charlton assistant Simon Marshall said: "We want 90 minutes of quality."

Oxford Utd 1 MK Dons 2

LIAM MANNING was delighted with his side's performance after Matt Smith and Will Grigg fired MK Dons to victory. The two efforts meant John Mousinho's 89th-minute goal served only as a consolation for Oxford. "We've set a benchmark," said Manning. Opposite number Karl Robinson commented: "We know what people expect of us and it's hurting."

P Vale 2 Shrewsbury 1

DARRELL CLARKE urged Port Vale not to get carried away after Ellis Harrison's double delivered victory.

"We just have to keep the consistency," said Clarke, who saw Christian Saydee equalise for Shrewsbury in the first half.

"We don't get too high when we win and we don't get too low when we lose."

Shrewsbury boss Steve Cotterill added: "We needed to do better."

Forest G 1 Morecambe 2

DEREK ADAMS hailed an early boost to Morecambe's survival bid. Farrend Rawson headed a late winner for the Shrimps after Kieran Phillips cancelled out Connor Wickham's opener. Adams said: "This is a great day for the whole of Morecambe and we want to be in League One next season." Rovers boss Ian Burchall admitted defeat was "a bitter pill".

Accrington 1 Cheltenham 0

JOHN COLEMAN revealed Accrington's victory over Cheltenham came at a cost.

Sean McConville's strike after just 30 seconds was enough to secure all three points. "The only disappointment is the injury curse has struck again as we lost Harvey Rodgers, Tommy Leigh and Joe Pritchard during the game which is a worry," the Stanley boss said.

"It is nice though when you get the points your hard work deserves as we have felt we deserved something from the previous three games."

Cheltenham boss Wade Elliott added: "We have got to make sure we are at full tilt every minute of every game and we do the basics."

Bolton 1 Peterborough 0

IAN EVATT praised his Bolton side for showing persistence.

Dapo Afolayan, a 70th-minute substitute, scored with a deflected shot four minutes from time to seal a fourth successive win in all competitions for Wanderers.

Boss Evatt said: "I am delighted. The players thoroughly deserved that win. It felt like a proper game between two good teams."

"We saw glimpses of the football we can play and also we stood up to some physical tactics at times."

Peterborough manager Grant McCann said: "It's been a topsy-turvy start to the season for us."

"It's about how we get out of this and how we turn it around."

Derby 2 Wycombe 1

LIAM ROSENIOR revealed how his "stay calm" message was rewarded. Wycombe led until the 72nd-minute thanks to Anis Mehmeti's goal, but Derby's pressure told with a Conor Hourihane double sealing victory.

Rosenior said: "I was really calm on the side because I felt it would come and I told the players to stay calm, don't go off the plan, it will work for us."

"What made me happy was the character and resilience of the group and the quality of the football we played. I see a group that trusts the process we are working to."

Wycombe manager Gareth Ainsworth said: "It was really good learning for my boys."

Exeter 0 Burton 2

DINO MAAMRIA knows Burton have further improvements to make.

Albion secured their first win of the season courtesy of goals from Deji Oshilaja and Davis Keillor-Dunn.

Maamria said: "The clean sheet was massive for us, something we have been talking about. Our defenders put in a lot of blocks and defended the box well."

"This will help us going forward, there are going to be ups and downs. We have not cracked it, it is just one win and we are still bottom of the league. There is still a lot of work to do."

Exeter manager Matt Taylor said: "We are obviously disappointed to lose the game."



SUNDAY

SUNDAY PEOPLE
18 SEPTEMBER 2022

TRUE CRIME

Love rat who killed his wife and was caught by a Fitbit

FEELING AUTUMNAL

Fashion picks from knitwear to nightwear

Lisa Faulkner

'I had a real wobble about turning 50'

PLUS 6 PAGES OF FANTASTIC PUZZLES AND YOUR CHANCE TO WIN £250



Big on

milk as British as knocking over a garden gnome
and apologising to it. Like, proper...

British



Big on quality
Lidl on price



P4 COVER STAR
Lisa Faulkner's stepchildren lovingly call her "the feeder".



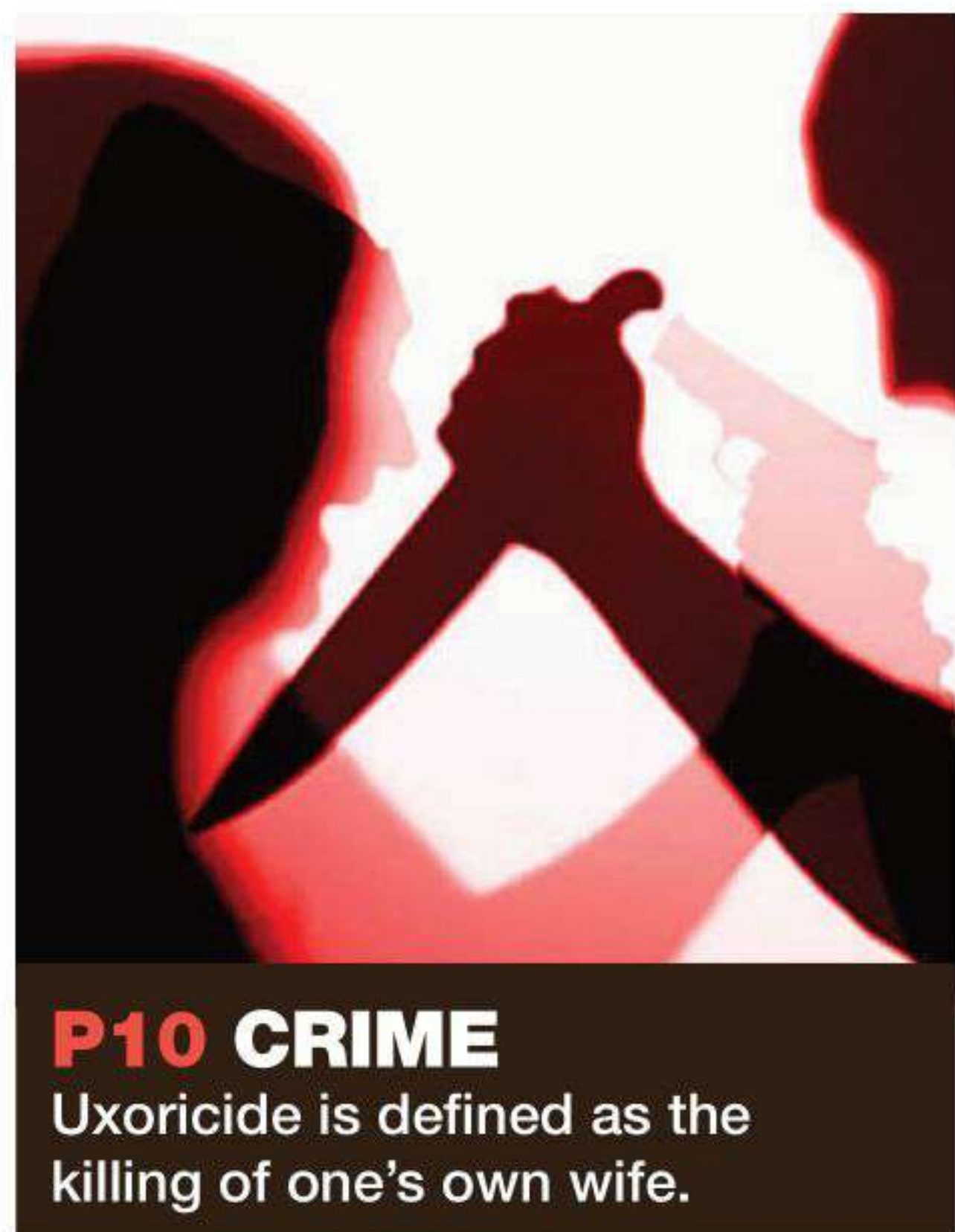
P13 FASHION
Knitted jumpers were first made in Europe in the 13th century.



P20 FICTION
Wives who suspect their husbands of cheating are correct 79% of the time.

DID YOU KNOW...

P14 FOOD
Shallots are commonly nicknamed baker's garlic or Chinese onion.



P10 CRIME
Uxoricide is defined as the killing of one's own wife.



P9 THE WEEK THAT WAS
Before finding fame, Rihanna was an army cadet in Barbados.



P18 INTERIORS
The UK average bathroom remodel cost is around £4,500.



P17 HEALTH
Nadia Sawalha said of her eczema battle, "It got so bad that I had no skin on my hands."

PLUS! YOUR 7-DAY TV GUIDE p23
SIX PAGES OF PRIZE PUZZLES p33

TIMELESS STYLE

Welcome To The 60s... the *Hairspray* show tune has never been more relevant as the decor is back on trend



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'I focus on how lucky I am to be here rather than how old I am'

Actress and TV chef **Lisa Faulkner** on her milestone birthday, life and love with *MasterChef* judge John Torode and why she'd snap up the chance to star in a period drama

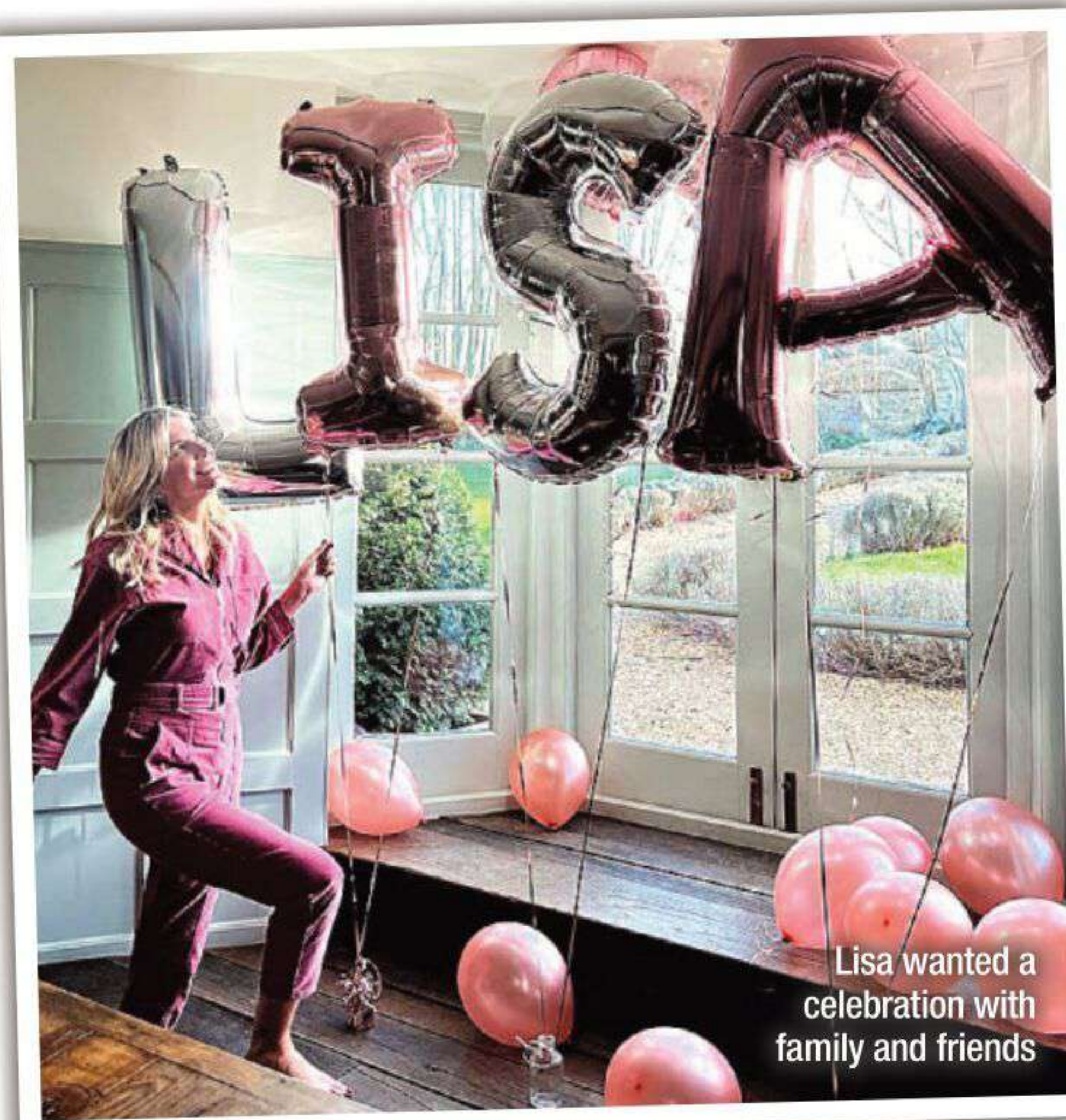
Lisa Faulkner may have turned 50 earlier this year but the actress and TV chef has never looked better. However, the former *Celebrity MasterChef* winner is the first to admit that she wasn't overly thrilled about the milestone birthday.

"I had a real wobble about it, I really worried about turning 50 and then actually it was great," she says. "I feel very grateful that I've turned 50 so I focus on how lucky I am to be here rather than how old I've turned."

For someone who wasn't feeling great about

entering a new decade, Lisa certainly celebrated in style and spent the weekend at Soho Farmhouse with her loved ones. "I had such a lovely time with my close friends and family," she explains. "I built it up to be such a big thing in my head and then actually it wasn't. You have to do what you want to do. I didn't want to have a massive party, I just wanted my family and friends to have a lovely dinner and dance around the living room."

Now that the birthday celebrations are over, Lisa will no doubt be focusing on her third wedding anniversary next month, having got married to *MasterChef* judge and TV chef John Torode, 57, in October 2019. The pair met on the show in





2010 when Lisa was a contestant and became firm friends before falling in love after they both separated from their partners. And now the couple are making a living out of working together on their hit show, *John & Lisa's Weekend Kitchen*.

So how does she find working with her husband? "When we work together it's usually for a short space of time," Lisa says. "John does his thing and I do mine and then we come together to do *John & Lisa's Weekend Kitchen*, but we love it, it's so lovely. It's so much fun because the producers just let us cook. They put the ingredients in front of us, say 'action' and we cook and chat as if we're at home."

Lisa, who has a teenage daughter, Billie, with former husband Chris Coghill, goes on to tell us that food is a hugely important part of their life, saying, "I think it's really important to sit and have that time together as a family and have some food. We show our love by cooking and we love to do it."

John, who has two grown-up sons, Casper and Marselle, from his first marriage, and Jonah, 17, and Lulu, 15, from his second, was awarded an MBE earlier this year for services to food and charity, and proud Lisa tells us that she celebrated by cooking one of her favourite dishes from her childhood.

She says, "Food and memories are so intertwined. I smell roast lamb and I'm immediately taken back to my grandmother's kitchen on a Sunday. With a coronation chicken topper, I have a real childhood memory of mum entertaining for Charles and Diana's wedding. I then recreated it for William and Kate's wedding and then Harry and Meghan's and the Jubilee. Then when John got his MBE. To draw on that nostalgia is really lovely."

On the topic of food, the former *EastEnders* and *Holby City* star is chatting to us today about a campaign she's working on with cracker brand Carr's. She explains, "Carr's has done some research and found that 64 per cent of people admit to using their phones at the dinner table, which means that people aren't really connecting. Carr's also found that 43 per cent of us haven't entertained at home for the last three months."



We're trying to get people to reconnect and become confident enough to have people over and to put down the phone and have some lovely conversation."

So do Lisa and John put their phones away when they sit down with their kids to eat?

'We cook and chat as if we're at home. We show our love by cooking'

"John and I have always had a rule that if we're sitting down as a family or with friends, we don't have our phones," she says. "If you're on the run and having breakfast or grabbing lunch then I totally get that you'll be on your phone, we don't have a rule then. But if we're having dinner together as a family, we put our phones away. Having kids of different ages, especially teenagers, it's really nice to just be able to connect. Even if it's about cooking or making something or setting a table,

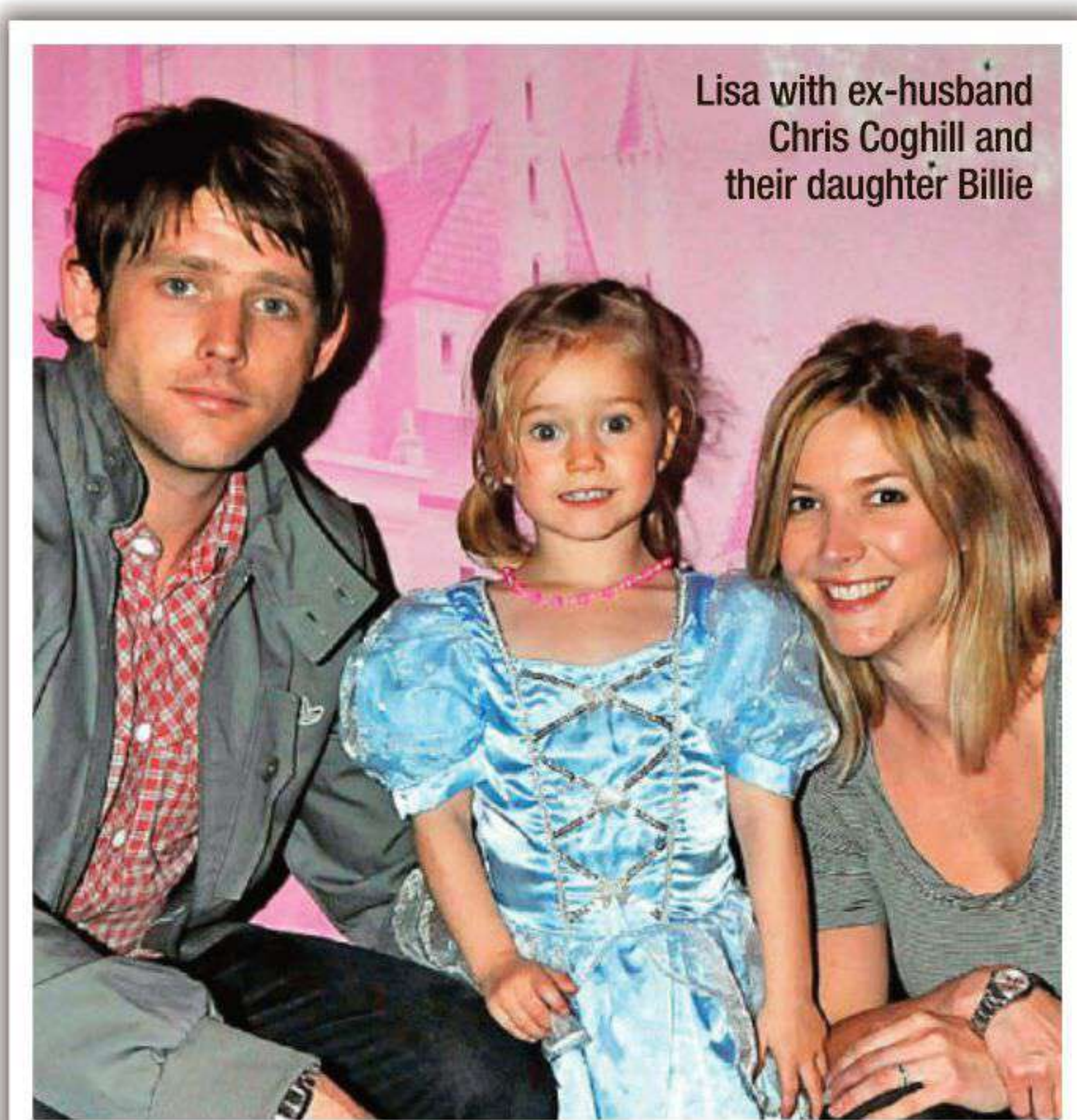
just interacting with people. They are upstairs on their phones most of the time so you need to find those moments to chat, whether it is just those moments of, 'Oh my gosh, I absolutely love what you've made for dinner,' or, 'How do we make this?' or, 'Can we make this together?' Even if it's who is going to be stacking the dishwasher, it's just having those moments of positive interaction and chat."

But it's not just her family Lisa likes to hang out with over the dinner table. She also loves seeing her friends, such as her longtime besties Angela Griffin and Nicola Stephenson, who live close by.

She says, "I do love having people over. We go to our friends' as well, we have a little group that all hang out together quite a lot, so whether it's at our house or theirs, we all bring a plate and everyone sits round chatting and eating."

It's not all about food, though, and Lisa, who has been acting since she was 19, is still keen to be taken seriously as an actress. "I would love to do some more acting," she admits.

"There are slightly better roles for women over 50 but not in abundance, which is sad because women over 50 are probably the biggest watchers of television, but we don't seem to be represented as well as we should be. I'm hoping there will be more and more parts. I love the fact that I can still act and I hope I will be acting and cooking into my eighties."



Lisa with ex-husband Chris Coghill and their daughter Billie

I would love to do something gritty or a period drama. I would love to wear a bonnet."

So what has been her career highlight so far? "I feel very grateful for every job. I have been so proud and happy with every acting job, then going into *Celebrity MasterChef* and winning it was a huge high."

But for anyone who thinks that celebs on the show get special treatment, think again!

She says, "I thought with it being celebrities you'd be taken into hair and make-up, but no, you just go in as you are. I also thought they might say, 'Let's cook,' and there would be a bit of time and they might help you. I had no idea that literally you just have to cook and nobody helps you, and you have to do it all in real time."

The fact that she's been on the show herself means that when she appears as a guest judge, Lisa has huge amounts of empathy for the contestants. She adds, "You know the pressure that they're under because you've been through it!"

REVEALING THAT TWO THIRDS OF BRITS USE A PHONE DURING MEALS, CARR'S IS ENCOURAGING THE NATION TO ENJOY MORE MEANINGFUL HOSTING MOMENTS AND IS WORKING WITH LISA TO CREATE RECIPES THAT HELP ELIMINATE DISTRACTIONS AND ENCOURAGE CONVERSATION WITH FRIENDS AND FAMILY



Lisa and John cook up a storm



Celebrity MasterChef winner Lisa with Gregg Wallace and husband John



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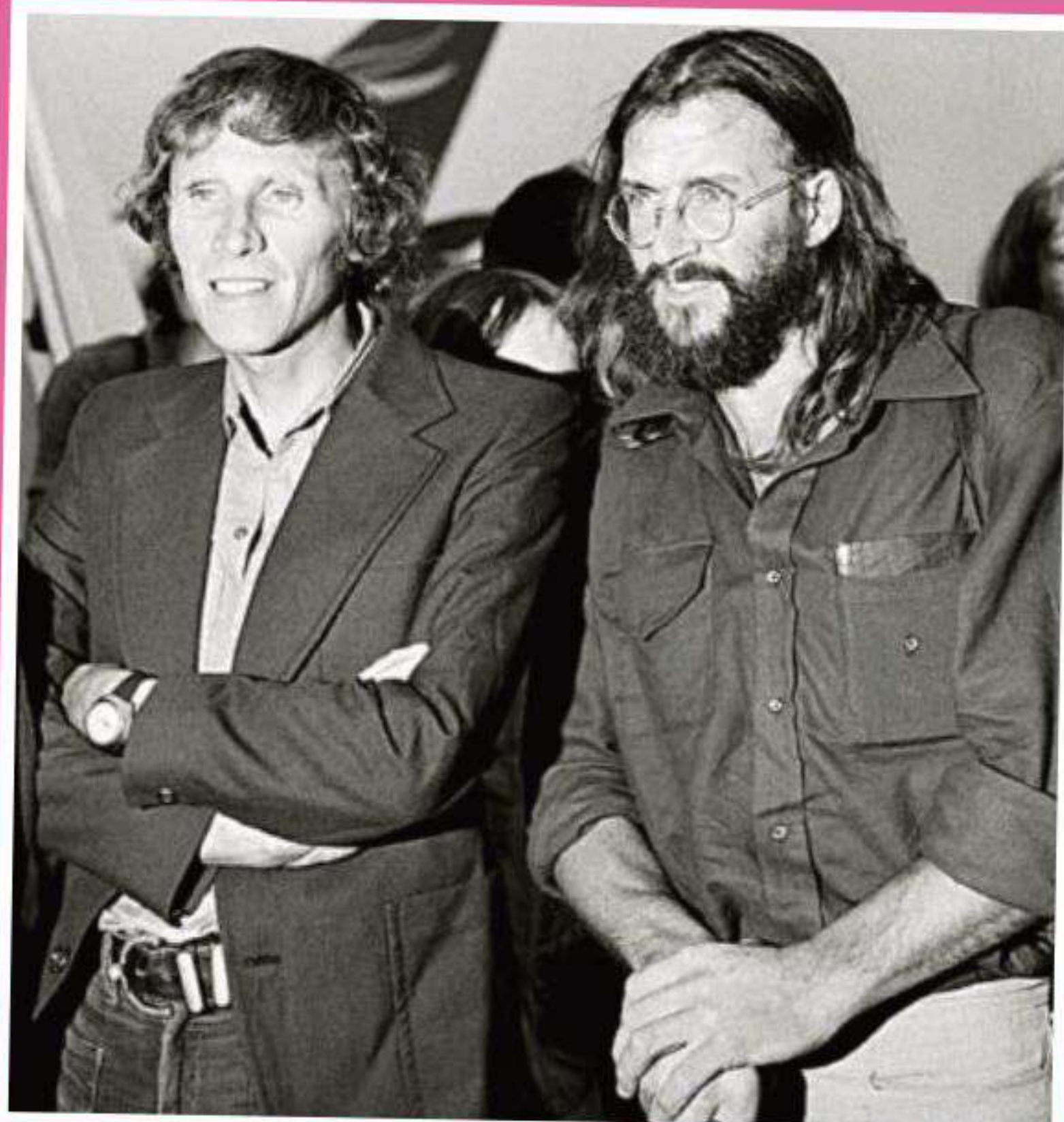
2014
18 September
Scotland voted "no" in an independence referendum. Voters over the age of 16 were asked whether Scotland should be an independent country. After a record

turnout of 84.6%, the "no" side won with 55.3% of the vote, while 44.7% said "yes". Another vote has since been mooted, and in June First Minister Nicola Sturgeon announced plans for a further referendum in October 2023.

The week that was

Check out what happened in history...

1975 **24 September**
The first Britons reached the summit of Mount Everest. Before Dougal Haston, 32, and Doug Scott, 33, (both pictured below) conquered the 29,028ft peak, no Briton had set foot on the summit of Earth's highest mountain. Leader Chris Bonington announced the success of the British Mount Everest Southwest Face expedition 33 days after the 18-strong team reached base camp. The late Queen sent a congratulatory message praising the "magnificent achievement".



2018
22 September
Rihanna was made an ambassador for Barbados. In a move designed to help promote education, tourism and investment, she became Ambassador Extraordinary and Plenipotentiary for her home country. The *Umbrella* singer and businesswoman announced she "couldn't be more proud" about having been given the title.



1946
20 September
The first Cannes Film Festival took place. Plans to launch the festival in 1939 were put on hold with the outbreak of the Second World War. But seven years later, the inaugural event saw 21 nations present their movies. However, the festival had its problems. Reels of Alfred Hitchcock's film noir, *Notorious*, were shown in reverse order, while Miguel Delgado's *The Three Musketeers* was projected upside down. Today, Cannes is a staple on the film calendar and has premiered such films as *Pulp Fiction*, *Apocalypse Now* and *Dirty Dancing*.



1915 **21 September**
Cecil Chubb bought Stonehenge. Stonehenge was sold at auction following the death of owner Sir Edmund Antrobus. A Unesco World Heritage Site since 1986, it was bought for £6,600 – about £680,000 at today's values. Chubb gave it to the nation in 1918 and was made Sir Cecil Chubb, First Baronet of Stonehenge.

22 September
The UK's first commercial TV channel began broadcasting. ITV launched a year after the 1954 Television Act authorised commercial TV. It debuted in the London area with a five-minute introductory film which was followed by a live variety show. About an hour into the broadcast, the country's first TV advert – for toothpaste – aired.



To see more photos from the archives for your area visit memorylane.co.uk



WORDS: LUCY ROBINSON PHOTOS: ALAMY, GETTY IMAGES

Caught by a Fitbit: the love rat who killed wife before mistress gave birth

How could Connie Dabate still be walking around if she had already been shot dead?

While most people who knew them would have admitted that Connie and Richard Dabate had very different characters, they nevertheless seemed to be a happy couple. They had been married for 12 years and lived in a colonial-style home in upmarket Ellington, Connecticut, with their sons, aged six and nine. Connie, 39, worked as a pharmaceutical sales representative, while Dabate, a computer network administrator, was known for his offbeat humour. Connie was said to be kind, with a “sunshine” personality.

The pair were comfortably off and their home had an alarm connected to the law enforcement authorities. Two days before Christmas in 2015 the alarm sounded and police rushed to the house where they found Dabate with knife wounds, bound to a folding metal chair and lying on the kitchen floor. An arm and one leg were tied to the chair, from which, it seemed, he’d managed to partially free himself.

Minutes later, Connie was discovered in the basement.

She’d been shot in the head and abdomen. At first, the scene appeared to have been a burglary that had gone wrong. The couple’s two sons were safe at school – but their mother was dead.

A shaken Dabate told officers that he’d dropped his sons off at school before heading to work. But realising he’d forgotten his laptop, he turned back. As he drove back, he noticed the house alarm had been triggered at about 9am, at which time Connie was at a gym class. On entering the property he heard a noise, which he assumed was the cat. Going upstairs, though, he found an intruder in the bedroom.

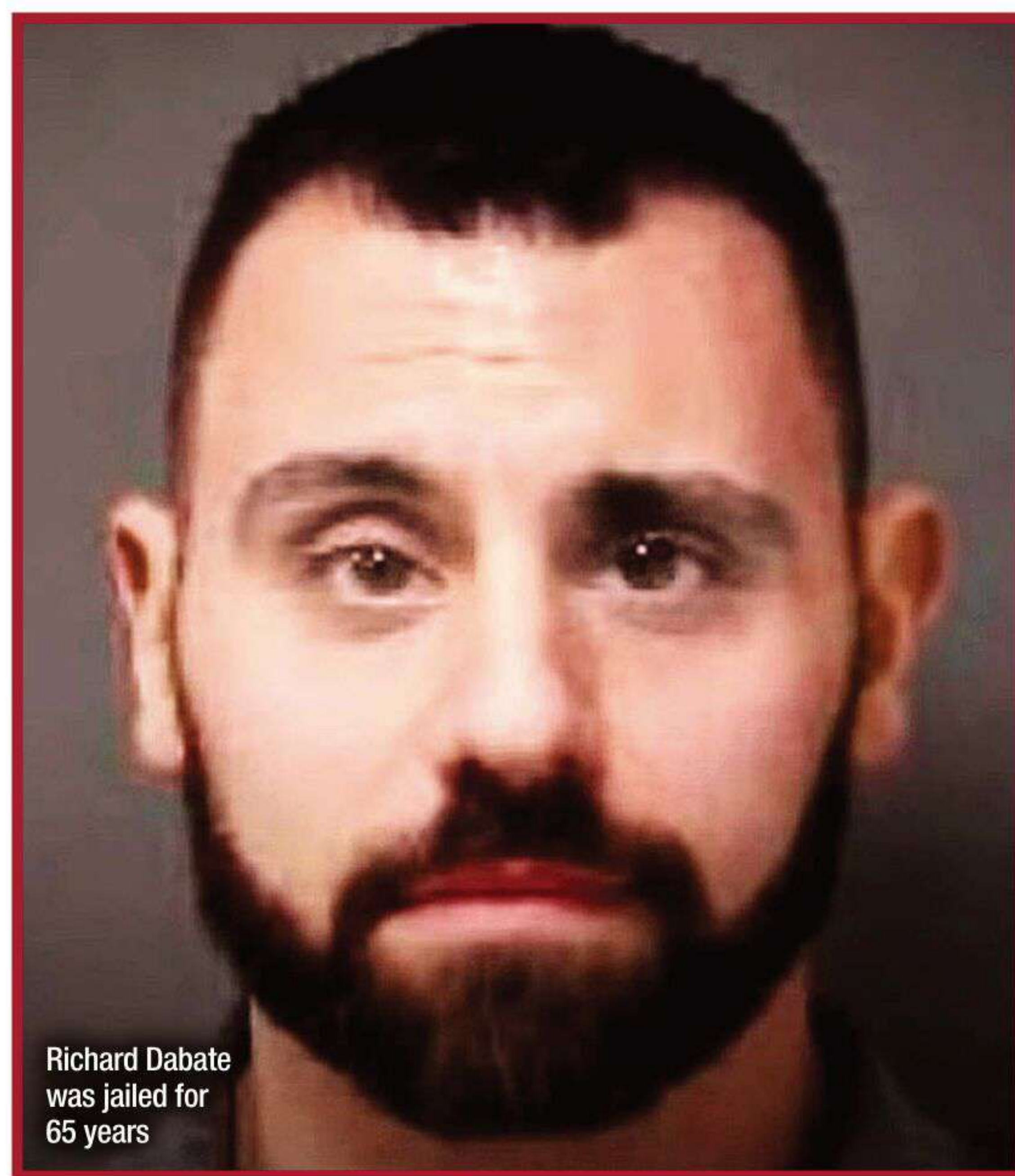
Dabate said the 6ft 2in masked man, who was wearing camouflage, sounded like actor Vin Diesel. He claimed the intruder threatened

him with a knife and demanded the PINs for his bank cards. The man then zip-tied Dabate to the chair and slashed at him with a box-cutter knife to force him to reveal the numbers.

In the meantime, Connie returned home and Dabate said he called out a warning, but she was chased into the

basement by the intruder, who shot her dead with one of her husband’s guns. Later, Dabate would tell her family he believed she had been running to the place he kept his guns.

As the intruder fled, Dabate managed to press the alarm’s panic button, calling 911. Concerned that an armed attacker was on the loose, a police dog was put on the intruder’s trail but failed to pick up the scent. However, it did follow Dabate to the ambulance, where he was being treated for “superficial” wounds.



Richard Dabate was jailed for 65 years



Kind and “sunny” murder victim Connie Dabate

Information from a Fitbit helped convict Dabate

Nothing had been stolen, Dabate’s wallet was untouched and there were no signs of a struggle. And evidence from his mobile phone showed he hadn’t headed to work that morning as he’d claimed. Police soon realised his story didn’t hold up and a full investigation was launched.

Over the following months, his lies started to unravel. Police discovered Dabate had been having an affair with a friend of many years. The woman was pregnant and, eight weeks after Connie’s murder, she gave birth to his baby.

Lies about his affair

When asked about his mistress, Dabate insisted that Connie knew about the affair and that while it had caused some problems, they would work through them.

He also told investigators that Connie wasn’t able to have another baby, so they were planning on co-parenting the child together. Later, however, he admitted Connie hadn’t known about his other relationship.

On being questioned, his mistress said

The smiling husband who secretly plotted his wife's death



Dabate stands trial for Connie's murder

He posted a \$1 million bail and was able to live freely at home until his trial this year.

During the five-week hearing at Rockville Superior Court, the prosecution argued that Dabate had staged a home invasion because his life was about to unravel over his pregnant mistress. "It was a cold, methodical plan to avoid the consequences of his infidelity," they said.

There were no signs of a break-in and nothing had been stolen. The intruder had apparently tortured Dabate and killed Connie – then walked away with nothing.

The prosecution also revealed that at the time Dabate claimed he was being attacked, he was actually browsing the internet at home, including looking up the time his wife would return from her spin class. He had emailed his work supervisor at 9.04am from the house computer, saying his house alarm had sounded and he'd gone back to check it.

While experts for the prosecution insisted the Fitbit evidence was enough to prove Connie's movements, the defence argued the technology wasn't 100% accurate and pointed to the fact that unidentified DNA had been found in the Dabate home.

'The world is truly a lesser place without Connie in it'

A 'calculated and brutal' killing

More than 100 witnesses and 600 pieces of evidence were presented during the trial and in May Dabate was found guilty of first-degree murder, tampering with evidence and providing a false statement.

He was handcuffed and led into custody.

At his sentencing last month, the now-46-year-old maintained his innocence and insisted his wife had been killed by an unknown person. "I will never stop fighting for justice for my wife, Connie, who I think about every single day," said Dabate, who plans to appeal against his sentence of 65 years in prison without the chance of parole.

Her heartbroken family described Connie as generous and caring and said her death had left her sons traumatised. They also criticised Dabate for taking her money while he was on bail, leaving nothing for the boys.

Outside the court, her family said that while sentencing had given them closure, it wouldn't bring Connie back.

The judge described the killing as brutal and calculated and said that after listening to stories from her loved ones, she believed "the world is truly a lesser place without Connie in it".

And her Fitbit was evidence that the devoted mum was a dead woman walking.

Dabate had told her he was getting a divorce and they would be together. He had texted her the day before Connie's death, saying, "I'll see you tomorrow my little love nugget."

Most damning of all was the evidence Connie had on her wrist. At the time of her death, she had been wearing an exercise activity tracker – and it contradicted Dabate's version of events in what became known as the "Fitbit murder case".

He claimed Connie had been killed at about 9.05am – but she hadn't returned home until 9.18am. In fact, her Fitbit showed that she had been calmly walking about at 9.27am and her last movement was at 10.05am. How could she have been moving around soon after 10am if she had been shot dead by then?

The Fitbit showed that Connie had walked more than 1,200ft after arriving home, but the total distance from her car to the basement was no more than 125ft. The distances – and the timeline – simply didn't add up.

It would take until April 2017 for Dabate to be arrested and charged with murder, tampering with evidence and making a false statement to police.



The Dabate family home in upmarket Ellington

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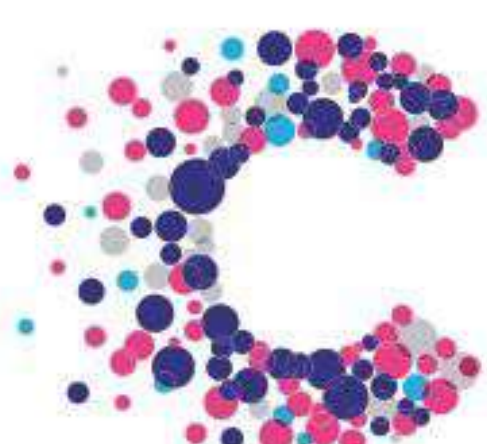
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WHAT'S
NEW

NIGHT AND DAY

Who said pyjamas are only for lounging around at home in? Chelsea Peers' new Recharged collection has a selection of styles that can be worn as PJ sets or teamed with wardrobe staples such as jeans or a classic white T-shirt for relaxed daywear. Not only are they versatile, but you'll love the fabulous prints and luxe fabrics. Prices start from **£15**.



RETAIL THERAPY

Fearne Cotton's Happy Place brand has teamed up with Nobody's Child for a debut collection that's all about feel-good fashion.

The presenter and podcaster says, "Happiness for me with clothing is just colour and fun." You don't need to convince us, Fearne! Prices start from **£32**.



Thanks *shallot*

Savour sensationally sweet shallots with these simple recipes

SERVES 4

INGREDIENTS

For the shallots

- 400g round shallots, peeled
- 2 tbsp extra-virgin olive oil
- Salt and pepper, to taste

For the butter bean purée

- 4 tbsp extra-virgin olive oil
- 1 garlic clove, crushed
- 2 tins of butter beans, drained and rinsed
- 100ml vegetable stock
- Zest and juice of 1 lemon

For the salsa verde

- 1 clove of garlic, peeled
- 25g parsley
- 25g basil
- 25g mint
- 1 tsp capers
- 3 gherkins
- 1 tbsp Dijon mustard
- 3 tbsp red wine vinegar
- 8 tbsp extra-virgin olive oil
- Salt and pepper, to taste

1 Preheat the oven to 180°C/160°C fan/gas mark 4. Toss most of the peeled shallots (reserving a couple for the bean purée) with the oil and seasoning in a baking tray, then place in the oven and cook for 25-30 minutes, until soft and golden.

2 Finely chop the remaining shallots. Heat 4 tbsp extra-virgin olive oil in a medium saucepan, then add the finely chopped shallot and garlic. Fry until soft and translucent, then add the beans, stock and zest and juice of the lemon. Cook on a low heat until the beans are soft, then pour everything into a food processor and blitz until smooth. Taste and add more lemon or salt if needed.

3 Return the bean purée to the saucepan and keep warm on a very low heat until the other components are ready.

4 Wash the food processor. Add all the salsa verde ingredients and pulse to a chunky paste.

5 To serve, spread a quarter of the purée on each plate and top with the shallots. Drizzle each plate with a couple of tablespoons of salsa verde. Alternatively, serve on a big plate and let everyone tuck in with hunks of crusty bread.

Butter bean purée with roasted shallots



Stovetop mac and cheese

SERVES 4 INGREDIENTS

- 50g butter
- 200g shallots, finely chopped
- 1-3 red chillies, chopped (to taste)
- 1 tbsp plain flour
- 400g macaroni
- 1 litre milk
- 250ml water (plus a little extra if necessary)
- Salt and freshly ground black pepper
- 1-2 tsp Dijon mustard (optional)
- 250-300g extra mature cheddar (to taste), plus extra to serve

1 Melt the butter in a large saucepan over a low heat then add the shallots, cooking very gently for about 15 minutes until really soft but not coloured. Add the chilli and stir, cooking for another minute. Then stir through the flour, blending it well into the buttery shallots.

2 Tip in the macaroni and stir well, then pour in the milk and water. Season well with salt and pepper and stir through the mustard if you are using it. Bring up to the boil, then reduce the heat to a steady simmer. Cook for about 12-15 minutes, stirring often (just

like making a risotto) until the pasta is tender and the sauce thickens. It will still be a little liquid at this stage but will thicken with resting. If it seems a little dry, add a splash of extra water.

3 Turn off the heat and allow the macaroni to rest and cool for 5 minutes. Scatter over the cheese, stirring until it is melted, and serve immediately.

4 Resting the pasta before stirring through the cheese is an important step, so don't be tempted to skip it. If you add cheese to the sauce when it is too hot you risk it going granular.



Slow cooker chuck beef and shallot chilli

SERVES 4 INGREDIENTS

- 10 shallots
- 500g diced chuck beef
- 1 tbsp plain flour
- 2 tsp smoked paprika
- Sea salt and cracked black pepper
- 1 tbsp rapeseed oil
- 2 tsp cocoa powder
- 1 tsp ground cumin
- 1 tsp cayenne pepper
- 1 tbsp sweet chilli sauce
- 1 pint beef stock, hot
- 1 tin chopped tomatoes
- 1 tin kidney beans
- 1 cinnamon stick

1 Place the shallots in a bowl and pour over boiling water. Allow the shallot skins to soften in the water for 10 minutes before easily peeling – keep the shallots whole.

2 In the meantime, put the beef in a large bowl with the flour, smoked paprika and salt and pepper. Thoroughly coat the beef in the flour mixture.

3 Heat the oil in a large frying pan and in batches brown the meat well until just caramelised. Once browned, place the meat into the slow cooker along with the prepared shallots.

4 In a large jug dissolve the cocoa powder in 20ml of hot water. Add the cumin, cayenne pepper and sweet chilli sauce to create a thick paste. Stir

in the hot stock before pouring it all into the slow cooker. Add the chopped tomato, kidney beans and cinnamon to the slow cooker along with a large pinch of salt and pepper. Stir all the ingredients together and then place the lid on.

5 Cook on low for 7-8 hours (3.5-4 hours on high) until the meat is tender and the sauce has thickened.

6 Half an hour before serving, if the sauce needs reducing further, pour the chilli into the pan and simmer over a medium heat until the sauce has thickened to your desired consistency.

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Let's be clear on eczema

We unravel the common myths about this skin condition

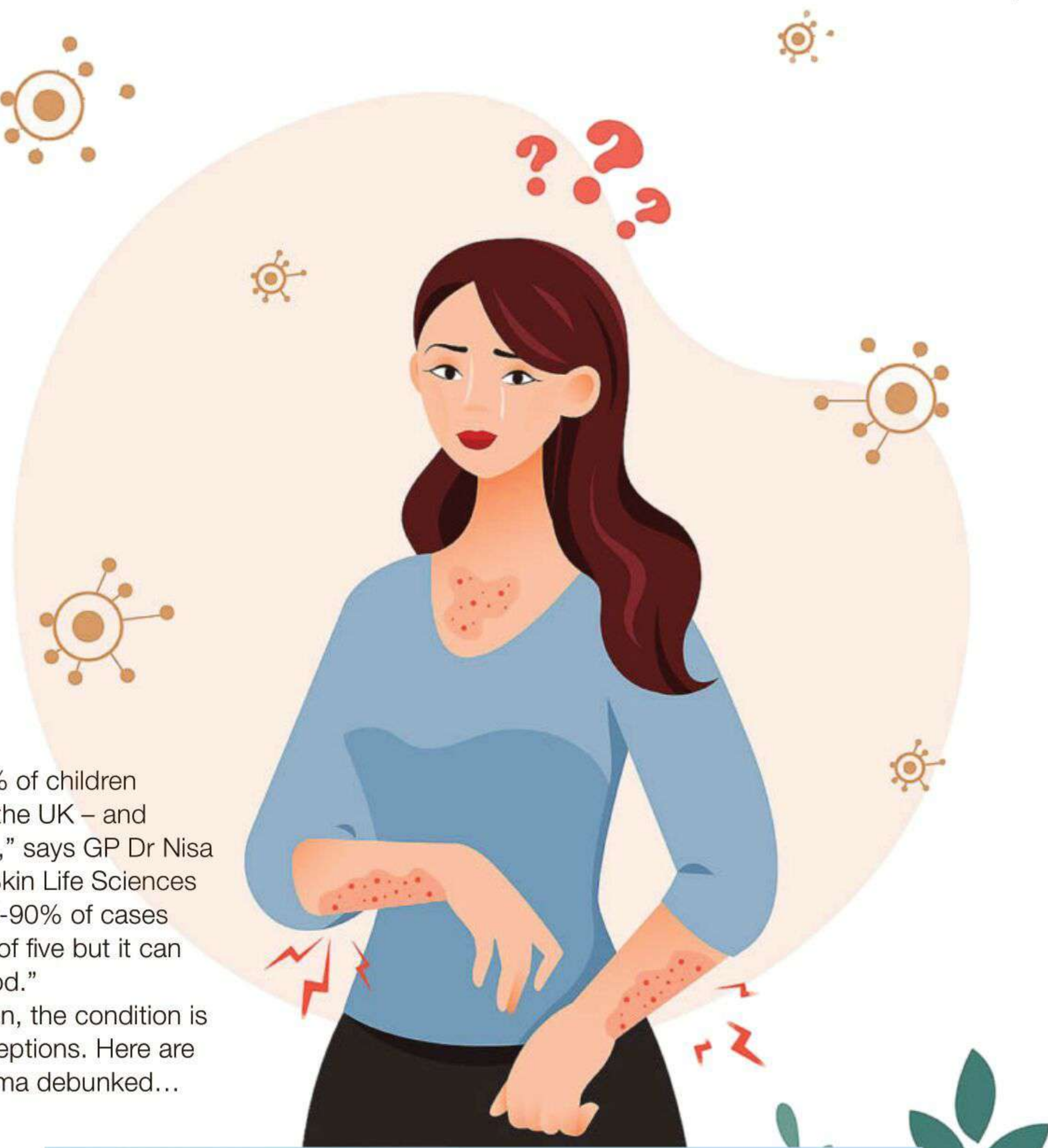
Characterised by itchy, red, dry, sore and cracked skin, eczema is a chronic condition that can often leave sufferers feeling like there's no escape.

Physically, eczema can be painful, but mentally it's equally damaging. According to Allergy UK, 88% of people with eczema say it affects their daily life.

"Atopic eczema is the most common

type and affects 11-20% of children and 5-10% of adults in the UK – and prevalence is increasing," says GP Dr Nisa Aslam from Typharm's Skin Life Sciences Foundation. "Around 70-90% of cases develop before the age of five but it can also develop in adulthood."

Despite being common, the condition is surrounded by misconceptions. Here are eight myths about eczema debunked...



IT'S CONTAGIOUS

While some may think otherwise, eczema is not contagious and can't spread from person to person.

"Eczema is partly a genetic condition, triggered by factors such as impaired immune function and environmental factors," says Dr Aslam. "There is no way that people can catch it."

IT'S AN ALLERGIC REACTION

While eczema may cause the skin to become itchy and cracked, the condition is not an allergic reaction.

"The outer layer of skin is disrupted and forms microcracks. This allows irritants to penetrate this outer layer," says Dr Aslam. "It's simply the irritants that cause the skin to flare."



SHOWERS ARE BETTER THAN BATHS

Water is a great way of giving skin moisture. "But it's important to use lukewarm water and not to scrub skin. Moisturiser should also be applied within three minutes of finishing," says Dr Aslam.

"As long as you follow these rules, a bath or a shower are equally effective."

MOISTURISER WILL AGGRAVATE IT

Keeping skin moisturised is a crucial step in controlling eczema symptoms.

"People with eczema have a damaged skin barrier, making it harder for the skin to retain water, leading to chronic dry, itchy skin," says Dr Aslam.

"Fragrance-free, alcohol-free, dye-free and hypoallergenic moisturisers are top choices."



THE SUN WILL CLEAR IT UP

"Certain medications and chemicals can make the response of the skin to sunlight worse," says Dr Aslam. "If you have eczema, be sure to protect your skin from the sun, just like everyone else."

IT CAN BE CURED

There is no cure for eczema, but it can go into remission.

"Protect your skin with an effective moisturiser/emollient several times a day and use an emollient bath or shower product," explains Dr Aslam. "Finding the most effective therapy is often a matter of trial and error."



IT'S CAUSED BY STRESS

"Stress does not cause eczema but it can make flare-ups worse." This is because stress causes a spike in cortisol, which can exacerbate inflammation.

"Stress can also make you scratch your skin, which makes it more irritated," says Dr Aslam.

Other triggers include fabrics, food allergies, soap and shampoo.

IT'S BECAUSE YOUR MUM DIDN'T BREASTFEED YOU

"It is likely to be one factor in preventing eczema as breast milk supplies immunity," says Dr Aslam.

"A 2016 study found that breastfeeding for six months reduces the risk of eczema in children, but a 2019 study found it may not prevent eczema but reduce the duration of symptoms."



DR NISA ASLAM IS A GP FROM TYPHARM'S SKIN LIFE SCIENCES FOUNDATION. FIND OUT MORE AT WWW.SLSF.UK

Bathing beauty

Interiors and lifestyle blogger Amy Davies Pereira has turned a tired family bathroom into a serene, spa-inspired space



BEFORE



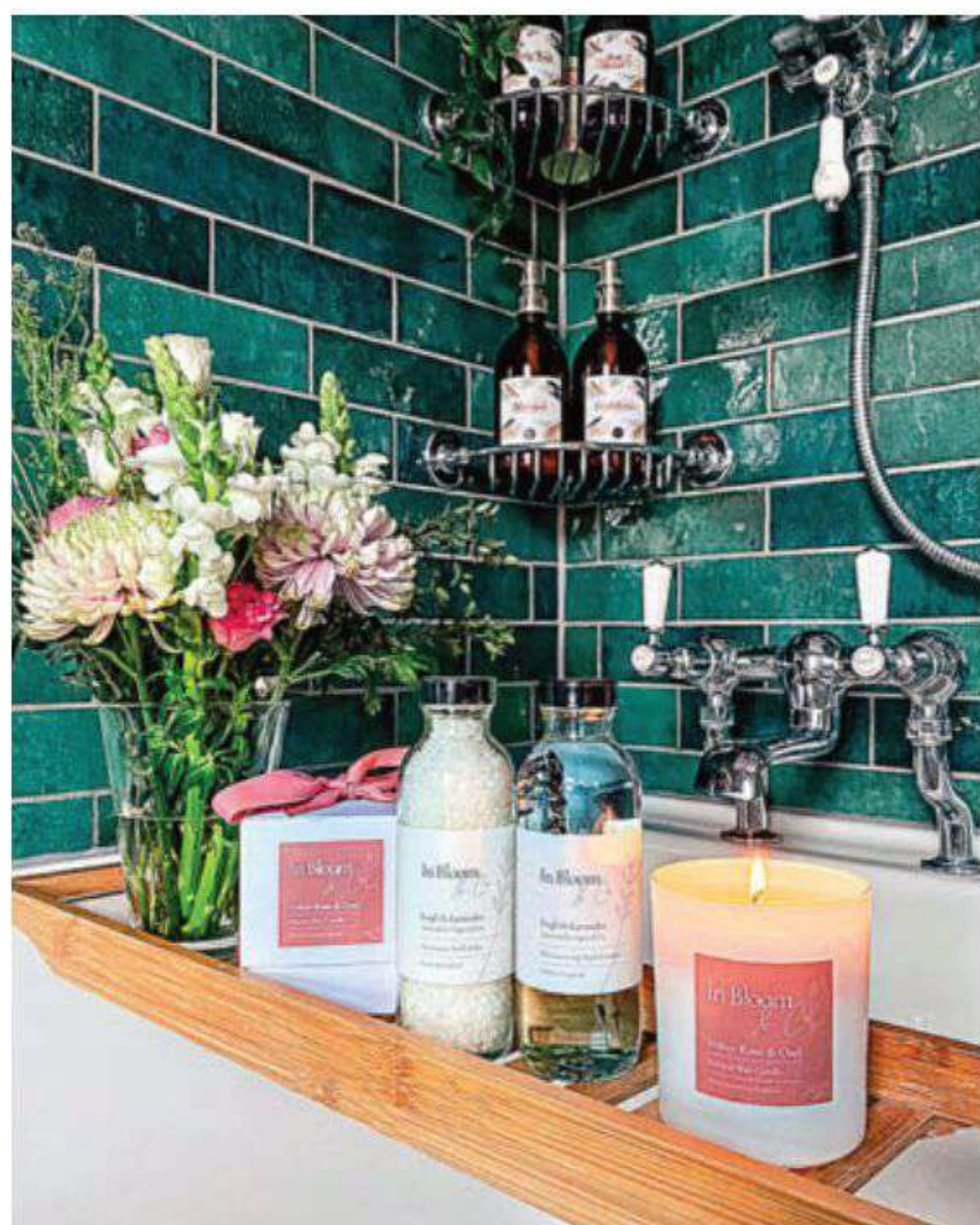
The drab bathroom before the renovation. "The light-filled space was great, but it was definitely time for an update and an injection of colour," says Amy.

The Cuban Star floor tiles are inspired by traditional encaustic designs and cost £59.99 per m² from CTD Tiles. Amy's dog Bea-Bea has found a soft spot in the stunning bathroom for a snooze.





Amy says, "Of all the things I own, this pink vanity sink unit is one of my favourites." It adds a pop of playful colour and helps to soften the scheme.



Amy has created a spa-like experience at home with an array of products including her favourite aromatic bath salts, moisturising bath essence and a scented candle. All from In Bloom, prices start from £14.



The walls of Amy's bathroom have been transformed with CTD's Dyroy tiles. The beautiful, crackle-effect, glazed ceramic tiles are priced at £59.99 per m². She has maximised space in the bathroom by choosing an elegant roll top shower-bath, which is from Burlington Bathrooms and costs £1,108.

Follow Amy @littlehouseinlondon

GET THE LOOK



Riviera vanity unit
£1,088.00 Burlington Bathrooms



Bath mat
£38 Anthropologie



Heritage Star Blue tiles
£32.70 per m² Porcelain Superstore



Faux plant
£6 Primark



Accents shower caddy
£56.99 Victoria Plum



ROBIN wooden bath bridge
£32 Made

Heartbreaker

Can foul play be to blame when life takes an unexpected turn for these two golf-loving couples?

What's this?" One of the waiters placed a bowl in front of Claire,

while another put down Hector's plate. They always deliver in a two-person serving team at the golf club. They make a tawdry fuss of us all, flapping napkins onto our laps, scraping down crumbs.

Claire lifted a purple petal from her Thai steak salad, a curling pansy leaf with a little bright yellow tip, and held it between finger and thumb.

She chuckled in that twee way she has. "Yummy." The waiters returned with my cold consommé and Bilal's roast duck.

"I told you," I said, nudging Claire's elbow. "Very Michelin style."

Hector's side salad was similarly laden with a riot of petals. Some had come loose and were floating in the grease on top of his steak.

Bilal poured the wine. He put a hand on Claire's knee, and with the other raised his glass. "To a successful round." His eyes sparkled.

"Go on, rub it in," Hector hooted, taking mock offence.

I smiled at Claire, and we clinked, and we all took a sip.

The golf club was not busy at this time on a Sunday. It was barely lunchtime, and the weather forecast had predicted rain. But the rain hadn't appeared, and so here we were, the four of us, dining around a

square, solid teak table, laid with a crisp white cloth and crystal glasses, on the terrace overlooking the 18th hole, where Bilal had just got the better of us all – again – in 85 strokes.

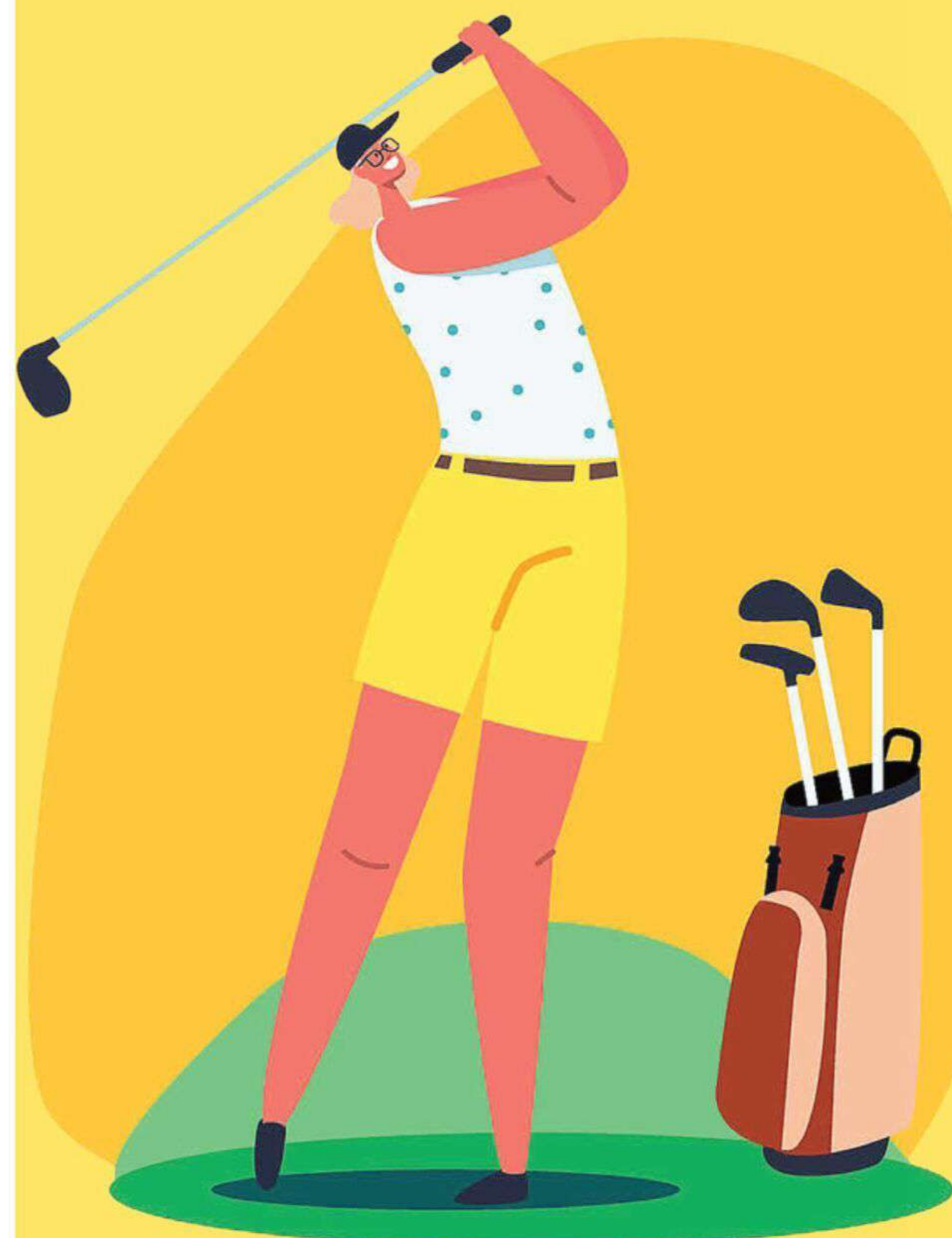
Hector was pretending he didn't care. But I could tell from the way he was fidgeting, straightening himself, taking large bites of his steak, there was a part of him that was genuinely irate.

"How's yours, darling?" Bilal leaned over Claire's shoulder.

"Yummy. These flowers are delicious."

"I always go with the steak salads here."

Hector took another big mouthful. His gaze drifted over the course, then came to rest on Claire, on the way her



mouth was chewing. I felt a crushing pain in my chest. I tried to distract myself by taking a spoonful of cold consommé and another sip of Chablis. I had learnt by now to distract myself whenever I caught these little glances between them.



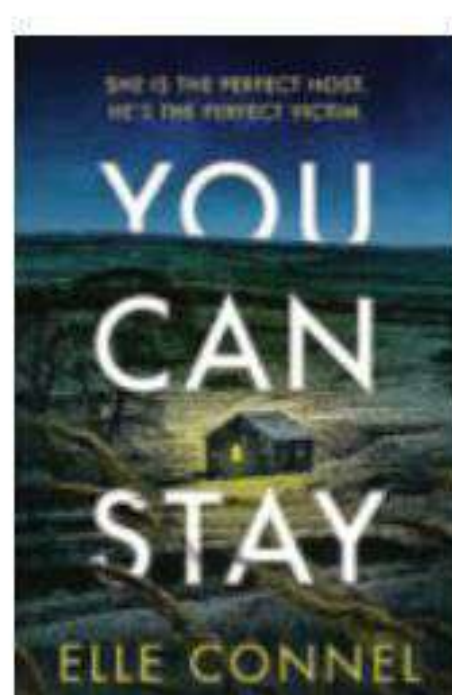
Of course I knew. I had known even before the glances began appearing, about five months ago, along with a certain stiffness in Hector whenever he passed Claire a golf club. The way he watched her on the course, leaning over

'I could scent his desire to spoon her into the shot'

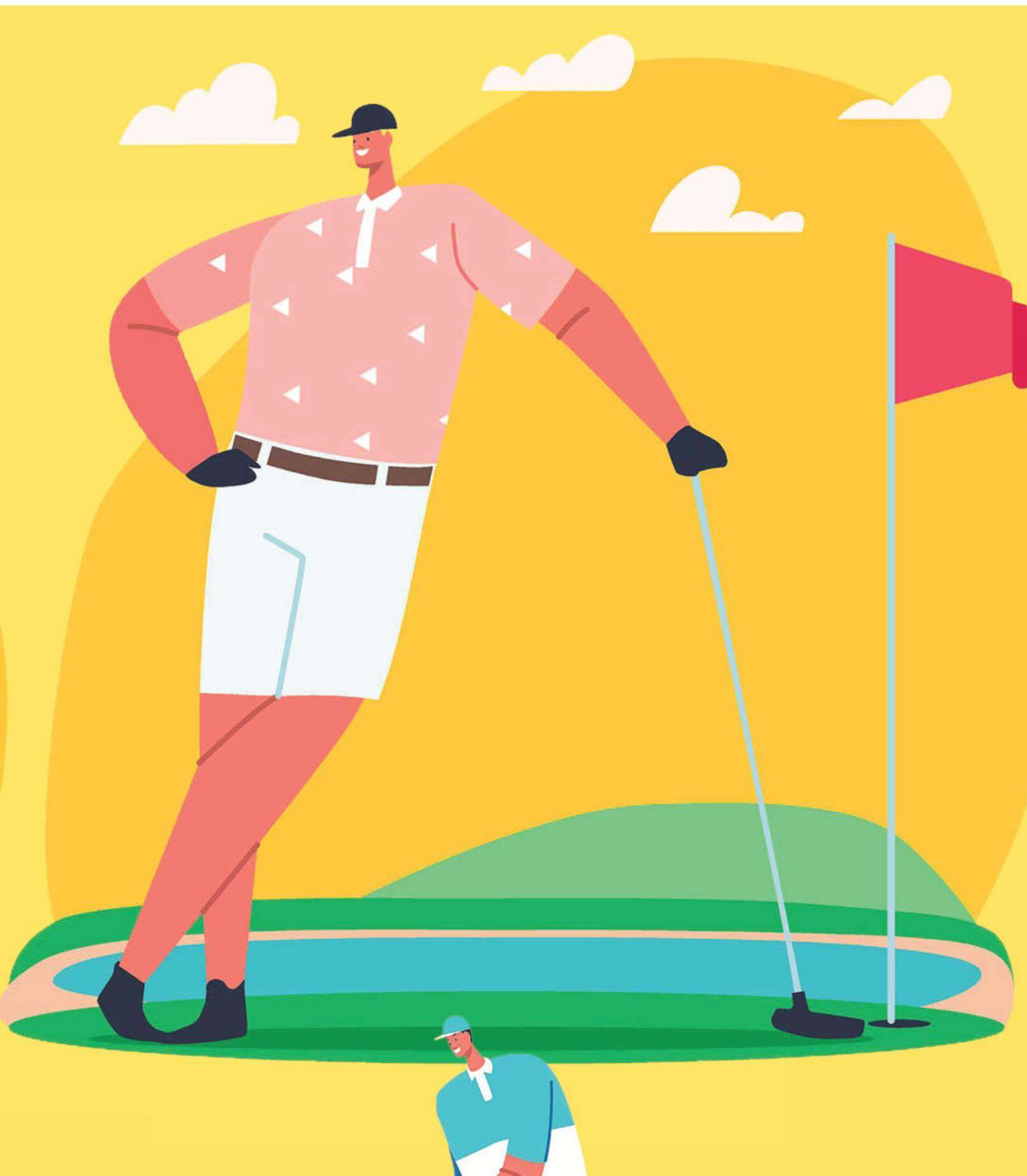
the tee in her fuddling way, I could practically scent his desire to rush to her and spoon her into the perfect shot.

Did Bilal know about them? I wasn't sure. Bilal was very focused – on his golf, on his company, on their daughters.

Hector and I hadn't had children. He wouldn't have looked after them, and I can't say the pride of seeing a ten-year-old scrape out *Chanson de Matin* on the violin at an end-of-year



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concert would have been worth it for having my body stretched, my breasts hijacked.

I liked the fact I was still a size 8 (a 2 in New York). I had kept my figure into my forties. I kept a meticulous house. I threw famous dinner parties at which I was kind to Hector's imbecile investor friends. But for what? So that 20 years later, when my back was turned, he could slaver over Dithering Claire.

I was grateful we all ate up quickly. Claire didn't want dessert ("pudding", she called it). Hector knew better than to ask me. He scraped back his chair and gave an obsequious dip as we

ladies stood. He braced his hand a foot from Claire's back, while she gathered up her frilled leather handbag. I could see his wrinkled knuckles trembling.

"How's the garden?" Claire asked, as we made our way to the car park. Bilal was carrying her clubs. (Hector knew better than to try to carry mine.)

"Good, thanks," I said. "I love early summer, when the borders come into bloom."

She was admiring the wildflowers at the side of the path, running her hands sensually through the petals. "They're all so pretty. I should start putting them in salads."

"These ones are lovely." I fingered a long, pointed stem, one of my favourites, bell petals in speckled pink. "You can grate the root,

too, like horseradish." I raised my eyebrows at her. "Yummy."

The following Friday, Bilal called in a panic.

"Calm down," I said. "I can't hear you when you're in this state."

Claire, it turned out, had gone missing. She was supposed to be on a spa weekend with her sister, but when Bilal couldn't get hold of her, he had called her sister and found out the weekend had been cancelled. Postponed to next month. He was going frantic. Why hadn't she come home? Where could she be?

I already knew the answer to this, of course. Hector had taken the keys to our holiday cottage on the coast. But I didn't want to tell Bilal. I rather thought it might be better coming from the police.



They found their bodies, eventually, on the dining room floor, one collapsed across the other. Vomit strewn.

On the dining table, two steaks sat quietly hardening on Heal's plates. Scattered on top of a watercress side salad were piles of pretty, speckled, bell-shaped petals – foxgloves. A Parmesan grater sat in the middle of the table, with it a chunk of root that looked surprisingly like horseradish – but that turned out to be foxglove, too. Deadly digitalis – its poison slows the heart until eventually it stops.

Some sort of vulgar lover suicide pact, the police assumed. The officer who broke the news to me was young, blushing for my loss, for the scandal.

Silly Hector. He'd never taken an interest in the garden – a frivolous hobby – just as I knew he would never have taken an interest in any hypothetical children. The question was, why on Earth had Claire taken the notion that it would be a good idea to serve foxgloves alongside steak salad?

ILLUSTRATION: GETTY

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TV GUIDE

**OUR
PICK
OF THE
WEEK**

HOLIDAY HORROR

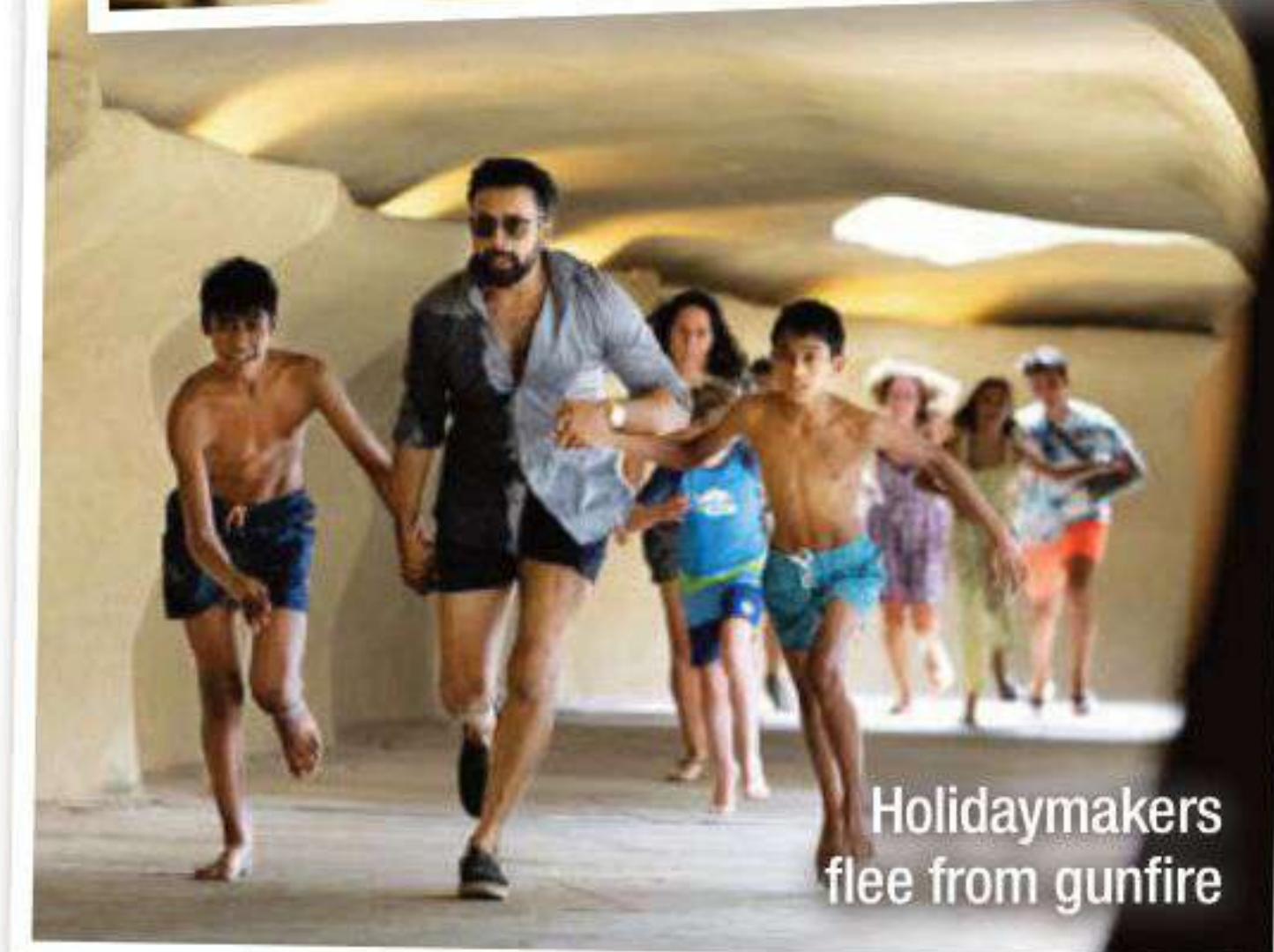
A family's dream vacation is thrown into turmoil in this nail-biting new drama



Crossfire Monday, 9pm, BBC One



Keeley plays
ex-cop Jo



Holidaymakers
flee from gunfire

WORDS: JO BERRY

A family trip to the Canary Islands turns into the holiday from hell for ex-policewoman Jo in new BBC thriller *Crossfire*. Keeley Hawes plays the former cop who, while sunbathing on her balcony, hears shots fired by gunmen. With her three children, husband and friends scattered throughout the hotel, Jo has to decide what to do to save her loved ones. "It's quite difficult to describe what kind of show *Crossfire* is because it's about so many things," Keeley says. "There's a lot of action, certainly more

than I'm used to, or have ever really done. However, at the same time, what it's actually about is the human stories and the kind of moral dilemma at the heart of it." Keeley, 46, says she decided to take on the role in the drama – created and written by Louise Doughty, author of *Apple Tree Yard* – because playing Jo offered her something different to the previous characters she's played. "It was something quite unusual to have a woman at the centre of a story that is so action-based, and at the same time has this moral dilemma with this much emotion," she explains.

"Jo is a messy individual and I went from liking her and finding her endearing – thinking she's interesting, quite complex, quite confused – to thinking, 'I'm not sure I do like her!'" Revealing what we can expect from the three-parter, Keeley says, "It's quite a thrilling ride and it's quite dark in places. It's a show about relationships, friendships and marriages and all sorts of messy stuff. "I would be really satisfied if people walked away and were debating, 'What would I do?' Because that is where the story came from with Louise – 'What would I do in that situation?'"

FILM CHOICE



Finding Dory

Sunday, 3.05pm, BBC One

A gigantic box-office smash, Pixar's aquatic adventure is a spin-off from *Finding Nemo*. Scatterbrained tang fish Dory (voiced by Ellen DeGeneres) teams up with friends to find her lost parents. (2016/U) ★★★★★



Once Upon A Time In... Hollywood

Tuesday, 9pm, Film4

In 1969 LA, washed-up actor Rick (Leonardo DiCaprio) and his stunt double Cliff (Brad Pitt) do what they can to recapture their success, but the Manson cult are lurking in the background. (2019/18) ★★★★★



The Producers

Thursday, 9pm, BBC Four

Mel Brooks' comedy sees Gene Wilder's accountant team up with a failed theatre producer (Zero Mostel) to produce the worst stage musical possible as part of a money-making scam. One of the funniest comedies ever made. (1968/PG) ★★★★★



The Shawshank Redemption

Sunday, 8pm, Sky Cinema Greats

A banker jailed for his wife's murder forms an extraordinary friendship with a fellow prisoner over two decades of their incarceration. With Tim Robbins and Morgan Freeman. (1994/15) ★★★★★


SKY PREMIERE

SUNDAY 18 SEPTEMBER

BBC One

6.00am Breakfast 7.35 Match of the Day (R) **9.00** Sunday with Laura Kuenssberg **10.00** Politics England **10.30** Sunday Morning Live **11.30** Homes Under the Hammer (R) **12.00noon** News; Weather **12.15pm LIVE** MOTD: Women's Super League. Aston Villa v Manchester City (Kick-off 12.30pm).

2.35 Escape to the Country Alistair Appleton helps a couple relocate from Newcastle to the Lake District. (R)

3.05 FILM Finding Dory (2016/U)  Animated sequel, with the voice of Ellen DeGeneres. ★★★★★

4.35 Frozen Planet II David Attenborough explores frozen regions around the world. (R)

5.35 News; Regional News

6.00 Countryfile The 250th anniversary of the birth of Samuel Taylor Coleridge.

BBC Two

6.35am Gardeners' World (R) **7.35** Countryfile (R) **8.30** Beechgrove (R) **9.00** Coast Great Guides: North Sea Coast (R) **10.00** Saturday Kitchen Best Bites **11.30** Nadiya's Everyday Baking (R) **12.00noon** The Great British Countryside (R)

1.00pm Points of View

1.15 Songs of Praise Worship.

1.50 Galapagos – Islands of Change: Natural World The impact of increased migration and tourism. (R)

2.35 World Road Championships: Time Trial Highlights Action from the men's and women's time trials. (R)

4.05 Super League Playoff Highlights The semi-finals.

5.05 Flog It! Selling at auction. (R)

6.00 Saving Lives at Sea A teenage girl is swept out to sea. (R)

ITV

6.00am CITV 9.25 ITV News **9.30** Love Your Weekend with Alan Titchmarsh. With Omid Djalili and Floella Benjamin. **11.25** English Football League Highlights. Action from the latest fixtures. (R)

1.20pm ITV News; Weather

1.30 You've Been Framed! Comical clips, narrated by Harry Hill. (R)

2.00 Goodwood Revival The glory days of motor racing are re-lived at Goodwood.

4.00 Tipping Point: Lucky Stars Coin-drop quiz. (R)

5.00 Ninja Warrior UK: Race for Glory More competitors take on the obstacle course. (R)

6.00 ITV News; Weather

6.15 Regional News; Weather

6.30 Celebrity Lingo With guests Charlotte Church, Carys Eleri and Clare Balding.

Channel 4

6.25am The King of Queens Double bill. (R) **7.10** Everybody Loves Raymond (R) **8.30** The Simpsons (R) **9.30** Sunday Brunch. With Emily Attack, Les Dennis and Chunkz. **12.30pm** The Simpsons (R)

1.35 Jamie's One-Pan Wonders Jamie knocks out a flavour-packed gnocchi supper. (R)

2.10 The Great British Bake Off Noel Fielding and Matt Lucas welcome 12 new contestants into the tent. (R)

3.40 FILM Deep Impact (1998/12)  A reporter investigating a presidential misdemeanour stumbles on evidence that a comet is on a collision course with Earth. Sci-fi drama, starring Robert Duvall, Tea Leoni, Morgan Freeman and Elijah Wood. ★★★★★

6.00 Channel 4 News

6.30 The Who Cares Wins Awards 2022 Davina McCall presents the awards ceremony, celebrating the healthcare heroes who deserve to be recognised for their incredible achievements.

8.00 NEW The Secret World of Ice Cream Comedian and broadcaster Jo Brand tells the nostalgic story of how Britain fell in love with ice-cream, in an episode that peeks behind the curtain of the nation's favourite frozen treat.

9.00 Celebrity SAS: Who Dares Wins Entering the next phase, the celebs face a series of tasks that will test their resilience to the max, in teams led by the fiercely competitive brothers Curtis and AJ Pritchard.

10.00 Gogglebox The critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and the lively discussions that are prompted by the week's biggest and best shows. (R)

11.00 FILM The Hobbit: The Desolation of Smaug (2013/12) Fantasy adventure, starring Martin Freeman. ★★★★★ **1.55am** Ramsay's Kitchen Nightmares USA (R) **2.45** Couples Come Dine with Me (R) **3.35** Hollyoaks Omnibus (R) **5.35** Kirstie's House of Craft (R) **5.45-6.10am** Drawers Off (R)

Channel 5

6.00am Milkshake! Children's fun.

10.00 The Smurfs (R)

10.10 SpongeBob SquarePants (R)

10.25 Entertainment News on 5

10.30 NFL End Zone Action from the latest matches in the NFL.

11.00 Friends Four episodes. (R)

1.00pm Cash in the Attic Helping people make money. (R)

2.00 FILM Any Which Way You Can (1980/15) Comedy sequel, starring Clint Eastwood. ★★

4.15 FILM Joe Kidd (1972/15)  A bounty hunter hired by a greedy businessman to capture a Mexican rebel comes to question his employer's cruel methods. Western, starring Clint Eastwood. ★★

6.00 Happy Campers: The Caravan Park Charley and Andi make their debuts as park mascots Deano and Sparky. (R)

7.00 Billionaire Resorts: On Holiday with the Super Rich Life at the Hotel Martinez in Cannes, where guests arrive by helicopter and speedboat and staff work relentlessly to maintain the glossy veneer.

8.00 Million Pound Motorhomes Angellica Bell takes a one-day motorhome-manoeuving course in Surrey, and a man who works out of his motorhome organises a festival for the campervan community.

9.00 NEW Colin & Justin's Hotel Hell Colin McAllister and Justin Ryan overhaul and reopen a hotel on the Atlantic coast of Canada. Their first project is to design and transform one of the guest suites.

10.00 Bargain-Loving Brits in the Sun Featuring Joe and Jan, who run the Last Chance Animal Rescue Centre. (R)

10.55 Most Shocking Celebrity Moments in Pop A selection of memorable incidents. (R)

12.55am Entertainment News on 5 Showbiz news. **1.00** The LeoVegas Live Casino Show **3.00** Trawlermen: Celebs at Sea. Three famous faces join the crew of a trawler. (R) **4.35** Now That's Funny! (R) **5.25** Entertainment News on 5 **5.30** Peppa Pig (R) **5.35** Paw Patrol (R) **5.50-6.00am** Fireman Sam (R)

7

7.00 Antiques Roadshow At Brodie Castle, Fiona Bruce meets a Highland Games commentator who has brought along items including a weighty shot put, a heavy hammer and a brooch presented by Queen Victoria.

8

8.00 Frozen Planet II The wildlife of the Arctic Ocean, including polar bears, harp seals and bowhead whales. Plus, how the region is warming faster than anywhere else on Earth due to climate change.

9

9.00 NEW Bloodlands Return of the crime thriller, starring James Nesbitt. The body of an accountant is found on the shores of Strangford Lough, and Tom and Niamh are assigned to the case. Also starring Lorcan Cranitch.

10

10.00 News; Regional News 10.30 Match of the Day 2 Mark Chapman reviews the day's Premier League action, including Chelsea v Liverpool at Stamford Bridge and Manchester United v Leeds United at Old Trafford.

11.45 The Women's Football Show The weekend's games in the Super League. **12.30am** Question of Sport. With Josh Warrington, Bianca Walkden, Clinton Morrison and Will Buxton. (R)

1.05-6.00am BBC News
*All schedules correct at the time of print

7.00 NEW This Farming Life Emma and Ewan move to their forever farm on the Isle of Bute, while cousins Donald and David prepare for lambing season. Elsewhere, dairy farmer Andy hands over the reins to his daughter Kayleigh.

8.00 Stolen: Catching the Art Thieves Three paintings stolen at gunpoint from Stockholm's National Museum in 2000 take investigators on a complex hunt from Russian organised crime to the glittering hills of Hollywood.

9.00 Simon Reeve's South America Simon travels through Brazil, visiting a neglected indigenous neighbourhood in Manaus and meeting a nurse who was the only source of healthcare during the pandemic.

10.00 How To with John Wilson John explores the challenges of keeping an object in pristine condition.

10.25 Cricket: Women's ODI Highlights England v India. Action from Hove.

10.55 Question Time (R)

11.55 Days That Shook the BBC with David Dimbleby David explores the BBC's relationship with the British people. (R) **12.55am** The Boys from Brazil: Rise of the Bolsonaros. The story of how the family reached the ultimate seat of power. (R) **1.55-6.30am** This Is BBC Two

7.30 Gino's Italy: Like Mamma Used to Make Gino D'Acampo heads to Tuscany and reveals a very different side of this much-visited region, one that is steeped in medieval heritage and its linked culinary customs.

8.00 Ridley Alex and Carol are called out to look into the death of a man who seemingly fell from his balcony. During the investigation, the retired detective makes a shocking discovery that links the current case with the arson attack that killed his family. Crime drama inspired by real life retired detectives re-joining increasingly over-stretched police forces in a consultancy role, starring Adrian Dunbar and Bronagh Waugh. Last in series.

10.00 ITV News; Weather The latest headlines.

10.20 DNA Journey Britain's Got Talent judge Amanda Holden and comedian Alan Carr embark on journeys across the country as they delve into their family histories. (R)

11.35 Gallagher Premiership Rugby Union Highlights Action from the second round of fixtures. **12.25am** Shop: Ideal World **3.00** Motorsport UK. Richard John Neil presents action from Knockhill. (R) **3.50** Unwind with ITV **5.05-6.00am** Tenable. Five family members answer questions. (R)

ITV2

Freeview 6

6.00am World's Funniest Videos **6.35** Love Bites **7.35** Secret Crush **10.30** Take Me Out Celebrity Special **11.30** The Masked Dancer **1.05pm FILM** Rio 2 (2014/U) Parrots Jewel and Blu and their three chicks leave home to make a journey up the Amazon. Animated comedy sequel, with the voices of Jesse Eisenberg and Anne Hathaway. ★★★★★ **3.15 FILM** Robots (2005/U) A robot inventor heads for the city to make his fortune, where he battles the machinations of big business. Animated adventure, with the voices of Ewan McGregor and Halle Berry. ★★★★★ **5.10 FILM** Madagascar (2005/U)

Various inmates of a city zoo escape captivity, but end up stranded on an island with no clue how to survive. Animated comedy, with the voices of Ben Stiller, David Schwimmer, Chris Rock and Jada Pinkett Smith. ★★★★★ **6.55 FILM** Rampage (2018/12) When three different animals become infected with a dangerous pathogen, a primatologist and a geneticist team up to stop them from destroying Chicago. Fantasy adventure, starring Dwayne Johnson, Naomie Harris and Malin Akerman. ★★★★★ **9.00** Family Guy. Five episodes. **11.30** American Dad! **12.25am** All American **2.15** Iain Stirling's CelebAbility **2.55** Unwind with ITV **3.00-6.00am** Teleshopping

ITV3

Freeview 10

6.00am That's My Boy **6.35** Emmerdale Omnibus **8.50** That's My Boy **9.20** The Ruth Rendell Mysteries **12.45pm** Agatha Christie's Poirot **4.10** Wycliffe **6.00 LIVE** World Series of Darts Finals. The semi-finals and final. **10.00 FILM** The Booze Cruise (2003/12) Five men set off on a shopping trip to a French hypermarket, and the wives back home take full advantage of their husbands' absence. One-off comedy drama, starring Martin Clunes and Neil Pearson. ★★★★★ **12.00m't** Lewis **2.00am** That's My Boy **3.40** Emmerdale Omnibus **5.50-6.00am** Unwind with ITV

FILM4

Freeview 14

11.00am Carry On Cabby (1963/PG, b/w) Comedy, starring Sid James and Hattie Jacques. ★★★★★ **12.50pm** The Perfect Catch (2005/PG) Farrelly brothers' romantic comedy, with Jimmy Fallon and Drew Barrymore. ★★★★★ **2.55** The Art of Racing in the Rain (2019/PG) Comedy drama, starring Milo Ventimiglia. ★★★★★ **5.00** Monster Trucks (2016/PG) A teenager befriends a monster which feeds on oil, which bonds with the monster truck he is building from scrap. Fantasy adventure, starring Lucas Till and Jane Levy. ★★ **7.05** Fantastic Four (2015/12) Four scientists return from another dimension with unusual powers,

which they use to defend the Earth. Superhero adventure, starring Miles Teller and Michael B Jordan. ★★ **9.00** Indiana Jones and the Temple of Doom (1984/12) The intrepid archaeologist travels to India, where he battles to retrieve sacred stones in the possession of an evil cult. Action adventure, starring Harrison Ford. ★★★★★ **11.20** Allied (2016/15) A Canadian intelligence officer falls for a French resistance fighter during the Second World War. Thriller, starring Brad Pitt and Marion Cotillard. ★★★★★ **1.45-4.00am** The Nile Hilton Incident (2017/15) An investigating policeman realises that VIPs do not want a hotel murder case solved. Crime drama, starring Fares Fares. ★★★★★

VARIATIONS

BBC Scotland

12.00noon This Is BBC Scotland **7.00pm** The Seven **7.15** SportsScene: Premiership Highlights **8.15** Rewind 2000s **8.30** Born to Be Wild **9.00** After 9/11: Scotland's Story **10.00** Still Game **10.30** Martin Compston's Scottish Fling **11.00pm-12.00m**t Seven Days

BBC One Scotland

As BBC1 except: **10.00-10.30am** The Sunday Show **5.50-5.55pm** Reporting Scotland **11.45** SportsScene: Premiership Highlights **12.45am** The Women's Football Show **1.30** Question of Sport **2.00** Weather for the Week Ahead **2.05-6.00am** BBC News

BBC One Wales

As BBC1 except: **10.00-10.30am** Politics Wales **2.35pm** **FILM** Finding Dory (2016/U) Animated sequel, with the voice of Ellen DeGeneres. **4.05** We Are Strong Women – Our Lives **4.35** Iolo: A Wild Life **5.05-5.35** Wales' Home of the Year **11.45** Transfer: The Fate of Emiliano Sala **12.15-1.00am** The Women's Football Show

BBC Two Wales

As BBC2 except: **6.00pm** Scrum V Sunday. Action from the opening round of United Rugby Championship fixtures. **7.00-8.00** Mothers, Missiles and the American President. Three Welsh sisters who took action over the threat of nuclear war in the 1980s. **10.55-11.55pm** Full House. A slice of life at a Tonypandy bingo hall.

STV

As ITV except: **6.15pm-6.30pm** STV News **7.30-8.00** Sean's Scotland **10.20** Gino's Italy: Like Mamma Used to Make **10.45-11.35** The People's History Show **3.50-5.05am** Unwind with STV

ITV Wales

As ITV except: **7.30pm-8.00pm** The Mart. A look at the post-lambing season restart of the weekly market.

S4C

6.00am Cyw **8.50** Penblwyddi Cyw **9.00** Garddio a Mwy **9.30** Welsh Whisperer – Ni'n Teithio Nawr! **10.00** Y Fets **11.00** Dechrau Canu Dechrau Canmol **12.00noon** Yr Wythnos **12.30pm** Gwyliau Gartref **1.00** Rygbi Pawb **1.45** Gwesty Aduniad **2.45** Cynefin **3.45** Trefi Gwylt Iolo **4.15** Cheer am Byth. The highs and lows of cheerleaders in Team Rebellion. **4.40** Ironman Cymru 2022 **5.40** Cefn Gwlad **6.10** Pobol y Cwm Omnibws **7.15** Newyddion a Chwaraeon **7.30** Dechrau Canu Dechrau Canmol **8.00** Prosiect Pum Mil **9.00** Bryn Fôn: Chwilio Am Feibion Glynwdr **10.00** Y Babell Llen a Mwy **11.00-11.35pm** Codi Pac. Geraint Hardy explores Fishguard. Last in series.



Frozen Planet II

8pm, BBC One

The second edition, *Frozen Ocean*, reveals the animals which survive on and under the Arctic sea ice. It begins in the depths of winter, a time of plenty for polar bears who can afford to play in the short winter days. A pod of beluga whales has been confined to an ice hole for five months risking starvation, but in spring, the sun melts the sea ice allowing their escape. And off the east coast of Greenland, the floating pack ice becomes a nursery ground for harp seals.

Stolen: Catching The Art Thieves

8pm, BBC Two

During Christmas 2000, three paintings with a combined value of more than £40 million – Renoir's *Conversation* and *Jeune Parisienne* and a 1630 Rembrandt self-portrait – were stolen at gunpoint from Stockholm's National Museum. This documentary looks at the police's pursuit of the thieves who made their escape by boat. They have an early breakthrough when the man who sold the boat just days previously provides them with the phone number of the man who bought it.



Celebrity SAS: Who Dares Wins

9pm, Channel 4

In teams led by the fiercely competitive brothers Curtis and AJ Pritchard, the celebs take on the gruelling task of moving a broken-down one-tonne Jeep to a safety zone half a kilometre away in searing heat and through thick sand. Meanwhile, Dwain Chambers is eager to impress the DS. So when the celebrity recruits are tasked with balancing on ropes 160 feet above the ground to cross a ravine, does the former sprinter have what it takes?

The week in soap



Emmerdale

Monday-Friday, ITV

Faith is loving life. She and Pollard enjoy a drunken afternoon before whizzing home in a stolen golf buggy and it's clear the pair are closer than ever.

Things between Leyla and Liam are still tense following her return from rehab. Leyla confides in her mate Priya that she thinks her marriage might be beyond repair. Meanwhile, Liam finds a shoulder to cry on in Bernice. Talk turns to their previous relationship, and they share a kiss.



EastEnders

Monday, Tuesday, Wednesday, Thursday, BBC One

Janine is in for the shock of her life when she discovers she is pregnant. Sonia urges her to tell Mick, but Janine is unsure what to do. Her worries increase when she realises how close Linda and Mick are getting. Later, Linda confesses to Sharon her true feelings for Mick. As she heads to the Vic to tell him how she feels, has Janine lost her man forever?

Alfie sets up a stall on the market raffling his boat, however, Honey takes the wind out of his sails when she bans him for having an unsolicited pitch.



Coronation Street

Monday, Wednesday, Friday, ITV

Kelly is reeling from the revelation that Gary killed her dad. Furious, she decides to get her revenge by hiring Kieron to kill Gary. Soon, she's luring Gary to Kieron where he's knocked unconscious before being driven to the woods. Later, things take an unexpected turn and Kieron reveals a revenge plan of his own. He's going to kill Gary and Kelly. As a showdown ensues, a shot is fired – but who takes the bullet?

Leo is called to the Platts' to do an assessment on the sinkhole area and becomes suspicious of Stephen's behaviour. Later, when Audrey reveals that a surveyor came to her house to do a valuation, Leo's convinced Stephen is up to something, and the two men end up butting heads. Will Stephen reveal his kiss with Jenny to distract Leo from his suspicions? There's more trouble when Stephen's wife, Gabrielle, arrives in town.

MORE4

Freeview 18

8.55am George Clarke's Amazing Spaces **9.55** Ugly House to Lovely House with George Clarke **10.55** George Clarke's Old House, New Home **12.00noon** Location, Location, Location **1.00pm** Come Dine with Me **3.40** Four in a Bed **6.20** Come Dine with Me **9.00** 9/11: 102 Minutes That Changed America. Footage of the attacks on the World Trade Center. **11.40** Emergency Helicopter Medics. Two motorcyclists are attended by air ambulance crews. **12.50am** 8 Out of 10 Cats Does Countdown. Words-and-numbers quiz. **1.55** 24 Hours in A&E **2.55-3.50am** Emergency Helicopter Medics

E4

Freeview 13

6.00am Hollyoaks Omnibus **8.25** Married at First Sight UK **1.05pm** **FILM** The Chronicles of Narnia: The Voyage of the Dawn Treader (2010/PG) Fantasy adventure, with Georgie Henley and Skandar Keynes. ★★ **3.20** The Big Bang Theory **4.15** Lego Masters Australia **6.05** Wipeout USA **7.05** **FILM** Failure to Launch (2006/12) A thirtysomething man will not leave home, so his exasperated parents hire a woman to entice him out of the nest. Romantic comedy, with Sarah Jessica Parker and Matthew McConaughey. ★★ **9.00** Married at First Sight UK: Unveiled. AJ Odudu is joined by Drag Race royalty Michelle Visage,

Made in Chelsea star Sam Thompson and DJ and presenter Yinka Bokinni to dissect the week's drama. **10.00** Rick and Morty. Rick needs to save a trapped Morty. **10.35** **NEW** Harley Quinn. New series. Harley accidentally kidnaps the head of the Suicide Squad. **11.00** The Inbetweeners. Double bill. **12.10am** Derry Girls **1.20** Gogglebox **2.20** The Big Bang Theory **2.45** Naked Attraction **3.35** The Inbetweeners **4.00** Rick and Morty **4.25-6.00am** The Big Bang Theory

SKY SHOWCASE

6.00am Madagascar: A Little Wild **8.05** The Slow Mo Guys' Big Adventures **8.35** The Simpsons **10.05** David

Attenborough's Kingdom of Plants **11.00** Wild Animal Babies **2.00pm** The Ultimate Romcom Movies **3.00** The Simpsons **6.30** **LIVE** WSL. Liverpool v Chelsea (Kick-off 6.45pm). Live coverage of the Women's Super League encounter at Prenton Park. **9.00** S.W.A.T. A plane carrying Street and the prisoner he is transporting is hijacked, and the team races to save the passengers. **10.00** NCIS: Los Angeles. The team works with DEA agent Talia Del Campo. **11.00** Never Mind the Buzzcocks. Return of the comedy music quiz, hosted by Greg Davies. **11.45** The Blacklist **12.40am** Road Wars **1.35** The Force: North East **2.30** Road Wars **3.00** Nothing to Declare **5.00-6.00am** The Early Rundown

GOLD

6.00am Teleshopping **7.10** Citizen Khan **8.15** Only Fools and Horses. Twelve episodes. **8.20pm** Dad's Army. Captain Mainwaring initiates a recruitment campaign, but makes the mistake of leaving Wilson in charge of the poster. **9.00** Billy Connolly Does... Billy reveals why you should never buy a house with mattresses in the garden. **10.00** Christmas with the Royle Family. Denise interrupts the festive banter by going into labour. **10.55** Ghosts. Double bill. **12.05am** Peep Show **1.15** Roger & Val Have Just Got In **2.40** Billy Connolly Does... **3.30** Desmond's **4.00-6.00am** Teleshopping

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MONDAY 19 SEPTEMBER

*All schedules correct at the time of print

BBC One Freeview 1

- 7.00 The One Show**
7.30 EastEnders
8.00 Panorama Current affairs
8.30 We Are England
9.00 Crossfire New series. Drama, with Keeley Hawes.
10.00 News; Regional News
10.40 Have I Got a Bit More News for You Quiz show.
11.25 Ellie & Natasia Double bill.
11.55 The Hit List Celebrity Special Musical quiz.

BBC Two Freeview 2

- 7.00 The Crash Detectives**
7.30 Mastermind
8.00 Only Connect Quiz show.
8.30 University Challenge
9.00 The Boys from Brazil: Rise of the Bolsonaros A look at Jair Bolsonaro's time as president of Brazil. Last in series.
10.00 Cunk on Earth New series. Spoof documentary, starring Diane Morgan.
10.30 Newsnight Current affairs.
11.15 Pawn Sacrifice Sporting drama, starring Tobey Maguire. ★★★★★ (2014/12)

ITV Freeview 3

- 6.30 ITV Evening News**
7.30 Emmerdale Priya is concerned for Leyla.
8.00 Coronation Street Kelly plots the ultimate revenge against Gary.
9.00 The Suspect Joe finds himself on the run from the police. Aidan Turner stars.

- 10.00 ITV News** Headlines.
10.30 Regional News Reports.
10.45 Des O'Connor: The Ultimate Entertainer
11.45 All Elite Wrestling: Dynamite Grappling action.

Channel 4 Freeview 4

- 7.00 Channel 4 News**
8.00 Food Unwrapped
8.30 Jamie's One-Pan Wonders Jamie whips up super-speedy smashed lemongrass chicken.
9.00 24 Hours in A&E An 18-year-old is rushed in after coming off his motor scooter.
10.00 Second Hand for 50 Grand A handbag hunt.
11.05 UEFA Nations League Magazine Show
11.35 Walter Presents: Sisterhood

Channel 5 Freeview 5

- 7.00 Police Interceptors** Following an operation to stop a van suspected of carrying cocaine; 5 News
8.00 Motorway Cops: Catching Britain's Speeders PC Niaz Waddington tries to catch up with a speeding SUV. Last in series; 5 News Update
9.00 Police: Suspect No 1 New series. Return of the documentary following detectives on serious cases.
10.00 Casualty 24/7: Every Second Counts One of the department's new junior doctors treats a man with a suspected case of sepsis.
11.05 999: Critical Condition

ITV2 Freeview 6

- 7.00 Secret Crush**
8.00 Bob's Burgers Double bill.
9.00 Bad Chefs
10.00 Family Guy Animation.
10.30 American Dad! Cartoon.
11.00 Family Guy Double bill.

ITV3 Freeview 10

- 5.55 Heartbeat** Double bill.
8.00 Endeavour The detective is led to a puppet studio.
10.00 Wycliffe Detective drama.
11.10 Maigret Detective series.

Film4 Freeview 14

- 6.35 Sahara** Adventure, starring Matthew McConaughey. ★★ (2005/12)
9.00 World War Z Zombie thriller, with Brad Pitt. ★★ (2013/15)
11.15 Maze Runner: The Scorch Trials Sci-fi adventure, starring Dylan O'Brien. ★★ (2015/12)

Sky Showcase

- 6.30 The Simpsons** Triple bill.
8.00 David Attenborough's Kingdom of Plants
9.00 The Great Debate Trevor Phillips returns with the discussion programme.
10.00 An Idiot Abroad 2
11.00 The Russell Howard Hour
11.45 Mind Over Murder Documentary double bill.

GOLD

- 6.35 Dad's Army** Double bill.
8.00 Porridge Double bill.
9.20 The Office Double bill.
10.40 This Time with Alan Partridge Comedy.
11.20 The Cockfields

Mastermind

7.30pm, BBC Two
 TV's toughest quiz is celebrating its 50th year, and host Clive Myrie is back to present the first heat of a brand new series. Four more brave contestants take their seat in the famous black chair, and tonight's specialist subjects are typically eclectic – the life of Spanish painter Francisco de Goya, BBC period drama *Peaky Blinders*, Team GB at the 2020 Olympics, and Raymond Chandler's Philip Marlowe novels.



The Suspect

9pm, ITV
 Joe is stunned when an old grudge rears its head. And with the net closing in, he flees to his father's house for sanctuary. For DI Ruiz and DS Devi, the case looks crystal clear and they step up their efforts to arrest those responsible – but Ruiz feels that he is missing something.

Jamie's One-Pan Wonders

8.30pm, Channel 4
 If you're looking for post-weekend meal inspiration, Jamie Oliver has more recipes from his new cookbook. First, he whips up super-speedy smashed lemongrass chicken, sweet potato chilli with nachos and a chocolate tray cake with mandarin and buttercream.



TUESDAY 20 SEPTEMBER

*All schedules correct at the time of print

BBC One Freeview 1

- 7.00 The One Show**
7.30 EastEnders
8.00 Mental Health: Young Lives in Crisis The challenges faced daily by mental health clinicians.
9.00 Crossfire Jo summons the courage to rescue as many staff and guests as possible.
10.00 News; Regional News
10.40 Ambulance A patient begins hallucinating in the back of an ambulance.
11.40 Blankety Blank Quiz show.

BBC Two Freeview 2

- 7.00 Villages by the Sea**
7.30 Iolo: A Wild Life
8.00 The Hotel People Chelsea FC book in to new General Manager Andy's hotel.
9.00 Sensationalists: The Bad Girls and Boys of British Art New series. Documentary made to coincide with the 25th anniversary of Sensation.
10.00 Live at the Apollo
10.30 Newsnight Current affairs.
11.15 Martin Compston's Scottish Fling
11.45 The Boys from Brazil: Rise of the Bolsonaros

ITV Freeview 3

- 6.30 ITV Evening News**
7.30 Emmerdale Faith and Pollard have a drunken afternoon.
8.00 Vera The body of an addiction support worker is found. Brenda Blethyn stars.

- 10.00 ITV News** Headlines.
10.30 Regional News Reports.
10.45 The National Television Awards 2022 Joel Dommett hosts the 27th edition of the ceremony.

Channel 4 Freeview 4

- 7.00 Channel 4 News**
8.00 The Great British Bake Off The bakers must make illusion macarons.
9.30 First Dates Hotel Animal lover Sophie is paired with Billy, who has a collection of pet tarantulas.
10.35 Rosie Jones' Trip Hazard Fay Ripley joins Rosie to go coasteering in Pembrokeshire. Last in series.

Channel 5 Freeview 5

- 7.00 Dogs Behaving (Very) Badly** Trainer Graeme Hall takes on a destructive English bulldog; 5 News
8.00 The Yorkshire Vet Julian performs an emergency blood plasma transfusion on a baby alpaca; 5 News
9.00 Michael Palin: Into Iraq New series. Michael embarks on a revelatory journey through Iraq.
10.00 The World's Most Luxurious Prison Ann Widdecombe takes a look at Norway's Halden Prison.
11.05 My Son the Serial Killer

ITV2 Freeview 6

- 7.00 Secret Crush**
8.00 Bob's Burgers Double bill.
9.00 Bad Chefs With guest chef Joseph Denison Carey.

- 10.00 Plebs** Double bill.
11.00 Family Guy Double bill.

ITV3 Freeview 10

- 5.55 Heartbeat** Double bill.
8.00 Martin Clunes: Islands of the Pacific In Vanuatu, Martin climbs a volcano.
9.00 Midsomer Murders Mysterious lights are seen in the sky over Cooper Hill.
11.05 Maigret A teacher is convinced he will be accused of murder.

Film4 Freeview 14

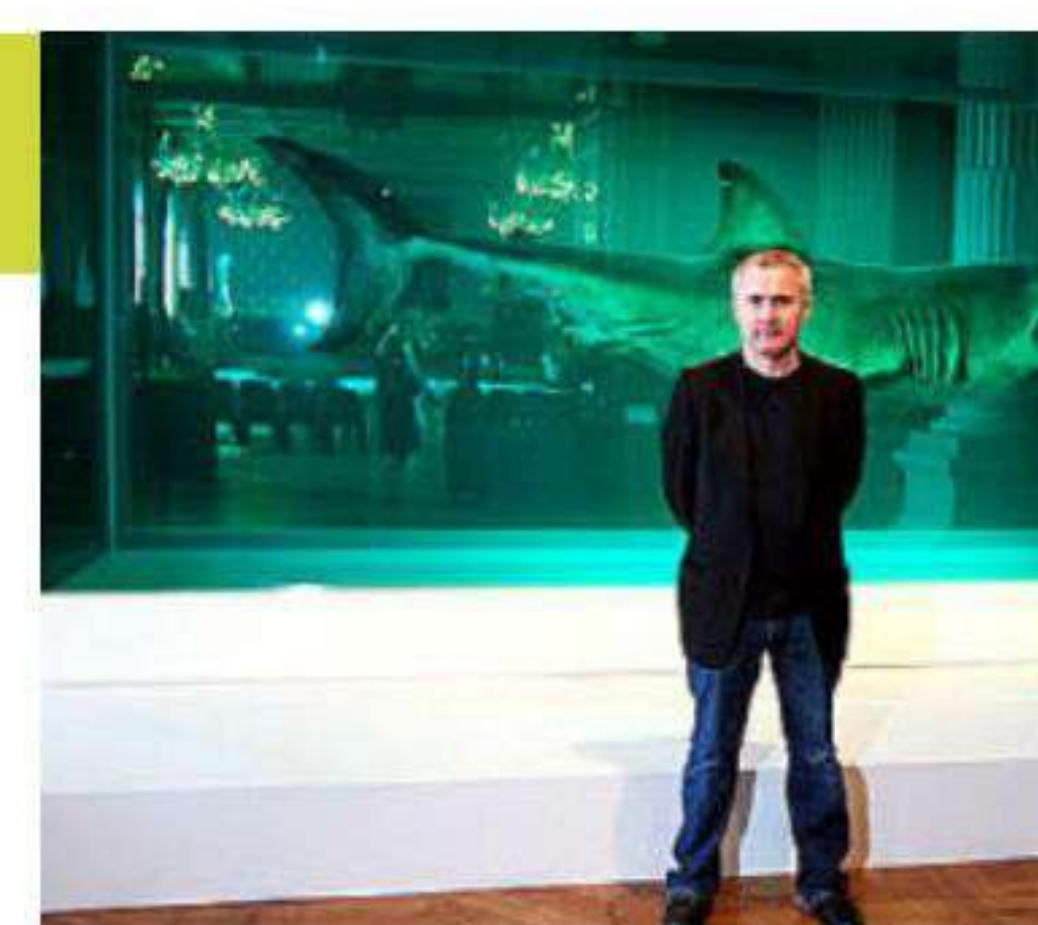
- 6.40 The Second Best Exotic Marigold Hotel** Comedy drama sequel, starring Dev Patel and Maggie Smith. ★★ (2015/PG)
9.00 Once Upon a Time in Hollywood Drama, starring Leonardo DiCaprio, Brad Pitt and Margot Robbie. ★★★★★ (2019/18)

Sky Showcase

- 6.30 The Simpsons** Triple bill.
8.00 Hitch Romantic comedy, starring Will Smith and Eva Mendes. ★★ (2005/12)
10.10 The Blacklist Red tries to reveal his true enemy.
11.10 Brassic Chinese Dan gives his greyhound to Cardi.

GOLD

- 6.40 Dad's Army** Double bill.
8.00 Porridge Double bill.
9.20 The Office Double bill.
10.40 This Time with Alan Partridge Alan faces some tough TV challenges.
11.20 The Cockfields Esther has a quiet chat with David.



Sensationalists: The Bad Girls And Boys Of British Art

9pm, BBC Two
 To mark the 25th anniversary of Charles Saatchi's controversial art show *Sensation* in London, this series, narrated by Keith Allen, explores what was pivotal moment in British culture. This episode focuses on the 1980s where young musicians, fashion designers and artists began to cause a stir.

First Dates Hotel

9.30pm, Channel 4
 Private chef Georgia's ideal man would be someone with confidence and ambition who's also a food and wine lover. Can Nick wow Georgia with his knowledge of the local produce? Meanwhile, is stationery sales manager Rob the hero grandmother Debbie is seeking? Finally, 18-year-old Sophie is passionate about animals. Along comes Billy, who has a collection of tarantulas.



Rosie Jones' Trip Hazard

10.35pm, Channel 4
 Rosie takes actress Fay Ripley to Pembrokeshire for a spot of coasteering – basically climbing up cliffs, launching yourself off them and swimming in the freezing sea. As well as that, they face Fay's childhood fear of horse riding, stay the night in a decommissioned plane, feed crocodiles and hunt the ghost of a 400-year-old ape.



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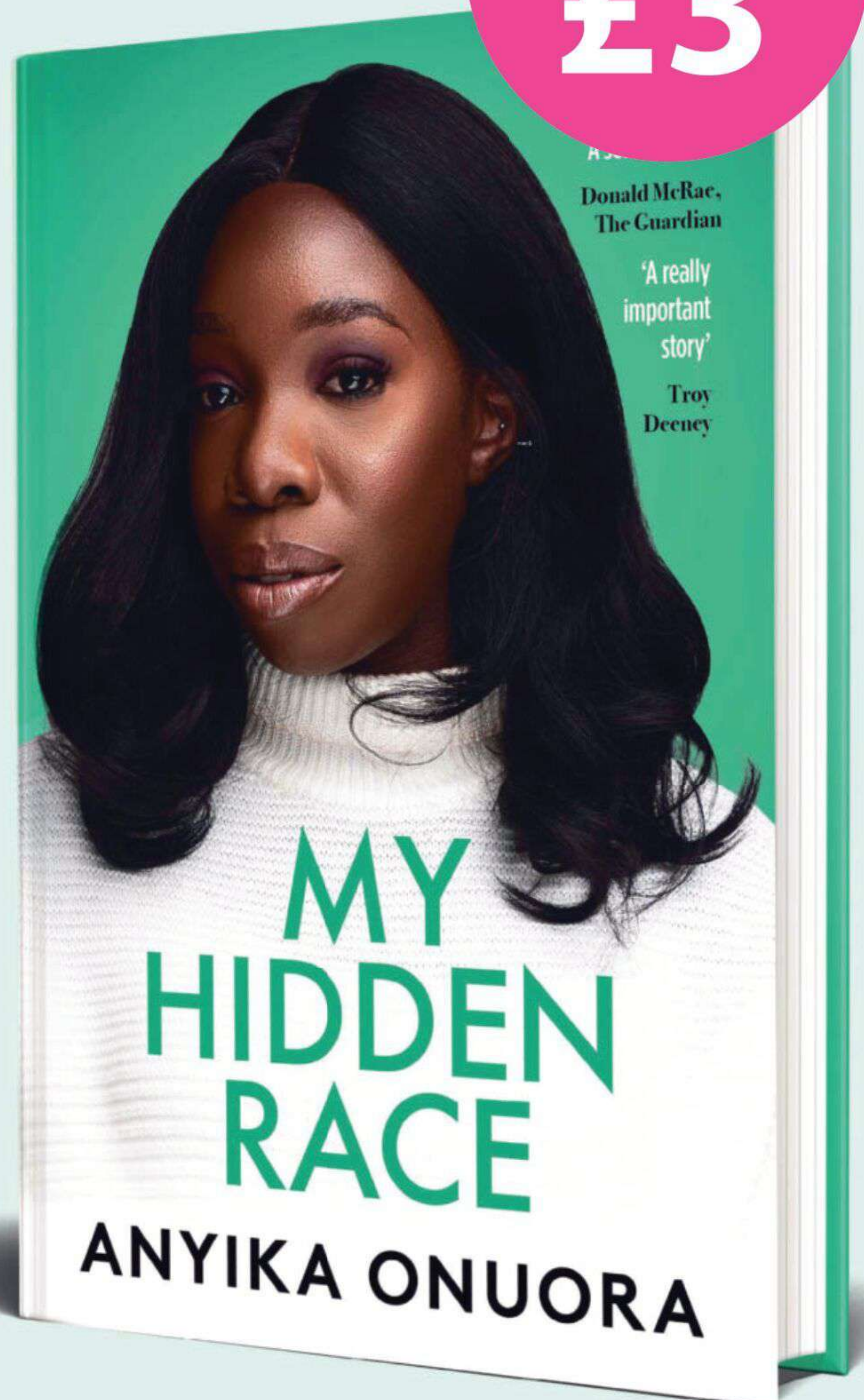
Donald McRae, The Guardian

‘Very motivational.
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WEDNESDAY 21 SEPTEMBER

*All schedules correct at the time of print

BBC One Freeview 1

- 7.00 The One Show**
7.30 EastEnders Frankie sees Sonia and Janine talking about the pregnancy.
8.00 The Repair Shop Items include a unicycle and a badly scorched gold ring.
9.00 Crossfire Jo faces a stand-off with Flavio. Last in series.
10.00 News; Regional News
10.40 The Last Right Comedy drama, starring Michiel Huisman. ★★★ (2019/15)

BBC Two Freeview 2

- 7.00 Villages by the Sea**
7.30 Iolo: A Wild Life
8.00 Mary Berry – Cook & Share A cricket tea.
8.30 Nadiya's Everyday Baking
9.00 Escape from Kabul Airport The largest airlift in modern US history.
10.15 Saving Lives at Sea
10.30 Newsnight Current affairs.
11.15 Unspun World with John Simpson Global news.
11.40 Cricket: Women's ODI Highlights

ITV Freeview 3

- 6.30 ITV Evening News**
7.30 Emmerdale Dan drives Amelia further away.
8.00 Coronation Street Kelly abandons her engagement party to accuse Gary of murder.
9.00 Doc Martin Morwenna is back as receptionist and the Ellinghams have a new dog.

- 10.00 ITV News** Headlines.
10.30 Regional News Reports.
10.45 Peston Political Magazine.
11.40 Jonathan Ross' Comedy Club

Channel 4 Freeview 4

- 7.00 Channel 4 News**
8.00 Handmade: Britain's Best Woodworker New series. Mel Giedroyc returns with the carpentry contest.
9.00 Grand Designs A couple building a multicultural home in the Chess Valley.
10.00 Broke: Britain's Debt Emergency – Dispatches The work of the debt advisors at Citizens Advice.
11.05 The Great Catherine and Peter's son goes missing.

Channel 5 Freeview 5

- 7.00 The Highland Vet** A Belgian shepherd suffers a serious leg injury after jumping in a river; 5 News
8.00 Police Interceptors Chris finds himself on the tail of a runaway Renault; 5 News
9.00 Casualty 24/7: Every Second Counts A 17-year-old arrives after falling from his bike.
10.00 Ambulance: Code Red A motorcyclist with a head injury must be put into a coma on the roadside.
11.05 A&E After Dark

ITV2 Freeview 6

- 7.00 Secret Crush** Idris opens up to Frankie.
8.00 Bob's Burgers Double bill.
9.00 Bad Chefs The contestants cook macaroni cheese.

- 10.00 Family Guy** Triple bill.
11.30 American Dad! Double bill.

ITV3 Freeview 10

- 5.55 Heartbeat** Double bill.
8.00 Lewis The murder of a babysitter throws up a number of questions.
10.00 Wycliffe An amateur flautist apparently commits suicide.
11.05 Maigret A woman claims her belongings are being moved.

Film4 Freeview 14

- 6.45 The Post** Drama, starring Meryl Streep and Tom Hanks. ★★★★★ (2017/12)
9.00 Indiana Jones and the Last Crusade Action adventure, starring Harrison Ford. ★★★★★ (1989/PG)
11.35 12 Years a Slave Oscar-winning fact-based period drama, starring Chiwetel Ejiofor. ★★★★★ (2013/15)

Sky Showcase

- 6.30 The Simpsons** Triple bill.
8.00 The Ultimate Romcom Movies With Clara Amfo, Ellie Taylor and Russell Kane.
9.00 Never Mind the Buzzcocks With Roisin Conaty, ArrDee and James Bay.
9.45 Brassic A camping trip turns into a nightmare.
10.45 Bloods Paramedic comedy.
11.15 The Russell Howard Hour

GOLD

- 6.40 Dad's Army** Double bill.
8.00 Porridge Double bill.
9.20 The Office Comedy.
10.00 Live at the Apollo
11.00 The Cockfields
11.40 Peep Show Double bill.

TV GUIDE



Coronation Street

8pm, ITV
 Kelly tells Aadi she's booked their tickets to Bangkok, but fails to mention they're one way. Then, as Gary is knocked unconscious and thrown in the van, Kelly tells Kieron he'll get the rest of his money once she knows Gary is dead. Meanwhile, it looks like Stephen could be rumbled after Audrey arrives back early from a spa day with Gail to find a valuer from the estate agents at her house.



Doc Martin

9pm, ITV
 We're going to miss Martin Clunes' grumpy GP when he hangs up his stethoscope in a month or so. But before that, he has plenty of drama to deal with, including attending Stewart's survival course and getting a new dog. Plus, Louisa agrees to speak at the school assembly.

Nadiya's Everyday Baking

8.30pm, BBC Two
 Despite its title, this cookery series is about more than just traditional baking. Tonight, Nadiya demonstrates her go-to roasts, beginning with a chicken packed with kimchi under a crispy skin, nestled on a bed of buttery miso leeks, with honey and sushi rice.



THURSDAY 22 SEPTEMBER

*All schedules correct at the time of print

BBC One Freeview 1

- 7.00 The One Show** Magazine.
7.30 EastEnders Life in Walford.
8.00 Eat Well for Less? A family with different diets.
9.00 Ambulance Cameras observe the staff of North East Ambulance Service at work.
10.00 News; Regional News
10.40 Question Time Topical debate from Grimsby, Northeast Lincolnshire.
11.40 Newscast Discussion.

BBC Two Freeview 2

- 7.00 Villages by the Sea**
7.30 Iolo: A Wild Life
8.00 Saving Lives at Sea A paddleboarder is caught out by the tide.
9.00 All That Glitters: Britain's Next Jewellery Star Four semi-finalists take on two penultimate challenges.
10.00 Stuck Short comedy.
10.15 Harry Hill's Lonely Island
10.30 Newsnight Current affairs.
11.15 Sensationalists: The Bad Girls and Boys of British Art Documentary series.

ITV Freeview 3

- 6.30 ITV Evening News**
7.30 Emmerdale Dan is left concerned.
8.30 Building Nightmares: The True Cost? Tonight
9.00 John & Joe Bishop: Life After Deaf John Bishop and his son Joe learn about the deaf community.

- 10.00 ITV News** Headlines.
10.30 Regional News Reports.
10.45 Life After Deaf Stand Up Show
11.30 Heathrow: Inside Britain's Biggest Airport
11.55 All Elite Wrestling: Rampage Hard-hitting, high-flying wrestling action.

Channel 4 Freeview 4

- 7.00 Channel 4 News**
8.00 The Great British Bake Off: An Extra Slice Including an interview with the week's eliminated baker.
9.00 My Grandparents' War: Keira Knightley Actress Keira Knightley unearths a deeply moving story concerning her grandparents.

Channel 5 Freeview 5

- 10.00 Naked Attraction**
11.05 Embarrassing Bodies
7.00 Save Money on Your Supermarket Shop Angellica Bell investigates ethically sourced lesser-known fish; 5 News Update
8.00 Westminster Abbey: Behind Closed Doors New series. A look inside one of the UK's most renowned buildings; 5 News
9.00 All Creatures Great and Small James struggles to get Siegfried to let him take the reins at the practice.
10.00 Ben Fogle: New Lives in the Wild Ben meets a family living in a yurt on New Zealand's north island.
11.05 Police: Night Shift 999

ITV2 Freeview 6

- 7.00 Secret Crush**
8.00 Bob's Burgers Double bill.
9.00 Bad Chefs
10.00 Shopping with Keith Lemon With Danny Dyer.
10.30 Family Guy Double bill.
11.30 American Dad! Double bill.

ITV3 Freeview 10

- 5.55 Heartbeat** Double bill.
8.00 Vera A wealthy betting shop tycoon is murdered during a home invasion.
10.00 Wycliffe An ancient Cornish custom ends in murder.
11.05 Maigret Detective drama.

Film4 Freeview 14

- 6.35 Indiana Jones and the Kingdom of the Crystal Skull** Action adventure, with Harrison Ford. ★★★ (2008/12)
9.00 Ad Astra Sci-fi drama, with Brad Pitt. ★★★★★ (2019/12)
11.20 No Escape Action thriller, starring Owen Wilson. ★★★ (2015/15)

Sky Showcase

- 6.30 The Simpsons** Triple bill.
8.00 An Idiot Abroad 2
9.00 A League of Their Own
10.00 Bloods Gary finds himself in charge of the depot.
10.30 The Russell Howard Hour
11.15 Sex and the City

GOLD

- 6.40 Dad's Army** Double bill.
8.00 Porridge Double bill.
9.20 The Office Comedy.
10.00 Live at the Apollo
11.00 The Cockfields
11.40 Peep Show Double bill.

Saving Lives At Sea

8pm, BBC Two
 In Eastbourne, new recruit Chris is put to the test when two people become cut off by the tide. Meanwhile, off the coast of south Wales, crew member Tom faces his first challenge when a paddleboarder finds herself in trouble. Finally, in Fistral in Cornwall, lifeguard Kai must rescue a surfer who is in danger of hitting the rocks.



The Great British Bake Off: An Extra Slice

8pm, Channel 4
 On Tuesday, we saw the bakers tackle Biscuit Week, with a fair few of them crumbling under the pressure when asked to produce illusion macarons. Tonight, Jo Brand is joined by celebrity guests to discuss what went on in the tent and if the judges made the right decision about who to eliminate. And as usual, Tom Allen assesses viewers' home bakes – both good and bad.



My Grandparents' War: Keira Knightley

9pm, Channel 4
 The *Pirates Of The Caribbean* actress unearths a moving story concerning her grandparents Mac and Jan MacDonald. Mac was a sonar operator with the Royal Navy and helped rescue hundreds of Irish Guards from a sinking ship. Meanwhile, Jan, played a vital and secret role during the D-Day landings.



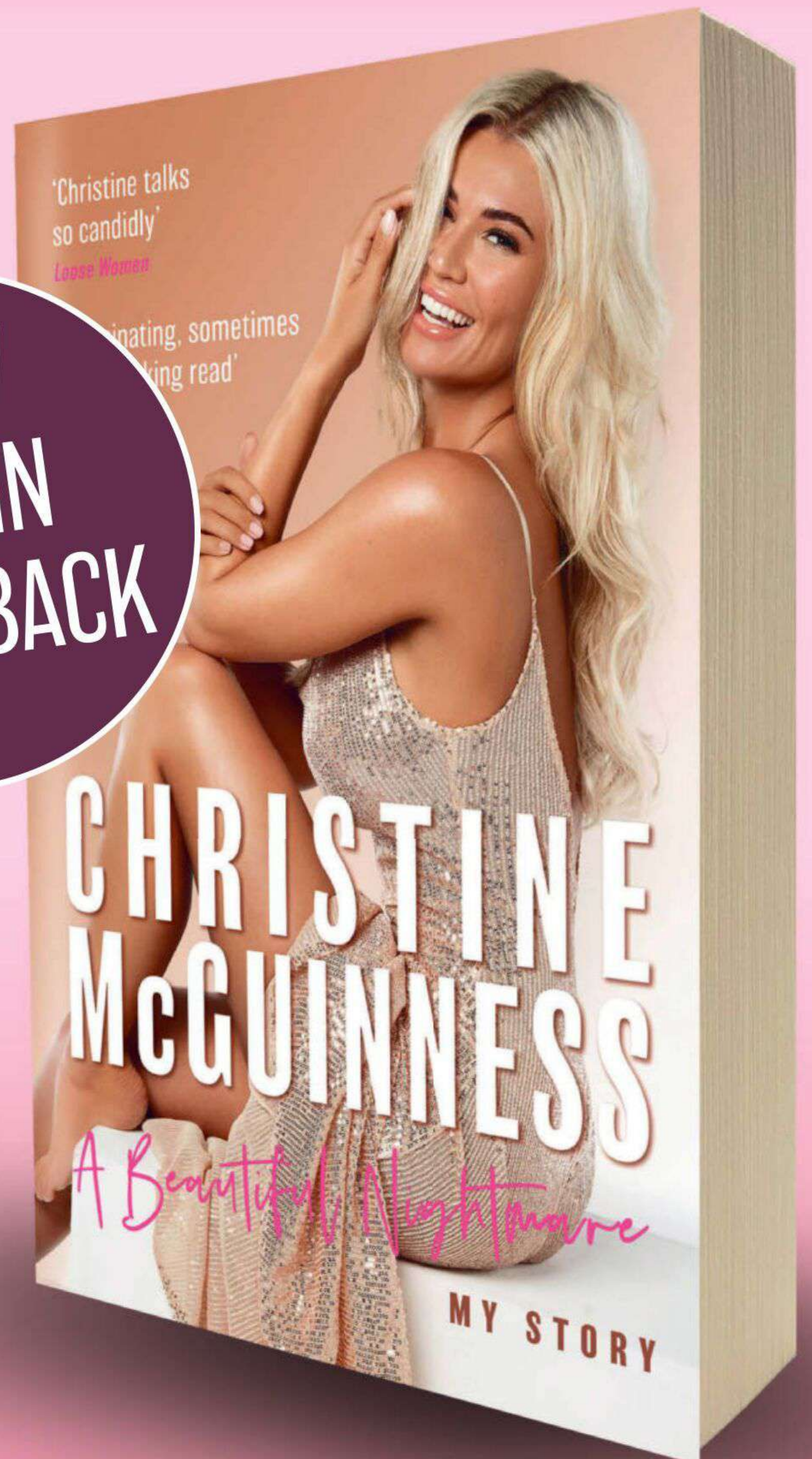
CHRISTINE MCGUINNESS

A Beautiful Nightmare

*'Christine talks
so candidly'*
Loose Women

*'A fascinating,
sometimes
heartbreaking read'*
OK! Magazine

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FRIDAY 23 SEPTEMBER

*All schedules correct at the time of print

BBC One Freeview 1

- 7.00 Strictly Come Dancing**
New series. Tess Daly and Claudia Winkleman host the launch of the 20th series.
- 8.50 Ghosts**
9.20 Have I Got News for You
9.50 Am I Being Unreasonable?
- 10.20 News; Regional News**
11.00 RuPaul's Drag Race UK
11.50 Detroit Fact-based drama, starring John Boyega. ★★★★★ (2017/15)

BBC Two Freeview 2

- 7.00 Villages by the Sea**
7.30 Beechgrove
8.00 Gardeners' World
9.00 Mortimer & Whitehouse: Gone Fishing Paul and Bob venture from London Euston to the Highlands.
- 9.30 Martin Compston's Scottish Fling** The actor and pal Phil MacHugh travel Scotland's east coast.
- 10.00 Mock the Week Quiz show, with Dara O Briain.**
10.30 Newsnight Current affairs.
11.05 MOTDx Football discussion.
11.35 The Misadventures of Romesh Ranganathan

ITV Freeview 3

- 6.30 ITV Evening News**
7.30 Emmerdale Dawn agrees to let Harriet help her out.
- 8.00 Coronation Street** A frantic dash to save Kelly from danger culminates in a devastating shooting.

- 9.00 Professor T** A prominent barrister and his second wife are found shot to death.
- 10.00 ITV News** Headlines.
10.30 Regional News Reports.
10.45 Who Wants to Be a Millionaire? Jeremy Clarkson gives six new contestants the chance to win a fortune.
- 11.40 The NFL Show** Including the latest action from Cleveland Browns v Pittsburgh Steelers.

Channel 4 Freeview 4

- 7.00 England International Football** Italy v England (Kick-off 7.45pm).
- 10.00 Gogglebox** The households' opinions on recent TV.
11.05 The Last Leg Guests including Munya Chawawa join in the comic review of the past seven days.

Channel 5 Freeview 5

- 7.00 Susan Calman's Grand Day Out** The comedian visits Shakespeare Country; 5 News Update
- 8.00 The Cotswolds & Beyond with Pam Ayres** The poet's journey begins at Longleat House in Wiltshire; 5 News
- 9.00 Julia Roberts: A Hollywood Fairytale** Profile of the acclaimed actress.
- 10.25 Sleeping with the Enemy** Thriller, starring Julia Roberts. ★★★ (1991/15)

ITV2 Freeview 6

- 7.00 Secret Crush** Kyle returns for a second crack at best friend Paris.

- 8.00 Bob's Burgers** Double bill.
9.00 Bad Chefs Katie Pix tries to teach the group how to cook a takeaway classic.
- 10.00 Family Guy** Triple bill.
11.30 American Dad! Double bill.

ITV3 Freeview 10

- 5.55 Heartbeat** Double bill.
8.00 McDonald & Dodds A body is found in a shallow grave in the shadow of Glastonbury Tor.
- 10.00 Wycliffe** A body is found.
11.05 Maigret A killer terrorises the women of Montmartre.

Film4 Freeview 14

- 6.45 How to Lose a Guy in 10 Days** Romantic comedy, with Kate Hudson and Matthew McConaughey. ★★ (2003/12)
- 9.00 A Vigilante** Drama, starring Olivia Wilde. ★★★ (2019/15)
- 10.50 Den of Thieves** Crime thriller, starring Gerard Butler. ★★★ (2018/15)

Sky Showcase

- 6.30 The Simpsons** Triple bill.
8.00 A League of Their Own
9.00 Rob & Romesh vs Cricket: South Africa
10.00 Late Late Show Best of the Week
11.00 Never Mind the Buzzcocks
11.45 The Russell Howard Hour

GOLD

- 6.40 Dad's Army** Double bill.
8.00 Porridge Double bill.
9.20 The Office Double bill.
10.40 Only Fools and Horses The Trotters' cash flow wanes.



Ghosts

8.50pm, BBC One
We're back at Button House for another chapter of the supernatural comedy. It's an exciting time for Mike and Alison as they prepare to welcome the first guests to their new bijoux B&B. But will their interfering housemates play ball? Pat teaches Mary the joys and pitfalls of a week on the Costa Del Sol, and the Captain challenges Thomas to a recital.

Professor T 9pm, ITV

Although we all enjoy seeing Jasper helping the police solve crimes, the best scenes in this drama are between star Ben Miller and the wonderful Frances de la Tour who plays his mother Adelaide. Here's hoping for plenty more of that during this season. Tonight, a barrister and his wife are found shot in a crime that has parallels to a case that he prosecuted years previously.



Gogglebox 10pm, Channel 4

The nights are drawing in, so be thankful that Friday-night telly comfort blanket *Gogglebox* is on our screens – albeit in a later slot than usual due to tonight's football. As usual, the armchair critics, including old favourites Dave and Shirley, will be sharing their views on the week's best shows, whether it's reality TV, soaps or a classic movie.

SATURDAY 24 SEPTEMBER

BBC One Freeview 1

- 6.45 Strictly Come Dancing**
9.10 Blankety Blank Bradley Walsh hosts the revival of the comedy quiz show.
- 9.40 The Secrets She Keeps**
Adaptation of Michael Robotham's novel, with Laura Carmichael and Jessica De Gouw.
- 10.30 BBC News**
10.50 Rugby League: Super League Grand Final Highlights Action from the Grand Final at Old Trafford.
- 11.50 Boyz N the Hood**
Drama, with Cuba Gooding Jr. ★★★★★ (1991/15)

BBC Two Freeview 2

- 6.35 Simon Reeve's South America** Simon travels through Brazil.
- 7.35 Ukraine's Musical Freedom Fighters with Clive Myrie** The broadcaster travels across Ukraine to meet musicians who hope to perform at the Royal Albert Hall.
- 8.35 Mortimer & Whitehouse: Gone Fishing** Paul Whitehouse and Bob Mortimer embark on a series of angling trips.
- 9.10 Kylie at the BBC** A selection of performances by Kylie Minogue.
- 10.10 Kylie Minogue: Reel Stories** The singer discusses her career.
- 10.40 Kylie Minogue Live in Hyde Park** The singer performs at the 2018 BBC Radio 2 Festival in a Day.

- 11.40 Top of the Pops 1988: Big Hits** Featuring Yazz, S'Express, Bomb the Bass, Bros, Neneh Cherry and Eurythmics.

ITV Freeview 3

- 6.30 The Masked Dancer**
8.00 The Voice UK Spinning-chair singing contest.
- 9.30 Who Wants to Be a Millionaire?** Big-prize quiz.
10.25 ITV News; Weather
10.40 English Football League Highlights Action from the latest fixtures.
- 11.40 The 1% Club** Quiz show, hosted by Lee Mack.

Channel 4 Freeview 4

- 5.20 The Day After Tomorrow**
Disaster thriller, starring Jake Gyllenhaal and Dennis Quaid. ★★★★★ (2004/12)
- 8.00 Hitler: The Lost Tapes**
This episode examines the archive of Hitler at home.
- 9.00 Mission: Impossible – Fallout** Action thriller sequel, starring Tom Cruise. ★★★★★ (2018/12)
- 11.45 The Mountain Between Us** Romantic adventure, starring Idris Elba and Kate Winslet. ★★★★★ (2017/12)

Channel 5 Freeview 5

- 7.00 The Battle of Britain** Dan Snow and Kate Humble offer a guide to the famous battle.
- 9.00 The Unforgettable Diana Dors** A profile of the actress.
- 10.30 Steptoe and Son Ride Again** Comedy, starring Harry H Corbett and Wilfrid Brambell. ★★ (1973/PG)

ITV2 Freeview 6

- 6.25 Dawn of the Planet of the Apes** Sci-fi thriller sequel, starring Andy Serkis. ★★★★★ (2014/12)
- 9.00 Ted 2** Comedy sequel, starring Mark Wahlberg. ★★★ (2015/15)
- 11.15 Family Guy** Double bill.

ITV3 Freeview 10

- 7.00 Midsomer Murders** Double bill.
11.05 Agatha Christie's Poirot
- Film4 Freeview 14**
- 7.00 Eye in the Sky** Thriller, starring Helen Mirren. ★★★★★ (2015/15)
- 9.00 Glass** Three men with superhuman abilities end up in a mental hospital, where a doctor has sinister plans. Fantasy thriller, starring James McAvoy, Bruce Willis and Samuel L Jackson. ★★★★★ (2019/15)
- 11.35 Assassination Nation**
Comedy thriller, with Odessa Young and Suki Waterhouse. ★★★★★ (2018/18)

Sky Showcase

- 7.00 The Simpsons** Double bill.
8.00 A League of Their Own With Patrice Evra, Jimmy Carr and Angela Scanlon.
- 9.00 Film: To Be Announced**
11.00 Brassic
- GOLD**
- 10.40 Only Fools and Horses**
9.05 The Vicar of Dibley
10.05 All Round to Mrs Brown's
11.20 Sandylands

The Masked Dancer

6.30pm, ITV
Joel Dommett welcomes more of the surviving secret celebrities back to the stage. Will their new routines continue to fool panellists Jonathan Ross, Davina McCall, Peter Crouch and Oti Mabuse? After a dance-off, another star's identity is revealed.



Strictly Come Dancing

6.45pm, BBC One
Following last night's launch, the new batch of contestants finally take to the dance floor with their professional partners. Hopefully, Shirley Ballas, Anton Du Beke, Craig Revel Horwood and Motsi Mabuse will be impressed.

The Voice UK

8pm, ITV
Sir Tom Jones, will.i.am, Olly Murs and Anne-Marie are filling up the places on their teams pretty quickly – but there are still a few spots left if any of tonight's singers manage to impress the quartet. Emma Willis welcomes more auditionees to the stage and, with a bit of luck, we will see an impromptu performance from the superstar coaches.



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PUZZLES

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BRICKWORK

Enter the solutions to the clues in their numbered layers of the wall. Each word must be an anagram of its neighbours, plus or minus one letter.

- 1 1 Fish eggs
- 2 2 Roman emperor
- 3 3 Carried
- 4 4 Fractured
- 5 5 Without money
- 6 6 Loose garment
- 7 7 Sphere

Solutions next week

ENTERTAINMENT QUIZ



Q1 Diego Luna

- 1 Diego Luna is playing the titular thief in which new Disney+ drama, which is a prequel to the Star Wars spin-off *Rogue One*?
- 2 *Temptation and Come Live With Me* were hits of the 1980s for which Sheffield new wave trio?
- 3 Which actor played the titular band leader in the 1954 film *The Glenn Miller Story*?
- 4 Which classic reality TV show is returning to our screens in 2023, this time on ITV2, five years after it was scrapped by Channel 5?
- 5 *Who's Sorry Now* and *Lipstick On Your Collar* were hits of the 1950s for which US singer?
- 6 Dwayne Johnson is playing the title character in which new superhero film based on the DC comics character of the same name?
- 7 Which actor played the title role in the 1960s US TV drama *Dr Kildare*?
- 8 What is the title of the latest album from US singer Jack White?
- 9 Which actor played Count Dracula in the 1992 film *Bram Stoker's Dracula*?
- 10 Davide Sanclimenti and Ekin-Su Cülcüloğlu were the winners of the 2022 series of which popular reality TV show?

Solutions next week

£50 CODEBREAKER

Solutions next week

Congratulations!

David Fisher from Hull is the latest codebreaker winner

Each number in the grid represents a different letter. We've given three letters to start you off: the rest is up to you.

Write these letters wherever their corresponding numbers appear in the grid and then begin to work out the identity of the other letters.

All 26 letters of the alphabet will appear in the finished grid.

Correctly identify the letter for box 13 and follow the entry instructions below.

One winner will be picked at random from all correct entries received by the closing date and will be sent £50, or for Irish entries, the equivalent in euros.

5 CODEBREAKER CLUES

0903 659 6061 (80p/min) or text BREAKCLUE to 61011 (£1/text)

FULL SOLUTIONS

0903 659 6061 (80p/min)

CODEBREAKER ENTRY LINE

0904 161 1144 (£1.50/call)

Or text TPCODE with your answer, name and postcode to 61011 (£1.50/text)

24	5	22	11		25	3	5	21	6	6	19	20
20		9	R		1			14		17		3
19		17	A	14	4	21	20	26	20	16		5
19	11	6	G				14		12	5	15	17
23		11		25	4	11	18			15		2
	1	10	11	18		25		15	17	12	19	20
				17		23		5				
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17		17			21	2	14	4		9		8
19	21	12	25			20			6	11	11	
17		17		18	11	15	17	10	19	23		7
7		23		20			9			19		20
23	20	17	9	13	11	11	1		8	20	5	22

1	2	3	4	5	6	7	8	9	10	11	12	13
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			A									

~~A~~BCDEFG~~H~~IJKLMNOPQR~~S~~TUVWXYZ

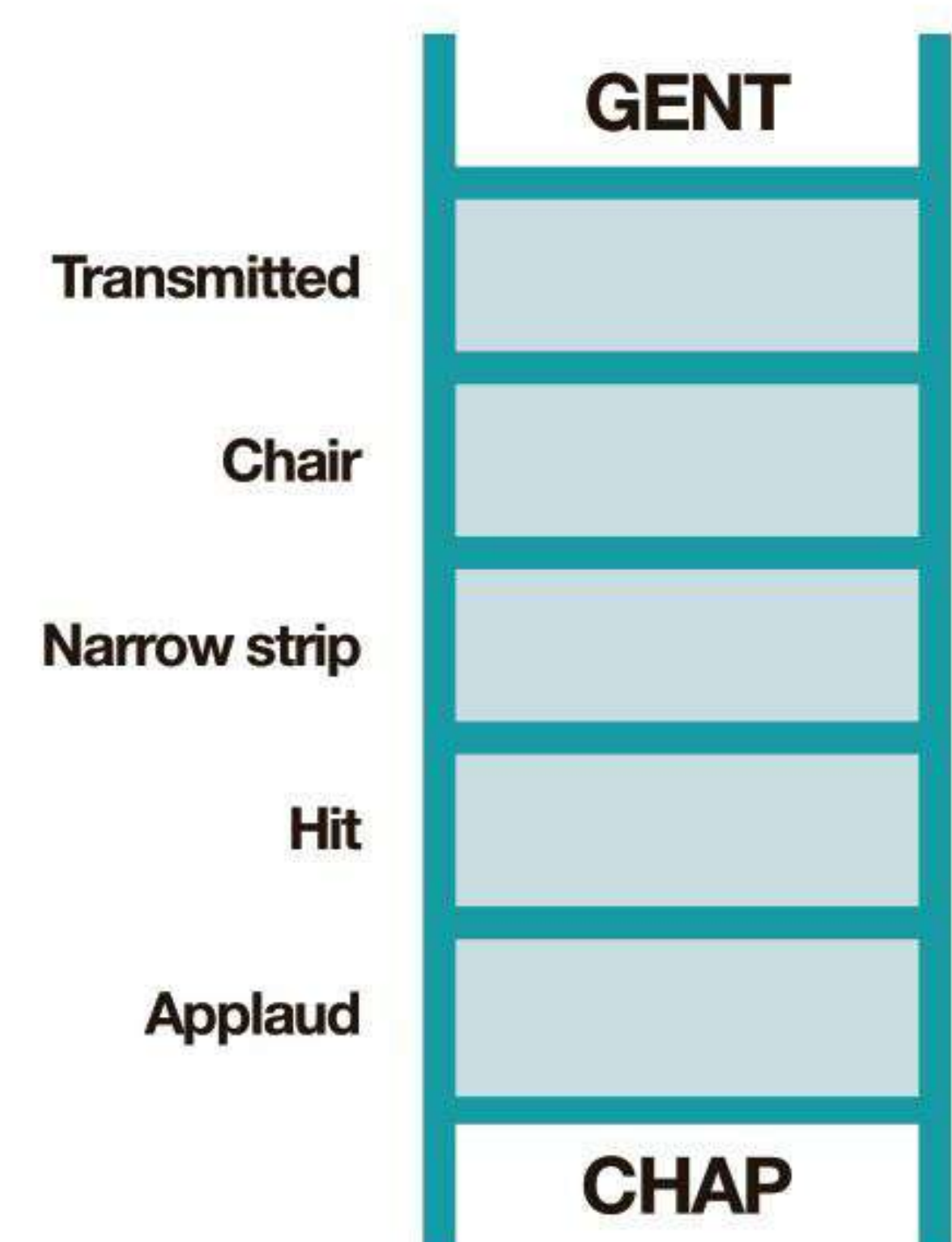
CLUE & SOLUTIONS LINES: Calls cost 80p/min plus your phone company's access charge. Texts cost £1 + 1 standard network rate message. ENTRY LINES: Calls cost £1.50/call plus your phone company's access charge. Texts cost £1.50 + 1 standard network rate message. You may receive free promotional messages, to opt out end

message with NO INFO. Lines close at midnight on Saturday except where stated. You must be 18+ to enter and Standard Reach PLC rules apply see www.mirror.co.uk/rules. SP Mi Telecom Ltd. Helpdesk 0330 880 6061.

TERMS & CONDITIONS:
Entry line closes midnight 24 September 2022.
Clue and Solutions lines close midnight
Saturday 24 September 2022.

WORD LADDER

Using the clues provided, fill in each step of the ladder with a new word, changing one letter at a time.



SUMTHING

Fit the listed numbers into the grid so that all the sums are correct – reading left to right and top to bottom.

	x		=		
+		-		x	
	+		=		
=		=		=	
8	x		=		

1, 1, 1, 2, 2, 3, 6, 6, 7, 8, 9

£150

MEGA CROSSWORD

Congratulations!

Peter Burman from Lincoln is the latest mega crossword winner

Can you work out the link between the two celebrities pictured in the grid? Once you've solved the clues, the letters in the coloured squares will reveal that link, reading across from top-left to bottom-right.

HOW TO ENTER

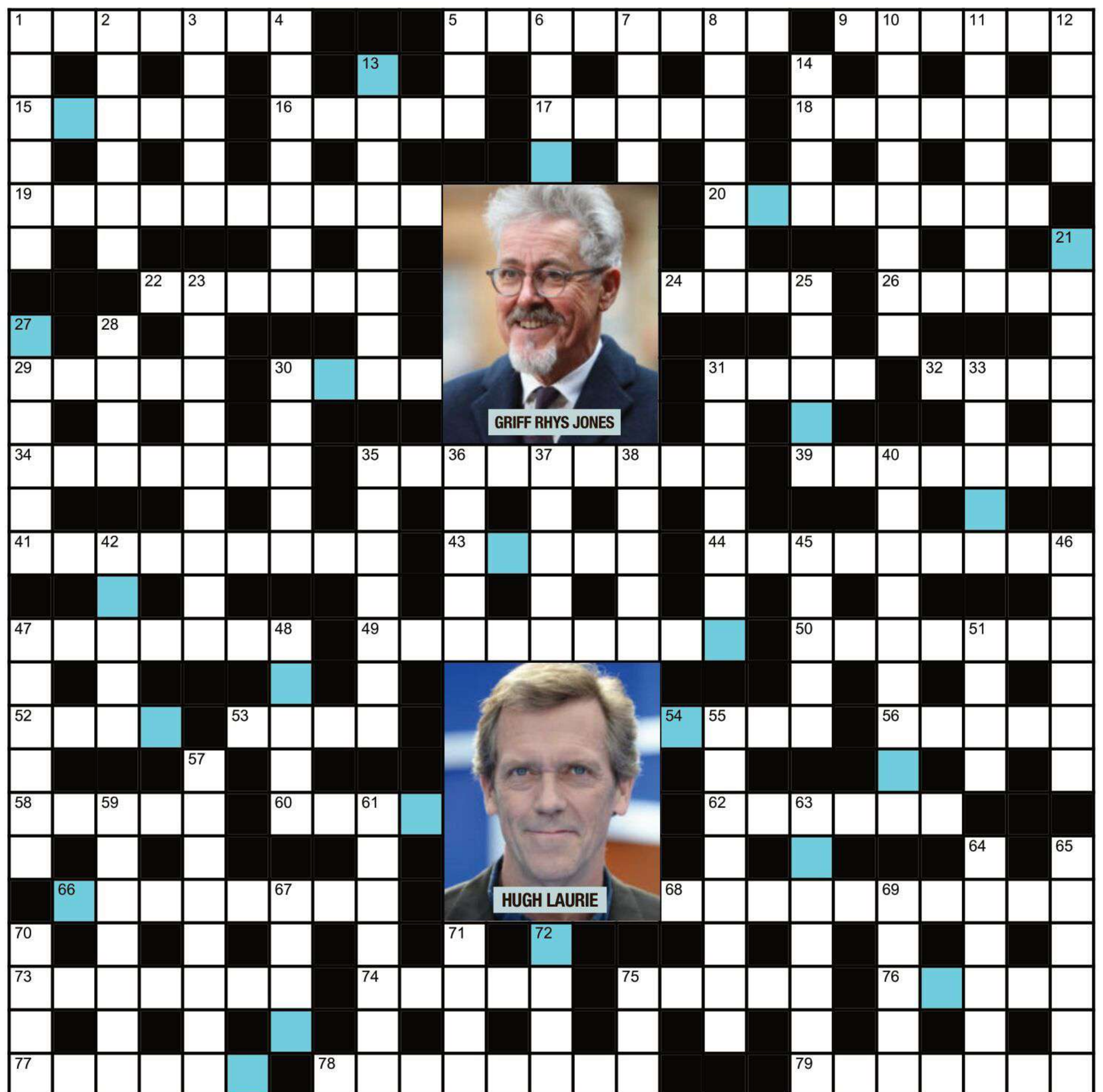
For your chance to win the £150 star prize call **0904 161 1122** (£1.50/call) or text **TPMEGA** and your answer, name and postcode to **61011** (£1.50/text) by Saturday 24 September 2022, the closing date.

ACROSS

- 1 Child's vehicle (7)
- 5 One-storey house (8)
- 9 Moisten (6)
- 15 In front (5)
- 16 Vistas (5)
- 17 Separate (5)
- 18 Inside a building (7)
- 19 Meadows (10)
- 20 Resentfully (8)
- 22 Human (6)
- 24 Snare (4)
- 26 Punctuation mark (5)
- 29 Guides (5)
- 30 Methods (4)
- 31 Dolt (4)
- 32 Inquires (4)
- 34 Permitted (7)
- 35 Group of musicians (9)
- 39 Citrus fruits (7)
- 41 Interstellar craft (9)
- 43 Takes a breather (5)
- 44 Dithered (9)
- 47 Inept (7)
- 49 Bears a burden (9)
- 50 Essential food substance (7)
- 52 Gaelic (4)
- 53 Dispatch (4)
- 54 Beams of light (4)
- 56 Thin circular objects (5)
- 58 Shoe part (5)
- 60 Notified (4)
- 62 Alcove (6)
- 66 Regulates (8)
- 68 Range of words (10)
- 73 Supply (7)
- 74 Delete (5)
- 75 Timepiece (5)
- 76 Complete (5)
- 77 Belonging to them (6)
- 78 Segregated (8)
- 79 Contracts (7)

DOWN

- 1 Scooby-Doo's friend (6)
- 2 Musical dramas (6)
- 3 Barbra Streisand film, *The Prince Of* - (5)
- 4 Divulges (7)
- 5 Public transport vehicle (3)
- 6 Organ of smell (4)
- 7 Competent (4)
- 8 Sean Connery film, *The Hunt For Red* - (7)
- 10 Group of spectators (8)
- 11 Difficulty (7)
- 12 Bird's home (4)
- 13 Inclination (8)
- 14 Liquid measure (4)
- 21 Lifts (6)
- 23 In another place (9)
- 25 Snapshot (5)
- 27 Carnival vehicles (6)



- 28 Drop (4)
- 30 Breadth (5)
- 31 Shines briefly (7)
- 33 Vision (5)
- 35 Contradicting (7)
- 36 Freight (5)
- 37 Artist's stand (5)
- 38 Sample (5)
- 40 Points of view (9)
- 42 Regions (5)
- 45 Rescues (5)
- 46 Type of breakfast pastry (6)

- 47 Handy (6)
- 48 Sugary (5)
- 51 Pole for a ship's sails (4)
- 55 Transport terminals (8)
- 57 Better-looking (8)
- 59 Suggest (7)
- 61 Makes an effort to hear (7)
- 63 Trainers (7)
- 64 Cardboard container (6)
- 65 Goes by bike (6)
- 67 Finished (4)
- 69 Speak (5)

- 70 Rotisserie (4)
- 71 Bucket (4)
- 72 Written words (4)
- 75 Marry (3)

Solutions next week

TERMS & CONDITIONS:
All lines close midnight
Saturday 24 September 2022.

ENTRY LINE: Calls cost
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WORD WHEEL

You have 10 minutes to find
as many words as possible
using the letters in the wheel.
Each must use the hub letter
and at least three others.
Letters may be used only
once. You cannot use plurals,
foreign words or proper nouns.
There is at least one nine-letter
word to be found.

How you rate:
15 words: average
25 words: good
35 words: very good
40 or more: excellent

BRAIN TEASERS

1 HardJet has given three
passengers both the wrong tier
and seating position. "I booked
row B, not A or C," said Henry.
"I didn't book a middle seat," said
Harry. "I booked an aisle seat, and
I've been given the row that Harry
booked," said Hal. Considering
there is no window seat in row C,
which tier and position has each
been wrongly given?

2 Which two words meaning
"challenged" and "wicked"
combine into one meaning
"stuntman"?

3 Find the pain killers in these
anagrams: a) Macro Palate, b)
Nice Doe, c) Bonfire Up.

4 Jules wants to paint both sides
of her hallway, which is 4.2m long
and the ceiling is 2.1m high. There
are two doorways off the hall that
are 860cm wide by 1.9m tall. She
needs to do two coats and the
paint comes in a 2.5 litre tin. It says
on the side that it covers 10 square
metres per litre. How many tins of
paint will she need to ensure she
has enough for the hallway?

Solutions next week

SPOT THE DIFFERENCE

JOE ROOT Can you spot the five differences between these two pictures?



Solutions next week

WORD SPIRAL

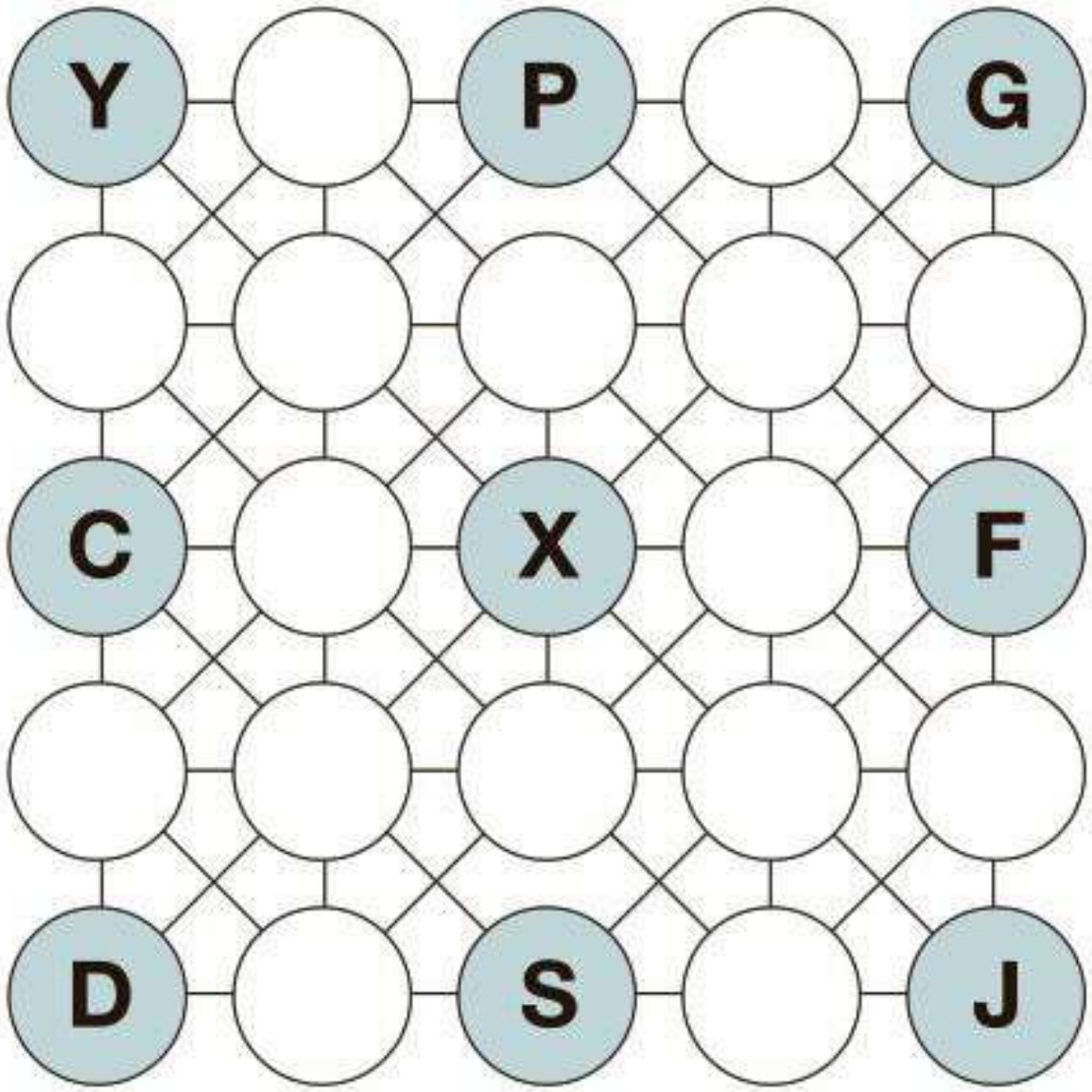
Starting from 1, fill in the grid clockwise with
four-letter words. The last letter of each
word becomes the first letter of the next to
reveal a bird.

1			2		3
	9			10	
	14			15	
8					11
			16		
	13			12	
7			6		5

- | | |
|------------------|---------------------|
| 1. Young horse | 9. Invalid |
| 2. Touch down | 10. Suggestive look |
| 3. Narrow valley | 11. Roster |
| 4. Nervous | 12. Yes votes |
| 5. Egg part | 13. Broth |
| 6. Type | 14. Young salmon |
| 7. Diesel oil | 15. Hindquarters |
| 8. Conceited | 16. Animal skin |

GOGEN

Insert letters to form the listed words,
moving between adjacent cells horizontally,
vertically or diagonally in any direction.
Insert all the remaining letters of the
alphabet (except Z) in the grid so all the
listed words are spelt out in this way.



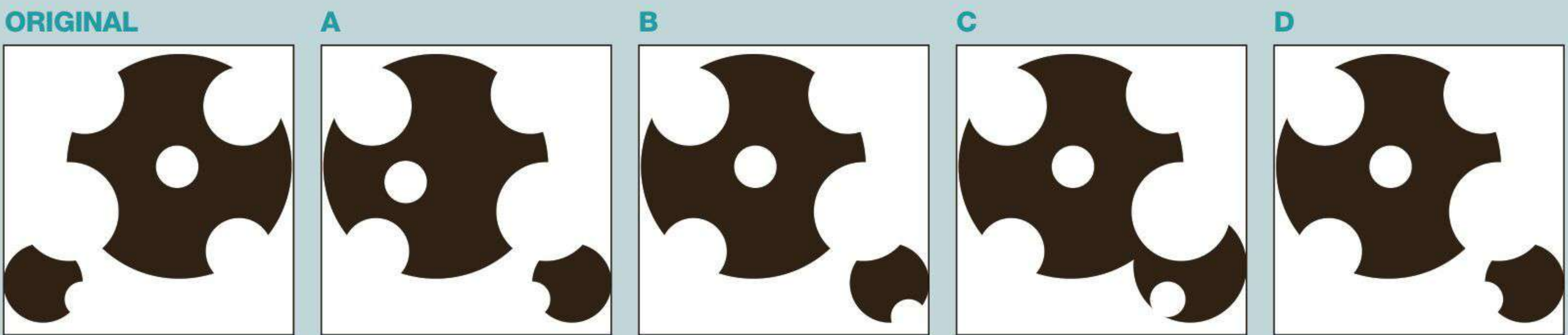
~~A~~~~B~~~~C~~~~D~~~~E~~~~F~~~~G~~~~H~~~~I~~~~J~~~~K~~~~L~~~~M~~~~N~~~~O~~~~P~~~~Q~~~~R~~~~S~~~~T~~~~U~~~~V~~~~W~~~~X~~~~Y~~~~Z~~

BLUE
BUT
CHEST
FASTED
FIXATED
GRIT

JAWS
MILKY
PROFITS
QUESTION
VEST

MIRROR IMAGE

Which of the shapes A-D is an exact mirror image of the original?



SU-DOKU

Su-doku is a fascinating puzzle. The principle of solving it is incredibly simple. Just complete the grid so that every row, every column and every 3x3 box contains the numbers 1-9 only once.

You need to solve this puzzle using logic (not guesswork!). There are no prizes for our Su-doku puzzles, so no entries please. It's just for fun.

THIS WEEK'S TIP

Keep moving. If you feel like you're stuck, don't focus on one part of the grid – let your eye wander to other areas and see which new possibilities appear.

2			5			3		6
		5	3		4		2	9
	9			2		4		
	6	2			1	9		4
9		7		8		1		
		8	9			5	3	
		6					1	
8	5			4	6	7		
	2		1		7			8

EASY

		2			6			
				8				9
9	4			1		8		
7			6				2	
	3	5				9	6	
	6							1
		6		3			5	2
3				9			1	
			4			3		

DIFFICULT

Solutions next week

NINER

Each number from 1 to 9 represents a different letter. Solve the clues and insert the letters in the appropriate squares to discover a word which uses all nine letters.

1832 gives a fruit

43456 gives plants

9367687 gives flowers

1	2	3	4	5	6	7	8	9
---	---	---	---	---	---	---	---	---

ANAGRAM

How fast can you solve this 8-letter anagram?

C	F	I	I	N	O	R	T

Solutions next week

£50 WORDSEARCH

Solutions next week

Congratulations!

Paula Clifton from Reading is the latest wordsearch winner

Find the words hidden in the Wordsearch grid reading in straight lines – horizontally, vertically or diagonally – in either direction.

A term has been added to the list below that you won't find in this grid. Work out what it is and call our entry line below. One winner will be picked at random from all correct entries sent in by the closing date and will receive £50, or for Irish entries, the equivalent in euros.

Standard Reach PLC rules apply. See mirror.co.uk/rules.

WORDSEARCH ENTRYLINE

0904 161 2200 (£1.50/call)

Or text TPSEARCH with your answer, name and postcode to 61011 (£1.50/txt)

TERMS & CONDITIONS:

Entry line closes midnight Saturday 24 September 2022.

ENTRY LINE Calls cost £1.50/call plus your phone company's access charge. Texts cost £1.50 + 1 standard network rate message.

You may receive free promotional messages, to opt out end message with NO INFO.

Lines close at midnight on Saturday except where stated.

You must be 18+ to enter and Standard Reach PLC rules apply, see www.mirror.co.uk/rules.

SP Mi Telecom Ltd.
Helpdesk 0330 880 6061.

Z	W	A	S	E	W	S	W	H	R	K	W	M	U	Q	Y	Y	N	L	C
T	V	W	T	Z	Z	I	L	O	M	B	O	K	A	A	O	F	K	M	D
X	G	E	B	B	F	F	B	O	D	A	O	H	R	R	K	U	L	G	Y
I	R	R	V	P	C	N	C	Q	Y	K	R	G	L	U	A	A	C	H	O
C	R	P	N	F	B	T	Y	X	I	T	B	M	J	K	U	J	J	I	S
O	S	E	L	Y	M	K	H	H	W	H	B	O	H	U	Y	C	O	S	A
K	A	O	L	G	X	W	S	L	B	R	G	I	R	T	K	Y	J	P	N
Y	A	O	T	A	Z	Q	N	D	G	Y	S	M	U	N	C	V	A	A	T
T	R	O	Y	I	N	O	E	I	W	J	R	H	A	O	E	M	V	N	O
M	E	U	I	Z	V	D	W	E	L	O	S	N	T	S	E	O	K	I	R
K	M	W	J	E	X	F	F	I	L	N	V	I	L	R	B	F	N	O	I
Y	A	P	R	A	N	G	O	N	O	L	S	F	E	D	Y	A	P	L	N
U	A	V	N	L	Z	S	U	H	T	E	E	A	M	A	W	C	T	A	I
S	Z	C	Z	A	C	K	N	V	W	S	F	S	E	A	H	Y	W	E	G
H	P	I	C	N	O	Y	D	A	E	C	U	V	M	F	J	N	Y	C	M
U	C	F	A	D	F	E	L	K	Q	Y	S	J	C	E	O	O	E	R	A
R	K	V	H	E	U	U	A	K	V	Z	C	B	D	Z	R	B	R	X	U
F	A	K	H	H	S	G	N	N	S	N	Y	G	U	U	V	E	S	C	I
J	Q	B	J	M	I	N	D	A	N	A	O	L	S	U	M	A	T	R	A
P	J	P	V	M	X	S	S	N	T	X	U	M	F	U	N	E	N	B	W

All but ONE of these islands can be found in the grid

BORNEO

CRETE

ELLESMERE

FUNEN

HISPANIOLA

HONSHU

IRELAND

JAVA

KYUSHU

LOMBOK

LUZON

MAJORCA

MARAJO

MASBATE

MAUI

MINDANAO

NEWFOUNDLAND

SAAREMAA

SANTORINI

SHIKOKU

SKYE

SULAWESI

SUMATRA

VICTORIA

ZEALAND

SKELETON

In our Skeleton you have to complete the grid – numbers and squares – as well as answering the clues. We have inserted four black squares and four clue numbers to get you going. The crossword has a four-way symmetry: both top and bottom and left and right match, so you can fill in several more squares immediately.

ACROSS

- 1 Doing word (4)
- 4 Scale (5)
- 7 Desire (4)
- 9 Chiming instrument (4)
- 10 Strap (5)
- 11 Average (2-2)
- 12 Caught sight of (6)
- 13 Crushed biscuit dessert (6)
- 14 Excellent (6)
- 18 Spatter (6)
- 20 Colour (4)
- 21 Don (3,2)
- 22 Biblical character (4)
- 23 Let it stand (4)

					4												8	
12																		

24 Currency unit (5)

25 Cumberbund (4)

DOWN

- 2 Gambling odds (5)
- 3 Aggressive (11)
- 4 Assessed (5)
- 5 The things over there (5)

6 Should (5)

7 Yearning (11)

8 Japanese dish (5)

15 Unilluminated (5)

16 Two-footed animal (5)

17 _ Du Beke, ballroom dancer (5)

18 Spanish man (5)

19 Saturates (5)

Arrow words are like crosswords, but the clues are printed inside squares on the grid. Write your answers in the blank squares in the direction indicated by the arrows.

Sylvester — actor		1994 film starring Keanu Reeves		Musical group		Scary Spice (3,1)	
Pace				Tennis shot			
Happiness		Long period of time				Corrosive liquids	
		Consume		Paintbrush stroke			
Lord's wife				Holler		Through	Permit
Decay			Malicious				
Small ocean		Move smoothly					
			Final				

Using the given shapes, create four four-letter anagrams by dividing the grid into sections. You may rotate the shapes, but may not flip them.

A 4x4 grid of letters:

R	I	L	G
F	C	E	T
U	S	T	A
F	E	W	I

Four separate polyominoes are shown below the grid:

- A 2x2 square (purple).
- A 3x1 vertical rectangle (yellow).
- A 1x3 horizontal rectangle (blue).
- A 2x1 vertical rectangle (tan).

[illegible]

A B C D E F ~~G~~ ~~H~~ I J K L M ~~N~~ O P Q R S T U V W X Y Z

1	2	3	4	5	6	7	8	9	10 N	11	12	13
14	15	16	17	18 I	19	20	21	22	23	24	25	26

20mins22secs

Here's your chance to test your word power and code-cracking skills against the clock.

Each grid number represents a letter – and all 26 letters of the alphabet are used.

This week's clue letters are below the main grid. Write in the appropriate letters wherever its number appears in the main grid. Don't give up. Call the Extra Letter Clue line, where you will also find a little bit of extra help, followed by the full solution.

EXTRA LETTERS
& FULL SOLUTION

0903 655 6061 (60p/min)

Hear up to **five extra letters**, deduct two minutes from your Target Time for each clue letter heard.

Full Solution follows the
Extra Letter advice.

TERMS & CONDITIONS: Line closes at midnight next Saturday. Calls cost 60p/min plus your phone company's access charge. SP: Mi Telecom Ltd. Helpdesk 0330 880 6061.

Costs for mobiles and payphones will be higher. Minimum age 18+

Solution next week

Place the listed words in their correct positions in the grid. Sometimes several words will fit the same space, which means you will have to think a few steps ahead and try different combinations of words until you find the ones that fit. When you've completed the puzzle, the shaded squares will spell out a part of the body.

A 10x10 grid with some cells shaded gray and the letters E, N, D in the top right.

3 LETTERS

Add
Aga
Aye
Bra
Bus
Day
Dub
Ebb
Elk
Emu

~~End~~
Flu
Key
Off
Ore
Spa

5 LETTERS
Aisle
Aorta
Array

Brood
Climb
Court
Craft
Fizzy
Karma
Knelt
Staff
Timid

7 LETTERS
Exactly
Gloater
Muzzled
Pinball

In this puzzle each clue is the answer word with the vowels removed. For example, the clue TM (4) might lead to Atom, Item, Time, Tame etc but not Mute or Moat. You have to figure out which option fits with its neighbouring words to complete the grid.

1	2		3		4			5	6		7	
							8					
9							10					
			11									
	12											
13					14		15		16			
	17		18				19					
											20	
21							22					
23						24						

Across

- 1** RRTC (7)
5 GLR (5)
9 CNDL (6)
10 LSSN (6)
11 BLSWD (5,4)
13 NGLS (6)
15 BRN (6)
17 THRS (9)
21 TTCH (6)
22 SMM (6)
23 SKD (5)
24 SHTRY (7)

Down

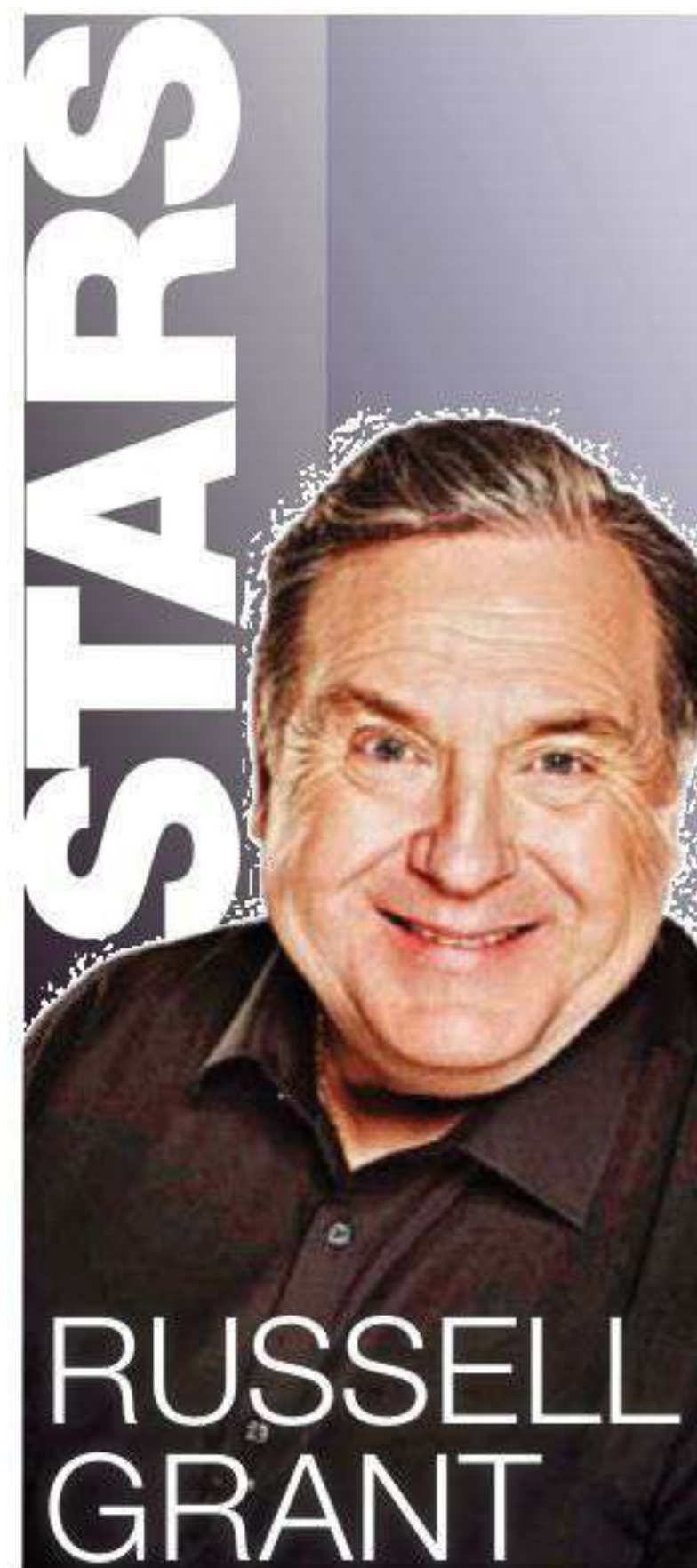
- 2** RP (4)
3 DBL (7)
4 DL (5)
6 LSS (5)
7 RRDRS (8)
8 LPC (6)
12 NRTHS (8)
14 STH (6)
16 BRMT (4,3)
18 TRD (5)
19 CNS (5)
20 R (4)



Who am I?

FAMOUS FACE

- 1 An orange dahlia and a red and silvery pink rose are named after her.
- 2 In 2011 and 2012 she played the Organic Fairy in the *Jack And The Beanstalk* pantomime.
- 3 She was in the *Ground Force* garden makeover show.



RUSSELL GRANT

SOLUTIONS

for last week's puzzles: 11.9.2022

BRICKWORK

Col, Coal, Carol, Choral, Roach, Char, Car.

CODEBREAKER

1=D, 2=S, 3=Z, 4=K, 5=C, 6=Y, 7=N, 8=V, 9=X, 10=E, 11=A, 12=B, 13=I, 14=U, 15=G, 16=F, 17=O, 18=Q, 19=H, 20=J, 21=T, 22=P, 23=R, 24=L, 25=M, 26=W.

ENTERTAINMENT QUIZ

1 Joe Keery; 2 *Think Twice*; 3 Hilary Swank; 4 *Locke And Key*; 5 The Dave Clark Five; 6 *Prey For The Devil*; 7 Kenneth Cope; 8 Maggie Rogers; 9 *White Men Can't Jump*; 10 Kaye Adams.

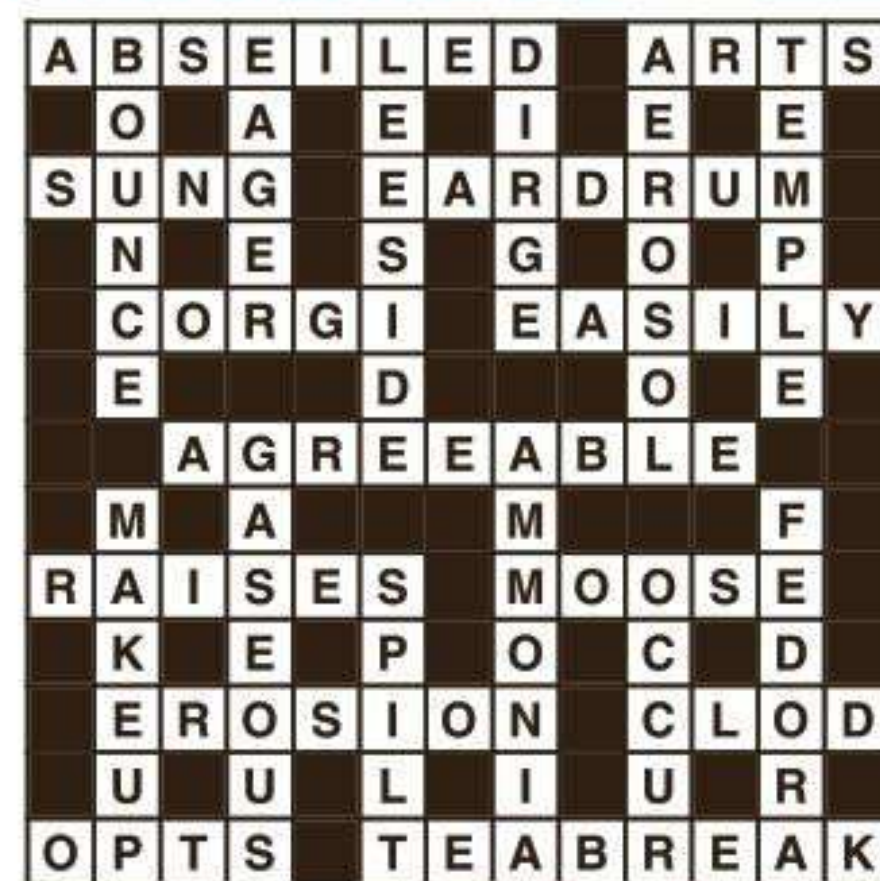
SUMTHING

9x6=54, 4x3=12, 5x9=45

WORD LADDER

Pant, Past, Cast, Cash, Rash, Rasp, Gasp.

ENTER VOWEL



WORD WHEEL

CELEBRATE

BRAIN TEASERS

1) Three in basket one, two in basket two, one in basket three, four in basket four.
2) Sup-pliers. 3) a) Lavender, b) Amethyst, c) Aubergine.
4) Paper folded 3 times, £10 folded 2 times and 2 credit cards.

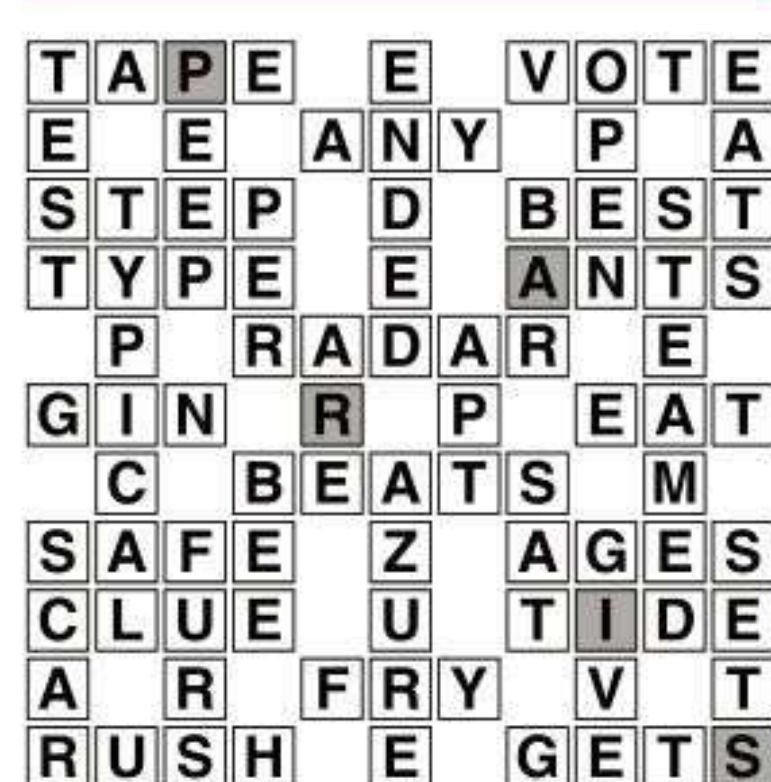
WORD SPIRAL

1 Lash; 2 Herr; 3 Rhea; 4 Aged; 5 Dead; 6 Disc; 7 Calf; 8 Fade; 9 East; 10 Thud; 11 Dial; 12 Leaf; 13 Fell; 14 Lull; 15 Limp; 16 Poor.
Keyword: Florida

MEGA CROSSWORD

ACROSS: 1. Prospers, 5. Suggests, 10. Tipping, 15. Photo, 16. Viola, 17. Arrange, 18. Loser, 19. Ear, 20. Responded, 21. Whip, 22. Styles, 23. Salami, 25. Packages, 28. Casks, 30. Played, 31. Runner, 34. Allowed, 36. Cherry, 38. Lied, 39. Presents, 42. Fights, 44. Fisherman, 46. Starch, 48. Noisiest, 49. Nest, 50. Prison, 53. Deposit, 55. Lonely, 56. Images, 58. Steer, 60. Resemble, 63. Bursts, 67. Frozen, 68. Hugs, 70. North-east, 72. Bar, 74. Tried, 75. Offside, 76. Night, 77. Cease, 78. Hundred, 79. Expenses, 80. Friendly. **DOWN:** 1. Puppets, 2. Odour, 3. Programme, 4. Revise, 6. Uganda, 7. Grandma, 8. Straw, 9. Sending, 10. Theo, 11. Political, 12. Insults, 13. Germs, 14. Yo-yo, 24. Leave, 26. Kingdom, 27. Seated, 29. Side, 30. Pacify, 32. Universal, 33. Ripen, 35. Water, 37. Rites, 40. Enter, 41. Shines, 43. Group, 44. Fatal, 45. Synonym, 47. Nectar, 51. Signs, 52. Adds, 54. Surrender, 57. Moustache, 59. Erosion, 61. Souffle, 62. Lantern, 64. Surgery, 65. Orange, 66. Faster, 67. Fetch, 69. Skimp, 71. High, 72. Bland, 73. Gold. **Celebrities:** Brad Pitt and Robin Williams. **Hidden link:** They appeared in an episode of Friends.

FILL IN



SU-DOKU

EASY

3	4	9	7	1	6	5	2	8
8	6	2	9	5	4	7	1	3
1	7	5	2	8	3	6	9	4
9	2	3	4	6	1	8	7	5
4	5	6	8	9	7	1	3	2
7	8	1	5	3	2	4	6	9
6	1	4	3	2	5	9	8	7
5	3	8	1	7	9	2	4	6
2	9	7	6	4	8	3	5	1

TETROMINOS

K	A	Y	S
E	T	G	H
B	E	H	I
E	R	I	S

ARROW WORD

	P		O		C		T
S	A	U	N	D	E	R	S
	S	N	E	E	R		A
		I		F	A	I	R
W	A	C	K	Y		C	
	B	O	A		L	I	D
T	E	R	R	I	B	L	Y
	T	N	T		W	Y	E

NINER

REVULSION

FAMOUS FACE

TANYA BYRON

TIMED CODECRACKER

1=E, 2=X, 3=V, 4=T, 5=D, 6=J, 7=I, 8=U, 9=O, 10=Y, 11=H, 12=G, 13=A, 14=K, 15=F, 16=R, 17=Q, 18=Z, 19=C, 20=B, 21=S, 22=W, 23=N, 24=M, 25=P, 26=L.

SPOT THE DIFFERENCE

Laverne's fringe has been straightened, her dress is longer, there is no longer any shadow between her feet, the jewellery on her right hand has been altered, and the word MUSIC is missing a letter on the wall.

ANAGRAM

PROVINCE

ARIES

March 21-April 20

Someone close is resentful. They feel their ideas aren't being taken very seriously. If this relationship is important to you, it is also important to respect that others are more than capable of making their own decisions.

For more, call 09057 8941 71 80p/min + ntwk access

TAURUS

April 21-May 21

You have a wonderful idea of how you can help resolve a problem that concerns all your housemates in some way. Make certain you have everyone's undivided attention before making this suggestion.

For more, call 09057 8941 72 80p/min + ntwk access

GEMINI

May 22-June 21

If a friend who loves attention isn't getting the feedback they hope for from others, instead of ignoring them, why not offer the support or guidance they seem to want right now? It would do an awful lot to make them happy.

For more, call 09057 8941 73 80p/min + ntwk access

CANCER

June 21-July 23

You will get much-needed support when you decide to sort out a difficult family problem. You're not being foolish by backing someone whose behaviour has left a lot to be desired, as you can understand their reasons.

For more, call 09057 8941 74 80p/min + ntwk access

LEO

July 24-August 23

Some old-fashioned luck will boost your finances. This won't be the only area in your life that stands to benefit. You'll be making giant strides towards a special aim and find yourself in the right place at the right time.

For more, call 09057 8941 75 80p/min + ntwk access

VIRGO

August 24-September 23

A workmate or neighbour has taken on some heavy burdens. You are sympathetic to their plight as you realise that many of their commitments have been taken on to help make life easier for someone they love.

For more, call 09057 8941 76 80p/min + ntwk access

LIBRA

September 24-October 23

There is a lot of love and encouragement around you at the moment. This will help keep you positive when you might question why you are on a certain path. New friendships will take you to new places, just over the horizon.

For more, call 09057 8941 77 80p/min + ntwk access

SCORPIO

October 24-November 22

Before letting others have their own way, think about what you have been asking of them and how they responded. If friends and family haven't agreed to your suggestions, remind them of what's important to you.

For more, call 09057 8941 78 80p/min + ntwk access

SAGITTARIUS

Nov 23-Dec 21

You don't have to take on anything that is too demanding if you don't want to. You can make your own choices. All you have to do is admit that this current course isn't right and could take you down paths you will regret later.

For more, call 09057 8941 79 80p/min + ntwk access

CAPRICORN

December 22-January 20

Life is more harmonious and responsibilities have eased. You can put aside all your worries and cares and relax in what seems to be the first time in ages. If you get the opportunity to travel or take a holiday, take it.

For more, call 09057 8941 80 80p/min + ntwk access

AQUARIUS

January 21-February 19

It will come as some relief to notice a more easy-going spirit around you after tension and contention in some relationships. This week has all the makings of being a more sociable and harmonious time.

For more, call 09057 8941 81 80p/min + ntwk access

PISCES

February 20-March 20

Older relatives will support getting a home project off the ground. Someone may even offer to help you out financially if money is what has been holding this venture back. At last, you can get plans in motion.

For more, call 09057 8941 82 80p/min + ntwk access

Calls cost 80p per minute plus your telephone company's network access charge - maximum of 5 minutes duration. You must be over 18 and have the bill payer's permission.
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SCAN ME
TO SEE THIS
SHOE ONLINE



GREY MULTI



BEIGE MULTI



DARK GREY

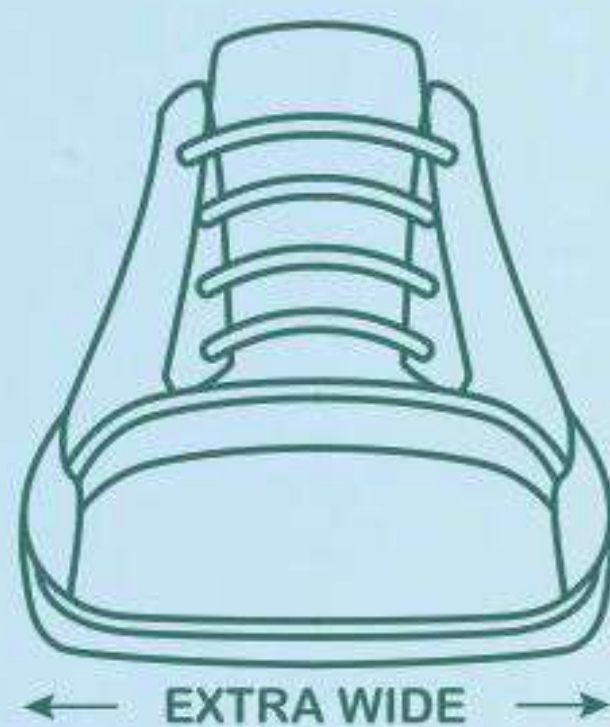


PURPLE MULTI



NAVY

NAVY/RED



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OFF SWOLLEN FEET



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Cait

EXTRA WIDE FIT SLIPPERS

SIZES 2-9 FIT: EXTRA WIDE 6E

ITEM: 321 652

Heel Height: 2cm,
Upper: Textile,
Lining: Textile,
Sole: Other



WATER & OIL
RESISTANT



EXTRA
WIDE 6E FIT



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Betina

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SIZES 2-9

FIT: EXTRA WIDE 6E

ITEM: 321 651

Heel Height: 2.5cm,
Upper: Textile,
Lining: Textile,
Sole: Other



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RESISTANT



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WIDE 6E FIT



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FLORAL

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FLORAL

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		2nd Choice		
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